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SCROLL  
B.C.C.C.

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THE SCROLL IS PUBLISHED BY AND FOR THE POPULATION  
OF THE BRIDGEPORT COMMUNITY CORRECTIONAL  
CENTER, 1106 NORTH AVENUE BRIDGEPORT,  
CONNECTICUT.

SCROLL STAFF

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\*MRS. PEGGY PINTON\*

\*\*\*\*\*

MEMBER OF THE PENAL PRESS

THE SCROLL IS A WEEKLY PUBLICATION PUBLISHED BY AND FOR THE INMATES OF  
THE BRIDGEPORT CORRECTIONAL CENTER. THE VIEWS HEREIN ARE INTENDED TO BE  
THOSE OF THE CONTRIBUTORS, WITH SUPERVISION BY THE STAFF SUPERVISOR AND  
DO NOT NECESSARILY REFLECT THE VIEWS OF THE CENTER ADMINISTRATION OR THE  
DEPARTMENT OF CORRECTIONS. WE ENCOURAGE PARTICIPATION AND ARTICLES FOR  
POSSIBLE PUBLICATION. PLEASE INCLUDE YOUR NAME AND NUMBER WITH EACH  
ARTICLE. THANK YOU.

\*\*\*\*\*

NOTICE

THE SCROLL IS AN INMATE NEWS PAPER & EXISTS ON THE CONTRIBUTIONS  
AND INTEREST OF THE INMATE POPULATION. WE NEED MORE CONTRIBUTIONS AND ARTICLES  
OF INTEREST, MORE POETRY AND STORIES FROM YOU, TO MAKE THIS PAPER MORE  
DIVERSIFIED. WE ASK THAT YOU SUBMIT ANY CONTRIBUTIONS TO ANY OF THE EDITORS  
OR SEND A REQUEST TO MRS. PEGGY PINTON, STAFF SUPERVISOR OF THE SCROLL.  
THANK YOU AND WE WILL APPRECIATE ANY INTEREST.

LA VIDA  
LAS COSAS EN ESTA VIDA,  
NUNCA SON COMO UNO QUIERE,  
POR ESO LOS HOMBRRES DEDEN  
Y L S MUJERES COCINAN..

POR ESO ES QUE TRADAJAMOS  
Y NO GOZAMOS DE LA VIDA,  
Y A VECES HASTA LLORANDO  
IGNORANDO LA ALEGRIA.  
ASI ES ESTA PERRA VIDA  
A VECES SOLEMOS PERDERNOS,  
POR UN PLACENTRO AMOR  
SABIENDO YA DEL DOLOR.  
QUE QUIZAS NOS TRAIGA ALGUN DIA.

AUNQUE EN SI SU FILOSOFIA  
NOS ENSENA CON EL TIEMPO,  
QUE SI TIENES QUE SER MIA  
LO SABRE EN EL FIRMAMENTO.

Y ASI ENVUELVE UN PENSAMIENTO  
Y EN ELJ GRANDES OLAS DE MELANCOLIA,  
PERO TAMBIEN NOS DA UN SENTIMIENTO  
ALGO ASI, COMO UNA POESIA,  
EL GORDO 79.



NOTICE

THE SCROLL IS AN INMATE NEWS PAPER... AND INTEREST OF THE INMATE POPULATION... OF INTEREST, MORE POETRY AND STORIES FROM YOUR... DIVERSIFIED. WE ASK THAT YOU SUBMIT ANY CONTRIBUTIONS... OR SEND A REQUEST TO MR. BOOY PINTOR, STAFF SUPERVISOR OF THE SCROLL... THANK YOU AND WE WILL APPRECIATE ANY INTEREST.

# EDITORIAL

## GIVING UP

WHAT HAPPENS IF YOU DON'T HAVE THE STRENGTH TO BEGIN TO DEAL WITH THE PAIN ADEQUATELY? FOR MILLIONS OF PEOPLE WHO DON'T, LIFE IS LIKE HAVING A TOOTHACHE WITH NO MONEY TO SEE A DENTIST. IT DOESN'T HURT ANY LESS BECAUSE YOU CAN'T AFFORD DENTAL CARE, IF ANYTHING IT HURTS MORE... IN DESPERATE ATTEMPTS TO GET RID OF PAIN PEOPLE CONTEMPLATE, THEY CHOOSE TO GIVE UP, A CHOICE THEY FEEL FORCED TO MAKE BECAUSE THEY DON'T BELIEVE ANYTHING ELSE WILL RELIEVE THE PAIN OF THEIR SITUATION. HOW CAN ANYONE EVEN CONTEMPLATE GIVING UP WHEN HIS OR HER ONLY CHANCE FOR HAPPINESS IS TO KEEP STRUGGLING FOR WHAT HE OR SHE DOESN'T HAVE, SUFFICIENT LOVE OR WORTH? SOME GIVE UP COMPLETELY AND MORE GIVE UP PARTLY, NOT BECAUSE THEY DON'T WANT HAPPINESS, THEY WANT IT AS BAD AS ANYONE ELSE, THEY GIVE UP BECAUSE AT THIS MISERABLE POINT IN THEIR LIVES HAPPINESS IS NOT EVEN ON THEIR MINDS. WHAT IS ON THEIR MINDS IS THE HOPE THAT THOUGH GIVING UP THEY WILL GET RELIEF FROM THE CONSTANT MISERY OF NOT HAVING AND OF BELIEVING THEY WILL PROBABLY NEVER HAVE WHAT THEY NEED. IF YOU WERE CONVINCED, AND BELIEVE ME, MILLIONS ARE, THAT CONTINUING TO TRY WOULD RESULT ONLY IN FURTHER FAILURE, THEN AFTER SUFFERING YOUR LIMIT, IT IS LIKELY YOU WOULD CONCLUDE "WHY KEEP STRUGGLING, I WON'T MAKE IT ANYWAY?" THE REASON SO MANY PEOPLE GIVE UP IS NOT THAT THEY WANT TO ACCEPT LIVES OF MISERY, THEY GIVE UP BECAUSE IT HURTS MORE TO KEEP TRYING WHEN EFFORT ALWAYS FAILS... THESE PEOPLE ARE WEAK. THEY HAVE ALREADY ACCEPTED THE FACT THAT LIFE WILL BE MISERABLE. WHAT'S ON THEIR MINDS IS A WAY TO MAKE IT LESS MISERABLE. MOST PEOPLE WHO GIVE UP TEND TO STAY AWAY FROM PEOPLE WHO SUCCEED. AFTER ALL, WHAT PLAYER WHO BARELY BREAKS 100 WANTS TO PLAY SOMEONE WHO SHOOTS PAR, NO MATTER HOW CHARMING HE OR SHE IS!

SUBMITTED BY: LUTHER GREEN JR.

IF YOU'LL REMEMBER ALWAYS  
THERE'S NO GOAL YOU CAN'T ACHIEVE,  
IF YOU'LL TRY YOUR VERY HARDEST  
AND ABOVE ALL ELSE BELIEVE;  
BELIEVE THAT YOU'RE A PERSON  
WHO HAS SOMETHING GOOD TO GIVE,  
BELIEVE THAT YOU CAN MAKE THIS WORLD  
A BETTER PLACE TO LIVE,  
IF YOU'LL BELIEVE YOU'RE NEEDED  
AND, THAT OTHERS LIKE YOU TOO,  
THEN YOU'RE SURE TO FIND THERE'S NOTHING  
IN THIS WORLD YOU CAN'T DO....

SUBMITTED BY: LUTHER GREEN JR.

JAYCEE NOTICE

THE JAYCEES WILL CONTINUE THE PHOTO PROJECT WITHIN THE CENTER. ALL REQUESTS FOR PHOTOS SHOULD BE SENT TO THE BUSINESS OFFICE. TO INSURE SPEEDY RETURN PLEASE WRITE NAME, NUMBER AND LIVING UNIT ON THE REQUEST! ALL PHOTOS COST \$1.50, PUT YOUR SLIPS IN YOUR COUNSELORS MAILBOX. THANK YOU.

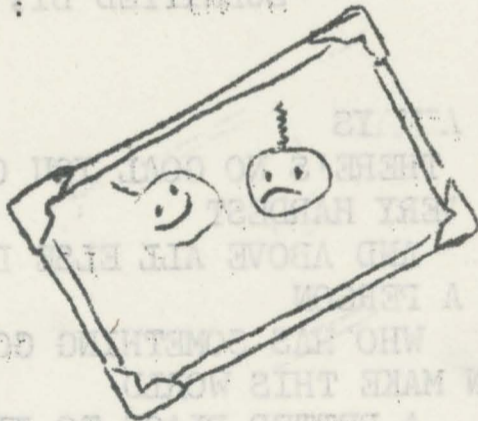
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SCHOOL NOTICE TO ALL INMATES

\* NEW BUILDING \*

SCHOOL IS BACK IN SESSION... PROGRAMS AVAILABLE: TUTORING IN BASIC READING AND INSTRUCTION IN BASIC EDUCATION ARE GIVEN IN PREPERATION FOR THE HIGH SCHOOL EQUIVALENCY DIPLOMA. (G.E.D.) IF YOU ARE INTERESTED IN ATTENDING CLASSES, ADDRESS A COUNSELOR REQUEST SLIP TO RICH CARLSON, TEACHER, GIVING YOUR NAME, CELL NUMBER, AGE AND WHAT PROGRAM YOU ARE INTERESTED IN. YOU WILL BE INTERVIEWED AS SOON AS POSSIBLE.

ALSO THE POPULAR MINI-COURSE PROGRAM WILL SOON RESUME FOR NEW BUILDING RESIDENTS. LOOK IN THIS PAPER FOR NOTICES (TO BE CIRCULATED SOON) FOR COURSE SCHEDULES. THANK YOU.



SUBMITTED BY: LUTHER GREEN JR.

SUBMITTED BY: LUTHER GREEN JR.

BRIDGEPORT CORRECTIONAL CENTER

The Bridgeport Correctional Center has Library facilities available for both SENTENCED & PRE-TRIAL areas. If you wish to make use of what the library has to offer, please follow the procedures established to insure easier distribution of books.

The collection of paperbacks available from the library has been donated to the center by Rev. Frank Denton and Rev. Dennis Como. Also, credit should be given to Darien Bookaid, an organization which makes reading materials available to State institutions without cost to the inmate. We here at the Institution are grateful for their unending donations and concern.

If you wish to borrow books, look for the library cart which circulates throughout the institution each weekday morning and afternoon. You may borrow as many paperback books as you wish. We ask your cooperation in returning these books when you have finished them, or giving these books to other inmates so that as many books as possible will be available and in circulation.

If you wish to use the law library - fill out a Counselor Request Form telling your counselor that you wish to use the law library.

When utilizing the law library please bear in mind that these are YOUR law materials, and it is up to all concerned to care for the materials there.

In the past these materials have been torn, mutilated, stolen, etc.

When you use books or other materials from the law library - please return them as you found them - another inmate may need them to assist with his law work on his case. It can not be stressed enough how important these materials are to those who seek legal assistance.

Sentenced men will be called over the loudspeaker to come to the Law Library located in the school area - or a pass will be issued to the person requesting use of the law library. This procedure will apply to those residing in the East Wing.

Pre-trial men will be called to the counseling area where the law library is located.

As far as is possible you will be allowed whatever time you will need within the established Institutional Schedule.

Materials in the Law Library may not be borrowed unless special permission has been given. Anyone found with or having materials that were removed from the Law Library without permission - Is and Will be subject to disciplinary report.

If you wish to borrow reference materials other than Law Library materials, you should make out your request to the Librarian who will sign the materials out to you. The materials MUST be returned within one week to make them available to others. Periodically, a list of reference material maintained in the Library will be published in The Scroll.

INTER-LIBRARY LOAN PRIVILEGES: which enable inmates to have access to publications housed in libraries throughout the state are available under the auspices of the INTER-LIBRARY LOAN SERVICES which is provided by the State of Connecticut Library.

If you wish to subscribe to, or purchase a book, publication, periodical, newspaper, etc., fill out a request slip addressed to the Librarian. On the request slip put your name and title of the publication or book you wish to order. You must follow this step in order for the Librarian to determine whether the publication you wish to order is approved to enter the institution. This step will save you time and effort in ordering and paying for a publication only to find that it has been returned to the publisher.

NEW CENTER

OUTSIDE RECREATION

EFFECTIVE APRIL 16, 1979

HOUSING UNIT #37 MONDAY - FRIDAY 1:00 P.M. - 2:30 P.M.

HOUSING UNIT #38 MONDAY - THURSDAY 6:00 P.M. - 7:30 P.M.

HOUSING UNIT #39 MONDAY - FRIDAY 1:00 P.M. - 2:30 P.M.

(MAY BE EXTENDED AS DAYLIGHT PERMITS)

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OLD CENTER

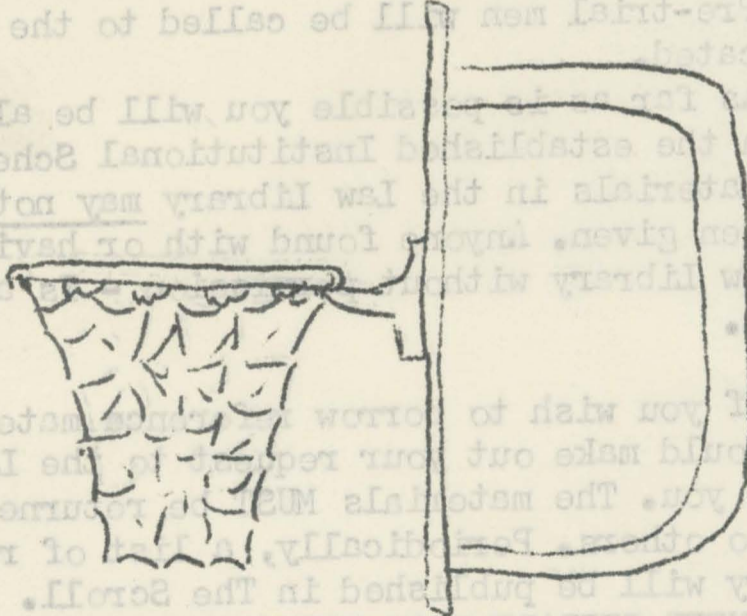
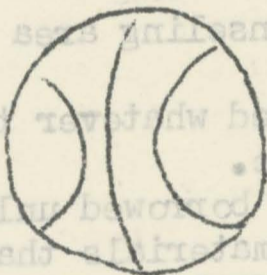
OUTSIDE RECREATION

HOLDING SECTIONS

TIERS

MONDAY 9:00 A.M. - 10:30 A.M.	MONDAY 6:00 P.M. - 7:00 P.M.	4,5,6, OVERFLOW
TUESDAY 1:00 P.M. - 2:30 P.M.		
WEDNESDAY 1:00 P.M. - 2:30 P.M.	WEDNESDAY 6:00 P.M. - 7:30 P.M.	1,2,3
THURSDAY 1:00 P.M. - 2:30 P.M.	THURSDAY 6:00 P.M. - 7:30 P.M.	5,6
FRIDAY 9:00 A.M. - 10:30 A.M.	FRIDAY 6:00 - 7:30 P.M.	1,2,3,4, OVERFLOW

(MAY BE EXTENDED AS DAYLIGHT PERMITS)



**\* OFFICIAL NOTICES TO ALL INMATES \***

**LEGAL ASSISTANCE TO PRISONERS.** Free legal assistance to all inmates is provided throughout the Connecticut Correctional Center by an organization called Legal Assistance to Prisoners. (L.A.P.)

Attorney Randi Mezzy from L.A.P. visits our institution once a week to help the inmates with their civil and legal problems.

L.A.P. Cannot help inmates with any criminal cases. These must go to the public Defenders Office or to private attorneys. You can contact Att. Randi Mezzy by writing to her at the L.A.P. office, Address: 340 Capitol Ave., Hartford, Connecticut 06115.

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**COOP SERVICES**...The Coop Multi-Service Center is an agency that serves Ex-Offenders in the Greater Bridgeport area. The service provides, through staff or referral and job counseling, educational counselling, employment referrals, clothing and housing. The COOP deals with men and women presently incarcerated or recently released from a Correctional Center. They bridge the gap between the offenders immediate needs and the communities resources. The goal of COOP is to help ex-offenders to help themselves. For more information, contact Rev. Smith - submit a counselor request to your counselor.

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**11 PM - COUNT**...This concerns all East Wing inmates, Read This Carefully. Immediately following the 11pm count, all inmates are expected to stay in their cells and to remain there for the entire evening. The only exception will be going to and from the lavatory or to inform an officer of something. Any inmate found out of his cell loitering, talking loudly, etc., will be subject to immediate disciplinary action. This comes directly from Warden Liburdi.

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Kathy Richer is the drug counselor for the Regional Narcotics Program. She will be available in the New Building on Fridays from 8:30 a.m. to 3:30 p.m.:

The Old Building schedule is as follows; ....  
Monday, Wednesday and Thursday, from 8:30 am to 3:30 pm. Tuesday, from 1 pm to 3:30 pm. One to one counseling and group counseling opportunities will be available to inmates.

\*\*\*\*\*

**MAIL FOR THE WARDENS.** All mail or messages for Warden Liburdi or Deputy Wardens Gillis and Goldson is to be placed in the mailbox marked "COMMISSIONERS MAIL". These boxes are located where all other boxes for mail and requests are located. This applies to both the Old and New Centers.

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**FOOD IN CELLS.** As per order of the Administration, no food is allowed in cells other than that which was purchased in the commissary. This rule will be strictly enforced by all shift-Supervisors. Violations may result in Disciplinary action. The purpose of this is to cut down on possible health hazards. The exterminators are kept busy enough as it is.

\*\*\*\*\*

**CONTACT VISITS**...Pre-trial visiting is extending a privilege to inmates in the pre-trial unit who meet the criteria specified in the New Inmate Handbook for Contact Visits. The visiting list for contact visits shall be renewed and reviewed by your Classification Committee at the time the inmate is initially cleared for contact visits. Any change will be permitted only through counselor-referral to the Classification Committee. The lists will include immediate family and girlfriends only.

\*\*\*\*\*

**I.D. PHOTOS**...You are required to have your identification cards on your person at all times during movement throughout the institution; whether going to visits or to employment areas, Counselors offices, Classification committee, Dining hall, etc. Wear your I.D. card on your shirt pocket in plain view. Doing this will prevent any reprisals or disciplinary reports. No inmate will be allowed movement within the institution without his I.D. card. If you do not have an I.D. card - immediately inform your Block C/O, and a card will be issued to you.

**WEARING OF I.D. CARDS WILL BE STRICTLY ENFORCED.**

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SELF GOVERNING

PRIDE IN BELONGING

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C

C

C

# JAYCEES

LEARN

DEVELOP

DEVELOP INTERPERSONAL

DEVELOP COMMUNICATIVE

SKILLS

ABILITY

DEVELOP LEADERSHIP

DEVELOP BETTER COMMUNICA-

ABILITY

TION WITH FAMILY

HELP YOUR FELLOW MAN

## DEVELOP YOUR FULL POTENTIAL

PERSONAL DYNAMICS

COMMUNICATION DYNAMICS

CONTACT WITH OUTSIDE ORGANIZATIONS

COMMUNITY INVOLVEMENT

PHOTOGRAPHS

HELPING YOUR FELLOW MAN

\*\*\*\*\*

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### WE BELIEVE

- THAT FAITH IN GOD GIVES MEANING AND PURPOSE TO HUMAN LIFE;
- THAT THE BROTHERHOOD OF MAN TRANSCENDS THE SOVEREIGNTY OF NATIONS;
- THAT ECONOMIC JUSTICE CAN BEST BE WON BY MEN THROUGH FREE ENTERPRISE;
- THAT GOVERNMENT SHOULD BE OF LAWS RATHER THAN OF MEN;
- THAT EARTH'S GREATEST TREASURES LIE IN HUMAN PERSONALITY;
- AND THAT SERVICE TO HUMANITY IS THE BEST WORK OF LIFE.

### JOIN THE BRIDGEPORT COMMUNITY CORRECTIONAL JAYCEES

ORIENTATION MEETINGS HELD WEDNESDAY EVENINGS AT 7:30 PM. SUBMIT YOUR NAME TO THE PRESIDENT NOW.... YOU WILL BE CONTACTED AS SOON AS POSSIBLE.

SCHOOL NOTICE TO ALL INMATES

SCHOOL IS BACK IN SESSION... PROGRAMS AVAILABLE ARE: TUTORING ENGLISH AS A SECOND LANGUAGE, INSTRUCTION IN BASIC EDUCATION, AND PREPERATION FOR THE HIGH SCHOOL EQUIVALENCY EXAMINATION. (G.E.D.)

HAY ESCUELA TAMBIEN PARA USTEDES CHE NON HABLAN INGLES MUY BIEN.

IF YOUARE INTERESTED IN ATTENDING CLASSES; ADDRESS A COUNSELOR REQUEST SLIP TO JOHN FARRELL, TEACHER, GIVING YOUR NAME, CELL NUMBER, AGE, AND WHAT PROGRAM YOU ARE INTERESED IN. YOU WILL BE INTERVIEWED AS SOON AS POSSIBLE.

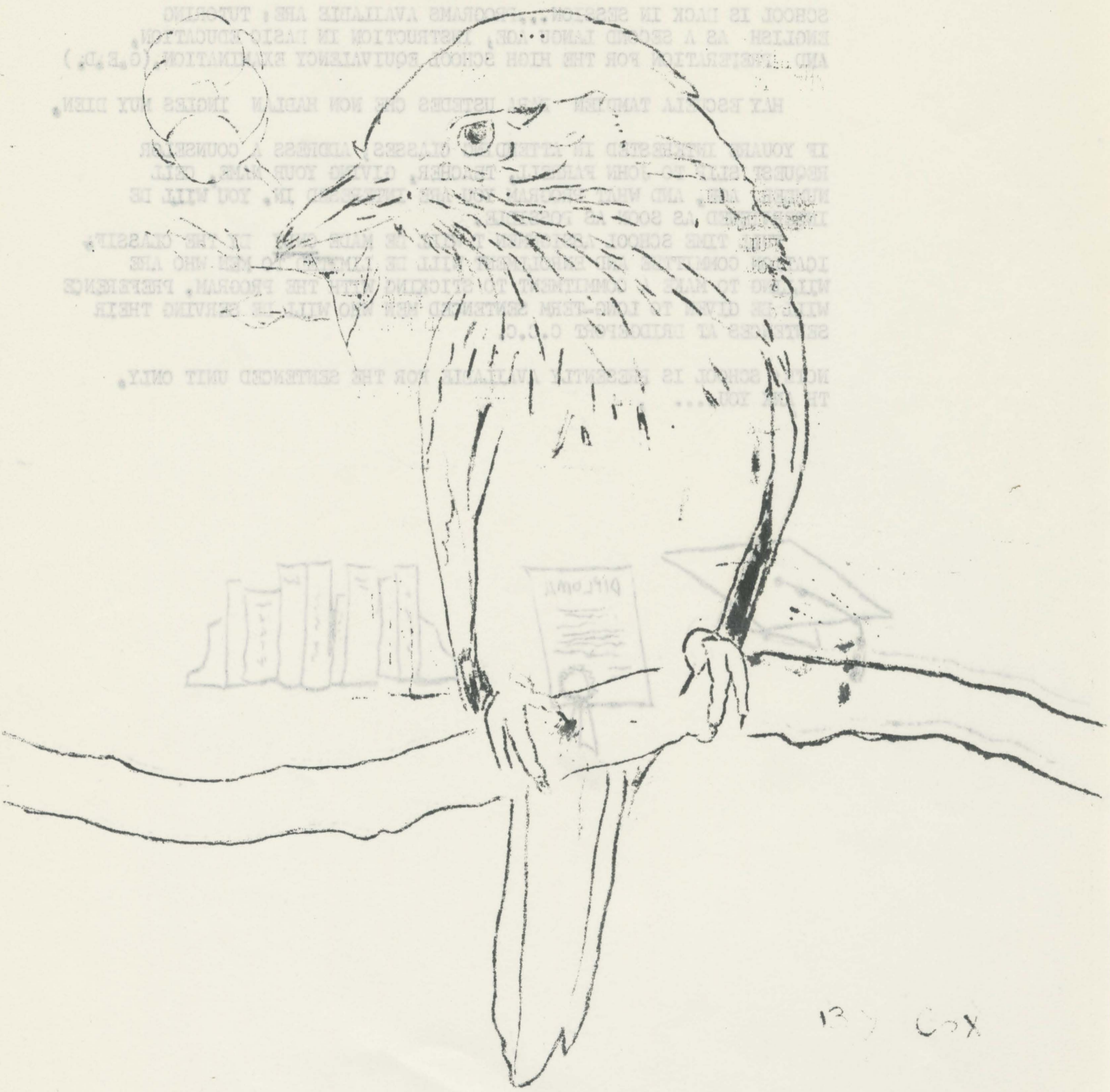
FULL TIME SCHOOL ASSIGNMEN T WILL BE MADE ONLY BY THE CLASSIF: ICATION COMMITTEE AND ENROLIMENT WILL BE LIMITED TO MEN WHO ARE WILLING TO MAKE A COMMITMENT TO STICKING WITH THE PROGRAM. PREFERENCE WILL BE GIVEN TO LONG-TERM SENTENCED MEN WHO WILL BE SERVING THEIR SENTENCES AT BRIDGEPORT C.C.C.

NOTE: SCHOOL IS PRESENTLY AVAILABLE FOR THE SENTENCED UNIT ONLY. TH ANK YOU.....



SCHOOL NOTICE TO ALL INMATES

SCHOOL IS BACK IN SESSION... PROGRAMS AVAILABLE ARE: TUTORING  
ENGLISH AS A SECOND LANGUAGE, INSTRUCTION IN BASIC EDUCATION  
AND REGISTRATION FOR THE HIGH SCHOOL EQUIVALENCY EXAMINATION (G.E.D.)  
MAY ESPECIALLY TALK WITH THE NOW HADIAN INQUIRY BUY DIEN  
IF YOU ARE INTERESTED IN THE ABOVE CLASSES ADDRESS A COUNSELOR  
REQUESTS TO JOHN PARELLI, TEACHER, GIVING YOUR NAME, CALL  
NUMBER AND, AND WHAT PROGRAM YOU ARE INTERESTED IN, YOU WILL BE  
INTERVIEWED AS SOON AS POSSIBLE.  
THIS TIME SCHOOL IS BEING HELD IN THE CLASSROOMS  
INSTEAD OF THE GYMNASIUM. ALL INMATES WHO ARE  
WILLING TO MAKE A COMMITMENT TO ATTENDING THE PROGRAM, PREFERENCE  
WILL BE GIVEN TO LONG-TERM SENTENCED MEN WHO WILL BE SERVING THEIR  
SENTENCES AT BRIDGEMAN C.C.C.  
NO SCHOOL IS CURRENTLY AVAILABLE FOR THE SENTENCED UNIT ONLY.  
THEY ARE...



137 Cox

NATIONAL FOOTBALL LEAGUE  
\* STANDINGS \*

AMERICAN CONFERENCE

EAST

	W	L	PCT.	PF.	PA.
MIAMI	2	0	1.000	28	17
BUFFALO	1	1	.500	58	33
NEW ENGLAND	1	1	.500	69	19
BALTIMORE	0	2	.000	26	43
N.Y. JETS	0	2	.000	25	81

EAST

	W	L	PCT.	PF.	PA.
DALLAS	2	0	1.000	42	34
PHILADELPHIA	1	1	.500	33	31
ST. LOUIS	1	1	.500	48	36
WASHINGTON	1	1	.500	54	53
N.Y. GIANTS	0	2	.000	31	50

CENTRAL

CLEVELAND	2	0	1.000	52	46
PITTSBURGH	2	0	1.000	54	20
HOUSTON	1	1	.500	36	65
CINCINNATI	0	2	.000	24	61

CENTRAL

CHICAGO	2	0	1.000	32	10
TAMPA BAY	2	0	1.000	60	42
GREEN BAY	1	1	.500	31	25
MINNESOTA	1	1	.500	35	48
DETROIT	0	2	.000	30	58

WEST

SAN DIEGO	2	0	1.000	63	26
DENVER	1	1	.500	19	13
KANSAS CITY	1	1	.500	38	27
OAKLAND	1	1	.500	34	47
SEATTLE	0	2	.000	26	52

WEST

ATLANTA	2	0	1.000	54	44
LOS ANGELES	1	1	.500	30	33
SAN FRANCISCO	0	2	.000	22	28
NEW ORLEANS	0	2	.000	53	68

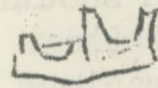
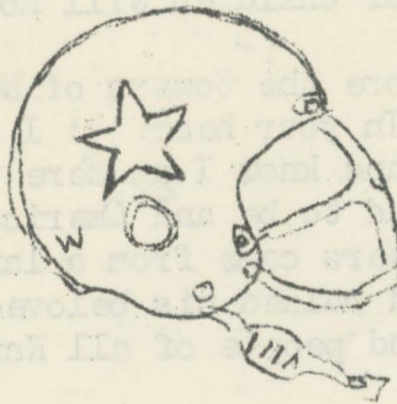
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SUNDAYS GAMES

- N.Y. JETS VS DETROIT
- BALTIMORE VS CLEVELAND
- BUFFALO VS SAN DIEGO
- CHICAGO VS DALLAS
- DENVER VS ATLANTA
- KANSAS CITY VS HOUSTON
- MIAMI VS MINNESOTA
- NEW ENGLAND VS CINCINNATI
- OAKLAND VS SEATTLE
- PHILADELPHIA VS NEW ORLEANS
- PITTSBURGH VS ST. LOUIS
- SAN FRANCISCO VS LOS ANGELES
- TAMPA BAY VS GREEN BAY

MONDAY NIGHTS' GAME

- N.Y. GIANTS VS WASHINGTON



I BELIEVE IN YOU

I believe in you, and I believe in your destiny.  
I believe that you are contributors to this new civilization.  
I believe that you have inherited from your forefathers, and  
ancient dream, a song, a prophecy, which you can lay as a gift  
of gratitude upon the lap of America,

I believe that you can say to the founders of this great  
nation "I here I am, a youth tree whose roots were plucked  
from the roots; yet I am deeply rooted here, and I will be  
fruitful."

I believe that you can say to Emerson and Whittman and James  
In my veins runs the blood of the poets and wise men of old,  
and it's my desire to come to you and receive, but I shall not  
come with empty hands!

I believe that even as our fathers came to this land to produce  
riches, you were born here to produce riches by intelligents, and  
by labor.

I believe that it is within you to be a good citizen.  
and what is a good citizen?

It is to acknowledge the other persons rights before asserting  
your own, but doing so with in the comfort of your own consistency.

It is to be free in word and deed, but it is to also know that your  
freedom is subject to the other persons freedom.

It is to create the useful and the beautiful with your own hands, and  
to admire what others have created in love and in faith

It is to produce by labor and only labor, and to spend less than you have  
produced so that your children will not be dependant upon the state for aid  
when you are no more

It is to stand before the towers of New York and Washington, Chicago and  
San Francisco saying in your heart "I am a descendant of the people that  
built this Country, and now I am here to build with you, and leave a will!"

You should be proud to be an American, but you should also be glad that  
your Fathers and Mothers came from a land that the GOD of eternal good laid  
his gracious hand and raised his beloved messengers.

Young Americans and people of all Nations ( I believe in you)

(EDITED BY )  
MILTON COX

( DEATH IS BUT LIFE'S AWAKENING WE ALL ARE LIKE A FOAM UPON THE  
FACE OF THE SEA, AND A STRONG WIND APPEARS AND WE VANISH

CONTENPLATIVE THOUGHT....

DID YOU KNOW???

THE ANCIENT ROMANS USED SAFETY PINS.

THE WEIGHT OF THE PLANET EARTH IS ESTIMATED TO BE 6,000,000,000,000,000,000,000, TONS.

PIRATES WORE EARRINGS BECAUSE THEY THOUGHT IT WOULD IMPROVE THEIR VISION?

THE PHONY EXPRESS LASTED ONLY 18 MONTHS.

FOR THREE YEARS, 1875 TO 1878, THERE WAS A 20 CENT COIN?

THE STATUE OF LIBERTY MOUTH IS ONLY 3 FEET WIDE.

UNTIL 1819 THE HAWAIIAN LANGUAGE HAD NEVER BEEN WRITTEN

THE WORD HURRY WAS INVENTED BY SHAKESPEARE

AS FAR BACK AS ANCIENT BIBLICAL TIMES ALMONDS WERE USED AS GIFTS?

THE STAR-SPANGLED BANNER WAS WRITTEN BY FRANCIS SCOTT KEY ON THE BACK OF AN ENVELOPE.

IT IS ILLEGAL IN THE STATE OF MASSACHUSETTES TO USE TOMATOES IN CLAM CHOWDER?

SOCRATES, THE GREEK PHILOSOPHER, COULD NOT READ OR WRITE.

IF A STAR FISH LOOSES AN ARM, IT CAN GROW ANOTHER?

THE HUMMING BIRD IS THE ONLY BIRD THAT CAN FLY BACKWARDS.

THERE ARE THOUSANDS OF COYOTES WITH IN THE CITY LIMITS OF LOS ANGELES?

THERE ARE # 3,000 LANGUAGES IN THE WORLD

WHEN YOU ARE AT THE SOUTH POLE ALL THE DIRECTIONS ARE NORTH??

THE POISON OF THE PASSION FLOWER CAUSES CONVULSIONS OF THE FACE MUSCLES. THEREFORE A VICTIM CAN LOOK AS IF HE IS LAUGHING HIMSELF TO DEATH.

THE HORNS OF THE RINO ARE REALLY MADE OF HARD HAIRS, AND NOT BONE??

FOR REASONS UNEXPLAINED, PEOPLE WHO ARE BORN IN FEBRUARY TEND TO LIVE LONGER THAN ANYONE ELSE.

THE SEMINOLE INDIANS ARE TECHNICALLY STILL AT WAR WITH THE UNITED STATES?

AT NIGHT TEMPERATURES ON THE MOON DROP TO 200 DEGREES BELOW ZERO.

THE LOVE BIRD IS REALLY ANTI SOCIAL??

CRICKETS HAVE NO EARS.

THE AUTHOR OF FRANKENSTEIN WAS A 19 YEAR OLD WOMAN NAMED MARY SHELLEY??

HAMBURGERS STARTED IN NEW HAVEN, CONNECTICUT AT THE TURN OF THE CENTURY, WHEN THE PROPRIETOR OF A DINER INVENTED THEM TO USE UP LEFTOVERS.

IT TAKES 300 GALLONS OF WATER TO MAKE ONE BARREL OF BEER.

ON NOVEMBER 28, 1796, THOMAS JEFFERSONS INK FROZE.

THE HUMAN ARM CONTAINS THIRTY TWO BONES.

IF A DOLLAR BILL IS TORN, IT CAN BE REDEEMED FOR THE FULL PRICE IF THE REMAINING PIECE IS AT LEAST 3/5 OF THE ORIGINAL.

THERE IS SOME EVIDENCE THAT THE CAVEMEN MADE MUSIC.

MIAMI BEACH HAS NO CEMETERIES.

SOME SHARK MEAT IS TOXIC AND WHEN FED TO SLED DOGS CAN MAKE THEM DRUNK.

THE FIRST SPACE PASSENGER WAS A DOG LAIKA WHO ORBITED THE EARTH IN THE SOVIET UNIONS SPUTNIK II. (EDITED BY)

THE PLANET URANUS, DISCOVERED IN 1781 BY FREDERICK WILLIAM HERSCHEL, CIRCLES THE SUN APPROXIMATELY ONCE EVERY 80 YEARS.

MILTON COX

ZEN LUNACY

I THINK OF THE PAST TWENTY SEVEN YEARS  
AND HOW I'VE WALKED QUIETLY THROUGH LIFE.  
ALL THE PEOPLE LIVING IN THIS LIFE I'VE KNOWN--  
SOME SAY "BILLY IS AN IDIOT!"  
'AM I REALLY AN IDIOT?' I REFLECT.  
BUT MY REFLECTIONS FAIL TO SOLVE THE QUESTION.  
FOR I MY SELF DO NOT KNOW WHERE THE SELF IS....  
NOR DO THEY.  
THEN HOW CAN OTHERS KNOW WHO I AM?  
I HANG DOWN MY HEAD - NO MORE  
ASKING IS NEEDED;  
FOR WHAT SERVICE CAN THE ASKING BE?  
LET THEM COME THEN TO JEER AT ME ALL THEY LIKE,  
I KNOW MOST DISTINCTLY WHAT THEY MEAN;  
BUT I DO NOT RESPOND TO THEIR SNEER,  
FOR THAT SUITS MY LIFE ADMIRABLY.

SUBMITTED BY: WILLIAM J. CURRY

MY ROPE IS WORN OUT AFTER SO MANY YEARS USAGE  
AND PARTS OF IT IN SHREDS LOOSELY HANGING, HAVE BEEN  
BLOWN AWAY TO THE CLOUDS.

\*\*\*\*\*

A BUDDHIST PRIEST DEMANDS NO SELF RESPECT... AS HE HAS  
NO SELF TO BE RESPECTED.

\*\*\*\*\*

"PONDERINGS"

'I LOVE YOU' SHE SAYS AS SHE STARES IN MY EYES.  
COULD THIS REALLY BE OR IS THIS JUST A DISGUISE?  
'I'M WAITING' SHE SAYS WITH SOLEMN REVERE;  
BEING GONE I CAN'T TELL IF SHE DOES TRUELY CARE.  
THE DOUBTS THAT I FACE SHE SLAYS WITH LOVE'S SWORD.  
DEEDS SO SINCERE, OR FOR SOME HIDDEN REWARD?  
BUT THE ANSWERS I SEEK LIE WITHIN MY HEART,  
AND THUS IT IS SO WITH TWO LOVERS APART.

\*\*\*\*\*

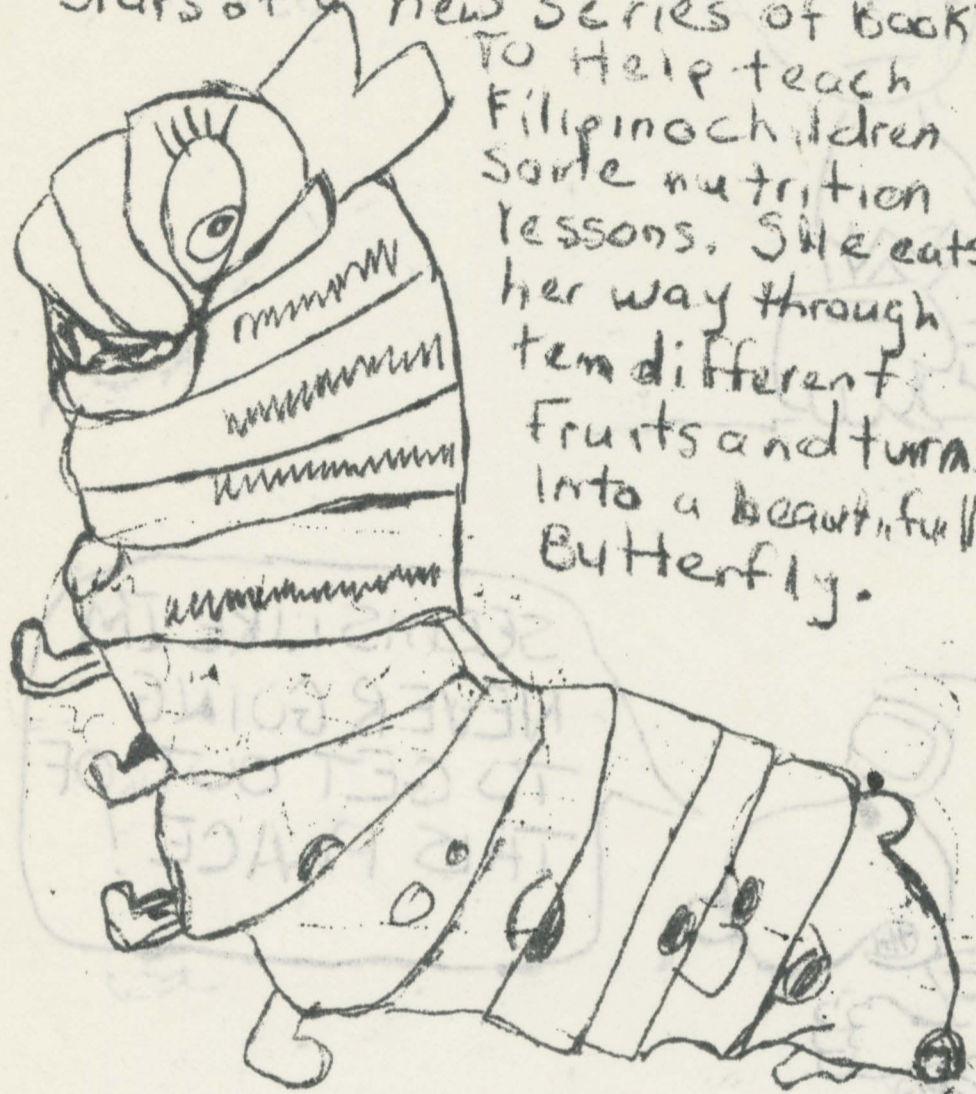
IF A MAN DOES WRONG,  
LET HIM NOT DO IT REPEATEDLY,  
LET HIM NOT TAKE PLEASURE THEREIN;  
PAINFUL IS WRONGS ACCUMELATION.

SUBMITTED BY: WILLIAM J. CURRY

WORLD  
PLACE IN THE  
LIFE  
THERE IS  
THE

# Pilar, A caterpillar

Pilar, a caterpillar, is one of the Stars of a new series of books to help teach Filipino children some nutrition lessons. She eats her way through ten different fruits and turns into a beautiful butterfly.



INTERNATIONAL  
YEAR of the CHILD



"YES" I BELIEVE IN RELIGION - I JOG FIVE MILES  
"EVERY DAY" FAITHFULLY

CARTOON

MADE possible

M. COX

L. Green JR.

W/ Billy Curry

AND

Brother Perry

By  
Scroll



Pilon  
Pilon

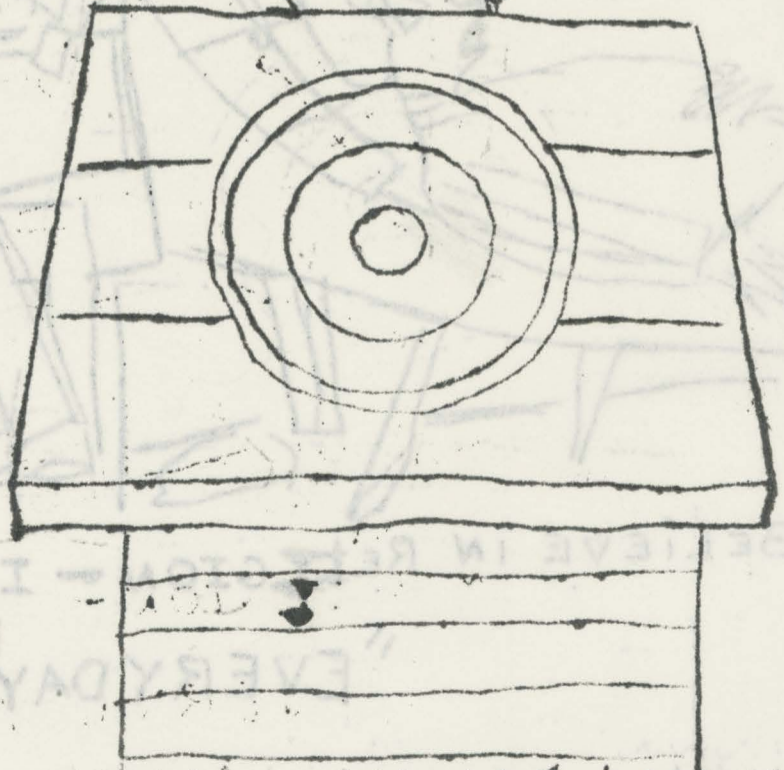
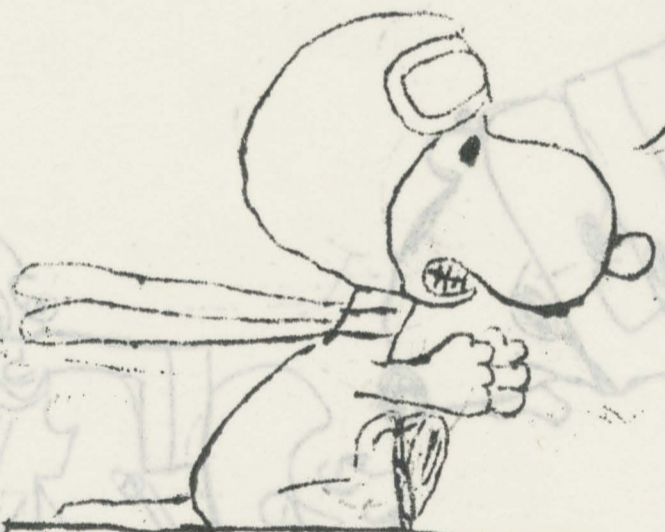
THIS IS THE  
LONELIEST  
PLACE IN THE  
WORLD!



INTERNATIONAL  
YEAR OF CHILD

Pilon  
Pilon

SEEMS LIKE I'M  
NEVER GOING  
TO GET OUT OF  
THIS PLACE!



"EVERYDAY I DO FIVE MILES"

Pilon  
Pilon

Green

M. COX  
L. Green Jr.  
W. Bill Child  
AND  
Brother Perry

HOW IT WORKS; HONEST...

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH. THOSE WHO DO NOT RECOVER ARE PEOPLE WHO CANNOT OR WILL NOT COMPLETELY GIVE THEMSELVES TO THE SIMPLE PROGRAM, USUALLY MEN AND WOMEN WHO ARE CONSTITUTIONALLY INCAPABLE OF BEING HONEST WITH THEMSELVES. THERE ARE SUCH UNFORTUNATES, THEY ARE NOT AT FAULT, THEY SEEM TO HAVE BEEN BORN THIS WAY. THEY ARE NATURALLY INCAPABLE OF GRASPING AND DEVELOPING A MANNER OF LIVING WHICH DEMANDS RIGOROUS HONESTY, AND THEIR CHANCES ARE LESS THAN AVERAGE. THERE ARE THOSE TOO WHO SUFFER FROM GRAVE EMOTIONAL AND MENTAL DISORDERS, BUT MANY OF THEM DO RECOVER IF THEY HAVE THE CAPACITY TO BE HONEST. OUR STORIES DISCLOSE IN A GENERAL WAY WHAT WE USED TO BE LIKE, WHAT HAPPENED, AND WHAT WE ARE LIKE NOW. IF YOU HAVE DECIDED YOU WANT WHAT WE HAVE AND ARE WILLING TO GO TO ANY LENGTH TO GET IT, THEN YOU ARE READY TO TAKE CERTAIN STEPS.

AT SOME OF THESE WE'VE BALKED. WE THOUGHT WE COULD FIND AN EASIER, SOFTER WAY, BUT WE COULD NOT. WITH ALL THE EARNESTNESS AT OUR COMMAND, WE BEG OF YOU TO BE FEARLESS AND THOROUGH FROM THE VERY START. SOME OF US HAVE TRIED TO HOLD ON TO OUR OLD IDEAS AND THE RESULT WAS NIL UNTIL WE LET GO ABSOLUTELY.

REMEMBER THAT WE DEAL WITH ALCOHOL-CUNNING, DAFFLING, POWERFUL. WITHOUT HELP IT IS TOO MUCH FOR US. BUT THERE IS ONE WHO HAS ALL POWER- THAT ONE IS ALLAH OR GOD. MAY YOU FIND HIM NOW. HALF MEASURES AVAILED US NOTHING. WE STOOD AT THE TWISTING POINT, WE ASKED HIS PROTECTION AND CARE WITH COMPLETE ABANDON.

SUBMITTED BY: BROTHER PERRY

\*\*\*\*\*

THE APE AND THE SPECTACLES

AN APE IN OLD AGE SUFFERED MUCH FROM BLINDNESS,  
BUT, BEING TOLD, THROUGH HUMAN KINDNESS,  
THAT SUCH A WEAKNESS NEED NOT LONG ENDURE,  
A PAIR OF SPECTACLES THE CURE,  
HE WENT AT ONCE AND BOUGHT A DOZEN PAIR.  
THE APE, THE SPECTACLES TURNS O'ER AND O'ER,  
HIS FOREHEADS HOT WITH THEM, HIS TAIL QUITE SORE;  
HE SMELLS THEM AND LICKS THEM AROUND WITH CARE,  
AND STILL THE SPECTACLES ARE USELESS, QUITE.  
"CONFOUND THEM!" QUOTES THE APE, "AND EVERY FOOL  
THAT LISTENS TO THE LIES OF HUMAN-SPITE,  
I'M CHEATED LIKE A BOY AT SCHOOL,  
FOR SPECTACLES SET NO EYES RIGHT!"  
THUS SAYING ON THE NEAREST STONE HE DASHES THEM,  
AND INTO SPARKLING SPLINTERS SMASHES THEM.  
THE SAME THING HAPPENS NOT TO APES ALONE.  
WHERE THEY SHOULD PROFIT BY THE THING THEY OWN,  
THE IGNORANT TO LOSS WILL ALWAYS TURN IT;  
AND WORSE FOR FOOLS WHO WITH THEIR RANK UNKNOWN,  
THEY WILL NOT ONLY SPOIL A THING, BUT SPURN IT.

SUBMITTED BY: BROTHER PERRY

WORDS OF CONCERN

YOU ARE MY BROTHER, BUT WHY ARE YOU QUARRELING WITH ME, WHY DO YOU INVADE MY COUNTRY AND TRY TO SUBDUATE ME FOR THE SAKE OF PLEASING THOSE WHO ARE SEEKING GLORY AND AUTHORITY?

WHY DO YOU LEAVE YOUR WIFE AND CHILDREN AND FOLLOW DEATH TO THE DISTANT LAND FOR THE SAKE OF THOSE WHO BUY GLORY WITH BLOOD, AND HIGH HONOUR WITH YOUR MOTHER'S TEARS?

IS IT A HONOUR FOR A MAN TO KILL HIS BROTHER MAN? IF YOU DEEM IT A HONOUR, LET IT BE AN ACT OF WORSHIP, AND ERECT A TEMPLE TO CAIN WHO SLEW HIS BROTHER ABEL.....

CAN LOVERS MEET AND EXCHANGE KISSES ON BATTLEFIELDS STILL ACRID WITH BOMB FUMES??

WILL THE POET COMPOSE HIS SONGS UNDER STARS VEILED IN GUN SMOKE?

WILL THE MUSICIAN STRUM HIS FLUTE IN A NIGHT WHOSE SILENCE WAS RAVISHED BY TERROR?

KNOW YOUR TRUE WORTH, AND YOU SHALL NOT PERISH

REASON IS YOUR LIGHT AND YOUR DEACON OF TRUTH.

REASON IS THE SOURCE OF LIFE. GOD HAS GIVEN YOU

KNOWLEDGE, SO THAT BY ITS LIGHT THAT YOU MIGHT NOT

ONLY WORSHIP HIM, BUT ALSO SEE YOUR SELF IN YOUR

WEAKNESS AND STRENGTH.

BEAUTY REVEALS HERSELF TO US AS SHE SITS ON THE THRONE OF GLORY. BUT WE APPROACH HER IN THE NAME OF LUST, SNATCH OFF HER CROWN OF GLORY, AND POLLUTE HER GARMENT WITH HER EVIL DOING ..

MADNESS IS THE FIRST STEP TOWARDS UNSELFISHNESS. BE MAD AND TELL US WHAT IS BEHIND THE VEIL OF SANITY, THE PURPOSE OF LIFE IS TO BRING US CLOSER TO THOSE SECRETS, AND MADNESS IS THE ONLY MEANS...

MAN IS LIKE THE FOAM OF THE SEA, THAT FLOATS UPON THE SURFACE OF THE WATER. WHEN THE WIND BLOWS IT VANISHES, AS IF IT NEVER HAD BEEN, THUS IS OUR LIVES BLOWN AWAY BY DEATH.

THE REALITY OF LIFE IS LIFE ITSELF, WHOSE BEGINNING IS NOT IN THE WOMB, AND WHOSE ENDING IS NOT IN THE GRAVE, FOR THE YEARS THAT PASS OR NOTHING BUT BUT A MOMENT IN ETERNAL LIFE, AND THE WORLD OF MATTER AND ALL IN IT IS BUT A DREAM COMPARED TO THE AWAKENING IN WHICH WE CALL THE TERROR OF DEATH.

WISDOM WILL NOT BE FOUND IN MERE WORDS...

BUT IN THE MEANING OF THEM

(EDITED BY AN FELLOW INMATE)

MILTON COX

SUBMITTED BY: BROTHER TERRY

WIKI 65m /  
EYES OUT OF  
LAWN  
PERRY

F

WIKI



"ART BY"  
BROTHER  
PERRY



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RELIGIOUS SERVICES

Chaplains:

Rev. Denis Como  
Rev. William Sangiovanni

Mass in English:

East Building ----- Sunday 8:30 a.m.  
New Center ----- Sunday 9:30 a.m.  
Pre-Release ----- Wednesday 8:00 p.m.

Mass in Spanish:

New Center ----- Saturday 7:00 p.m.

Bible Study:

East Building ----- Tuesday 7:30 p.m.

The Catholic chaplains are available every day for private consultation, spiritual direction, and/or confession.

\*\*\*\*\*  
PROTESTANT

New Center ----- Sunday 8:30 a.m.

East Building ----- Sunday 9:30 a.m.

\*\*\*\*\*  
ANYONE WISHING TO TALK WITH ONE OF THE CHAPLAINS, PUT A NOTE IN THE COUNSELOR'S BOX  
\*\*\*\*\*

Islamic Services

East Building - Saturday 7:30 p.m.

In the name of God, most gracious, most merciful. Praise be to God, The Cherisher and sustainer of the worlds; I greet you, As-Salamu 'Alai-kum.

Wa Rahmatu-ullah. ( Some sayings from a holy book)

The Nature Of God. Gos! There is no god but He - the living, the self-subsisting, Eternal. No slumber can seize Him, nor sleep. His are all things in the heavens and on earth. Who is there that can intercede in His presence except as He permit-teth? He knoweth what (appeareth to His creatures as) before or after or behind them. Nor shall they compass aught of His knowledge except as he willeth. His throne doth extend over the heavens and the earth, and he feeleth no fatigue in guarding and preserving them.

Drinking and Gambling They ask thee concerning wine and gambling. Say: In them is great sin, and some profit, for men: but the sin is greater than the profit.  
Christians They do blaspheme who say: "God is Christ the Son of Mary"! But said Christ: "O children of Israel! Worship God, my Lord and your Lord"! Whoever joins other gods with God - God will forbid him the Garden, and the fire will be his abode.

Kila-Katu  
Omowale Kismayu

FALL AND WINTER SCHEDULE

BREAKFAST

DINNER

SUPPER

S	FRESH FRUIT	*BAKED STUFFED PORK CHOPS	AMERICAN CHOP SUEY
U	HOT OR COLD CEREAL	RICH BROWN GRAVY	GRATED PARMESIAN CHEESE
N	PASTRY	WHIPPED POTATOES	TOSSED GARDEN SALAD
	JELLY-MARGARINE	SPICED APPLE SAUCE	SALAD DRESSING
	MILK	FRESH FROZEN SPINACH	BREAD* BUTTER
		ICE CREAM	PASTRY

M	CHILLED TOMATO JUICE	SOUP DE JOUR	SAUSAGE BURGER-ROLLS
O	HOT OR COLD CEREAL	FISH STICKS	FRENCH FRIED POTATOES
N	FRIED EGGS	TARTAR SAUCE	WHOLE KERNEL CORN
	TOAST	HOME FRIED POTATOES	POLISH DILL PICKLES
	MILK	SPINACH	FRUIT COCKTAIL
		JELLO	

T	JUICE	GRILLED CUBE STEAK	CHICKEN STEW
U	HOT OR COLD CEREAL	BROWN GRAVY	HOT BISCUITS
E	PASTRY	OVEN BAKED POTATOES	BUTTERED RICE
	PEANUT BUTTER-JELLY	GLAZED FRESH CARROTS	CRANBERRY SAUCE
		CHOCOLATE PUDDING	PASTRY

W	GRAPEFRUIT SECTIONS	POLISH KIELBASA	VEAL PARMESIAN
E	HOT OR COLD CEREAL	BOILED CABBAGE	ITALIAN SPAGETTI
D	CRIBBIE CAKES	PARSLEY POTATOES	TOMATO SAUCE
	MAPLE SYRUP	MUSTARD-CATSUP	WINTER SALAD
		PIE	ICE CREAM

T	FRESH FRUIT	INSTITUTIONAL CHOICE	STUFFED BELL PEPPERS
H	HOT OR COLD CEREAL		IN TOMATO SAUCE
U	PASTRY		NOODLES ROMANOFF
R			PEACH PATTY

F	ORANGE JUICE	DEEP FRIED FISHWICH	VEGETABLE SOUP
R	HOT OR COLD CEREAL	TARTAR SAUCE	ALL BEEF FRANKFURTERS
I	FRENCH TOAST	AU GRATIN POTATOES	BOSTON BAKED BEANS
	MAPLE SYRUP	KERNEL CORN	MUSTARD-CATSUP
		ICE CREAM	COLE SLAW
			MOCHA CAKE

S	PINEAPPLE JUICE	CORNER BEEF HASH	SALISBURY STEAK
A	HOT OR COLD CEREAL	w/FRIED EGGS	BROWN GRAVY
T	PASTRY	BABY LIMA BEANS	BUTTERED MASHED POTATOES
		CATSUP	MIXED VEGETABLES
		CHILLED FRUIT	JELLO w/TOPPING

\* INDICATES PORK PRODUCT

ALL MENUS SUBJECT TO CHANGE