



# NEWS

News Page Editor:  
Andrew Posnack

Congressman Anthony (Toby) Maffett announced that he will not seek the U.S. Senate seat to be vacated by U.S. Senator Abraham Ribicoff.

\*\*\*\*\*

A Bridgeport man was found dead near the rear of a house on Trumbull Ave. Police said he apparently died of a bullet wound in the head.

\*\*\*\*\*

Detroit - The long-stalled investigation into the disappearance of ex-Teamsters boss Jimmy Hoffa could start moving again if a Federal judge hands out stiff prison terms to four convicted labor racketeers, Federal investigators say.

Each of the four defendants faces up to 40 years in prison. Sentencing is scheduled for next Tuesday in Newark N.J. before a U.S. District Judge.

\*\*\*\*\*

New York - The man who police say is the mild-mannered "Park Avenue Bandit" responsible for six New York City bank holdups since April is also suspected in heists in three western states.

Federal authorities said that Charles M. Rodgers, 52, the principal suspect in the bank robberies in Los Angeles, Denver, and San Francisco, is under investigation in a Montana hold-up.

\*\*\*\*\*

ALL INMATES PLEASE READ

\* AS WE WENT TO PRESS \*

Effective August 1st. - SEWER SCHEDULE

EAST WING  
8 a.m. to 10 a.m.

1 p.m. to 3 p.m.

A Bridgeport man was killed and a Fairfield man was seriously injured when two motorcycles collided on the Post Road in Southport. In the Southport accident, Jeffrey Connolly was pronounced dead on arrival at Park City Hospital.

Raymond Byron was reported in serious condition.

\*\*\*\*\*

State police last week ended a four-day job action in which they refused to issue summonses for minor traffic offenses after the state agreed to allow an out-of-state fact finder to participate in contract negotiations.

\*\*\*\*\*

Hartford - State energy officials predict Connecticut probably will receive less gasoline in July than in June, but that doesn't necessarily mean gasoline will be harder to come by.

\*\*\*\*\*

An Idaho truck driver was hit by gunfire as he drove his semi-trailer along an interstate. Elsewhere on the nation's highways, independent truckers wound down their protest over rising fuel prices and government regulations.

\*\*\*\*\*

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man was seriously  
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\*\*\*\*\*

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in contract negotia-

Thank you  
Lt. Mele

predict  
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doesn't  
or to

The Scroll is published by and for the population of the  
BRIDGEPORT COMMUNITY CORRECTIONAL CENTER  
1106 North Ave. Bridgeport, CT.  
06604

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Mrs. Peggy Pinton

\*\*\*\*\*

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\* MEMBER OF THE PENAL PRESS \*

Volume 1

July 8, 1979  
NUMBER 8

Current  
Circulation 500

THE SCROLL is a weekly Publication published by, and for the inmates of the Correctional Center at Bridgeport.

The views herein are intended to be those of the contributors, with supervision by the staff Supervisor, and do not necessarily reflect the views of the Center Administration of the Department of Corrections.

We encourage participation are articles for possible publication. Please include your name and number with each article.

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The Scroll is published by and for the population of the  
BRIDGEMONT COMMUNITY CENTER  
1100 North Ave. Bridgmont, PA.  
06600

So we come to the 202 nd birthday of our nation. Now, after all the tributes to our  
ancestors, what is there left to say? Perhaps we should say a final word about oursel-  
ves and about our roles and responsibilities in this modern world. Our forefathers were  
wise and brave in their true. They gave us our heritage of freedom. They founded the nation  
that Abraham Lincoln rightly called the "Last, best hope of the earth". But they are gone  
now, and we are here. We are the ones who are alive at this moment. History is not just  
past events frozen in time; history is also the here and now. We are of it and in it.  
We the people... Those are the opening words of one of the greatest documents ever written,  
the Constitution of the United States. What responsibility do we, the people, have to history?  
We as a people have many responsibilities to our ourselves and to our forefathers, the respon-  
sibility of keeping this a free nation for one and all. Our forefathers fought and died to  
make this land a free one, and we owe it to ourselves to uphold our heritage of  
freedom. Freedom of body, freedom of mind, freedom of spirit - two hundred years ago those  
mighty thought currents flowed together in this magnificent land of ours. And the strength  
and idealism that have supported our republic from the very start are still available to  
us. Let us resolve to preserve and protect as we move forward together toward the noblest  
dream of all - "One Nation Under God"

Thank You

Merton / Dennis

Editor

LEGAL ASSISTANCE TO PRISONERS...Free legal assistance to all inmates is provided throughout the Connecticut Correctional Center by an organization called the Legal-Assistance to Prisoners (L.A.P.).

Attorney Randi Mezzy from L.A.P. visits our Institution once a week to help the inmates with their civil and legal problems.

L.A.P. cannot help inmates with any criminal cases. These must go to the Public Defenders Office or to Private Attorneys. You can contact Att. Randi Mezzy by writing her at the L.A.P. Office, Address: 340 Capitol Avenue - Hartford, Connecticut 06115.

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COOP SERVICES...The Coop Multi-Service Center is an agency that serves Ex-Offenders in the Greater Bridgeport area. The service provides through staff or referral and job counseling, educational counseling, employment referrals, clothing and housing. The Coop deals with men and women presently incarcerated or recently released from a Correctional Center. It bridges the gap between the offenders immediate needs and the community's resources. The goal of Coop is to help ex-offenders to help themselves. For more information Contact Rev. Smith - submit a counselor's request to your counselor.

.....

11 PM - COUNT.....This concerns all East Wing inmates, so read this carefully. Immediately following the 11 PM count, all inmates are expected to be in his cell and to remain there for the entire evening. The only exception would be going to and from the lavatory or to inform an officer of something. Any inmate found out of their cells loitering, loud-talking, etc., will be subject to immediate disciplinary action. This is directly from Warden Liburdi.

.....

MAIL FOR THE WARDENS...All mail or messages for Warden Liburdi or Deputy Wardens Gillis and Goldson is to be placed in the mailbox marked "Commissioner's Mail". This is located where all other boxes for mail and requests are located. This applies to both the Old and New Centers.

FOOD IN CELLS...As per order of the Administration, no food is allowed in cells other than that which was purchased in the commissary. This will be strickly enforced by all shift-Supervisors. Violations may result in Disciplinary action. The purpose of this is to cut down on possible Health hazzards. The exterminators are kept busy enough as it is.

.....

CONTACT VISITS...Pre-trial visiting is extending a privilege to inmates in the pre-trial unit who meet the criteria specified in the New Inmate Handbook for Contact Visits. The visiting list for contact visits shall be renewed and reviewed by your Classification Committee at the time the Inmate is initially cleared for Contact visits. Any change will be permitted only through counselor-referral to the Classification Committee. The lists will include immediate family and girlfriends only.

.....

I.D. PHOTOS...You are required to have your identification-cards on your person at all times - during movement throughout the Institution, whether going to visits, or to employment areas, Counselor's offices Classification Committee, Dining Hall, & etc. Wear your I.D. Cards on your shirt pockets in plain view. Doing this will prevent any reprisals, or disciplinary-reports. No Inmate will be allowed movement within the Institution without his I.D. Card. If you do not have one issued you - immediately inform your Block C/O, and one will be issued you. WEARING OF I.D. CARDS WILL BE STRICKLY ENFORCED

.....

ALL NOTICES HEREIN ARE EFFECTIVE, IMMEDIATELY \* NOTICE WILL BE GIVEN OF ANY CHANGE THROUGH THE SCROLL NEWSPAPER. BE SURE TO READ THEM WEEKLY

Only you can decide whether you want to give A.A. a try - whether you think it can help you. We who are in A.A. came because we finally gave up trying to control our drinking. We still hated to admit that we could never drink safely. Then we heard from other A.A. members that we were sick. (We thought so for years!) We found that many people suffered from the same feelings of guilt and loneliness and hopelessness that we did. We found out that we had these feelings we were sick with Alcoholism.

We tried and faced up to what alcohol had done to us. Here are some of the questions we tried to answer honestly. If we answered YES to four or more questions, we were in deep trouble with our drinking. SEE HOW YOU DO...Remember, there is no disgrace in facing up to the fact that you have a problem.

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days? YES ( ) NO ( )
2. Do you wish people would mind their own business about your drinking - stop telling you what to do? YES ( ) NO ( )
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk? YES ( ) NO ( )
4. Have you had a drink in the morning during the past year? YES ( ) NO ( )
5. Do you envy people who can drink without getting into trouble. YES ( ) NO ( )
6. Have you had problems connected with drinking during the past year? YES ( ) NO ( )
7. Has your drinking caused trouble at home? YES ( ) NO ( )
8. Do you ever try get "extra" drinks at a party because you do not get enough? YES ( ) NO ( )
9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to? YES ( ) NO ( )
10. HAVE YOU MISSED DAYS of work because of drinking?
11. Do you have BLACKOUTS?
12. Have you ever felt that your life would be better if you didn't drink? YES ( ) NO ( )

### WHAT'S YOUR SCORE???

Did you answer YES four or more times? If so, you are probably in trouble with Alcohol. Why do we say this? Because, thousands of people in A.A. have said so for many years. They found out the truth about themselves - the hard way.

But again, only you can decide whether you think A.A. is for you. Try to keep an open mind on the subject. If the answers are YES, we will be glad to show you how we stopped drinking ourselves. All you have to do is to attend our weekly meeting on thursdays - held in the School. Contact your counselor by request....

The Bridgeport Correctional Center has Library facilities available for both SENTENCED & PRE-TRIAL areas. If you wish to make use of what the library has to offer, please follow the procedures established to insure easier distribution of books.

The collection of paperbacks available from the library has been donated to the center by Rev. Frank Denton and Rev. Dennis Como. Also, credit should be given to Darien Bookaid, an organization which makes reading materials available to State institutions without cost to the inmate. We here at the Institution are grateful for their unending donations and concern.

If you wish to borrow books, look for the library cart which circulates throughout the institution each weekday morning and afternoon. You may borrow as many paperback books as you wish. We ask your cooperation in returning these books when you have finished them, or giving these books to other inmates so that as many books as possible will be available and in circulation.

If you wish to use the law library - fill out a Counselor Request Form telling your counselor that you wish to use the law library.

When utilizing the law library please bear in mind that these are YOUR law materials, and it is up to all concerned to care for the materials there.

In the past these materials have been torn, mutilated, stolen, etc.

When you use books or other materials from the law library - please return them as you found them - another inmate may need them to assist with his law work on his case. It can not be stressed enough how important these materials are to those who seek legal assistance.

Sentenced men will be called over the loudspeaker to come to the Law Library located in the school area - or a pass will be issued to the person requesting use of the law library. This procedure will apply to those residing in the East Wing.

Pre-trial men will be called to the counseling area where the law library is located.

As far as is possible you will be allowed whatever time you will need within the established Institutional Schedule.

Materials in the Law Library may not be borrowed unless special permission has been given. Anyone found with or having materials that were removed from the Law Library without permission - Is and Will be subject to disciplinary report.

If you wish to borrow reference materials other than Law Library materials, you should make out your request to the Librarian who will sign the materials out to you. The materials MUST be returned within one week to make them available to others. Periodically, a list of reference material maintained in the Library will be published in The Scroll.

**INTER-LIBRARY LOAN PRIVILEGES:** which enable inmates to have access to publications housed in libraries throughout the state are available under the auspices of the INTER-LIBRARY LOAN SERVICES which is provided by the State of Connecticut Library.

If you wish to subscribe to, or purchase a book, publication, periodical, newspaper, etc., fill out a request slip addressed to the Librarian. On the request slip put your name and title of the publication or book you wish to order. You must follow this step in order for the Librarian to determine whether the publication you wish to order is approved to enter the institution. This step will save you time and effort in ordering and paying for a publication only to find that it has been returned to the publisher.

The rules are that no publication may come into the Center if it concerns or contains plans of escape, instruction for making drugs or poisons, instructions regarding criminal skills, construction of weapons or explosive devices, combat skills, advocates racial, religious, or national hatred, or disruption of the security of the institution. The acceptability of any publication will be subject to a review by the Library Committee.

\*\*\*\*\*

The Scroll Staff wishes to welcome  
our new Librarian - Larry Ruffin.

The following titles are new books which have been donated to the school Library.

IN THE NATIONAL INTEREST - Marvin Kalb  
DRAGONS AT THE GATE - Robert L. Duncan  
RUMOR OF WAR - Phillip Capauta  
TRESPASS - Fletcher Knebel  
DAYS OF WINE & ROSES - David Westheimer  
THE GODFATHER - Mario Puzo  
THE QUIET AMERICAN - Graham Green  
THE VERTICAL SMILE - Richard Condon  
HIS FAMILY - Ernest Poole  
THE BOYS OF SUMMER - Roger Kahn  
KID ANDREW CODY & JULIE SPARROW - T. Curtis  
KATE - Charles Higham  
THE PESKOVSKI PAPERS - Alez Peskovski  
TO KILL A MOCKING BIRD - Harper Lee  
BURR - Gore Vidal  
THE FOURTY FIRST THIEF - Edward Pollitz Jr.  
THE PRESIDENT'S PLANE IS MISSING - Robert Serling  
GREEN LIGHT \* RED CATCH - Francis Ryck  
LOGAN'S RUN - Wm. Nolan  
THE GOLDEN KEEL - Desmond Bagley  
SKULL SESSION - Alfred Hitchcock  
THE STORY TELLING STONE - Susan Feldman  
DUST ON THE SEA - Edward L. Beach  
DRAGONS AT THE GATE - Robert Duncan  
THE ALGONQUIN PROJECT - Frederick Nolan  
HURRY SUNDOWN - K.B. Gilden  
3 BY - Flannery O'Conner  
SOLDIER IN THE RAIN - Wm. Goldman  
THE GHOST OF FLIGHT 401 - John Fuller  
SHALL WE TELL THE PRESIDENT - J. Archer  
MURDER AFTER HOURS - A. Christie  
THE BASTARD - John Jakes  
THE TOWER OF BABEL - Morris L. West  
THE EAGEL HAS LANDED - Jack Higgins  
THEY CAME TO BAGHDAD - A. Christie  
CATCH - 22 - Joseph Heller  
GONE WITH THE WIND - M. Mitchell  
THE TERMINAL MAN - M. Crichton  
THE LAST COMMAND - Jean Iartecue  
AMERICAN GRAFFITI - George Lucas



NEW CENTER

OUTSIDE RECREATION

EFFECTIVE APRIL 16, 1979

Housing Unit #37 Monday - Friday 1:00 Pm. - 2:30 Pm.

Housing Unit #38 Monday/Tuesday/Wednesday/Thursday 6:00 Pm. - 7:30 Pm.

Housing Unit #39 Monday - Friday 1:00 Pm. - 2:30 Pm.

(May be extended as daylight permitts)

OLD CENTER

OUTSIDE RECREATION

EFFECTIVE APRIL 16, 1979

HOLDING SECTION

Monday 9:00 Am. - 10:30 Am.

Tuesday 1:00 Pm. - 2:30 Pm.

Wednesday 1:00 Pm. - 2:30 Pm.

Thursday 1:00 Pm. - 2:30 Pm.

Friday 9:00 Am. - 10:30 Am.

TIERS

Monday 6:00 - 7:30 Pm. 5,6,4,overfl

Wednesday 6:00 - 7:30 Pm. 1,2,3,

Thursday 6:00 - 7:30 Pm. 5,6,

Friday 6:00 - 7:30 Pm. 1,2,3,4,  
overflo

(Additional time will be allowed  
as daylight permitts)

**JAYCEE ANNOUNCEMENT**

If you would like to feel good about yourself - because of what you can do for others....then join the Bridgeport Community Correctional Jaycees. If you wish to BECOME a part of this motivating organization, please contact - or submit your application for a Orientation Meeting to be held each Wednesday evening at 7 PM. Each week more information will be placed in the Scroll.

Wm. Brown, President  
Bridgeport Jaycees

TEAR OFF AND SUBMIT TO  
PRESIDENT

NAME .....

CELL # .....

RELEASE DATE .....

JOB ASSIGNMENT .....

You will be contacted as soon as possible

## AFFECTIVE DIMENSION

by: Andrew Posnack  
Editor

One of the most vital dimensions of personal experience is the emotional or affective dimension. In the course of our everyday activities we all are likely to experience fear, joy, sadness, anger, and anxiety. Each one of us has developed a characteristic pattern of emotional reactivity that is an important part of his life style and may contribute to or detract from his effectiveness.

Some of the key components of emotional competence are as follows:

1) Adequate depth of feeling - Some of us apparently experience a great depth of feeling, reacting to the ups and downs of living with intense emotion. Others seem to be isolated from any strong feelings. Emotional competence requires a sufficient depth of feelings to insure vigorous, productive, non-criminal participation in living.

2) Adequate expression and control - Some of our emotional reactions are out of proportion to the situation with the result we squander our resources on anti-social and trivial events. Others hold such a tight rein on their emotions that they give no direct or overt expression to their feelings; sometimes they are afraid of such feelings and cannot even acknowledge them. Emotional competence requires both the ability to express emotions in spontaneous and appropriate ways and the ability to control emotional expression according to the requirements of the situation.

3) Ability to function with emotions - Although adequate preparation for stressful situations can do much to allay destructive emotions, fear and other negative emotions are normal in certain situations. Rather than try to repress or fight such feelings, it is often important to function adequately despite them. The "real man" is not the one who experiences no fear, but the man who functions well despite his fear.

4) Ability to cope with problem emotions - Fear, anxiety, hostility, grief, and love are problem emotions. Fear often paralyzes constructive action; hostility frequently leads to strong feelings of guilt or to aggressive, defensive or violent acts that not only make the situation worse, but sometimes carry us off to jail; love involves a calculated risk which some of us find difficult to accept. Therefore, it is important to understand the nature and normal role of such emotions in our behavior and prevent them from disrupting our long-range purposes.

(continued)

AFFECTIVE DIMENSION

by Andrew Jackson  
Editor

(AFFECTIVE DIMENSION CONTINUED)

5) Encouragement of positive emotions - Positive emotions such as love and humor are highly constructive influences in our lives, while negative emotions such as fear and anger are potentially destructive influences. Positive emotions should predominate. This is especially important during our period of incarceration. If we can't make a conscious effort while in jail, we will run into some serious problems dealing with our emotions on the outside.

To a large extent, the satisfactions we gain in living depend upon the types of interpersonal relationships that we are able to establish, particularly with the significant people in our lives. Success in gaining occupational advancement, and making lasting friends will depend heavily upon our social competence.

QUESTIONS IN MY MIND

I am sorry all I

Papi  
Papi  
Papi  
Papi



Can  
do is cry  
I need you Dad

You know you try to write a song  
that fits the way you feel  
You wait waiting for the day  
your heart and wishes feel  
feeling hearing feeling tasting  
A jagged or little  
you recognize analyze  
The void within yourself?

Can't worry

They coming

Bar A

Bar A

Bar A

Bar A

Bar A

Bar A

Bar A

Bar A

Bar A

Bar A

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Bar A



Like who made the universe  
and who spins in outer space  
Who fills the singers voice  
and who's the dancer moves with grace  
Who spins the wheels of time  
and asks the questions in my mind

Laloma  
de la casa  
Ma Ma

Please father  
come back  
to me  
I need you  
a lot

Deny  
Jolia  
Santana  
a



I've always wondered about  
the questions in my mind  
feeling free and being me  
I'm happy for you ever doubt  
I always waiting each and every passing day  
I wonder what a ahead for me  
"Oh father, just let me continue"  
Ghosts to pad  
THE CURSE

Here  
for my  
father



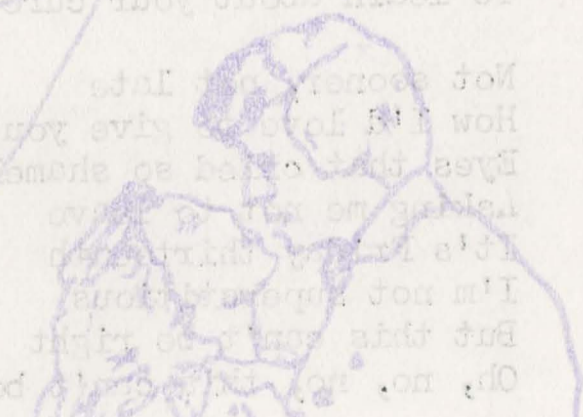
Just is hard  
on the body and  
The mind  
But your  
soul is all  
ways  
free

Ami  
Gros

All ways thin  
of you please



go back



Love is beautiful  
I was very happy  
when I was with  
him



Hector Rosado



## QUESTIONS IN MY MIND

by: D. Nemeo

You know, you try to write a song  
That fits the way you feel  
You wait, waiting for the day  
Your wounds and bruises heal  
Seeing, hearing, feeling, tasting  
All the "spice of life"  
You recognize, analyze,  
The void within yourself

### CHORUS

Like who made the universe  
And floats the stars in outer space  
Who fills the singers voice  
And weaves the dancers moves with grace  
Who spins the wheels of time  
These are the questions in my mind

I've always wondered about  
The questions in my mind  
Feeling free and being me  
I'M happy! Don't you ever doubt  
Always waiting each and every passing day  
I wonder what's ahead for me  
"Oh yeah", just let me contemplate

Chorus - to end.

### THE CURE

by: D. Nemeo

No letter, no call  
Guess I'd better call it another day  
No winner involved  
Being caught up in this game we play  
I won't take another step towards you  
I'm afraid to see you fade away  
So I sit here waiting  
Hoping tomorrows maybe better day

If I only knew  
That I would finally know  
Which way to turn  
Or if I was still fool enough  
To think there was a way to turn  
Or somehow simply forget  
To learn about your cure

Not sooner, not late  
How I'd love to give you my love tonight  
Eyes that cried so shamelessly  
Asking me not to leave  
It's Friday thirteenth  
I'm not superstitious  
But this can't be right  
Oh, no, no, this can't be right.

TO REMEMBER ME

submitted by: Beau Jones

The day will come when my body will lie  
upon a white sheet, neatly tucked under four  
corners of a mattress, located in a hospital,  
busily occupied with the living and the dying.  
At a certain moment a doctor will determine  
that my brain has ceased to function, and that  
for all intents and purposes, my life has stopped.

When that happens, do not attempt to instill  
artificial life into my body by the use of a  
machine, and don't call this my death bed.

Let it be called The Bed of Life, and let my  
body be taken from it to help others lead fuller lives.  
Give my sight to the man who has never seen a  
sunrise, a baby's face or love in the eyes of a woman.

Give my heart to a person whose own heart has  
caused nothing but endless days of pain.

Give my blood to the teenager who was pulled  
from the wreckage of his car, so that he might live  
to see his grand child play.

Give my kidneys to one who depends on a  
machine to exist.

Take my bones, every muscle, every fiber and nerve  
in my body and find a way to make a crippled  
child walk.

Explore every corner of my brain. Take my cells  
if necessary, and let them grow so that, someday  
a speechless boy will shout at the crack of a bat,  
and a deaf girl will hear the sound of rain against  
her window.

Burn what is left of me and scatter the ashes  
to the winds to help the flowers grow.

If you must bury something, let it be my  
faults, my weaknesses and all my prejudices  
against my fellow man.

If by chance you wish to remember me, do it  
with a kind deed or word to someone who  
needs you.

If you do all I have asked I will live  
Forever.

\* DREAM \*

by: Joe Carcare

One night a man had a dream.  
He dreamed he was walking along the  
beach with the Lord.  
Across the sky flashed scenes from his  
life.

For each scene he noticed two sets of  
footprints in the sand.  
One belonged to him, and the other  
belonged to the Lord.

When the last scene had flashed before him,  
he looked back at the footprints and noticed  
that many times along the path, there was  
only one set of footprints in the sand.  
He also noticed that this happened  
during the lowest and saddest times in  
his life.  
This really bothered him and he questioned  
the Lord.

"Lord, you said that once I decided to follow  
you, you would never leave me, and that you  
would walk all the way with me.

But I noticed that during the troublesome  
times of my life, there was only one set  
of footprints; I don't understand why.

When I needed you the most, you deserted me!

The Lord replied, "My precious, precious child,  
I love you and I would never leave you.

During your times of trial and suffering,  
when you see only one set of footprints, it  
was then that I carried you!

(The above article was given to me by Joe Carcare. Joe recently spent  
5½ months in the New Center. This "dream" meant something to Joe and  
he thought it might be helpful to some of you who are still here.)

.Frank Denton, Chaplain



RELIGIOUS SERVICES

Catholic Ministry

\* INDIAN PUZZLE \*

Chaplain: Rev. Dennis Gore, Rev. William Szymanski

ESUOHGNOLM

UMTEEPKEE

OAMUPMAWOT

TWHOOPAHWO

TGMPHAPOT

NIEAAKDIPI

AWCMPCNWB

MSOURAOTOR

FTTIOENOPA

EKNSZGOSV

PNITSIBDEE

IDVHEARAS

PEAECMNUHL

EREERCUNPO

CFMEALYLUM

AOANETUIAP

EOWICKIUPC

PTNISACCOM

BAHO  
BRAVES  
CALUMET  
CANOES  
CHIEF  
KIVA  
LACROSSE  
LODGE  
LONG HOUSE

MAIZE  
MANITOU  
MEALY  
MOCCASIN  
PAIUTE  
PAPOOSE  
PEACE PIPE  
PINTO  
POWPOW  
PURIS

SANNUP  
SCALP  
TEEPEE  
TENDERFOOT  
TOMAHAWK  
TOTEM  
TUCKAHOE  
WAMPUM  
WHOO  
WICKIUP  
WIGWAM

Recorded by: Owaia Kiasya  
1951, L.O. Martin

RELIGIOUS SERVICES

Catholic Ministry

Chaplains:

Rev. Denis Como  
Rev. William Sangiovanni

Mass in English:

EAST BUILDING-----Sunday 8:30 a.m.  
NEW CENTER-----Sunday 9:30 a.m.  
PRE-RELEASE-----Wednesday 8:00 p.m.

Mass in Spanish:

NEW CENTER-----Saturday 7:00 p.m.

Bible Study:

EAST BUILDING-----Tuesday 7:30 p.m.

The catholic chaplains are available every day for private consultation, spiritual direction and/or confession.

\*\*\*\*\*

Protestant

NEW CENTER-----Sunday 8:30 a.m.  
EAST BUILDING-----Sunday 9:30 a.m.

\*\*\*\*\*

Islamic Services

EAST BUILDING-----Saturday 7:00pm.

In the name of God most gracious, most merciful, As-Salamu Alai-Kum.  
Islamic services are held every Saturday evening and are open to all those who want to hear the truth.

\* Thought of The Week \*

God is a living person with all that this implies: "There is no God but He, the living, the everlasting. Slumber seizes Him not, neither sleep; to Him belongs all that is in the heavens and the earth. Who is there that shall intercede with Him save by His leave? He knows what lies before them and what is after them, and they comprehend not anything of His knowledge save such as He wills. His throne comprises the heavens and earth; the preserving of them oppresses Him not; He is the All-high, the All-Glorious!"

(Baqara, 11:255)

Recorded by: Omowale Kismayu  
AKA: L.D. Ruffin



SANTANO'S  
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MENU FOR THE WEEK OF JULY  
Summer Cycle Number one

	BREAKFAST	DINNER	SUPPER
S U N	Fresh fruit Hot or cold cereal Pastry Jelly	*Baked fresh ham Candied sweet potatoes Blackeye peas Spiced apple sauce Ice cream	Shrimp chow mein Buttered rice-soy sauce Dry noodles Hot beets Pineapple chunks
M O N	Pineapple juice Hot or cold cereal Griddle cakes Maple syrup	Veal loaf - gravy Macaroni salad Lettuce & tomato salad w/dressing Frosted cake	Barbecued chicken Whipped potatoes Sweet peas Jello w/topping
T U E S	Grapefruit sections Hot or cold cereal Pastry Jelly	Cheese whopper (5oz) French fried potatoes Cut green beans Catsup Vanilla pudding	*All beef hot dogs Boston baked beans Seasoned sauerkraut Mustard & catsup Canned or fresh fruit cocktail in season
W E D	Tomato Juice Hot or cold cereal Scrambled eggs Toast	Roast beef - gravy Mashed potatoes Fresh carrots Ice cream	Liver Institution choice Fruit pie
T H U R S	Fresh fruit Hot or cold cereal Pastry Peanut butter	*Pork cutlet - gravy Fried rice Boiled cabbage Bread pudding	Spaghetti w/*meat sauce Pizza pie Grated cheese Antipasto salad w/dressing Chilled poaches
F R I	Orange juice Hot or cold cereal French toast Maple syrup	Baked chicken-gravy Whipped potatoes Whole kernel corn Chocolate pudding	Fried fish-tartar sauce Boiled potatoes Mixed vegetables Ice cream
S A T	Blended Juice Hot or cold cereal Boiled eggs Toast	*Boiled ham & cheese plate Potato salad Dill pickels Hawaiian cole slaw Pastry	Smothered cube steak w/peppers & onions Hash brown potatoes Spinach - gravy Jello w/topping

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

\* All pork, contains pork.