Cosobri Sci 1981 "The Seroll" CONNECTICUT STATE LIBRARY JUN 5 1981 CONNECTICUT G. Aslow Bridgeport Community Corroct with supervision by Arstning actor only to escit publication. Flor 

"The Scroll"

Bridgeport Community Correctional Center 1106 North Ave., Bridgeport, Ct. 06604

#### Scroll Staff

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G. Askew

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Deputy Warden:
Robert Gillis

Captains: Robert Wens
Michael Chernovitz
Dean Patrie

The Scroll is published weekly by and for the inmates of the Bridgeport Community Correctional Center.

The views herein are intended to be those of the contributor with supervision by the staff supervisor, and do not reflect those of the center administration or the Department of Correction.

We encourage participation by inmates with articles for possible publication. Please include your name and number with credit to other source when submitting articles written by others...

Prior to my incarceration any preconceived ideas I had as to what jail was all about came from movies, books and T.V. programs I had seen. Of course the Watergate fiasco revealed that the sun itself is less kind to those of fair complexion than to those of darker skin, while the sword of justice becomes a manipulated weapon when it is controlled by outside influences. Although all men were created equal - some, quite obviously were more equal than others, -- and the same holds true for jails.

when a babo, soon after it is burn into this cold world.

Be that as it may, (or as we say in this place -"It be's that way,"— the thoughts that pound at my consciousness are centered, not upon my tribulations, but upon those of my loved ones. I think of the home that I would at this very moment be hurrying to with pride and pleasure: of the wasted years of my life: of the dreadful nature of the existence I face, of the loss of honor and respect my family must suffer.

In a constant state of mental torment I think of my youngsters, and try
to visualize what kind of cloth 'Time', that oldest and longest established
spinner of all, will weave from the threads already spun into my children,
but warped by my foolish deeds.

Here at B.C.C. we must learn to live with pressures that our wiser friends on the outside will hopefully never have to face. The terrible knowledge that our wives and children agonize because of our transgressions and must suffer far more than we do, brings overwhelming feelings of guilt, shame and frustration. To see those you love in such despair, and to be unable to relieve their suffering, while at the same time knowing that you are to blame, is a curse, and no stretch of the imagination can possibly reveal the horror to those who have never experienced it.

When a babe, soon after it is born into this cold world, is applied to its mother's bosom; its sense of perceiving warmth is first agreeably affected; next its sense of smell is delighted with the odour of her milk; then its taste is gratified by the flavour of it; afterwards the appetites of hunger and thirst afford pleasure by the possession of their objects, and by the subsequent digestion of the ailment; and, lastly, the sense of touch is delighted by the softness and smoothness of the milky fountain, the source of such variety of happiness.

All these various kinds of pleasure at length become asulations, but upo sociated with the form of the mothers breast; which the enfant embraces with its hands, presses with its lips, and watches with its exes; and thus acquires more accurate ideas of the form of its mothers bosom, than of the odour and flavour of warmth, which it perceives by its other senses. And hence at our maturer years, when an object of vision is presented to us, which by its waving or spiral lines bears any similitude to the form of the female bosom, whe ther it be found in a landscape with soft gradations of rising and descending surface, or in the forms of some antique vases, or in other works of the pencil and chisel, we feel a general glow of delight, which seems to influence all of our senses; and if the object be not too large, we experience an attraction to embrace it with our arms, and to salute it with our lips, as we did in our early infancy the bosom of our mother. And thus we find, according to in enious idea of Hogarth, that the waving lines of beauty were originally taken from the temple of Venus.

TAKEN FROM THE POETRY AND AESTHETICS OF ERASMUS DARWIN 1731 - 1802

This night, I awake in a dream, focusing input of the grey mist, an eternal background, I came to find myself standing beside a bed. There was a tall slender Black woman standing on the other side, a lamp was burning bright in the corner, its light was amber, soft, warm and "hopeful".

Covered by the sheets, in the bed, lay what would appear to be a corpse. From the strands of gray black hair that wisped, peered through at the edge of the sheet, you could tell, she had been an elder, perhaps a grandmother. Surprisingly my initial reaction was not to study the room, nor was my curiosity so urgently pressing to know who

had died, instead, I was steeped, stilled, in the silence of prevailing order.

My eyes locked into those of this stoic Lady, standing on the other side. She wasn't a pretty woman, yet, she was very beautiful, the beauty of her heart's omnipresence, rising to the surface. She who knows the love of good, the rejoicing of right, the ready willing ability to offer up a filled laddle to the lips of an invilid or a dying man, to have rested on her bosom the weeping mind of some dead soldiers fiance and massaged away the aching in the girls temples while humming an ole Negro spiritual, or perhaps the time when she brought happiness to a 5 yr. old child whom no one had seen smile in a year's time; I could imagine all this beauty and more, for surely it was such beauty that illuminated in her face and overflowed from her eyes, I had to look away and smile.

She kneeled beside the bed, taking up one of the old womans cracked cold wrinkled hands, rubbing it like a protective mother trying to keep frestbite from her childs fingers. She then raised the withered aged hand to her snoothe cheek, closed her eyes, soberly grazed

her lips over the limp hand and gently kissed it.

Libruptly she stood and began to straighten the sheets that had wrestled to cover the dead woman; neatly folding back the topsheet until it cuffed and was rested on the fore-head. Turning in towards the lamp, her head bowed, she began to wash her hands in the radiance of light, so it seemed.

In tableau, she turned around stopped forward to bedside, stared into my eyes and spoke," Lord, he is a Christian in his heart and Beliefs; there is much work for him to do, strengthen his spirit with your Love, for hard jagged rocks pave his road and he walks barefoot."

Then she began to sing and a joyful choir accompanied her with harmonies. There was a husky spirited alto voice chanting, "Thank-you, Jesus" and "yes Lord". I knew then it was the freed spirit of the dead older sister:

I been buked and I been scorned,

Lord, I been buked and I been scorned,

Lord, I been buked and I been scorned,

I been talked about sho's You borned.

But I ain't gwine a-lay my r legion down
Lord, I ain't gwine a-lay my relegion down
I ain't gwine a-lay my relegion down, lord
Untell I wears a heavenly crown.

Before this time another year,
I may be dead and gone.
Be in some lenesome graveyard bed,
O, Lord have mercy, Lord, How long?

(My inspirational sources for this essay were: "Jubilee" - by: Margaret Walker, The Poetry and Lesthetics of Erasmus Darwin, a play entitled: The Tracgedy of Don Carlos, Corinthians: letter 1./ Chapt. 13/ Vs. 1 - 13.. It is dedicated to the memory of my Uncle William Simmons mother) written by; Gregory Askew

and disciplining our minds our changes will be immedeurably before,

whilehop F. Strade he many was a new year

"DIELIE TOTOLY mening 6:30 c.m. 5/11/81"

to find agreelf stending beside a bed. There was a tall

Before my involvement with the law, I regarded time as a dimension similiar to space. For instance, California may be 2500 miles away but it can also be said to be 5 hours from here. Since my incarceration, however, time has taken on a new meaning. I now regard time as a commodity very similiar to money. It can be

Spent: You can spend hours fruitlessly in front of a television set.

Earned: You can earn good time here.

Saved: You can save time in dozens of ways

Squandered: Think of the wasted years of your life.

Or Invested: And that's what this is all about.

Confinement can mean spending time aimlessly; wasting a large segment of your life doing nothing while you are here but stretching out on your sack and staring at the ceiling. On the other hand, that same time could be invested in constructive thinking; in planning for the future. Your mind is an energy source, but no energy source has ever accomplished anything before it was harnessed and put into use. Even something as basic as coal or fuel oil cannot be put to use or turned into light and power before being brought to the surface.

An idea belongs only to whoever puts it into use, and the subconscious mind is where ideas are born while you are resting. If my memory serves me correctly, the theory of gravitation came to Newton's mind as he was resting in the shade of an Apple tree.

To us the paramount thought should be making it in the outside world.

We know it isn't going to be easy, but if we spend our time in focusing and disciplining our minds our chances will be immeasurably better.

No life ever grows without disciplin.

will be chanced.

CHILDREN OF ATLANTA

- For my pople everywhere singing their slave songs repeatedly: their dirges and their ditties and their blues and jubilees, praying their prayers nightly to an unknown god, bending their knees humbly to an unseen power;
- For my people lending their strength to the years, to the gong years and the now years and the maybe years, washing ironing cooking scrubbing sewing mending hoeing plowing digging planting pruning patching dragging along never gaining never reaping never knowing and never understanding;
- For my playmates in the clay and dust and sand of Alabama backyards playing baptizing and preaching and doctor and jail and soldier and school and mama and cooking and playhouse and concert and store and hair and Miss Choomby and company;
- For the cramped bewildered years we went to school
  to learn to know the reasons why and the answers
  to and the people who and the places where and
  the days when, in memory of the bitter hours
  when we discovered we were black and poor and
  small and different and nobody cared and nobody
  wondered and nobody understood;
- For the boys and girls who grew in spite of these things to be man and woman, to laugh and dance and sing and play and drink their wine and relegion and success, to marry their playmates and bear children and then die of consumption and anemia andllynching;
- For my pople thronging 47th Street inChicago and
  Lenox avenue in New York and Rampant Street
  in New Orleans, lost disinherited dispossessed and
  other people's pockets needing bread and shoes
  and milk and land and money and something—
  something all our own;
  - For my people walking blindly spreading joy, losing time being lazy, sleeping when hungry, shouting when burdened, drinking when hopeless, tied and shackled and tangled amoung ourselves by the unseen creatures who tower over us omnisciently and laugh;
  - For my people standing staring trying to fashion a better way from confusion, from hypocrisy and misunderstanding, trying to fashion a world that will hold all the people, all the faces, all the adams and eves and their generations; ... let a people loving freedom come to growth. Let a beauty full of healing and strength of final clenching be the pulsing in our spirits and our blood.

### "SUMMER" Outside Recreation Schedule

	. 1	Ellective April 20th, 1901				ow dow	YARD	
Housing Unit #3	37	Monday - Friday	1	to	2:30	PM	6	
Housing Unit #3	8	Monday, Tuesday, Thursday, Friday	6	to	8:30	PM	6	
Housing Unit #3	19	Monday - Friday	1	to	2:30	PM	5	

#### \*\* ART PROGRAM \*\*

The Art Program is held in the old center schoolroom every other Friday evening from 7:30 to 9:30 PM. The basic idea of the program is to enable the student to use different media in oils, acrylics and watercolors. Special design projects are also occasional subjects. The program leaders are Sister Adrienne, Sister Margaret and John Nerreau. Rich Carlson is the staff coordinating member of the program.

To attend you should have some basic ability, and should send a request to your counselor or the school. Rich Carlson will then contact you about the program...

### \*\*\* GENERAL ANNOUNCEMENT \*\*\*

#### SICK CALL --- NEW CENTER

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Effective Monday, March 2nd, sick call and distribution of medicine will be changed. If you want to see the doctor, nurse, psychiatrist or dentist, fill out a counselor's request slip, include your name and number, and a description of your medical or dental problem. Be specific.

Place the request slip in the box opposite the officer's cubicle marked "MEDICAL REQUEST" The request slips will be collected daily by the medical staff. Sick call will be held in the hospital area when the nurse or medical staff calls. All requests will receive a response The medic will tour the block areas to dispense medication only on the 12 to 8 shift. If you are on prescribed medication you will receive a medication pass from the hospital which will be kept by the officer on returning to your cell.

DO YOU HAVE ANY QUESTIONS OR PROBLEMS WITH VETERAN'S BENEFITS?

COUNSELING IS AVAILABLE. ARRANGEMENTS CAN BE MADE BY WRITING TO

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150 Main St. Hartford, Conn. 06103

#### \*\*LIBRARY NOTICE\*\*

The Bridgeport Correctional Center has library facilities available for both sentenced and pre-trial areas. If you wish use the library please follow the procedures established to insure easier distribution of books.

The collection of paperbacks available from the library has been donated to the center by Rev. Smith, Rev. Frank Denton and Father Como. Cre dit must also be given to Darien Book Aid, an organization which makes reading materiels available to state institutions without cost to inmates. Here at this institution we are grateful for their never ending concern and donations.

Look for the library cart which circulates throughout the institution on a weekly basis if you wish to borrow any books. You may borrow as many paperbacks as you want, within reason. We ask your cooperation in returning these books when you are finished reading them, or give them to another inmate so that as many books as possible will be available and in circulation. If you wish to borrow any reference material other than Law Library books, you should make your request to your librarian who will sign the material out to you. This material must be returned in one week so that it would be available to others. Periodically, a list of reference materials maintained in the library will be published in "The Scroll."

Inter-library loan privileges which enable inmates to have access to publications housed in libraries throughout the state are available under the inter-library loan services provided by the State of Connecticut Library.

If you wish to subscribe to, or purchase, a book, publication, periodicals, newspapers etc... Fill out a request slip to your counselor. Put your name and the title of the publication or book on the request slip. This procedure must be followed in order for the counselor to determine whether the publication you wish to order is approved to enter the institution. This step will save the time and effort involved in ordering and paying for a publication only to find that it has been returned to the publisher.

Books which we do not have in stock can be obtained through Inter-Library loan services only by request to the school.

#### CLASSIFICATION

ANY INMATE IN PRE-TRIAL STATUS WHO HAS BEEN CLASSIFIED TO WORK DETAIL AFTER JANUARY 26, 1981 AND WHO SUBSEQUENTLY RECEIVES A JOB REMOVAL AFFIRMED BY CLASSIFICATION, MUST WAIT THIRTY (30) DAYS BEFORE APPLYING FOR WORK REASSIGNMENT.

## Tel eldelkave settilk \*\*\* Women of Newgate \*\*\* moisserrod drogegoral ent

Women of Newgate is a private, non-profit program of volunteer

women who are available to help women who are experiencing a sep
cration of a son, husband or boyfriend due to his being incarcerated.

Correction facilities have programs to meet the offenders needs, but

parents, wives and friends have to deal with all their need alone.

They must abruptly learn to survive alone. To care for the children

and to cope with the unfamiliar, and often frightening, court and

prison systems.

Mary Ellen Williamson, director of Momen of Newgate can be reached anytime at 378 4998. Mrs. Williamson is in the new jail on Friday morning and can be contacted through Sister Ann or Father Como. If your woman needs help, or just someone to talk to on the outside, tell her about Women of Newgate..

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Please note that you are required to turn in dead batteries
on a one-for-one basis when you want to buy new batteries
through the commissary.

Failure to turn in dead batteries will prevent you from buying new ones...

Deputy Warden Robert J. Gillis

#### \*\*\*GENERAL NOTICES\*\*\*

B.C.C. CO. ISSLAY PRIC

EFFECTIVE IMMEDIATELY.. Radios in the EAST WING can be played after 11:00 P.M. (ONLY IF EARPHONES ARE USED!)......

There is to much noise and disruption if radios are played at normal volume during the evening hours.....

EFFECTIVO IMEDIATEMENTE.. LOS RADIOS en la parts oeste del carcel despues de las onces de la noche 11:00 P.M.......

Tocaran solamente con los cables de oidos porque hay mucho ruido por la noche. si no obedecen, ellos pueden quitarle radio...

FOOD IN CELL... AS PER ORDER OF THE ADMINISTRATION, NO FOOD IS ALLOWED IN CELLS OTHER THAN THAT WHICH IS PURCHASED IN THE COMMISSARY. THIS RULE WILL BE STRICTLY ENFORCED BY ALL SHIFT SUPERVISORS.. VIOLATION MAY RESULT IN DISCIPILINARY ACTION. THE PURPOSE OF THIS RULE IS TO CUT DOWN ON POSSIBLE HEALTH HAZARDS...

#### ENVELOPES

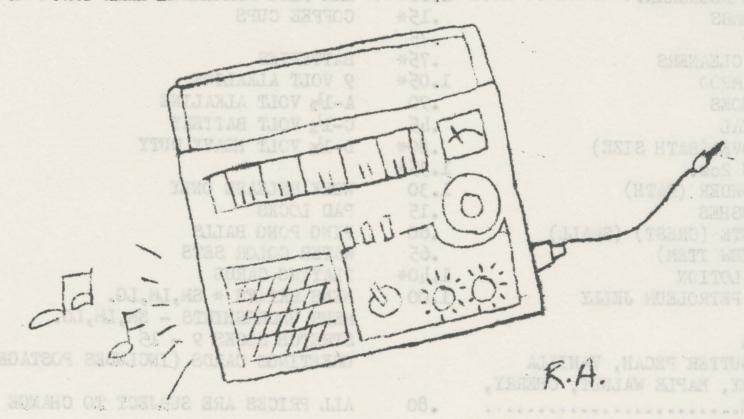
25,00

\*20s

You are allowed two (2) postage paid envelopes per week, Free for your use only, if you have less than five (5) dollars on your inmate account. You may not trade or give your envelopes away to anyone else. From this point on envelopes will be given to you, if you are entitled to them, with your NAME entered on the upper left hand corner. Envelopes which have been altared to change the name of the inmate as orginally entered will not be mailed.

(IMPORTANT)

REGARDIESS OF THE AMOUNT OF MONEY IN YOUR ACCOUNT, YOU MAY REQUEST FOR COURT MAIL ENVELOPES WITH-OUT COST FROM YOUR COUNCELOR.....



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31.

CONES/SANDWICHES .......

a CHANGE PROM JULE 1, 1980

TAX WHICH IS INCLUDED.

ALL SALES NOW SUBJECT TO STATE CALLS

	CE LIST EF	FECTIVE OCTOBER 1, 1980	
TOBACCO ITEMS	- ANAGOOL)	CANDY ITEMS	
CAMEL/KOOL/MARLBORO/SALEM	•45	TOOTSIE POPS	.05
PALL MALL/WINSTON		ALMOND JOY/MILKY WAY/M&M	*
DUTCH MASTER CIGARS	.20	ALMOND JOY/MILKY WAY/M&M SNICKERS/REESE CUPS/COUGH DROPS LIFE SAVERS/CERTS MINTS	
HAVA TAMPA/PHILLIES	.15	LIFE SAVERS/CERTS MINTS	.25
TIPALET (5pk) CHERRY & NATURAL	.40		1.
CHERRY BLEND PIPE TOBACCO	-60*	FOOD ITEMS	
DODVIN: DIDE		FRIED PORK SKINS	•55*
CORN COB PIPES PIPE FILTERS	1 15*	RED PISTACHIO/C SHEWS	.85*
PIPE FILTERS	25%	RED PISTACHIO/C SHEWS PUMPKIN SEEDS	.45*
PIPE CLEANERS	0 20	SUN FLOWER SEEDS	
FIFE CLEANERS	.30		•35
GROOMING PRODUCTS	ton Mater	CHEESE & CRACKERS PEANUTS	.20
		PEANUTS	.20
mile our po	• ))	SLIM JIRS - 18 . DOOD AL THE ODER	.25
AFRO PICKS	.40	POTATO CHIPS * WISE COFFEE CAKES - DRAKES	.30
AFTER SHAVE	.90*	COFFEE CAKES - DRAKES	•25*
BRUSHLESS' SHAVE CREAM	.70*	NAB COOKIES, LORNA DOONES, OREO	
CHAP STICK	.70*	NAB COOKIES, LORNA DOONES, OREO FIG NEWTONS, CHOCOLATE CHIPS,	
COCOA CARE SHAMPOO 80z.	1.70	OATMEAL	.20
COCOA CARE DIL 8oz.	1.70		
	.90*	WRITING MATERIAL	
	1.15*		.25
DENTAL HOLDERS 100 100 2000Lovno 5	100	ENVELOPES - POSTAGE PAID	.78
FACE CLOTHS WE SHALLOW (2) OWEL IN	1,5%	POST CARDS	.10
FOOT DOWNED WEDTONTED	7 25	WRITING PADS	*10
HAIR BRUSHES			.30
			25
		DICTIONARIES-SPANISH OR ENGLISH	2.20*
		loft hand corner. Envelopes which h	
MENNEN DEODORANT (LARGE)		MISCELLANEOUS	
NILCHAL RIAH XAC	1.40*	T.V.	115.00
NAIL CLIPPERS	.25	RADIO G.E. AM/FM (INCLUDES EARPHONES & BATTERIES)	
NOXEMA SKIN CREAM	1.60*	(INCLUDES EARPHONES & BATTERIES)	25.00
OLD SPICE DEODORANT	1.60*	EAR PLUG FOR RADIOS	1.50
POCKET COMBS	.15*	COFFEE CUPS	.25
POLI GRIP	.75		
POLI GRIP POLIDENT CLEANERS	.75*	BATTERIES	
PRELL SHAMPOO	1.05*	9 VOLT ALKALTNE	1.20*
SHOWER SHOES	-90	A-12 VOLT ALKALINE C-12 VOLT BATTERY D-12 VOLT HEAVY DUTY	.50
SHOWER SHOES SOAP - DIAL	1,5	C-12 VOLT BAPTERY	.65*
SOAP - DOVE (BATH SIZE)	80%	D 12 VOIT DATIFICE	
CILDIAD 6 3-4	7 25	D-TS ADDI UEWAT DOLL	•65*
SULPHUR 8 202: TALCUM POWDER (BATH) TOOTH BRUSHES TOOTH PASTE (CREST) (SMAIL)	1.35*	WORK RELEASE ONLY	
TALCOM POWDER (BATH)	1.30	WORK RELEASE UNLI	0 57
TO JTH BRUSHES	015	PAD LOCKS	2.75*
IOJIN TABLE (GREDI) (DEALL)	.60	PING PONG BALLS	.20
Q TIPS (NEW ITEM)	.65	WATER COLOR SETS	7.00
VASELINE LOTION	1.40*	WATER COLOR SETS PLAYING CARDS	•55*
VASELINE PETROLEUM JELLY	1.00	MENS BRIEFS * SM, LM, LG.	1.35*
	while the same of	MENS UNDERSHIRTS - SM, LM, LG. STRETCH SOCKS 9 - 15	1.35*
ICE CREAM	No. 1 Mars	STRETCH SOCKS 9 - 15	.65
PINTS - BUTTER PECAN, VANILLA		GREETINGS CARDS (INCLUDES POSTAGE).60	- 1.00
STRAWBERRY, MAPLE WALNUT, CHERRY,			
CHOCOLATE		ALL PRICES ARE SUBJECT TO CHANGE	
CREAM SICLES/VANILLA BARS/ICE CREAM	VI		
CONES/SANDWICHES		* CHANGE FROM JULY 1 1080	
COMPANDATORINA CONTRACTOR CONTRAC	20	ollandi Fitori o'dir 1, 1700	
DRINK TOPMC		ALL CULES MOM SID ISON NO CHARE CALLS	
DRINK ITEMS	204	ALL SALES NOW SUBJECT TO STATE SALES	
FOUNTAIN SODA	.20*	TAX WHICH IS INCLUDED.	
NESTLES HOT COCOA	.15	TRICHARIE ODARICE GUERRA	00"
INSTANT COFFEE	.15	INSTANT ORANGE, CHERRY	.20*

#### ADVOCATE RULE CONCERNING DISCIPLINARY COMMITTEE ACTION

IF ACCUSED OF AN INFRACTION RESULTING IN A DISCIPLINARY REPORT, YOU HAVE THE RIGHT TO CHOOSE A STAFF ADVOCATE. HIS FUNCTION IS TO ASSIST YOU IN PRESENTING YOUR VERSION OF THE SITUATION TO THE DISCIPLINARY BOARD. HE IS REQUIRED TO ASSIST THE BOARD IN UNCOVERING THE TRUE FACTS OF THE INCIDENT, AND DOES NOT FUNCTION AS A "DEFENSE ATTORNEY" HE IS ALSO A RESOURCE FOR YOU TO CONSULT IF YOU HAVE ANY QUESTIONS ON THE NATURE OF THE CHARGE, AND THE APPROPRIATE PENALTIES WHICH COULD RESULT. HIS RESPONSIBILITY TO YOU AND THE CENTER IS TO ASSURE THAT PROPER DISPOSITION IS TAKEN IN REGARDS TO THE DISCIPLINARY PROCESS.

#### CURRENTLY THE ADVOCATES ARE:

8-4 Shift: C.O.Lopes, C.O.Hayden, C.R.S.O.Vere (Old center)
C.R.S.O.Rennie (New Center)

4-12 Shift C.O. Vergars, C.O. Bruce

(PER ORDER)
ROBERT GILLIS
DEPUTY WARDEN

The second of the second	R ASSIGNMENTS ***
ma at any and fitting and	.COUNSELOR SUPERVISOR
W.Vere	1,2,3,4 Holding Section, Front Seg. Area
	.Alcohol Counselor, 4 Tier, 6 Holding Sec. Front Office
	Drug Counselor, 5 Tier, 5 Holding Section
T.Kearney	37 Block at botsocl at II afford seem out
R. Ronne	1,2,3,4 and 6 Teir
W. Andrenyak	38 Block, North Wing, Yard and Shop
E. Davis	39 Block To a self-print raise of T. M. CHUMAN
W. Alexander	

A. Oren ...... Pre-Release Wind brothlink to olim box

#### OFFICIAL NOTICE TO ALL INMATES

LEGAL ASSISTANCE TO PRISONER: Free legal to all inmates is provided through all connecticut centers by an organisation called legal assistance to prisoners, (L.A.P.) Attorney Randy Mozzy from L.A.P. visits our institution once a week to help the inmates with their civil and legal problems.—L.A.P. cannot help with criminal cases. these must go to the public defenders office or to a private attorney. You, can contact Atty. randy Mozzy by writing to her at the L.A.P. office address: 340 Capital Ave. Hartford, CT. 06II5.

CO-OP Services: Multi-service Center is an agency that serves those offenders in the greater Bridgeport area. The service provides through staff or referral, counseling, clothing and housing, employment referrals, and educational counseling. CO-OP deals with men and women presently incarserated or recently released from a correctional center. They bridge the gap between ex-offenders immediate needs and the communities resourses. The goal of CO-OP is to help ex-offenders to help themselves. For more information contact your counselor.

II P.M. COUNT: This concerns all east wing inmates. Immediately following the II PM. count, all inmates are expected to stay in their cells and remain there, the entire evening. The only exception will be going to or coming from the lavatory, or to inform an officer of something. Any inmate found outside his cell, loitering, talking loud, etc, will be subject to immediate diciplinary action.

MAIL FOR THE WARDENS: All mail or messages for Warden William Tuthill, Warden Bruce Goldson, or Deputy Warden Robert Gillis is to be placed in the box marked "WARDEN". This box is located in the old building near the entrance to the mess hall. It is located in the new building in each block.

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CONTACT VISITS: Pre trial visiting is extended as a privilage to inmates in the pre-trial unit who meet the criteria specified in the NEW INMATE HANDBOOK. The visiting list for contact visits will be reviewed by the classification committee at thentime the inmate is initionally cleared for contact visits. Any change will be permitted through counselor referral to the Chassification Committee. The list will include immediate family and wife or girlfriend only.

#### \*\*\* Law Library Notice \*\*\*

If you wish to use the Law Library, fill out a request slip made out to your counselor requesting permission to use the Law Library. When utilizing the Law Library please bear in mind that these are your law books and materials, and that it is up to you to take care of the materials there. In the past these materials have been torn mutilated and stolen. When you use books and other material from the Law Library, please return them as you received them. Another inmate may need them to assist with the legal work on his case. The importance of these materials to those who seek legal assistance cannot be stressed enough.

Sentenced men will be called to the Law Library, which is located in the school area, by means of the public address system. A pass will be issued to the person requesting use of the Law Library. This procedure will apply to all those who reside in the East Wing. You will be allowed the necessary time within the institutional schedule of this establishment. Materials in the Law Library may not be borrowed unless special permission has been granted. Anyone found with materials that were removed from the Law Library without permission will be subject to a disciplinary report. A typewriter, typing paper and carbon paper are available for use in the Law Library by request to your counselor if you are in the New Center, or your teacher if you are in the Old Center.

Notary Public services are available on request to your counselor.

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\*\*\* ATTENTION \*\*\*

Once again, Please bear in mind that these materials should be used as though they were your own.

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All Supervisors January 12th, 1981

CCC - Bridgeport

Warden B.R. Goldsen

Revised Shower Schedule

Effective February 1st, 1981, the following shower schedule will be in force in the Old Center.

8 to 4 shift will shower on the following days:

Monday and Thursday - 1 and 2 Holding Sections Tuesday and Friday 3 and 4 Holding Sections Wednesday and Saturday - 5 and 6 Holding Sections

4 to 12 shift will shower on the following days

Saturday • 1 and 2 Holding Sections

Sunday 3 and 4 Holding Sections

• 5 and 6. Holding Sections

BRG:RWP Warden B.R. Goldsen

to meet an though they were your own.

#### Asistencia Legal Para Las Recluos

Parading the estuly 12. ... ur Paradopt 6, 1981

Gratisasistencia para los que est an la correcion que estan, sentenciados la organizacion se llama asistencion legal para prisoneros (L.A.P.) la adogada randi mezzy de L.A.P. visita la institucion una vez a la semena para avadar los relusos con problems diviles y problems legal. L.A.P. no ayudan los reclusos con casos criminal esto debe ir ala oficina de Public Defender o para tu abogado. Poedes conseguir a randi mezzy escriba a la oficina L.A.P. 340 Capital Ave. Hartford, Conn. 06115

Services de Co-op es un agencia que le serve a los ex-sentenciodes en la area de Bridgeport. El servicios le ayuda en con seje de trabajo, y te aconsejon trabajo te ayudan con repa y vivendas si no tienen adende viver el program yud hombres y mujeres que estan carcelados presentemente pues tambien ser ayudado. Para mas información prequrtale al su consejero.

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Alas 11:P.M. Cuentan: En la parte ceste carcel, que lean establen.

Immediatemante desbues que cuenten a las 11:P.M. Que todos los reclusos se matengan en sus celdas todos la noche. Solamente puedan salir para al cuerto de bane. Tambien cualquier puede darsela. Cualquiera persona que esta afuerta de su celda hablando daro etc., sera dado un denuncia de cisciplina.

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#### Cartas Para el Guardian

Todas las cartas para el guardian Tuthill, Deputado Guardian Gillis O Goldson saran puesta en la caja que de commissioners mail. La caja esta locada adonde estan los otros cajas y adonde se manda las notas para su consejero. Esta regla es para las dos edificios el nuevo y uiejo.

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Visita Contacto.... Per tener visita contacto no pueden estar Sentenciados esto es un privilegio descrito en el libro del recluso. Para tener una visiti contacto tienan que hacer una lista de visitantes y esta lista sera re-vistada por comidado de clasificación. Cualquier cambio puede ser permitido solamente por el conse sejoro despues referido al comidado de classificación. La incluye familie y novia solamenta

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Comidas en la Celdas.... Per orden de la administraci... Lo unico que pueden tener es compran un la tiendas esta regla estara rigurosomente enforsada por todos supervisores que trabajan en la institucion.

Violaciones de esta order puede resultar en violaciones y disiplina.

El proposito de esta es para cortal un poco de entermedades que fulmigan estan mantenido ocupada suficientemente como es...

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	Total Total Total Woollo of Tilling Tilling	in the state of th	, , , , , , , , , , , , , , , , , , ,
N I	B.E.KF.ST Fresh Fruit in Season Hot and/or Cold Cereal Breakfast pastry Jelly-margarine Fresh White milk Coffee-Sugar	LUNCH Baked Ham Rich Brown Gravy Candied Sweet rotatoes Blackeyed peas Spiced applesauce Bread-Margarine	SULVER Chincese Chow Mein Oriental Dried Moodles Hot Beets Bread-Margarine Chilled Pineapple Beverage Choice
I I	Chilled Timeapple juice  Hot and/or Cold Cereal  Griddle Cakes  W/Maple Syrup  Bread-Margarine  Fresh White Hilk	Coldcuts Cheese Hacaroni Salad Tossed Salad Greens Bread & Margarine Frosted Cake Beverage Choice	Baked Fish Mhipped potatoes Tender Sweet peas Bread-Margarine Jello w/whipped topping Beverage Choice
U	Hot and/or Cold Cereal Breakfast pastry Bread-Margarine Fresh White Wilk Coffee-Sugar	Choese Mopper French Fried potatoes Buttered Corn Bread, Rolls - Margarine Creamy Vanilla Ruding	
I	Chilled Tomatoe juice Hot and/or Cold Coreal Scrambled Egs Buttered Toast Fresh Lhite Milk Coffée-Sugar	Roast Round of Beef : Mashed Potatoes Seasoned Carrots Wheat Bread-Margarine Tee Cream Beverage Choice	Institutional Choice w/Fruit Pie
H U F	Fresh Fruit in Season  Hot and/or Cold Cereal  Breakfast Pastry  Peanut Butter-Jelly  Bread-Margarine  Fresh Mhite Milk	*Fried Cutlet fried Rice Boiled Cabbage Bread-Margarine Ice Cream Beverage Choice	Spaghotti w/Meat Sauce Grated Choese Antipasto Salad Bread-Margarine Elberta Peaches Beverage Choice
I I I I I I I I I I I I I I I I I I I	Chilled Orange Juice Hot and/or Colld Coreal Grilled French Toast W/Maple Syrup Fresh White Wilk Coffee-Sugar chilled Blanded Fruit juice	Baked Chicken Quarters Whipped potatoes Green Beans Bread-Margarine Checolate pudding Beverage Choice	Deep Fried Fish Boiled potatocs lixed Vegetables Bread-Margarine Lee Cream Beverage Choice
T U H	Hot and/or Cold Cereal  Boiled Eggs  Buttered Toast  Fresh Lhite Milk  Coffee-Sugar	rotato Salad Tolish Dill Tickles Cole Slaw Bread-Margarine Tresh Pastry	Hash Brown potatoes Seasoned Spinach Broad-Margarine Jello w/whipped Topping Beverage Choice