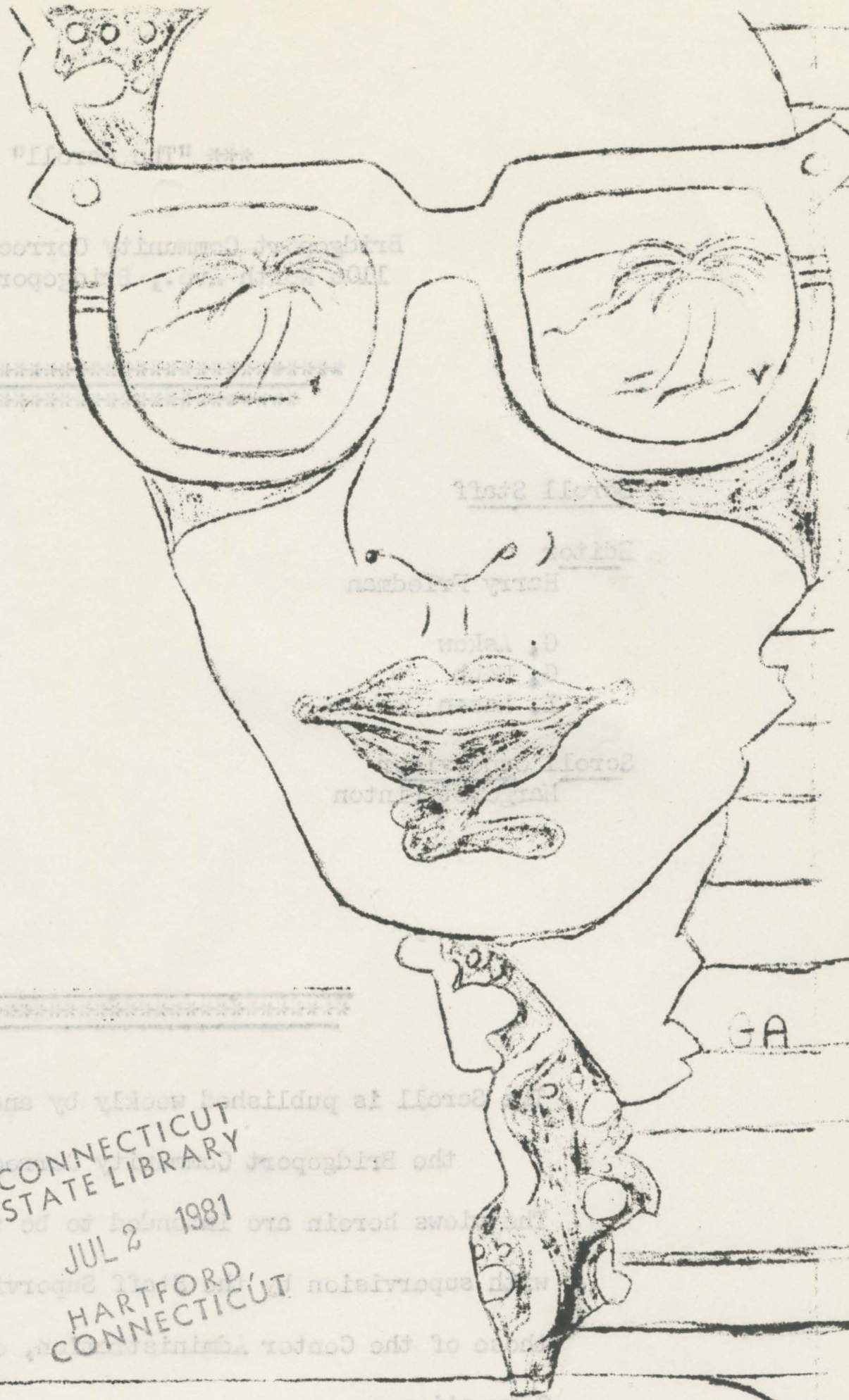
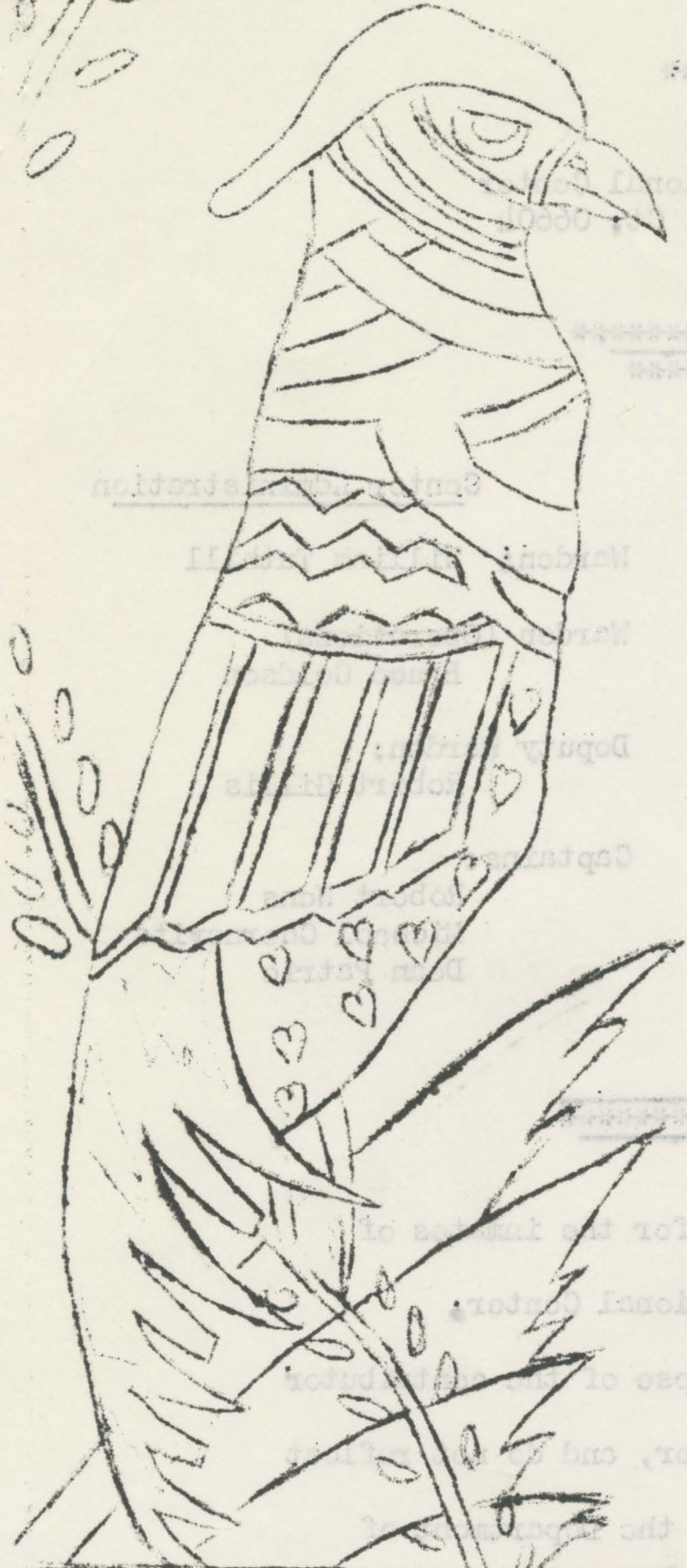


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THE SCROLL

June 26ty

1981

*** "The Scroll" ***

Bridgeport Community Correctional Center
1106 North Ave., Bridgeport, Ct. 06604

Scroll Staff

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Robert Wens
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The Scroll is published weekly by and for the inmates of
the Bridgeport Community Correctional Center.

The views herein are intended to be those of the contributor
with supervision by the Staff Supervisor, and do not reflect
those of the Center Administration, or the Department of
Correction.

We encourage participation by inmates with articles for pos-
sible publication. Please include your name and number,
with credit to other source when submitting articles written
by others

Escape from Reason:(Tomorrow belongs to me)

The abundance of inadequacies reflective today make us all aware of the lacking quality in our daily lives, yet how often we compromise and settle for quantity. It has been said that artists reflect the temperament of their time, so what has happened to the American mind? Look about you, the favorite subjects are terrorism, how to slim down, and how to make a fortune in real estate. Is this the quality? Is this the depth of national consciousness and concern for raising the quality of the Americans existence?

With all our headstrong technology and progress came liberalism, running rampant. A liberalism which has blatantly failed in its performance at home and eroded the power and prestige of the U.S. abroad. There is great need for liberalism within the confines of our democratic system to counterweight conservatism, but it must regain proper perspective, the world of jobs and growth, of urban blight and energy independence, of realistic need for American power; until it returns to the notion that democracy requires equality of opportunity, but not manifestation of equal rights regardless to national values and priorities. Liberalism has been fascinated with secondary issues that have created a reaction that finds the moral majority intimidating politicians and advertisers to idleness, and the congress trying to determine the beginning of life.

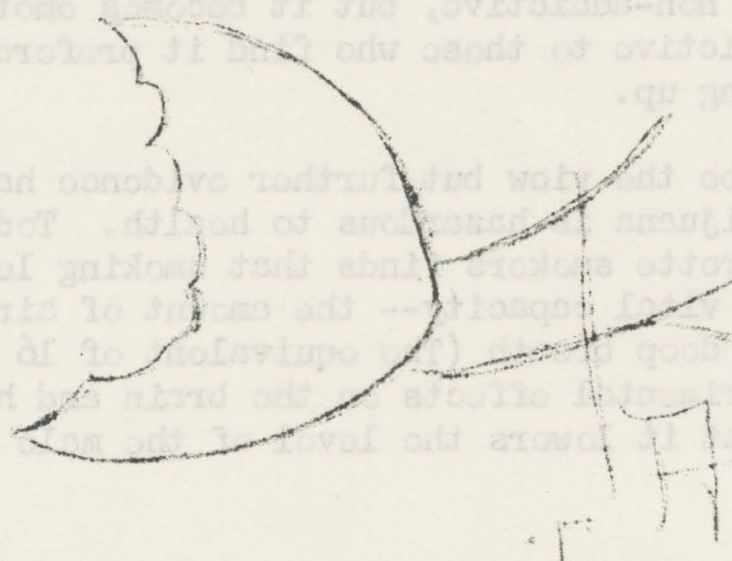
"A recent survey by the National Science Foundation found that 86% of adults believe scientific discoveries are largely responsible for our standard of living in the U.S. and 81% believe new discoveries make our lives healthier and more comfortable. However 86% feel that most citizens are not sufficiently informed to help set the goals for scientific research, and 85% believe that most citizens are not sufficiently informed to choose which technologies to develop. I am troubled by this public reluctance to participate in scientific debate. The most precious resource of a free society is the full participation of citizens. Yet here we have a major area of our national life that is regarded off limits by most of the public." (John B. Slaughter)

The individual consciousness today evolves about a deeply cynical world where generosity is in short supply, kindness is taken for weakness, a world where taking a stand has come to mean finding the quickest way out: there is something MOST disturbing in our society when men wish not to be esteemed, but to be envied!

They tell you this is steady progress in History, that modern man is better and happier than any man in the past; they tell you we are more advanced, spiritually, morally, intellectually than all the ages of the past. False. In the more important things in life, history does not disclose steady progress. There are few shining peaks of the spirit with many interloping ruts and valleys. Plato, Aquinas, Augustine, Shakespeare, Goethe- we find few men comparable to these men in our age. You can live ten lives on them, and the incredible thing is that they are more relevant to the present than any other men in the present.

"The best souls in our age pale before the best souls in the past. The decay of respect for the past, the decay for the respect for authority - these are the banes of age." (Charles Malik)

Authorred: Gregory Askew



Marijuana use and its effects

True or False Quiz

1. There is basically only one chemical in Marijuana and it leaves the body within a few hours after the person has stopped smoking. True ()
False ()
2. Street Marijuana is physically non addictive True ()
False ()
3. Street Marijuana is somewhat weaker in strength today than it was five years ago. True ()
False ()
4. We now know that Marijuana is a rather mild drug that presents few health hazards. True ()
False ()
5. Most teen agers see Marijuana for what it is: something to give them a quick high that is likely to be undetected by parents. True ()
False ()
6. Parents can't stop their youngsters from using Marijuana True ()
False ()
7. Females are just as likely to be users of Marijuana as males. True ()
False ()
8. There are almost no ways a parent can tell whether his child is using Marijuana unless he happens to smell it in the house. True ()
False ()

Answers

1. False. More than 400 seperate chemicals have been identified. the mind-altering chemical (THC) is picked up by the fatty tissue of the body and can be detected for up to a month.
2. False. It is five times stronger than Marijuana of five years ago.
3. True. Its physically non-addictive, but it becomes emotionally or physiologicall addictive to those who find it preferable to the problems of growing up.
4. False. This used to be the view but further evidence has convinced most doctors that Marijuana is hazardous to health. Today's research on Marijuana and cigarette smokers finds that smoking less than one joint a day decreases vital capacity-- the amount of air the lungs can expel following a deep breath (The equivalent of 16 cigarettes a day) It also has detrimental effects on the brain and heart, and some studies have shown that it lowers the level of the male sex hormone.

Marijuana use and its effects

True or False Quiz

(Continued)

5. False. For most young people, there's a great deal of romance and myth related to Marijuana. In the minds of many teen-agers, the brown haze and sweet smell of pot is equated with freedom of choice and growing up. It means being like their peers. This is vitally important to youngsters, especially the insecure.
6. False. This attitude stops many parents from trying and they abdicate this responsibility. When this happens, when parents lack conviction and are unable to be firm, they create a power vacuum. Friends and peers walk in then and fill it.
7. False. Marijuana use is still heavier among males, but the difference is rapidly dissolving. The Department of Health and the Human Services estimates that in a few years, as many females as males will be users.
8. False. Of course, he can ask the child, but he may not get an answer. Even if he doesn't, or the child lies, there are many clues to a relatively heavy user. Normal activities that used to interest the child begin to bore him, including school and studies. Grades usually drop and the youngster often becomes depressed, fatigued and moody.

** Love **

Love is a friendship that has caught fire. It is quiet understanding, mutual confidence, sharing and forgiving. It is a loyalty through good and bad. It settles for less than perfection and makes allowances for human weaknesses. Love is content with the present, it hopes for the future and it doesn't brood over the past. If you have love in your life, it can make up for a great many things you lack. If you don't have it, no matter what else there is, its not enough.

Anon.

Attention Old Center

Each man is responsible for the condition of his assigned cell. Below is a list of rules that must be adhered to !

- 1) Nothing will be hung or pasted in any way to the cell walls or bars.
- 2) No more than 3 books and 15 Letters are allowed, nor more than 5 magazines in your cell at one time.
- 3) Clothing lines must be taken down when articles are dry.
- 4) Only 1 medium size box is allowed in your cell.
- 5) No cleaning equipment is to be stored in cells.
- 6) Your cell is to be kept clean at all times.

Anyone found in violation of these rules will be subject to immediate disciplinary action.....

Per order of the Warden,

W.L.Tuthill

Revised Shower Schedule

Effective February 1st, 1981, the following shower schedule will be in effect in the Old Center.

8 to 4 Shift will shower on the following days:

- Monday and Thursday-----1 and 2 Holding Sections
- Tuesday and Friday-----3 and 4 Holding Sections
- Wednesday and Saturday-----5 and 6 Holding Sections

4 to 12 Shift will shower on the following days.

- Saturday-----1 and 2 Holding Sections
- Sunday-----3 and 4 Holding Sections
- Monday-----5 and 6 Holding Sections

Warden B.R. Goldson

OFFICIAL NOTICE TO ALL INMATES

Legal Assistance to Prisoners: Free legal aid to all inmates is provided through all Connecticut centers by an organization called Legal Assistance to Prisoners, (L.A.P.) Attorney Randy Mozzy from L.A.P. visits our institution once a week to help the inmates with their civil and legal problems. L.A.P. cannot help with criminal cases. These must go to the office of the Public Defender, or to a private attorney. You can contact Attorney Randy Mazzy by writing to her at the L.A.P. office ; L.A.P. 340 Capital Ave., Hartford, Conn. 06115...

CO*OP Services: The Multi-service Center is an agency that serves those offenders in the Greater Bridgeport area. The service provides counseling, through staff or referral, Clothing and housing, employment referrals and educational counseling. CO*OP deal with both men and women who are presently incarcerated or recently released from a Correctional Center. They bridge the gap between ex-offenders immediate needs, and the communities resources. The goal of CO OP is to help the ex-offender help himself. For more information contact your counselor..

11:00 P.M. Count: This concerns all East Wing inmates. Immediately following the 11:00 P.M. count, all inmates are expected to stay in their cells and to remain there for the entire evening. The only exception will be going to or returning from the lavatory, or to inform an officer of something. Any inmate found outside his cell after 11:00 P.M. loitering, talking loud etc., will be subject to immediate disciplinary action...

Mail for the Wardens: All mail or messages for Warden William Tuthill, Warden Bruce Goldson or Deputy Warden Robert Gillis, is to be placed in the box marked Warden. This box is located near the entrance to the ~~MESS HALL~~ HALL in the Old Building, and can be found in each block of the New Building...

Contact Visits: Pre-trial visiting is extended as a privilege to inmates in the pre-trial unit who meet the criteria specified in the New Inmate Handbook. The visiting list for contact visits will be reviewed by the classification committee at the time when the inmate is initially cleared for contact visits.. Any change must be permitted through counselor referral, and can be wife or girl friend only.

SICK CALL -GENERAL ANNOUNCEMENT - NEW CENTER

Effective Monday, March 2, Sick call and distribution of medicine will be changed. If you want to see the doctor, nurse, Psychiatrist or dentist, fill out a counselor's request slip, include your name and number, and a description of your medical or dental problem. Be specific. Place the request in the box opposite the officer's cubicle marked "Medical Request".

The request slips will be collected daily by the medical staff. Sick call will be held in the hospital area when the nurse or medical staff calls. All requests will receive a response. The medic will tour the block areas to dispense medication only on the 12 to 8 shift. If you are on prescribed medication you will receive a medication pass from the hospital, which will be kept by the officer on your block..

When your block is called for medication distribution you will be required to pick up your pass from the officer on the way to medication. You must return the pass to your block officer when returning to your cell.....

*** New Center ***

Summer outside recreation schedule...

Affective April 20th, 1981

- | | | | |
|-------------------|-------------------------------------|----------------|------------------|
| Housing Unit # 37 | Monday - Friday..... | 1 to 2:30 P.M. | Yard
<u>6</u> |
| Housing Unit # 38 | Monday, Tues., Thurs., Friday,..... | 6 to 8:30 P.M. | |
| Housing Unit # 39 | Monday - Friday..... | 1 to 2:30 P.M. | |

Old Center Art Program

Are you interested in art? Would you like to learn how to paint with oils, acrylics, or water colors? Every other Friday evening volunteers teach these skills as part of the center's Art Program, in the school area. No artistic skill or background is necessary, and supplies are provided.

The volunteer instructors are John Herreau, Sister Adrienne and Sister Margaret. Rich Carlson is the Staff Coordinator. The program runs from 7:30 to 9:30 P.M. If you are in the Art Program you can still go to the Commissary.

To attend the Art Program, send a request to your counselor, or the school. Rich Carlson will then contact you. The program is open to all Old Center residents, both sentenced and pre-sentenced men are welcome.

****LIBRARY NOTICE****

The Bridgeport Correctional Center has library facilities available for both sentenced and pre-trial areas. If you wish use the library please follow the procedures established to insure easier distribution of books.

The collection of paperbacks available from the library has been donated to the center by Rev. Smith, Rev. Frank Denton and Father Como. Credit must also be given to Darien Book Aid, an organization which makes reading materials available to state institutions without cost to inmates. Here at this institution we are grateful for their never ending concern and donations.

Look for the library cart which circulates throughout the institution on a weekly basis if you wish to borrow any books. You may borrow as many paperbacks as you want, within reason. We ask your cooperation in returning these books when you are finished reading them, or give them to another inmate so that as many books as possible will be available and in circulation.

If you wish to borrow any reference material other than Law Library books, you should make your request to your librarian who will sign the material out to you. This material must be returned in one week so that it would be available to others. Periodically, a list of reference materials maintained in the library will be published in "The Scroll."

Inter-library loan privileges which enable inmates to have access to publications housed in libraries throughout the state are available under the inter-library loan services provided by the State of Connecticut Library.

If you wish to subscribe to, or purchase, a book, publication, periodicals, newspapers etc... Fill out a request slip to your counselor. Put your name and the title of the publication or book on the request slip. This procedure must be followed in order for the counselor to determine whether the publication you wish to order is approved to enter the institution. This step will save the time and effort involved in ordering and paying for a publication only to find that it has been returned to the publisher.

Books which we do not have in stock can be obtained through Inter-Library loan services only by request to the school.

CLASSIFICATION

ANY INMATE IN PRE-TRIAL STATUS WHO HAS BEEN CLASSIFIED TO WORK DETAIL AFTER JANUARY 26, 1981 AND WHO SUBSEQUENTLY RECEIVES A JOB REMOVAL AFFIRMED BY CLASSIFICATION, MUST WAIT THIRTY (30) DAYS BEFORE APPLYING FOR WORK REASSIGNMENT.

Asistencia Legal Para Las Reclusos

Gratis asistencia para los que est an la correccion que estan, sentenciados la organizacion se llama asistencia legal para prisioneros (L.A.P.) la adogada randi mezzy de L.A.P. visita la institucion una vez a la semana para avadar los reclusos con problems diviles y problems legal. L.A.P. no ayudan los reclusos con casos criminal esto debe ir ala oficina de Public Defender o para tu abogado. Poedes conseguir a randi mezzy escriba a la oficina L.A.P. 340 Capital Ave. Hartford, Conn. 06115

Servicios de Co-op es un agencia que le serve a los ex-sentenciados en la area de Bridgeport. El servicios le ayuda en con sojo de trabajo, y te aconsejon trabajo te ayudan con ropa y viviendas si no tienen adonde viver el program yud hombres y mujeres que estan encarcelados presentemente pues tambien ser ayudado. Para mas informacion precurtale al su consejero.

Alas 11:P.M. Cuentan: En la parte oeste carcel, que lean ostobien. Inmediatamante desbues que cuenten a las 11:P.M. Que todos los reclusos se matengan en sus celdas todos la noche. Solamente puedan salir para al cuerto de banco. Tambien cualquier puede darsela. Cualquiera persona que esta afuerta de su celda hablando daro etc., sera dado un denuncia de disciplina.

Cartas Para el Guardian

Todas las cartas para el guardian Tuthill, Deputado Guardian Gillis O Goldson saran puesta en la caja que de commissioners mail. La caja esta locada adonde estan los otros cajas y adonde se manda las notas para su consejero. Esta regla es para las dos edificios el nuevo y uiejo.

Visita Contacto.... Per tener visita contacto no pueden estar Sentenciados esto es un privilegio descrito en el libro del recluso. Para tener una visiti contacto tienan que hacer una lista de visitantes y esta lista sera re-vistada por comidado de clasificacion. Cualquier cambio puede ser permitido solamente por el consejero despues referido al comidado de classificacion. La incluye familie y novia solamenta

Comidas en la Celdas.... Per orden de la administracion. Lo unico que pueden tener es compran un la tiendas esta regla estara rigurosamente enforsada por todos supervisores que trabajan en la institucion. Violaciones de esta order puede resultar en violaciones y disciplina. El proposito de esta es para cortal un poco de entemedades que fulmigan estan mantenido ocupada suficientemente como es...

*** Women of Newgate ***

Women of Newgate is a private, non-profit program of volunteer women who are available to help women who are experiencing a separation of a son, husband or boyfriend due to his being incarcerated. Correction facilities have programs to meet the offenders needs, but parents, wives and friends have to deal with all their needs alone. They must abruptly learn to survive alone. To care for the children and to cope with the unfamiliar and often frightening court and prison systems.

Mary Ellen Williamson, director of Women of Newgate can be reached anytime at 378 4998. Mrs. Williamson is in the new jail on Friday morning and can be contacted through Sister Ann or Father Como. If your woman needs help, or just someone to talk to on the outside, tell her about Women of Newgate...

*** Commissary Procedure ***

Please note that you are required to turn in dead batteries on a one-for-one basis when you want to buy new batteries through the commissary.

Failure to turn in dead batteries will prevent you from buying new ones...

Deputy Warden

Robert J. Gillis

Inmate Clothing Regulations

Bridgeport Correctional Center

- A.) Clothing issued to you is State property, and must not be altered or mutilated in any way...
- B.) Solid colored T-shirts, and pull-overs, crew-necked sweater-shirts without pockets are the only outer-wear permitted beside State issue. Shirts with logos are not allowed..
- C.) No items such as pajamas, jogging suits (Top or bottom), or striped shirts are allowed...
- D.) Only headwear purchased in the commissary can be worn..
- E.) When leaving the housing units, or handling food, proper attire (consisting of shirt and trousers is required...
- F.) When entering the dining hall in the Old Center, your shirt must be tucked into your trousers. No headwear is allowed in the dining hall...

SOCIAL SERVICES

There are several organizations throughout Fairfield County which provide services to inmates and former inmates of this facility.

- Community Return.....(Stamford, Greenwich and Darien)
- N.E.O.N -- PTI.....(Norwalk area Residents)
- Danbury Youth Services.....(Danbury area Residents)
- CO-OP(Bridgeport area Residents)

These organizations offer a variety of services including,

Housing,

Counseling,

Placement, and

Family Counseling.

If you want, or expect to need, services in any of the above areas, contact your counselor for referral to your respective agency...

Attention Old Center

***** T.H.C. Test ---**

Each man is responsible for the condition of his assigned cell. Below is a list of rules that must be adhered to which provides for the detection of T.H.C.

(T.H.C.) is the active ingredient in Marijuana

You are hereby advised that this test will be used when we have cause to believe that you may used Marijuana.

A positive reading for T.H.C. will result in disciplinary action...

W.L. Tuthill Warden

***** Important Notice *****

You should be reminded that you are always subject to search of your person (Pat Down or Strip Search) at any time and by the discretion of any staff member who wishes to do so!

Such searches may be random or for cause. You should expect to be searched periodically. I would expect that you will cooperate with such searches. Failure to allow yourself to be searched will result in disciplinary action.

W.L. Tuthill Warden

*** Attention ***

All letters, cards and notes must be sent by U.S. Mail only.

During visits no Correction Officer may take a letter, card

or note for delivery. The only delivery can be by U.S. Mail...

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Warden B.R. Goldson

"TO LOVE YOU IS A JOY"

(4)

TO LOVE YOU MEANS THE WORLD TO ME
IN MANY PRIVATE WAYS
I LOVE THE RARE EXCITEMENT
YOU BRING TO ALL MY DAYS...
I LOVE THE KIND OF SYMPATHY
YOU'RE SPECIALLY GOOD AT GIVING
THE RICHNESS, THE AWARENESS
YOU'RE PRESENCE ADDS TO LIVING...
I LOVE THE TRUST YOU INSPIRE
IT SPELLS SECURITY
I MARVEL THAT YOU UNDERSTAND
THAT COMPLEX CREATURE ME...
TRUE LOVE'S BEYOND EXPRESSION-STILL-
THESE FEW WORDS I EMPLOY
WILL SERVE TO LET MY HEART TELL YOURS
"TO LOVE YOU IS A JOY"

BY: LADY TEE

"SHARE"

LOVERS LOVE TO SHARE
A TWINKLED STAR
A BRIGHT NEW MOON
A SUMMER RAIN
A DAY IN JUNE...
A GLASS OF WINE
A PLATE OF FOOD
A LOVELY SONG
A TENDER MOOD...
A PRIVATE JOKE
A QUIET TALK
A CERTAIN SMILE
A LONG, LONG WALK...
A SPECIAL PLAN
A FAVORITE SCHEME
A FRESH, NEW HOPE
A LIFE-LONG DREAM!

BY: LADY TEE

LIFE IS LIKE RUNNING A RACE, THERE'S A STARTING LINE,
AND THERE'S A FINISHING LINE. EVERYONE STARTS OFF EQUAL,
BUT IT'S THE RACE ITSELF THAT DETERMINES ONE'S FINISH.

BY: LADY TEE

WRITTEN AND SUBMITTED BY: EARL ST MARSHALL #33
PHIL SOPER & POET

"THE DREAMS OF YESTERDAY
THOUGHTS OF TODAY
AND HOPE FOR TOMORROW"

(3)

My dreams of yesterday, was far away thoughts
Of the games I played, and the people I've fought
From the red wagons, to the rock fights
In to little twenty two's, and the reefer pipes
My thoughts of today, are beginning to be
Plans for us, all to be free
In a world of love, happiness and cheer
For killing and crime, we won't have to fear
But united as one, group or society
And color of skin, won't be a variety
For we could live each day, without the sorrow
And continue to hope, for a better tomorrow.

"KNOWLEDGE WITHHELD"

Who ever said, we were born free
When there's no freedom, for you and me
Everyones born, in captivity
Till a responsible person, cuts you free

Then you are taught, the way of life
And how to provide, for your wife

You've finished school, and got a phd.

But did you come back, to teach me

The ones that's left, without the chance

To help our people, emerge and advance ?

*** Religious Services ***

Catholic Ministry

Chaplains: Rev. Dennis Como
Rev. Wm. Sangiovanni

Sister Ann Moles

Mass in English:

East WingSunday 8:30 A.M.

New CenterSunday 9:30 A.M.

North WingWednesday 8:00 P.M.

Mass in Spanish

New Center.....Saturday 7:00 P.M.

Bible Studies

East WingWednesday 7:30 P.M.

The Catholic Chaplains are available every day for a private consultation, spiritual direction and/or confession. Drop a request slip in the counselor's box asking to see a Chaplain..

Protestant

Chaplains:

Rev. Frank Denton
Rev Jose Araya

North Wing11:00 A.M. Sunday

New WingEnglish 8:30 A.M. Sunday

East WingEnglish 9:30 A.M. Sunday

New CenterSpanish 1:30 P.M. Sunday

Old CenterSpanish 7:00 P.M. Sunday

*** Islamic Services ***

Nasif Muhammed:

East WingSaturday 7:30 P.M.

New CenterSpecial arrangement by request
to Eman Muhammed through your
counselor

Catholic Ministry

FALLING

BY Frances Minturn Howard

There is always more time than you think

If you are not locked in the moment,

Time to reach out and catch the dropping cup

Before it breaks to fragments on the floor --

It is not all that fast.

Time to catch the stumbling woman

If your thought is a little ahead,

If you have not already accepted

The eggshell cracking of her skull --

It is not all that fast.

There is nothing

You cannot catch -- a star, a fish, the world --

If your mind runs ahead of the fall --

It just needs a hand put out --

It is not all that fast.



Special arrangement by request
to Imam Mohammed through your
counselor

BCC Commissare Price List Effective March 1, 1981

<u>Tobacco Items</u>		<u>Drink Items</u>	
Camels, Kools, Marlboro, Salem	.45	Fountain Soda	.20
Pall Mall, Winston	.45	Nestles Hot Cocoa	.15
Dutch Master Cigars	.20	Instant Coffee	.15
Hava Tampa, Phillies	.15	Orange Drink	.20
Tipalet (5pk) Cherry @ Natural	.40		
Cherry Blend Pipe Tobacco	.60	<u>Candy Items</u>	
Borkum Riff	.75	Tootsie Pops	.05
Corn Cob Pipes	1.45	Almond Joy, Milky Way, M&Ms	
Pipe Filters	.25	Snickers, Reese Cups, Cough Drops	
Pipe Cleaners	.30	Life Savers, Certs Mints	.25
Avanti, - Parodi Cigars	.20		
<u>Grooming Products</u>		<u>Food Items</u>	
Afro Comb	.35	Fried Pork Skins	.30
Afro Picks	.40	Red Pistachios, Cashews	.85
After Shave 1 3/4 oz	1.45	Pumpkin Seeds	.45
Brushless Shave Cream	.85	Sun Flower Seeds	.55
Chap Stick	.70	Cheese & Crackers	.20
Cocoa Care Shampoo 8oz	1.70	Peanuts	.20
Cocoa Care Oil 8oz	1.70	Slim Jims	.25
Cocoa Care Soap	.90	Potato Chips (Wise)	.30
Cocoa Care Lotion 8oz	1.70	Coffee Cakes (Drakes)	.25
Cocoa Care Sticks	1.30	Nab Cookies, Lorna Doone, Oreo	
Dental Holders	.40	Chocolate Chip, Oatmeal	.20
Face Cloths	.45		
Foot Powder Medicated	1.35	<u>Writing Material</u>	
Hair Brushes	1.00	Airgrams	.30
Head and Shoulders Shampoo	1.05	Postage Paid Envelopes	.20
Menon Deoderant (Small)	1.10	Post Cards	.10
Dax Hair Lanolin	1.55	Writing Pads	.30
Nail Clippers	.25	Ball Point Pens	.25
Noxzema Skin Cream	1.75	Dictionaries - Spanish or	
Old Spice Deoderant	1.75	English	2.70
Pocket Combs	.15	<u>Miscellaneous</u>	
Poli Grip	.75	T.V.	115.00
Polident Cleaners	.75	Radio G.E. (AM/FM)	25.00
Prell Shampoo	1.05	Includes Ear Phones	
Shower Shoes	.90	and Batteries	
Soap - Dial	.45	Ear Plug for Radio	1.50
Soap - Dove (Bath Size)	.90	Coffee Cups	.25
Sulphur 8 (2oz)	1.45		
Talcum Powder (Bath) 9oz	1.50	<u>Batteries</u>	
Tooth Brushes	.15	9 Volt	1.20
Tooth Paste Crest (Small)	.65	A 1 1/2 Volt Alkaline	.50
Q Tips	.65	C 1 1/2 Volt	.65
Vaseline Lotion	1.55	D 1 1/2 Volt Heavy Duty	.65
Vaseline Petroleum Jelly	1.00		
Magic Shave	.80	Padlocks	2.75
Soap Dishes	.30	Playing Cards	.55
<u>Ice Cream</u>		Mens Briefs Sm, Med., Lg.	1.35
Pints Butter Pecan, Vanilla, Cherry		Mens Undershirts Sm, Med, LG	1.35
Strawberry, Maple Walnut, Chocolate	.80	Stretch Socks	.65
Cream Slices, Vanilla Bars		Greeting Cards (Including Postage)	.60 to 1.00
Ice Cream Cones, Sandwiches	.20		

All prices subject to change

All sales subject to sales tax which is included

CYCLE 3 May 3, May 31, June 28, July 26, Aug 16, Sept 13,

	Breakfast	Lunch	Supper
SUNDAY	Fresh Fruit in Season Hot and/or Cold Cereal Breakfast Pastry Bread & Margerine Fresh White Milk Coffee - Sugar	Roast Round of Beef Natural Brown Gravy Whipped Potatoes Buttered Sweet Peas White Bread & Margerine Ice Cream Beverage Choice	Hot Chili Con Carne Steamed Rice Corn Bread Tossed Garden Salad W/ Thousand Island Dressing White Bread & Margerine Chilled Pears Beverage Choice
MONDAY	Chilled Orange Juice Hot and/or Cold Cereal Fried Eggs Duttered Toast Fresh White Milk Coffee - Sugar	Grilled Cubed Steak Brown Gravy Lyonnaisse Potatoes Seasoned Green Beans White Bread and Margerine Fresh Pastry Beverage Choice	Southern Fried Chicken Cream Gravy Oven Brown Potatoes Whole Kernal Corn White Bread & Margerine Chocolate Pudding Beverage Choice
TUESDAY	Chilled Apple Juice Hot and/or Cold Cereal Breakfast Pastry Peanut Butter - Jelly Bread & Margerine Fresh White Milk Coffee - Sugar	* Grilled Frankfurters Creamy Cole Slaw Mustard - Catsup White Bread & Margerine Fruit Jello W/Whipped Topping Beverage Choice German Potato Salad	Breaded Veal Parmesan Hash Brown Potatoes Baby Lima Beans White Bread & Margerine Chilled Peach Slices Beverage Choice
WEDNESDAY	Chilled Blended Juice Hot and/or Cold Cereal Grilled French Toast W/Maple Syrup Bread & Margerine Fresh White Milk Coffee - Sugar	* Italian Sausage Spaghetti W/Tomato Sauce Grated Parmesan Cheese Chef's Salad Bowl W/Oil & Vinegar Dressing Rye Bread & Margerine Ice Cream Beverage Choice	Meat Loaf Gravy, Onions, Peppers Whipped Potatoes Mixed Vegetables White Bread & Margerine Fruit Pie Beverage Choice
THURSDAY	Fresh Fruit in Season Hot and/or Cold Cereal Fresh Pastry Bread & Margerine Fresh White Milk Coffee - Sugar	INSTITUTION CHOICE	Beef Chow Mein Oriental Dry Noodles Buttered Rice - Soy Sauce Cole Slaw W/Dressing White Bread & Margerine Chocolate Pudding Beverage Choice
FRIDAY	Chilled Pineapple Hot and/or Cold Cereal Scrambled Eggs Buttered Toast Fresh White Milk Coffee - Sugar	Cheese Whopper, Lettuce, Tomato French Fried Potatoes Catsup White Bread & Margerine Fresh Pastry Beverage Choice Cucumber Salad	Deep Fried Fish Tartar Sauce - Lemon French Baked Potato Fresh Squash in Season White Bread & Margerine Ice Cream Beverage Choice
SATURDAY	Grapefruit Sections Hot and/or Cold Cereal Breakfast Pastry Bread & Margerine Fresh White Milk Coffee - Sugar	Egg Salad Platter Cheese Omelet Potato Salad or Hot Potato Green Bean Salad White Bread & Margerine Chilled Fruit Compote Beverage Choice	Sloppy Joe Rice Tossed Salad, Dressing Sliced White Bread W/Marg. Jello W/ Whip Topping Beverage Choice