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SCROLL

BRIDGEPORT COMMUNITY CORRECTIONAL CENTER
1106 NORTH AVE BRIDGEPORT, CT.
06604

CONNECTICUT
STATE LIBRARY

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CONNECTICUT



SCROLL SUPERVISOR
Mrs Peggy Pinton

w.f.c.

MAIL FOR THE WARDENS... All mail or messages for Warden Liburdi or Deputy Warden Gillis should be placed in the mailbox. The Scroll is published by and for the population of the Bridgeport Community Correctional Center 1106 North Ave, Bridgeport, CT. 06604

LEGAL ASSISTANCE TO PRISONERS... Free legal assistance to all inmates is provided through the Connecticut Bar Association's Legal Aid Program. An organization called Legal Aid for Prisoners (L.A.P.) provides legal assistance to inmates from L.A.P. visits our institution once a week to help the inmates with their legal matters.

SCROLL STAFF

- EDITOR..... Milton Cox
- EDITOR..... Luther Green Jr.
- EDITOR..... William J. Curry
- EDITOR..... Andrew Posnack

CENTER ADMINISTRATION

- WARDEN..... Victor Liburdi
- DEPUTY WARDEN (OPERATIONS).. Bruce Goldson
- DEPUTY WARDEN (TREATMENT)... Robert Gillis
- CAPTAINS..... Robert Wenz
- Michael Chernovetz

SCROLL SUPERVISOR

Mrs. Peggy Pinton

PRE-TRIAL VISITING... Pre-trial visiting is extended to inmates in the pre-trial unit who meet the criteria specified in the New State Handbook for contact visits. The visiting list for contact visits shall be reviewed by your Classification Committee at the time the inmate is initially cleared for contact visits. Any change will be permitted by your Classification Committee or referral to the Class-ification Committee. The lists will include immediate family and girlfriends only.

EMPLOYMENT REFERRALS... The GOOP deals with employment referrals, educational counseling, clothing and housing. The GOOP serves ex-offenders in the Greater Bridgeport area. The service provides through staff or referral and job counseling and women presently incarcerated or recently released from a correctional center. They bridge the gap between the inmate and the community resources. The goal of GOOP is to help ex-offenders to help themselves. For more information, contact Rev. Smith - submit a request to the counselor.

The Scroll is a weekly publication published by and for the inmates of the Bridgeport Community Correctional Center.

The views herein are intended to be those of the contributors, with supervision by the Staff Supervisor, and do not necessarily reflect those of the Center Administration or the Department Of Correction.

We encourage participation and articles from inmates for possible publication. Please include your name and number with each article. Please give credit to author or source when submitting articles written by others.

BRUCE LALLER AND EDSON BOURN are available for drug and alcohol problems. If you would like to sign up for A.A., or if you wish individual counseling with regard to a drug or alcohol problem, as well as referral to drug programs -- drop your request in the counselor box.

The Old Building schedule is as follows: Monday, Wednesday and Thursday, from 8:30 am to 3:30 pm. Tuesday, from 1 pm to 3:30 pm. One to one counseling and group counseling opportunities will be available to inmates.

RADIOS IN THE EAST WING CAN BE PLAYED AFTER 11:00 PM ONLY IF EARPHONES ARE USED.

* OFFICIAL NOTICES TO ALL INMATES *

LEGAL ASSISTANCE TO PRISONERS..Free legal assistance to all inmates is provided throughout the Connecticut Correctional Center by an organization called Legal Assistance to Prisoners. (L.A.P.)

Attorney Randi Mezzy from L.A.P. visits our institution once a week to help the inmates with their civil and legal problems.

L.A.P. Cannot help inmates with criminal cases. These must go to the public Defenders Office or to private attorneys. You can contact Atty. Randi Mezzy by writing to her at the L.A.P. office, address: 340 Capitol Ave. Hartford, Connecticut 06115.

COOP SERVICES..The Coop Multi-Service Center is an agency that serves ex-offenders in the Greater Bridgeport area. The service provides, through staff or referral and job counseling, employment referrals, educational counselling, clothing and housing. The COOP deals with men and women presently incarcerated or recently released from a correctional center. They bridge the gap between the ex-offenders immediate needs and the communities resources. The goal of COOP is to help ex-offenders to help themselves. For more information, contact Rev. Smith - submit a request to your counselor.

11 PM - COUNT - This concerns ALL East Wing inmates - READ THIS CAREFULLY. Immediately following the 11 pm count, all inmates are expected to stay in their cells and to remain there for the entire evening. The only exception will be going to and from the lavatory or to inform an officer of something. Any inmate found out of his cell loitering, talking loudly, etc., will be subject to immediate disciplinary action. This comes directly from Warden Liburdi.

KATHY RICHER - is the drug counselor for the Regional Narcotics Program. She will be available in the New Building on Fridays from 8:30 a.m. to 3:30 p.m.

The Old Building schedule is as follows; Monday, Wednesday and Thursday, from 8:30 am to 3:30 pm. Tuesday, from 1 pm to 3:30 pm. One to one counselling and group counselling opportunities will be available to inmates.

RADIOS IN THE EAST WING CAN BE PLAYED AFTER 11:00 PM ONLY IF EARPHONES ARE USED.

MAIL FOR THE WARDENS..All mail or messages for Warden Liburdi or Deputy Wardens Gillis and Goldson is to be placed in the mailbox marked "COMMISSIONERS MAIL". These boxes are located where all other boxes for mail and requests are located. This applies to both the Old and New Centers.

FOOD IN CELLS..As per order of the Administration, no food is allowed in cells other than that which was purchased in the commissary. This rule will be strictly enforced by all Shift-Supervisors. Violations may result in Disciplinary action. The purpose of this rule is to cut down on possible health hazards. The exterminators are kept busy enough as it is.

CONTACT VISITS..Pre-trial visiting is extending a privilege to inmates in the pre-trial unit who meet the criteria specified in the New Inmate Handbook for contact visits. The visiting list for contact visits shall be reviewed by your Classification Committee at the time the inmate is initially cleared for contact visits. Any change will be permitted only through counselor referral to the Classification Committee. The lists will include immediate family and girlfriends only.

I.D. PHOTOS..You are required to have your identification cards on your person at all times during movement throughout the institution; whether going to visits or to employment areas, counselors offices, classification committee, dining hall, etc. Wear your I.D. card on your shirt pocket in plain view. Doing this will prevent any reprisals or disciplinary reports. No inmate will be allowed movement within the institution without his I.D. card. If you do not have an I.D. card - immediately inform your block C/O.

WEARING OF I.D. CARDS WILL BE STRICTLY ENFORCED.

BRUCE LALLIER AND EDSON BOURN are available for drug and alcohol problems. If you would like to sign up for A.A., or if you wish individual counseling with regard to a drug or alcohol problem, as well as referrals to drug programs -- drop your request in the counselor box.

EDITORIAL

THANKFUL GOD IS NEAR

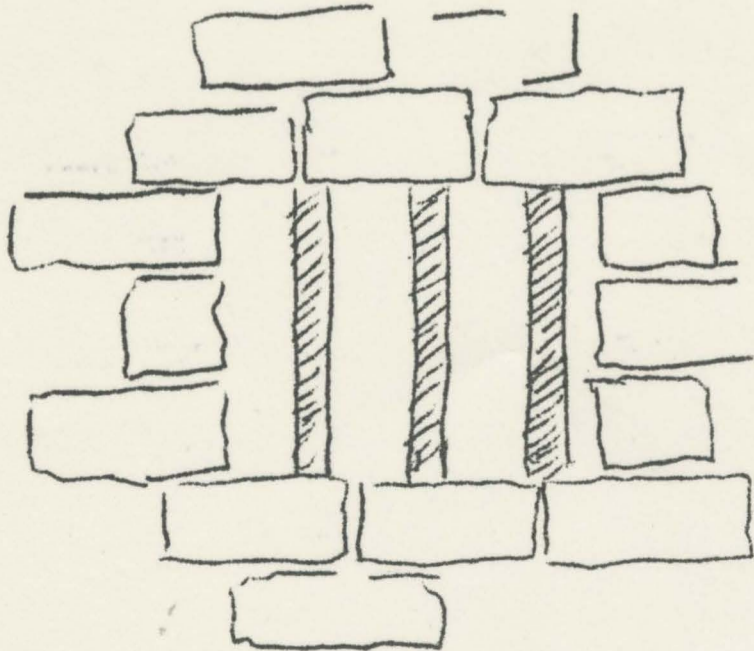
WHEN WE SPEAK OF OUR SELVES TODAY, WE SPEAK OF OUR SELVES IN RELATION TO INFLUENCES BY OUTSIDE SYSTEMS AND HOW THESE SYSTEMS MOLD OUR SELVES. WE IDENTIFY OUR SELVES WITH SYSTEMS, WITH SOMETHING THAT GIVES US DEFINITION IN OUR LIVES. WHEN THE INNER OR SUBJECTIVE SELF LOSES SIGHT OF THE THINGS TO WHICH IT CAN IDENTIFY, IT LOSES DEFINITION AND SEPERATES OF ITSELF, FOR IT IS INCAPABLE OF DEFINING ITSELF. THE SELF CANNOT DEFINE THE SELF.

LOSING THE SYSTEMS THE SELF RELATES TO IN ORDER TO EXIST, THE SUBJECTIVE SELF LOSES ITS' FUTURE, ITS' EXISTENCE TO COME. SELF IDENTIFYING SYSTEMS, FOR EXAMPLE, ORIENTED TOWARDS A DEFINATE GOAL OR AIM, DROP OFF WHEN THAT AIM IS ACHIEVED AND INSTEAD OF JOY, WE FEEL THE SHOCK OF FRUSTRATION THAT THINGS AREN'T AS WE EXPECTED THEM TO BE ONCE WE ARRIVE AT THAT AIM, EITHER WILLINGLY OR NOT. THOSE SYSTEMS THAT CANCEL OUT BECAUSE OF INNER CONTRADICTIONS CAN HAVE DISASTEROUS RESULTS FOR THE SELF THEY HAVE DEFINED, LIKE THE REALIZATION THAT A LOVER HAS BEEN UNTRUE CAN BE WORSE THAN DEATH ITSELF. IT CAUSES THE DEFINITION OF ONES SELF TO LOSE EVEN THE VALIDITY IT HAD IN THE PAST. IN MAKING AN IMPORTANT DECISION ONE FINDS ONES SELF ALONE, DEPENDANT ON IDENTIFICATION WITH A FEW ABSTRACT SYSYSTEMS: ONES OWN PRINCIPLES.

ALL OF THESE ARE SITUATIONS OF EXISTENTIAL ANXIETY; THE VERY EXISTENCE OF THE OBJECTIVE OR OUTSIDE SELF IS THREATENED BY THE LACK OF DEFINITIONS TO IDENTIFY WITH, WHILE THE SUBJECTIVE SELF IS THREATENED BY THE LOSS OF IDENTITY, THAT IS, THE LOSS OF ITS' CAPACITY TO BE A CONSCIOUSNESS. BY LIMITING THE SELF DEFINITIONS WE CUT DOWN ON ITS' MEANING AND LEAVE IT FEELING LONELY, FULL OF SELF DOUBT, BECAUSE ITS' DEFINITIONS ARE NOW IN DOUBT. THE RESULTING DESPAIR REVEALS THAT NOTHING IS LEFT THAT MAKES SENSE, EXCEPT NON-EXISTENCE, DEATH. WHEN EVERYTHING HAS BECOME UNCERTAIN, MEANINGLESS, WHERE IS OUR GOAL THEN, HOW DO YOU REVIVE THE SELF?

IN A SITUATION SUCH AS THE ONE WE ARE IN NOW, WHERE THERE ARE NO EXISTENTIAL SYSTEMS, WE MUST ATTRIBUTE OURSELVES TO GOD. WE MUST LET HIM LEAD THE WAY AND CONFIDE IN HIS PLAN. THERE IS JUST NO OTHER WAY SAVE FOR SELF ILLUSION AND DESPAIR. ON THIS THANKSGIVING HOLIDAY, LET'S BE THANKFUL GOD IS NEAR.....

SUBMITTED BY: WILLIAM J. CURRY



Happy Thanksgiving...

LIBRARY NOTICE

The Bridgeport Correctional Center has library facilities available for both sentenced and Pre-Trial areas. If you wish to make use of what the library has to offer, please follow the procedures established to insure easier distribution of books.

The collection of paperbacks available from the library has been donated to the Center by Rev. Frank Denton and Rev. Denis Como. Also, credit should be given to Darien Bookaid, an organization which makes reading materials available to State institutions without cost to inmates. We here at the institution are grateful for their unending donations and concern.

If you wish to borrow books, look for the library cart which circulates throughout the institution each weekday morning and afternoon. You may borrow as many paperback books as you wish. We ask your cooperation in returning these books when you have finished reading them - or giving these books to other inmates so that as many books as possible will be available and in circulation.

LAW LIBRARY

If you wish to use the Law Library - fill out a Counselor Request Form asking your counselor for permission to use the Law Library.

When utilizing the Law Library, please bear in mind that these are YOUR law materials, and it is up to all concerned to care for the materials there. In the past these materials have been torn, mutilated, stolen, etc.

When you use books or other materials from the Law Library - please return them as you found them - another inmate may need them to assist with his legal work on his case. It can not be stressed enough how important these materials are to those who seek legal assistance.

Sentenced men will be called over the public address system to come to the Law Library which is located in the school building - or a pass will be issued to the person requesting use of the Law Library. This procedure will apply to all those who reside in the East Wing.

Pre-Trial men will be called to the counselling area where the Law Library is located.

As far as is possible, you will be allowed whatever time you will need within the established institutional schedule.

Materials in the Law Library MAY NOT be borrowed unless special permission has been granted. Anyone found with, or having materials that were removed from the Law Library without special permission, IS and WILL be subject to a Disciplinary Report.

If you wish to borrow reference materials other than Law Library materials, you should make out your request to the Librarian who will sign the materials out for you. The materials MUST be returned within one week to make them available to others. Periodically, a list of reference materials maintained in the library will be published in The Scroll.

INTER-LIBRARY LOAN PRIVILEGES: which enable inmates to have access to publications housed in the libraries throughout the state are available under the auspices of the INTER-LIBRARY LOAN SERVICES which is provided by the State of Connecticut Library.

If you wish to subscribe to, or purchase a book, publication, periodical, newspaper, etc., fill out a request slip addressed to the librarian. On the request slip put your name and the title of the publication or book you wish to order. You must follow this step in order for the Librarian to determine whether the publication you wish to order is approved to enter the institution. This step will save you time and effort in ordering and paying for a publication only to find that it has been returned to the publisher.

LIBRARY NOTICE

The rules are that no publication may come into the center if it concerns or contains plans of escape, instruction for making drugs or poisons, instructions regarding criminal skills, construction of weapons or explosive devices, combat skills, advocates racial, religious, or national hatred, or disruption of the security of the institution. The acceptability of any publication will be subject to a review by the Library Committee.

The following titles are new books which have been donated to the school library.

- IN THE NATIONAL INTEREST - Marvin Kalb
- DRAGONS AT THE GATE - Robert L. Duncan
- RUMOR OF WAR - Phillip Caputa
- TRESSPASS - Fletcher Knobel
- MY WONDERFUL SON - J. Frederick Frundizi
- DAYS OF WINE AND ROSES - David Westheimer
- THE GODFATHER - Mario Puzo
- THE QUIET AMERICAN - Graham Green
- THE VERTICAL SMILE - Richard Condon
- HIS FAMILY - Ernest Poole
- THE BOYS OF SUMMER - Roger Kahn
- THE WHITA AND I - Elizabeth Knubowhita
- KID ANDREW CODY & JULIE SPARROW - T. Curtis
- KATE - Charles Higham
- THE PERSKOVSKI PAPERS - Alex Poskovski
- TO KILL A MOCKINGBIRD - Harper Lee
- BURR - Gore Vidal
- MY WIFE MY LOVE - T. Queen
- THE FOURTY FIRST THIEF - Edward Pollitz Jr.
- THE PRESIDENTS PLANE IS MISSING - Robert Scrling
- GREEN LIGHT - RED CATCH - Francis Ryck
- IN MY BED - Jan Levion
- LOGANS RUN - Wm. Nolan
- THE GOLDEN KEEL - Desmond Bagloy
- SKULL SESSION - Alfred Hitchcock
- THE STORY TELLING STONE - Susan Foldman
- DUST ON THE SEA - Edward L. Beach
- DRAGONS AT THE GATE - Robert Duncan
- THE ALGONQUIN PROJECT - Fredorick Nolan
- HURRY SUNDOWN - K.B. Gildon
- 3 BY - Flannory O'Connor
- SOLDIER IN THE RAIN - Wm. Goldman
- THE GHOST OF FLIGHT 401 - John Fuller
- SHALL WE TELL THE PRESIDENT - J. Archer
- MURDER AFTER HOURS - A. Christie
- THE BASTARD - John Jakos
- THE TOWER OF BABEL - Morris L. West
- THE EAGLE HAS LANDED - Jack Higgins
- THEY CAME TO BAGHDAD - A. Christie
- CATCH-22 - Joseph Heller
- THE TERMINAL MAN - M. Crichton
- THE LAST COMMAND - Joan Larteque
- AMERICAN GRAFFITI - George Lucas

COMMUNITY RETURN INC.
66 West Main St.
Stamford, Ct. 06902

PROJECT FIRE

Phone No: 325-0751

Contact Person: Charles Ferraras

Hours: Monday thru Friday 9 to 5 p.m.

Eligability: 17 years and older.

Towns Served: Stamford, Darien, and Greenwich

Intake Procedures: New clients are taken in individually.
Initial intake takes one (1) hour. No appointment necessary, but is suggested.

Cost To Clients: None.

Services: Pre-trial & Re-entry counseling for clients & families.

Follow-Up Services: Yes

Bi-lingual Staff: Yes - Spanish.
Contact Raul Guerrero

Inter-agency Sharing of Training Expertise:
Job Development - Contact Charles Ferraras

Counseling - Contact Charles Ferraras

ANY FURTHER INTEREST OR INFORMATION NEEDED

CONCERNING THE ABOVE PROGRAMMING - CONTACT

BY LETTER THE EXECUTIVE DIRECTOR

MR. ROBERT ELLIOTT

We assist ex-offenders who have or have had drug or alcoholic problems. We help make the transition into the community a little smoother. If you are such a person, we can make a difference in your future.

OUR SERVICES: We offer a network of services to fill the needs of ex-offenders with substance abuse problems. These include;

COUNSELING: We offer abuse counseling and education. Individual, family, and group counseling is available to help our clients cope with everyday problems as they arise.

JOB PLACEMENT AND DEVELOPMENT: We help prepare our clients for the world of work and help them find jobs - meaningful, productive jobs then we remain available to follow-up and support.

EDUCATION REFERRAL: We help our clients who want to further and complete their education to learn about academic and vocational programs available, and how to get financial aid.

HOUSING NEEDS: We assist our clients in finding emergency shelter and long term housing.

CRISIS INTERVENTION: Because our clients don't always rise on a 9 - 5 basis, we offer a 24 hour Crisis intervention service.

THERAPEUTIC REFERRAL: Some of our clients need services that FIRE does not offer, so we cooperate and work with many other kinds of helping agencies, and refer our clients appropriately.

PROJECT FIRE is a comprehensive treatment program with the ability to assist in all aspects of an individuals life. There are five PROJECT FIRE offices covering the entire state. Your local office is:

PROJECT FIRE
240 Fairfield Avenue
Room 309
Bridgeport, CT. 06604

ARE YOU AWARE OF THE FOLLOWING PRISONER'S RIGHTS PUBLICATIONS.... There are publications that are free to inmates. They will assist you in dealing with & understand the Judicial System - law research; prisoner's rights, remedies for these rights, rules of Civil Procedure, Parole, Post Conviction Relief, protecting your right to motions, writs, appeals & others that may be of use to you legally. Below are a few of the Publications

PRISONERS SELF-HELP LITIGATION MANUAL...

By: James L Potts
A. CLU National Prison Project
1346 Connecticut Av. N.W.
Suite 1031
Washington, D.C. 20036
(Free to Prisoners, 202 pages)

HELP OUR PRISONERS EXIST: (HOPE)
H.O.P.E.
431 S.W. 11th
Oklahoma City, Oklahoma 73125
(Free to all incarcerated)

AMERICAN BAR ASSOCIATION
COMMISSION ON CORRECTIONAL FACILITIES & SERVICES...

Free list of publications:
JoAnn Prolman
Comm. on Correctional Facilities & Services
2nd Floor
1800 Main Street, N.W.
Washington, D.C. 20036

PROJECT FIRE
210 Fairfield Avenue
Room 309
Bridgeport, CT. 06601

INFORMATIVE SURVEY OF LIBRARY SERVICES...
TO COUNTY JAILS

Ms. Karen Berg
Maine State Library
Cultural Building
Augusta, Maine 04330
(Free to all incarcerated)

YOU'VE BEEN ARRESTED.
Scott, Foreman & Company
The School Department
1900 East Lake Avenue
Glenview, Illinois 60025
(Cost... 75¢)

INFORMATION AND BOOK LISTS...
West Publishing Company
50 West Kellogg Blvd.
St. Paul, Minnesota 55102

MR. ROBERT ELLIOTT

GENERAL NOTICES

EFFECTIVE IMMEDIATELY ----- Radios in the East Wing can be played after 11 p.m. ONLY IF EARPHONES ARE USED.....

There is too much noise and disruption if radios are played at normal volume during the night hours.

EFFECTIVO INMEDIATAMENTE ----- Los radios en la parte oeste del carcel despues de la onces de la noche (11 p.m.) tocaran solamente con los cables de oidor porque hay mucho ruido por la noche.

Si no obedecen, ellos pueden quitarle el radio.

ANY INMATE WHO REFUSES PRE-RELEASE WILL NOT BE ELIGIBLE FOR A RE-ENTRY FURLOUGH UNTIL THE CONCLUSION OF THE PRE-RELEASE CYCLE.....

CUALQUIER RECLUSO QUE NO ACEPTA PRE-RELEASE NO ESTARA ELEGIBLE PARA PONER UNA ENTRADA PARA FURLOUGH HASTA QUE TIEMPO PASE DE PRE-RELEASE Y EMPIESAN UN NUEVO CICLO.....

ADVOCATE RULE CONCERNING DISCIPLINARY COMMITTEE ACTIONS

If accused of an infraction resulting in a Disciplinary Report, you have the right to choose a staff advocate. His function is to assist you in presenting your version of the situation to the Disciplinary Board. He is required to assist the board in uncovering the true facts of the incident, and does not function as a "defense attorney". He is also a resource for you to consult if you have any questions on the nature of the charge and the appropriate penalties which could result. His responsibility to you and to the Center is to assure that proper disposition is taken in regard to the disciplinary process. Currently the advocates are:

8-4 shift: C.O. Lopes, C.O. Hayden, C.R.S.O. Connor,
C.R.S.O. Ronne

4-12 shift: C.O. Vergars, C.O. Bruce

Robert J. Gillis
Deputy Warden.

Only you can decide whether you want to give A.A. a try - whether you think it can help you. We who are in A.A. came because we finally gave up trying to control our drinking. We still hated to admit that we could never drink safely. Then we heard from other A.A. members that we were sick. (We thought so for years!) We found that many people suffered from the same feelings of guilt and loneliness and hopelessness that we did. We found out that we had these feelings we were sick with Alcoholism.

We tried and faced up to what alcohol had done to us. Here are some of the questions we tried to answer honestly. If we answered YES to four or more questions, we were in deep trouble with our drinking. SEE HOW YOU DO...Remember, there is no disgrace in facing up to the fact that you have a problem.

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days? YES () NO ()

***** WHAT'S YOUR SCORE???

2. Do you wish people would mind their own business about your drinking - stop telling you what to do? YES () NO ()

Did you answer YES four or more times?

If so, you are probably in trouble with Alcohol. Why do we say this? Because, thousands of people in A.A. have said so for many years. They found out the truth about themselves - the hard way.

3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk? YES () NO ()

But again, only you can decide whether you think A.A. is for you. Try to keep an open mind on the subject. If the answers are YES, we will be glad to show you how we stopped drinking ourselves.

4. Have you had a drink in the morning during the past year? YES () NO ()

All you have to do is to attend our weekly meeting on thursdays - held in the School. Contact your counselor by request....

5. Do you envy people who can drink without getting into trouble. YES () NO ()

6. Hav you had problems connected with drinking during the past year? YES () NO ()

7. Has your drinking caused trouble at home? YES () NO ()

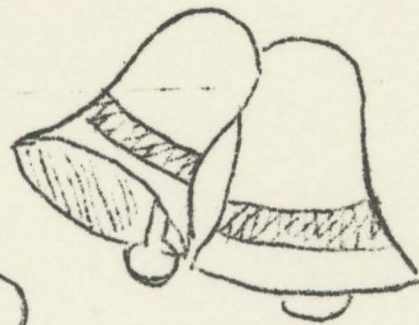
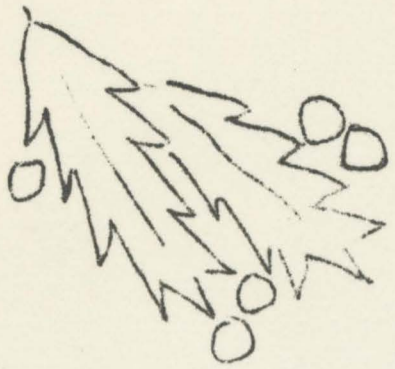
8. Do you ever try get "extra" drinks at a party because you do not get enough? YES () NO ()

9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to? YES () NO ()

10. HAVE YOU MISSED DAYS of work because of drinking?

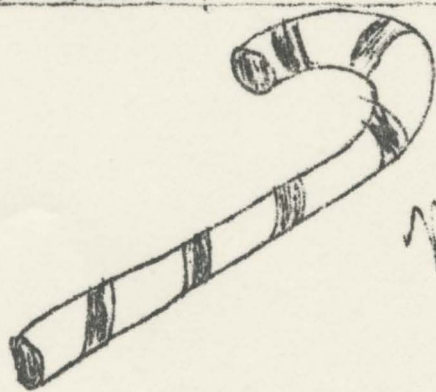
11. Do you have BLACKOUTS?

12. Have you ever felt that your life would be better if you didn't drink? YES () NO ()



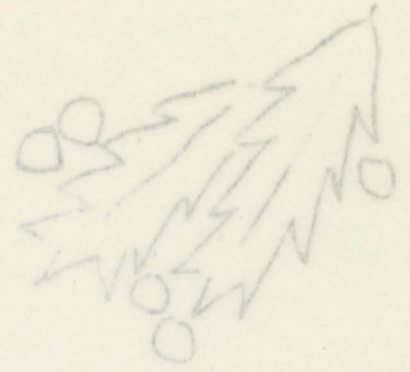
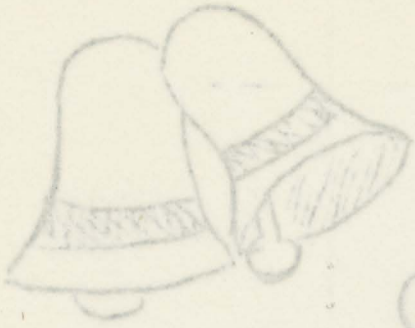
DECEMBER

SUN	MON	TUES.	WED.	THUR.	FRI.	SAT.
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Merry
Christmas
to all...

w.f.c.

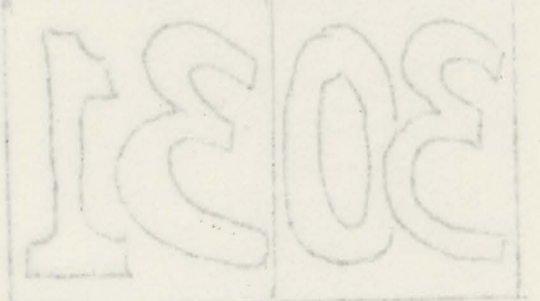


DECEMBER

Here!!

SAT	FRI	THUR	WED	TUES	MON	SUN
<p>I will be me Will you be you? I will give you me, But will you give me you? I will try to understand you. Will you try and understand me? I will try to fulfill all your needs and desires. Will you try to fulfill all my needs and desires? When you need someone to talk to I'll be there. When you need a hand to hold I'll give you mine. When you need a shoulder to lean on I'll give you mine. When you need to fulfill the desire for human touch I'll touch you. When you desire to be fulfilled sexually I'll do my best to fulfill those desires as best as possible.</p>						
<p>When you are lonely, I'll try to comfort you. When you find the need to be understood, I'll listen with a open mind and heart. When you find the need to listen, I'll talk to you. I'll always allow you to be yourself, never judging you by any standard other than those you set yourself. I say all these things in order to say that I care about you and want to be apart of you finding all you seek to find in life and love.</p>						
<p>By Carl Mc Kelvy Johnson</p>						

*1/6 ... some ...
 to the ...
 Christmas ...
 when ...*



I LOVE YOU
PEOPLE SO SELDOM SAY
I LOVE YOU
AND THEN ITS EITHER TO LATE
OR LOVE GOES
AND SO WHEN I TELL YOU, I LOVE YOU
IT DOESN'T
THOUGHTS

By: Luther Green
Thoughts with Meaning

This poem may not seem funny or mellow, but then nothing is when you are in jail.

Though I do have my creative days entertaining thoughts of my release date. How can a man describe what it feels like being caged like an animal? Trying very hard not to become so angry that upon release, he is unable to filter back into the community with an open heart and mind! Though it may seem impossible at times, we have to make an honest effort to do as such if we truly do not want to return to jail.

The sky is blue,
and so are my moods at times.
Life is worth living
as freedom is worth having.
Flowers grow as do children.
Can we capture with words
what one feels in his heart,
being away from his family?

I wonder what it feels like taking a walk in the woods.
I wonder what it feels like sailing in a boat.
I wonder what it feels like being with people you enjoy.
I wonder what it feels like to laugh and have honest fun.
Oh, Oh, oh, its' been so long.
What can a man do not to loose himself in negative thoughts,
and loose touch with the wonderful things life has to offer.

I LOVE YOU

PEOPLE SO SELDOM SAY
I LOVE YOU
AND THEN ITS EITHER TO LATE
OR LOVE GOES
AND SO WHEN I TELL YOU, I LOVE YOU
IT DOESN'T MEAN
I KNOW YOU'LL NEVER GO
ONLY TH AT
I WISH YOU DIDN'T

HAVE

TO

A MINOR BIRD

I HAD WISHED A BIRD WOULD FLY AWAY
AND NOT SIT BY MY HOUSE EVERYDAY, I
HAVE CLAPPED MY HANDS AT HIM BY THE
DOOR, WHEN IT SEEMED AS IF I COULD
NT BEAR NO MORE.

THE FAULT MAY HAVE PARTLY BEEN IN
ME. THE BIRD WAS NOT TO BLAME FOR HIS
KEY, AND OF COURSE THERE MUST BE SOMETHING WRONG
IN WANTING TO SILENCE A SON G

.....MR LEVI MASON

I BELIEVE IN THE SUN
EVEN WHEN IT ISNT SHINNING

I BELIEVE IN LOVE
EVEN WHEN I FEEL IT NOT

I BELIEVE IN GOD
EVEN WHEN HE IS SILENT

The above words were found
written on the wall of a
cellar in Cologne Germany
after world War II

ELDRIDGE CLEAVER
FOLSOM PRISON
REPRESA, CALIFORNIA
SEPT, 5, 1965

NOTE: ELDRIDGE HAD BEEN IN PRISON IN CALIFORNIA NEARLY NINE YEARS, AND BELOW IS A LETTER TO BEVERLY AXELROD FROM ELDRIDGE FOR I GAL ASSISTANCE, (SHE HAD WRITTEN OR VISTED HIM THREE TIMES BEFORE THE FOLLOWING EXCHANGE OF LETTERS TOOK PLACE)

ELDRIDGE
LETTER
TO BEVERLY AXELROD

DEAR BEVERLY AXELROD

For two charged days and reatless nights after you left, I loafed in the case of my skull, feeling prematurely embalmed in some magical ethered mist dispensed by the dialectic of your contact, when I left you sitting in that little glass cage, which I must some how learn to respect because it has a special, eternal meaning now, I did stop or pause. Including the door to that glass cage, and counting the door to my cell, I pause throughtwelve assorted gates, and doors before collapsing on my narrow bed, staggering under the weight of the day

What a transfusion! I donot think I can stand you in such massive doses. It may prove lethel. I am almost afraid to return to my manuscripts- which themselves seem to cringe from me- after talking to with you. I no I shall remain immobile, transfixed, until I have gotten this letter off to you. I really I have no sence of myself, I have always suffered under the compliments of others, especially my friends. I panic. I donot have the ego for a compliment? No, it does not. its hiporcritical of me, but whenever anyone says something nice about me, it knocks me for a loop. Are you? The things you said sent me spinning. But, don't stop, let me suffer. Ill overcome.

I feel impelled to express myself to you extravagantly, and words, phrases, sentences, and paragraphs leap into my mind. But I beat them down, refuse to write them, because it all seems so predictable and trite, I feel humiliated by the words you inspirer me to write to you I refuse to write them. (what right do you have to summon my soul from its slumber) But its all golden and I write this from a sense of the sweetness of irony, the better to marvel at the unbelievable sequence of chance events which brought us face to face in the little glass cage in the office of the Warden of Folsom Prison.

You have tossed me a life line, if you only knew how I'd been drowning, how I had considered that I had gone down for the third time lon g ago, how I kept thrashing around in the water, simply because I felt the impulse to fight back, and the tug of the distant shore, how I sat in a rage that night with the polysyllabic burden of your name pounding in my brain, and out of what instinct did I decide to write? It was a gamble on a equation construted in delirium, and it was right.

Let me say this. I was 22 when I came to prison and of course I have tremendously changed over the years. But I had always had a strong sense of myself and in the last few years I felt I was loosing my identity. There was a deadness in my body that eluded me, as though i could not exactly locate its site I would be aware of its numbness, this feeling of atrophy, and it haunted the back of my mind, because of this numb spot, I felt off babance, the awareness of something missing, of a blank spot, a certain inimitation of emptiness.

Now I no what it was, and since finding you, I feel strength flowing back into that spot, my step, my stride has become strong, which was once tentative and uncertain, has begun to recover and take on a new definiteness, a confidence, a boldness which makes me kick over a few tables, I may even stagger a little, and as I read in a book somewhere push forward like a train.

(continued)

Entry
M, Cox Alt n

ELDRIDGE CLEAVER
FOLSOM PRISON
REBECCA, CALIFORNIA
SEPT. 5, 1965

NOTE: ELDRIDGE HAD BEEN IN PRISON IN
CALIFORNIA NEARLY NINE YEARS, AND
BELOW IS A LETTER TO BEVERLY AXELROD
FROM ELDRIDGE FOR I CAL ASSISTANCE,
(Continued)
TIMES BEFORE THE FOLLOWING EXCHANGE
OF LETTERS TOOK PLACE)

LETTER ELDRIDGE
TO BEVERLY AXELROD

Now turn the record over and play the other side. I have tried to mislead you. I am not humble at all, I have no humility and I donot fear you in the least, if I pretend to be shy, if I appear to hesitate, it is only a sham to decieve. By playing the humble part, I sucker my fellowmen in and seduce them of their trust. And then, if it suits my advantage, I lower the boom- mercilessly, I lied when I said I had no sense of myself. I am very well aware of my style. My vanity is as vast as the scope of my dream, my heart is that of a tyrant, my arms is that of a exectioner, it is only the failure of my plot that i fear, where as In the past we had prophets of doom, in my vanity I wish to be doom itself.

I am angry at the insurgents of Watts. They have pulled the covers off me and reveal to all what potential lie beyond my Tom smile. I had planned to run for pres. of the U.S. My Slogan

Put a black finger on the nuclear trigger
400 years of docility, of being calm, cool and collected under stress and strain would go to prove that I was the man for the job, that I would not panic in a crisis and push the button. I could be counted on to be cool. it was a cinch.. I had made it, but then came Watts, all my plans went up in smoke, and so with worn out tools, I stoop to begin again

Please take care of yourself

Until something happens, I shall remain, because I have no other choice- and even if I had another chioce I would still remain---

Most Emphatically yours

Eldridge

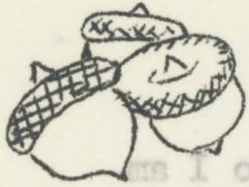
entry

WILTON COX

(continued)

W. Cox
Entry

And the people stood afar off, and Moses drew near unto the
thick darkness where God was.



'A POEM OF GRATITUDE'



Scientific prayer is the most important thing in the world, and so I
go in to begin right down at the 15th verse as the clue to scientific
prayer, because it gives us the clue to scientific
prayer.

WHY SHOULD WE EVEN CARE?
always knew that we were not supposed to steal, and if we do we will have
difficulty and probably end up in jail, usually pick pockets, or blow
people who love so we can give,
sales, but I want us to realize that we offer
meaning of it.. HOW COLDLY WE WOULD LIVE.

These laws of life, these Ten commandments, these laws of life, these laws of life,
merely prohibited that we should not steal, or no evil.
what Moses was trying to relate to you is that you must not steal, or no evil.
Thou shalt not steal. Thou shalt not steal. Thou shalt not steal.

AND BE THANKFUL FOR THE DAYS WE SHARE
GOD GAVE TO ME AND YOU...
well that as long as you live, even if you live as long as Methuselah,
you must not steal, but that you must not steal, and cannot steal.

SUBMITTED BY: WILLIAM J. CURRY

HUMANITY, NOT STATUARY

I know that this may sound like a sentimental law of life mean
that we cannot steal. You might say that many people have already stop
pedally
WHEN I ALLOWED OTHERS TO PUT ME ON A PEDISTAL, I FOUND THAT THE
PRECIOUS PRINCIPLE OF HUMILITY WAS MISSING. WHEN I WAS ON A
PEDISTAL, IT WAS UNNECESSARY TO CONTINUE TAKING MY OWN INVENTORY.
I LIKED THE RECOGNITION, AS I HAD SO LITTLE OF IT DURING MY DAYS
OF ADDICTION AND MY PLACE IN THE SUN WAS LONG OVERDUE. BUT NOW
THE SUN HAS COME OUT AND IT IS TOO HOT FOR ME.
WHEN I PUT OTHERS ON THAT PEDISTAL, I ROBBED THEM OF THEIR INTEG-
RITY AND DIDN'T ALLOW THEM ANY OF THE HUMAN FAILINGS TO WHICH WE
ARE ALL SUBJECT. THIS RESULTED IN BITTERNESS ON MY PART, WHEN I
DISCOVERED THAT THESE OTHERS HAD FEET OF CLAY AND WERE JUST HUMAN.
IN TRYING TO PUT GOD IN MY DRIVERS SEAT, I AM FINDING THE RIGHT
PERSPECTIVE. PUTTING JESUS ON THE PEDISTAL, I DON'T HAVE TO BE
ON THE PEDISTAL MYSELF, AND CAN ALLOW OTHERS TO STAY OF IT AS WELL.

SUBMITTED BY: WILLIAM J. CURRY

To be healthy you must have a healthy consciousness. To be prosperous,
you must have a healthy consciousness, to be successful in anything
you must have the consciousness that corresponds to it; simply because
Thou cannot steal.

To get something that you do not have the consciousness for is really
mental theft, that of course, can not succeed, because a man cannot think
I) thing and do another, it is against the law of life. So what we must
do as a people we must elevate our consciousness and direct it in the way
in which it will work towards our good, and reap that which is ours by
right of our thinking, we will not be able to get it otherwise simply be-
cause thou cannot steal.

ARTICLE BY MR. EMMET FOX
HARPER AND ROW PUBLISHERS
NEW YORK, N.Y.

BY RIGHT OF CONSCIOUSNESS

thou shalt not steal

Exodus 20:21

And the people stood afar off, and Moses drew near unto the thick darkness where God was.

Exodus 20:15

Scientific prayer is the most important thing in the world, and so I am going to begin right down at the 15th verse of Exodus 20, Thou shalt not steal, because the commandment really gives us the clue to scientific prayer.

Thou shalt not steal." Many people will say 'well, what then? we always knew that we were 'nt supposed to steal, and if we do we will have difficulty and probably end up in jail!' Now, I know the church going people who read religious books, do not usually pick pockets, or blow safes, but I want us to realize that that is only the outside surface meaning of it.

These laws of life, these Ten commandments, are not, in their essence, merely prohibitions like 'No smoking, or no left turns, or no exit. what Moses was trying to relate to the people to the people was that Thou canst not steal.' For example, I can say to you-it would sound eccentric- Thou shall not swim the Atlantic Ocean ;' I know perfectly well that as long as you live, even if you live as long as Methuselah, you will never swim the Atlantic I know that. But I am not really saying that you must not, but that you won't, and cannot steal.

I know that this may sound strange, but the fundamental law of life mean that we cannot steal. You might say that many people have already stole but in truth they havn't. The burgler that took your silver actually transferred it from one place to another, so he actually did not get away with it. If that silver belonged to you by right of consciousness, all the burglars in the world could not have taken it from you, and if you had the understanding of the presence of God in all men, that which is yours by right of consciousness, cannot and will not be transferred By Anyone other than you, are those given consent by you.

Some people think as though you could do anything you want to do, while others think that you are a puppet of destiny with no choice at all. They are both wrong. The truth is that you can do anything, have anything, be anything, for which you have the consciousness- but not other wise.

To be healthy you must have a healthy consciousness. To be prosperous, you must have a prosperity consciousness, to be successful in anything you must have the consciousness that corresponds to it; simply because Thou cannot steal.

To get something that you do not have the consciousness for is really mental theft, that of course, can not succeed, because a man cannot think I) thing and do another, it is against the law of life. So what we must do as a people we must elevate our consciousness and direct it in the way in which it will work towards our good, and reap that which is ours by right of our thinking, we will not be able to get it otherwise simply because thou cannot steal.

ARTICLE BY MR. EMMET FOX
HARPER AND ROW PUBLISHERS
NEW YORK, N.Y.

ENTRY
MILTON COX

RELIGIOUS SERVICES

CATHOLIC MINISTRY

CHAPLINS:

DENIS COMO
WILLIAM SANGIOVANNI

MASS IN ENGLISH

EAST BUILDING..... SUN. 8:30 a.m
NEW CENTER..... SUN. 9:30 a.m
PRE- RELEASE..... WEDS. 8:00 p.m

MASS IN SPANISH

NEW CENTER..... SAT. 7:00 p.m

BIBLE STUDY

EAST BUILDING..... TUES. 7:30 p.m

THE CATHOLIC CHAPLINS ARE AVAILABLE EVERY DAY FOR PRIVATE CONSULTATION, SPIRITUAL DIRECTION, AND/OR CONFESSION, SHOULD YOU WISH TO SEE ONE OF THE CHAPLINS, PLEASE PUT A REQUEST IN THE COUNSELORS BOX LOCATED IN THE EAST BLOCK OF THE NEW CENTER AND AT THE EAST BUILDING DESK

PROTESTANT

NEW CENTER..... SUN. 8:30 a.m
EAST BUILDING..... SUN. 9:30 a.m

ISLAMIC SERVICES

OLD CENTER..... 7:30 SAT. EVENING

EACH SATURDAY EVENING SERVICES ARE BEING HELD IN THE CHAPLE AND ISSUES CONCERNING EVERYDAY LIFE ARE BEING DISCUSSED AND AIREED AMONGST THE PARTICIPANTS, AND RATIONAL ALTERNATIVES ARE BEING OFFERED BY THE BELOVED BROTHERS OF AL ISLAM(BY THE WILL OF AIMIGHTY GOD ALLAH) TO WHOM ALL PRAISES ARE DUE ALL ARE WELCOME

WERE THEY CREATED OUT OF NOYHING? OR WERE THEY CREATED OF THEMSELVES? OR DID THEY CREATE THE HEAVENS AND THE EARTH? (TUR LII: 36)

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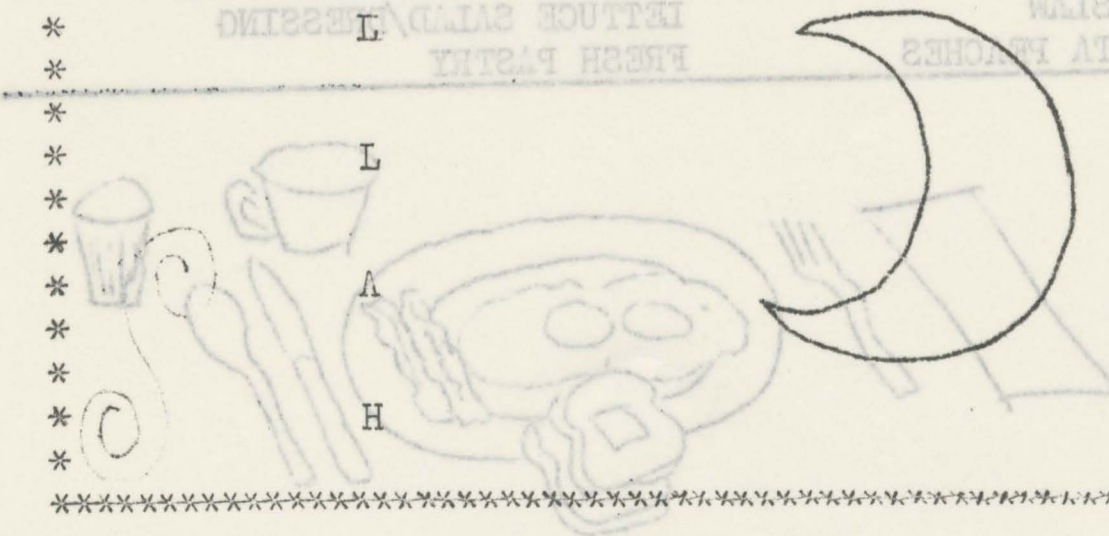
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MASTER MENU--FALL/WINTER
CYCLE

BREAKFAST

DINNER

SUPPER

S FRESH FRUIT
U HOT OR COLD CEREAL
N PASTRY
PEANUT BUTTER/JELLY

*BAKED VIRGINIA HAM
PINEAPPLE GLAZE
CANDIED SWEET POTATOES
SEASONED SUCCOTASH
JELLO

FISH STICKS
TARTAR SAUCE
FRENCH FRIES
SWEET PEAS
ICE CREAM

M PINEAPPLE JUICE
O HOT OR COLD CEREAL
N SCRAMBLED EGGS
TOAST

VEAL PARMESAN
SHELL MACARONI
TOMATO SAUCE
BUTTERED WAX BEANS
FRUIT COCKTAIL

BAKED CHICKEN
CREAMY GRAVY
SPANISH RICE
O'BRIEN CORN
CRANBERRY SAUCE
PASTRY

T GRAPEFRUIT SECTIONS
U HOT OR COLD CEREAL
E PASTRY
S *

*GRILLED FRANKS
BREAD ROLLS
OVEN BAKED BEANS
COLE SLAW
PINEAPPLE CHUNKS

SWEDISH MEAT BALLS
SEASONED BROWN GRAVY
WHIPPED POTATOES
BUTTERED GREEN BEANS
PUDDING

W TOMATO JUICE
E HOT OR COLD CEREAL
D GRIDDLE CAKES
MAPLE SYRUP

POT ROAST OR DEEF
PAN GRAVY
MASHED POTATOES
SEASONED FRESH CARROTS
ICE CREAM

ITALIAN SPAGETTI
MEAT SAUCE
PARMESAN CHEESE
GARDEN SALAD/DRESSING
FRUIT PIE

T FRESH FRUIT
H HOT OR COLD CEREAL
U PASTRY
R *

CHEESEBURGERS
FRENCH FRIES--CATSUP
CREAM STYLE CORN
JELLO/TOPPING

INSTITUTIONAL CHOICE

F BLENDED JUICE
R HOT OR COLD CEREAL
I FRENCH TOAST
MAPLE SYRUP

DEEP FRIED FISH
TARTAR SAUCE
O'BRIEN POTATOES
BUTTERNUT SQUASH
ICE CREAM

SLOPPY JOES OR TACOS
TOMATO SAUCE w ONIONS
BOILED WHITE RICE
MIXED VEGETABLES
FRESH PASTRY

S ORANGE JUICE
A HOT OR COLD CEREAL
T FRESH PASTRY OR BOILED EGGS

OLD FASHIONED DEEF STEW
w VEGETABLES
BUTTERED NOODLES
COLE SLAW
ELBERTA PEACHES

HOT CORN CHOWDER
*SLICED LUNCHEON LOAF
SOUTHERN BLACK-EYED PEAS
LETTUCE SALAD/DRESSING
FRESH PASTRY

* INDICATES PORK OR PORK MADE PRODUCT
ALL MENUS SUBJECT TO CHANGE

