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THE NEW

September 12, 1980

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Vol. 20

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The NEW VIEW is a weekly publication printed by the inmates of the Conn. Correctional Institution of Enfield, under the supervision of the administration.

Any opinions here-in are the sentiments of the contributors and should not be construed as those of the, Institution Administration.

This publication serves as a medium of information.

Mailing address: NEW VIEW, P.O. BOX G
ENFIELD, CONNECTICUT 06082

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"NOTICE"

JOB OPPORTUNITIES!

CLERK - COMPUGRAPHIC OPERATOR TRAINEE:

Applicant must be able to type and spell accurately. Should also have good office skills. Applicant must be willing to learn operation of equipment to become Compugraphic Operator.

TYPESETTER:

Applicant must have working knowledge of Compugraphic machine or similar equipment, must be able to type and spell accurately. Ability to train helpful.

GRAPHIC ARTIST:

Applicant must have some of the following skills; Ability to do graphic design and lay-outs, knowledge of typefitting, operation of stat camera or similar equipment, ability to do paste-ups and some knowledge of printing process helpful.

SALARY RANGE: 20¢ to 50¢

CLOSING DATE FOR APPLICANTS: Sept. 26, 1980

SEND ALL REQUEST TO: Mr. Charles Jenkins

Graphic Art Supervisor

OUTSIDE RECREATION YARD!

Effective Friday, September 12, 1980, the outside recreation yard will close officially at the conclusion of all sports activities that evening. All evening sports activities will take place in the "GYMNASIUM" from then on.

Please Note: The outside recreation yard will remain open on week-ends in the afternoons as per the following schedule as long as the weather will permit.

Saturday	12:30 p.m. until 3:00 p.m.
Sunday	12:30 p.m. until 3:00 p.m.

E.A. Doherty, Rec. Supervisor

CCI ENFIELD VOCATIONAL PROGRAM!

A Vocational Program will be implemented at CCI-Enfield in the very near future.

Vocational Training will be provided for men interested in Automotive Training and Carpentry. Related Academic Instruction will also be provided for all students.

All interested parties should contact Mr. Henry Bellinger, Vocational Counselor, by an Inmate Request form as soon as possible.

David A. Harris
Education Coordinator

COMMISSARY NOTICE!

Who goes first???? Group 4 then 5, 6, 7, 1, 2, 3.

ALL MONEY TO BE SENT OUT MUST BE IN THE COMMISSARY BY WEDNESDAY NOON.

Mr. Gibeau, Comm. Supv.

TROUBLE and JOY CONTEST

THE WINNERS

1. Mr. Nestor L. Torruella at Somers CCI for a short story, "Dirt Cheap".
2. Mr. John Reinoso at Somers CCI for a remembrance, "A Day in '55".
3. Mr. Richard A. Wise at Cheshire CCI for a sketch-essay, "Iron City".
4. Ms. Adrienne Young of Niantic CCI, who has since been released, for a poem, "After School".
5. Mr. W. Ray Freeman at Bridgeport CCC for a poem, "The Tree in Floyd's Backyard".
6. Mr. William J. Curry at Somers CCI for a short story, "Shortcomings".
7. Mr. John A. Durso at Enfield CCI for a sketch-essay, "Things That Take Forever".
8. Mr. Hector Estremera at Hartford CCC for an essay, "All I Can Tell You Is".

We had \$700 in prize money and we anticipated seven \$100 awards. However, after tabulating the scores of the six judges, we found a three-way tie for the final two winning places. Fairness dictated that we divide the money equally for those two slots among the three who had tied. Thus the first five winners will receive checks for \$100 each while the final three will receive awards of \$67.

HONORABLE MENTION, but, alas, no money, goes to the following strong runners-up: Mr. Mike Gayda of Bridgeport CCC, Mr. James Lee Davis of Enfield CCI, Mr. James J. Jones of Enfield CCI, Mr. Robert E. Oicles of Somers CCI, Mr. Steven Snowden of Somers CCI, Mr. Antonio Warner of Somers CCI and Mr. Stephen Carter of Somers CCI.

All entrants will receive a letter, the return of their entry and the comments of the judges on their story, poem or essay.

Congratulations to the winners and our appreciation to all who entered.

Robert J. Brooks
Chief, Program Development

LABOR DAY YARD TOURNAMENTS & FIELD EVENTS - 1980

Doubles Shuffle Board		Doubles Paddle Ball		Doubles Horseshoes		Doubles Bocci-Ball		Doubles Handball	
1-24728	Drye	1-24589	Pimpleton	1-56612	Robinson	1-9435	Liberatore	1-26554	Galbert
25148	Durso	25287	Croom	24728	Drye	30719	Moore	26198	West
2-26629	Holley	2-68311	Albim	2-54650	Lockwood	2-28903	Odice	2-26196	Hargrove
22645	Cobbs	91135	Liberatore	47713	Biandimo	47713	Biandimo	13099	Davis
		3-24728	Drye	3-71847	Barretta	3-51165	Grace	3-24728	Drye
		77840	Deloma	12649	Celso	24868	Brelsford	25659	Sparks

Doubles Tennis		Shot Put		Egg Race		Doubles Three Legg Race		Sack Race	
1-50066	Esteues	1-86853	Jackson	1-82548	Sullivan	1-60137	Clinkscale	1-86853	Jackson
77840	Deloma					25421	Smith		
2-24728	Drye	2-24728	Drye	2-89667	Sanchez	2-64118	Ealy	2-89667	Sanchez
25148	Durso					86853	Jackson		
3-		3-28421	Smith	3-28421	Smith	3-91295	Tate	3-91295	Tate
						55967	Wilson		

Doubles Human Wheel Barrow-Race		100 YD Dash		Doubles Shoulder Carry		Softball Throw		Golf	
1-86853	Jackson	1-24521	Ingram	1-86853	Jackson	1-24728	Drye	1-25757	Shank
64118	Ealy			82548	Sullivan				
2-91295	Tate	2-26351	Rogers	2-89422	Wemmerberg	2-89092	Witherspoon	2-80956	Lawless
55967	Wilson			24725	Drye				
3-25421	Smith	3-60137	Clinkscale	3-91295	Tate	3-25401	Smith	3-43401	Brown
24728	Drye			13188	?				

"THE REALITY OF IT ALL"

You're the life of the party now, full of energy and charm.
Till you awaken in an ice cold sweat, when morning rolls around.
All your ways and passion plays, won't get it for you now...

Your nose runs down upon your face, perspiration clogs your pores.
There's only one sure cure for it, but you haven't anymore.
Ain't this more than you had bargained for?

So you call on your connection, but your credit ain't that long.
The doctor won't make house calls, cause it's still the same old song.
You can't go on pretending nothings wrong.....

Think of all the time you wasted, alone within your dreams.
Inventing and defending, your potential fantasies.
Everything about you, seems so make believe.

Seems life means no more to you, than a slow leak in a dam.
Seeping out your final minutes, on life's installment plan.
All you're looking forward to, is pullin' off another scam...

And to think you could have been an actor, a lawyer, or a priest.
With all the talents you possess, but use so destructively.
Your whole life's been nothing but a tease.

Did you sell all your possessions, trade in all your dreams?
Did you cash in on your ambition, put your lady in the streets?
No matter what you've got you're never pleased.

So look through your pinned eyes now, don't the images seem fade?
As you open up your book of life, to another empty page.
The only thing that's changing, is your age.

Still you think you're one perfectionist, of the arts performed in bed.
But you can't respond upon command, when your mind plays impotence.
Just as long as you are satisfied, up there in your head...

Yet you get it off on your old lady, it seems so right for you to do.
She's so use to your abuse by now, and yet afraid to cut you loose.
It doesn't take too much right now, to lite your hairline fuse.

Still she's there to take for granted, she's your ace left in the hole.
Someone to go home to nights, when your rap line won't take toll.
You can run a good game anyway, when you're full of leading roles.

Though you strive to feed your hunger, your minkey runs your life.
I guess that gives you a purpose, a vague destiny, and pride.
As you venture on your one way mystery ride.

As that last shot travels through your hungry veins, and the scenery starts
to wave.

You can throw your spike into the ring, you were never very brave.
As they lay your body in the ground, one may say that it's a shame, but
tomorrow

you'll be gone as if you never had a name.....

Written by: S. Spakowski
Submitted By: Moses Hargrove.



THE CONCEPT OF RELIGION

Throughout history religion has been abused and misunderstood. Some people use it as a means of exploitation and suppression, as a pretext for prejudice and persecution. Some other people use it as a source of power and domination over the elite and the masses alike. In the name of religion unjustifiable wars have been launched, freedom of thought and conscience has been oppressed, science has been persecuted, the right of the individual to maturity has been denied, and man's dignity and honor have been flagrantly debased. And in the name of religion an injustice has been inflicted upon humanity with the result that religion itself has suffered many losses. These are historical facts which no one can deny. But is this proper function of religion or the right approach to religion? Could this be the purpose of religion? The indisputable answer is an emphatic no. There are many religions in the world, and each one claims to be the one and only true religion. Each religion is supposed to have come from God for the right guidance of man.

But these claims contradict each other and have caused dissensions among people and vehement reactions to religion.- instead of welding mankind into one universal brotherhood under the One Universal Benevolent God. This situation makes any neutral observer confused and perhaps averse to all kinds of religion. The Islamic concept of religion is unique in the broadest sense of the word. It is true that genuine religion must come from God for the right guidance of man. And it is equally true that human nature and major human needs are basically the same at all times. This conception leads to one conclusion, and that is: There is only one true religion coming from the One and the Same God, to deal with the outstanding human problems of all times. This religion is Islam. But it should be borne in mind that Islam was not taught by Prophet Muhammad alone. On the contrary, Islam had been taught by all the prophets before Muhammad, and the true followers of Abraham and Moses as well as those of Jesus and the rest were all called MUSLIMS.

So Islam has been, and will continue to be, the true universal religion of God, because God is One and changeless, and because human nature and major human needs are fundamentally the same, irrespective of time and place, of race and age, and of any other considerations. Bearing this in mind, the Islamic concept maintains that religion is not only a spiritual and intellectual necessity but also a social and universal need. It is not to bewilder man, but to guide him. It is not to debase him but to elevate his moral nature. It is not to deprive him of anything useful, or to burden him, or to oppress his qualities, but to open for him inexhaustible treasures of sound thinking and right action. It is not to confine him to narrow limits but to launch him into wide horizons of truth and goodness. In short, true religion is to acquaint man with God as well as with himself and the rest of the universe. This is by no means an oversimplification of the function of religion. Here is what it means. When the purpose of true religion is carefully examined, it will be found that religion satisfies the spiritual and moderate material needs of man. It unties his psychological knots and complexes, sublimates his instincts and aspirations, and disciplines his desires and the whole course of life. It improves his knowledge of God-the highest truth in the universe, and of his own self. It teaches him about the secrets of life and the nature of man and how to treat them, about good and evil, about right and wrong. It purifies the soul from evil, clears the mind from doubts, strengthens the character and corrects the thinking and convictions of man. All this can be achieved only when man faithfully observes the spiritual duties and physical regulations introduced by religion.

That is what true religion can do for humanity, and that is the concept of religion in Islam. Any religion which fails to bear these fruits is not Islam, or rather, is not religion at all, and any man who fails to draw these benefits from religion is not religious or God minded. God is absolutely true when He says in the Holy Qur'an "VERILY THE RELIGION WITH GOD IS ISLAM". (QUR'AN 3:19)

WHAT WE ARE

It matters not who we may be, a beggar or a king,
It's what we are that really counts, over everything...

It's the honesty and goodness, woven in a person's heart,
That has the magic power, to set them far apart...

Position may be power, but it doesn't make a man,
It's the little things of living, that compose God's wondrous plan...

Those who practice understanding, fill this life with tenderness,
Yes, the gift of understanding, is a warm and sweet caress...

These are just some of the treasures, that fill this life with cheer,
It's not, who we are, but what we are, that counts most while we're here



WRITTEN & SUBMITTED BY: Fernando Knox

CONCENTRATING ON YOU

There are times when life seems empty, and the stars are gone from view
It is then, my little darling, that I turn my thoughts to you...

In my reverie, I ponder, on the joy you've given me,
Then like magic, trouble vanishes, and the stars again I see...

Thinking of you gives me power, and a purpose to go on,
For a vision of you smiling, is to me, like a brilliant dawn...

In my heart I hold your picture, that no trouble can erase,
A portrait of a love eternal, that I can never replace...

Trust and truth compose the picture, faith and hope also are there,
Qualities of perfect portion, make the picture sweet and fair...

Little is it any wonder, when I'm downhearted and blue,
That I always find the sunshine, when I concentrate on you!!!



WRITTEN & SUBMITTED BY: Fernando Knox

IF I HAVE NOT LOVE

I may be able to speak the languages of men and even of angels, but if
I have not love.....My speech is no more than a noisy gong or a clanging
bell.

I may have the gift of inspired preaching, I may have all knowledge, a
understand all secrets.....I may even have all the faith needed to mov
mountains.

But if I have not love.....I am nothing. I may give away everything I
have, and even give up my body to be burned. But If I have not love,
does me no good.

Love is patient and kind, love is not jealous, or conceited, or proud.
Love is not ill-mannered or selfish nor irritable. Love does not keep
record of wrongs.

Love is not happy with evil, but is happy with the truth. Love never
gives up, and its faith, hope, and patience, never fails.

Love is eternal.....There are inspired messages, but they are temporary
There are gifts of speaking, but they will cease. There is knowledge,
but it will pass. For our gifts of knowledge and inspired messages are
only partial. But when what is perfect comes, then what is partial will
disappear.

When I was a child my speech, feelings and thinking were all those of
child, but now that I am a man.....I have no more use for childish ways
What we see now is like the dim image in a mirror, then we shall see
face to face. What I know now is only partial.....Then it will be com
plete, as complete as God's knowledge of me.

Meanwhile these three remains...Faith, Hope, and Love. And the greatest
of these is LOVE!!!

WRITTEN & SUBMITTED BY: Fernando Knox

"VISIONS OF YOU"

I was conceived in a world
beyond my grasp, beyond my
knowledge. A world for me to be
born in.....and to die.

But what about the "in-between" time?
Can I connect birth, life, and death
into a flowing stream of consciousness?

The only decision that is truly mine
is how I choose to spend my "days,"
hours, and minutes.

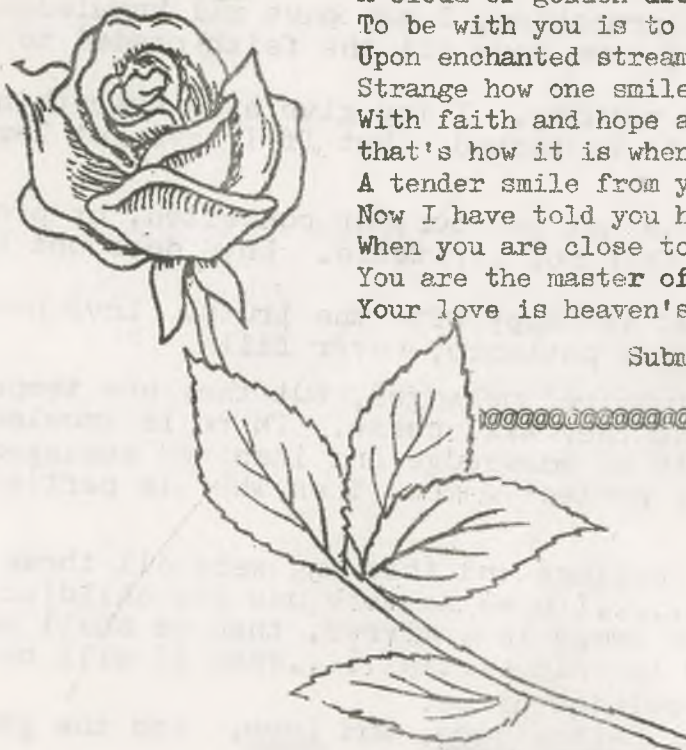
Will I develop my "being" into something
of significance? Will I find contentment
and enjoyment deep within the walls
of my being, or will I wander through
life blindly, unaware of my own purpose?
Will I find this for myself or will I
perish? Only I can decide!


Sometida-Efrain Hernandez #12,826

"YOU ARE CLOSE"

There is no other one but you....
None even half as sweet...
Whenever I am close to you...
My life seems so complete...
What makes me feel the way I do...
What magic things take place...
Whenever I am blessed to see...
The wonder of your face...
It's just as though I drift upon...
A cloud of golden dreams...
To be with you is to set sail...
Upon enchanted streams...
Strange how one smile can light my way...
With faith and hope anew/
that's how it is when I receive...
A tender smile from you...
Now I have told you how I feel...
When you are close to me...
You are the master of my heart...
Your love is heaven's key.

Submitted By: Pedro P. Rivera Arroyo
G-87





CUANDO NACIO MI TRISTEZA

CUANDO NACIO MI TRISTEZA LA CRIÉ con cariño la cuidé con amorosa ternura.

Y mi tristeza creció como todas las cosas vivientes: fuerte y bella y llena de delicias sorprendentes.

Y nos amábamos el uno al otro, mi tristeza y yo, y amábamos al mundo que nos rodeaba, porque la tristeza tenía un corazón bondadoso y el mío era bondadoso con la tristeza.

Y cuando conversábamos, mi tristeza y yo, nuestros días eran alados y nuestras noches estaban enmarcadas de ensueños, porque la tristeza tenía una lengua elocuente, y la mía era elocuente con la tristeza.

Y cuando cantábamos juntos, mi tristeza y yo, nuestros vecinos se sentaban en las ventanas para escuchar, porque nuestras canciones eran tan profundas como el mar, y nuestras melodías estaban llenas de extrañas memoranzas.

Y cuando caminábamos juntos, mi tristeza y yo, la gente nos miraba con ojos tiernos y murmura palabras de inexpresable dulzura, y había quienes nos miraban con envidia, porque la tristeza era una cosa noble y yo estaba orgulloso con la tristeza.

Pero murió mi tristeza, como todas las cosas vivientes, y ya solo, me entregué al estudio y la meditación.

Y ahora, cuando hablo, mis palabras resuenan pesadas en mis oídos.

Y cuando canto, mis vecinos no vienen a escuchar mis canciones.

Y cuando camino por las calles, nadie me mira.

Sólo en mi sueño oigo voces que dicen con pena:

((Mirad, ahí está el hombre cuya tristeza ha muerto)).



Y CUANDO NACIO MI ALEGRIA

Y CUANDO NACIO MI ALEGRÍA, la llevé en mis brazos y subí a lo alto de la casa para gritar:

- Venid, vecinos míos, venid y ved, porque hoy ha nacido mi alegría! Venid y contemplad esta alegre cosa que ríe al Sol!

Pero ninguno de mis vecinos vino a ver mi alegría, y fue grande mi desencanto.

Y todos los días durante siete lunas proclamé mi alegría desde lo alto de mi casa, y nadie me escucho, Y mi alegría y yo nos quedamos solos, sin que nadie nos buscara o nos visitara.

Mi alegría fue empalideciendo y fatigándose, porque ningún otro corazón sino el mío admiraba su belleza y ningunos otros labios sino los míos besaban sus labios.

Después mi alegría se murió de soledad.

Y ahora tan sólo recuerdo mi muerta alegría cuando recuerdo mi tristeza muerta. Pero el recuerdo es una hoja de otoño que murmura por un instante al viento, y luego ya no se le escucha más.

Sometida Por: Billy Figueroa



TE SIGO AMANDO

Te amo me dijistes,
con tus ojos en lágrimas nublados,
yo también te amo! contesté,
pero por mucho tiempo tenemos que
separarnos, bajastes tu frente y
humíldemente me dijistes, adios
amor mío, y yo apenado, con el
corazón herido y mis iluciones
perdidas, te dí mi ultima des-
pedida. Y ya el tiempo se ha cumplido
y han pasado muchos años, y por mas
que trato de olvidarte, más y más te
sigo amando.

Sometida y escrita por: Pedro P.
Rivera



EL PISOTON

Un hombre me ha pisado.
Yo le miro con rabia.
El con resentimiento.

Pero luego he pensado que no fue para odiarnos
para lo que tu has hecho que el y yo nos
cruzáramos.

Sus ojos han llamado a la puerta de mi alma.
Le abriré sonriendo.

Y sonrío.

Y sonrío .

Y con este apretón de manos me nace un nuevo
amigo.

Ah, cuánto te agradezco este encuentro.

Sometida Por: Billy Figueroa.



MI AMIGO

He chocado la mano de mi amigo,
y, de pronto, al ver sus ojos
tristes y angustiados, temí que
no estuvieras en su corazón.
Y me sentí molesto como ante un
sagrario en que no sé si estás.

Oh, Dios, si tú no estuvieras en él,
mi amigo y yo estaríamos lejanos
pues su mano en la mía no sería más
que carne entre carne,
y su corazón para el mío un corazón
de hombre para el hombre.

Yo quiero que tu vida esté en él como
en mí, porque quiero que mi amigo
sea como mi hermano gracias a ti.

Sometido por: Tutty Rios.



El sol brilla para iluminar
nuestro camino, la luna para
dar compañía a las noches de
amor, las estrellas para dar
esperanzas al día de mañana,
seguiremos el camino iluminado,
nos educaremos amorosamente,
en las noches acompañados.

Sometida por: Billy F.



"THE SECRETS OF NATURAL BEAUTY"

Two very common facial masks that you can have on hand at home are the egg white mask and the oatmeal mask. Try beating the egg white into a stiff peak and then applying to the skin. Follow your mask with a rinse of warm, then cool water. The oatmeal, cornmeal, buckwheat flour, whole wheat flour, or almond meal mask can be made by mixing them with any type of milk product such as yogurt, or with warm water. These mixes are nourishing both for your insides as well as outsides.

MASKS FOR DRY SKIN: "EGG YOLK AND HONEY" Take an egg yolk and mix it with some honey, rub all over your face in an upward motion, omitting the eye area, let it dry. Then wipe it off with a soft towel and warm water. This leaves your skin soft and moist.

"WATERMELON AND LEMON MASK"- This is a great summer mask. Cut very thin slices of watermelon, squeeze a lemon over them, then refrigerate till cold. Spread on face and neck, leaving on for 5 minutes.

AVOCADO MASK"- Mash some avocado and any type of milk and apply directly to the face. Lie down for a few minutes and let the avocado nourish the skin. Wipe off the excess with soft tissues and rinse with warm water. Gently massage the oil of the avocado into the skin. This is very good for problem skin.

MASKS FOR OILY SKIN: One of the best ingredients for oily skin is brewer's yeast. You can make a mask by mixing 2 teaspoons brewer's yeast with one teaspoon of ice water, and one teaspoon of witch hazel. Make into a paste, leave on your face for ten minutes. Rinse in warm or cool water.

Another brewer's yeast mask you can try for oily skin is to mix some brewer's yeast with a small amount of lemon juice. Apply to clean dry skin until hardened. Warm water rinsing should follow and apply a light moisturizer. This mask is highly stimulating and it should not be used on delicate or highly sensitive skin. Witch hazel and lemon juice are also very good for oily skin that gets a lot of scars from pimples.

ALOE AND ALMOND MASK FOR ACNE: The aloe plant is very good for the skin. You can purchase the pulp from any health food store. Mix it with some green oil into a nice meal and massage gently into the face with upward motions. Let it stay on the skin about ten minutes and then rinse. A good splash with rosewater would be very rewarding.

HOMEMADE SKIN CREAMS

Try making your own skin creams right at home, and you're sure to find that it is not only easy to do, but also economical.

YOUTH CREAM: Ingredients needed are- one and one half oz. lanolin or coca-butter
4oz. avocado oil
1oz. comfrey tea water

Melt the lanolin or coca-butter in a double enamel pot. Add the oils a little at a time. Cut off the heat and then add the comfrey water. Continue to stir until the cream has cooled. Pour into a jar and cover tightly. This can be stored in the refrigerator.

MOISTURIZING VITAMIN E CREAM

Ingredients needed are- 4oz. olive oil
3 teaspoons beeswax
2 oz. orange water
5000 units Vitamin E
5 drops oil of orange flower or orange peel

Melt the oil and the wax in the top of a double boiler enamel pot. Remove from heat. Add the orange water, and stir thoroughly. Squeeze ten capsules of 500 units of vitamin E into the cream. You can add your own scent. This cream is very moisturizing and emollient.

ROSEWATER CREAM FOR DRY SKIN

Mirror of Your Mind

by JOHN CONWELL

Are vacations only for relaxation?



NO. People get the most benefit from vacations that mean a complete change. Naturally, if a person relaxes all year, he doesn't need a vacation to do the same thing. Nor should people try to get too many "fringe benefits" from a vacation. For instance, if they go off on a trip that is more or less a social obligation to visit relatives or former associates they must keep up with, then they may not enjoy their vacation trip.

Can shame deter a drug addict?

NO; even if a person can still control his drug need, he fears about to let anyone's opinion stop him. Nor will self-castigation keep him from using drugs. As a matter of fact, the drug addict probably started his addiction because he thought everyone had a low opinion of him to begin with. Now, he is going to make sure that his parents, wife (or girl friend), associates etc., will have reason to think of him the way they do.

Is a status-seeker a good husband?

YES, but only if such a man is striving to improve the status of his family to make his wife and children feel more secure and to prevent their being smugly self-satisfied. Yet a man in those circumstances can come a-cropper if he believes his struggle for even those good intentions will excuse him from fully accepting his responsibilities as a responsive husband and the mainstay of his family.

Do jilted men rush into marriage?



SOME do, but apparently more women than men are in a hurry to marry on the rebound. Perhaps jilted women want to prove they can marry despite the breakup which they will never admit was their fault. Then again, it could be that the jilted man wasn't in a hurry to marry in the first place. In the second place, many a man who gets tossed aside by one girl often finds a ready and willing shoulder to cry on without the need to marry so soon.

Can a 'loner' ever become a leader?

YES; but it would have to be under rather dramatic circumstances. In a neighborhood or community emergency, the "loner" might be prevailed upon to apply his special talent or ability to help in the situation. After that he might be regarded as a leader and looked up to for inspiration and direction. The individual would hardly be a loner any more, though. He may have then acquired the confidence he had been missing all along.

Are some child patients too good?

YES; and doctors and nurses are becoming increasingly alert to watch out for young patients who don't "act up" in hospital. The child who expresses his worry and distress over being in a hospital usually gets the attention he craves, of course. Now hospital personnel realize they must also watch the young patient who seems to accept his condition without fuss, to be sure he isn't being torn apart inwardly by fears and anxiety.

Mirror of Your Mind

by JOHN CONWELL

Does 'love insurance' work?



NO; not if love insurance is just another way of saying a man, for instance, keeps one girl "on the string" while he pursues another who he hopes will turn out to be "the real thing." It won't work because such a man is reluctant to commit himself. He is too immature, perhaps, to believe that he could be accepted in love. To protect himself in his dilemma a man may delude himself that he is fully covered by love insurance.

Should chess players be seeded?

YES, just as tennis players are seeded and bowlers and golfers carry handicap ratings. This is done in tournaments, of course. But the ordinary chess player needs protection most of all. He is sitting in a park, say, secure and confident. Suddenly he is challenged to a game by an innocent-looking passerby who happens to be a Bobby Fischer in disguise. A few devastating moves, and the amateur's self-assurance is fragmented.

Must grownups listen to a kid recite?

CERTAINLY, it will take only a little time and patience on their part—but look at what listening to a youngster recite can do for the child. He will develop poise, confidence and a fondness for those who take pains to hear him out. Admittedly, sometimes adults will feel like climbing the wall while hearing a poem for the umpteenth time; but the child will have gained emotional security by the time he is out of his reciting phase.



BASEBALL SCHEDULE

AMERICAN LEAGUE

Friday, September 12
 Milwaukee at Seattle (n)
 Detroit at Cleveland (n)
 Texas at California (n)
 Kansas City at Oakland (n)
 Minnesota at Chicago (n)
 Baltimore at Toronto (n)
 New York at Boston (n)
 Saturday, September 13
 Texas at California (n)
 Minnesota at Chicago (n)
 Kansas City at Oakland
 Milwaukee at Seattle (n)
 Detroit at Cleveland
 Baltimore at Toronto
 New York at Boston
 Sunday, September 14
 Baltimore at Toronto
 New York at Boston
 Milwaukee at Seattle
 Detroit at Cleveland (2)
 Texas at California
 Minnesota at Chicago
 Kansas City at Oakland
 Monday, September 15
 Chicago at Seattle (n)
 Oakland at Texas (n)
 (Only games scheduled)
 Tuesday, September 16
 Chicago at Seattle (n)
 Detroit at Baltimore (n)
 Cleveland at Boston (n)
 Toronto at New York (n)
 Oakland at Texas (n)
 Minnesota at Milwaukee (n)
 Wednesday, September 17
 Chicago at Seattle (n)
 Detroit at Baltimore (n)
 Cleveland at Boston (n)
 Toronto at New York (n)
 Oakland at Texas (n)
 California at Kansas City (n)
 Minnesota at Milwaukee (n)

Thursday, September 18
 Chicago at Seattle (n)
 Detroit at Baltimore (n)
 Cleveland at Boston (n)
 Toronto at New York (n)
 Oakland at Texas (n)
 California at Kansas City (n)
 Minnesota at Milwaukee (n)

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 NATIONAL LEAGUE

Friday, September 12
 Chicago at New York (n)
 Pittsburgh at Montreal (n)
 St. Louis at Philadelphia (n)
 Los Angeles at Cincinnati (n)
 San Diego at Atlanta (n)
 San Francisco at Houston (n)
 Saturday, September 13
 Chicago at New York
 Pittsburgh at Montreal
 St. Louis at Philadelphia (n)
 Los Angeles at Cincinnati (n)
 San Diego at Atlanta (n)
 San Francisco at Houston (n)
 Sunday, September 14
 Chicago at New York
 Pittsburgh at Montreal
 St. Louis at Philadelphia
 Los Angeles at Cincinnati
 San Diego at Atlanta
 San Francisco at Houston (n)
 Monday, September 15
 St. Louis at Chicago
 Los Angeles at Atlanta (n)
 San Diego at Houston (n)
 San Francisco at Cincinnati (n)
 Tuesday, September 16
 Montreal at New York (n)
 Philadelphia at Pittsburgh (n)
 St. Louis at Chicago
 Los Angeles at Atlanta (n)
 San Diego at Houston (n)
 San Francisco at Cincinnati
 Wednesday, September 17
 Montreal at New York (n)
 Philadelphia at Pittsburgh (n)
 St. Louis at Chicago
 Atlanta at San Francisco (n)
 Houston at Cincinnati (n)
 San Diego at Los Angeles (n)
 Thursday, September 18
 Atlanta at San Francisco
 Houston at Cincinnati
 San Diego at Los Angeles (n)

***** THE TRAP PROGRAM *****

IF YOU ARE INTERESTED IN:

- 1. A guaranteed parole release date.
- 2. A guaranteed Community release, where possible.
- 3. A seven day job assignment and good time credit.
- 4. Behavior studies classes (which can be applied for college credits.)

AND YOU:

- 1. Have a drug abuse history
- 2. Are within 6-18 month of your release date.
- 3. Do not have (2) parole violations or a felony conviction while on parole.
- 4. Have no pattern of sexual offenses, violent or assualtive behavior, Escapes or serious psychological problems.

THEN YOU MAY MEET THE TRAP PROGRAM ADMISSION CRITERIOR.

Those inmates that have had misconduct reports or unsatisfactory work reports within the past (4) month will not normally be considered for admission into the trap program, but check and be sure.

Don't rule yourself out. If you are interested, contact addiction services today and find out for sure. Send a request to Guy Prairie and tell him you want more information about the Trap Program.

HE WILL CONTACT YOU.

ATTENTION:

AS WE KNOW, DEATH IS SUCH A PAINFUL INGREDIENT OF LIFE: BUT THE SYMPATHIES AND CONDOLENCES. ARE ALWAYS APPRECIATED BY THE FAMILY MEMBERS OF THE DECEASED.

THE HICKS FAMILY, HAS IN THEIR GESTURE OF APPRECIATION AND THANKS, SENT A CARD TO ALL THE MEN IN THIS INSTITUTION WHO SENT THEIR CONDOLENCES TO THE FAMILY.

IT IS NOT POSSIBLE TO REPRODUCE THE CARD, AND TO THANK EACH MAN INDIVIDUALLY, SO, HERE IS WHAT THE CARD SAYS: AND TO EACH MAN, LET THIS BE AN INDIVIDUAL AND SINCERE THANK-YOU.

"YOUR KINDNESS AND SYMPATHY ARE MORE DEEPLY APPRECIATED THAN ANY WORDS OF THANKS CAN EVER EXPRESS."

THANK YOU ALL! FROM THE HICKS FAMILY.



W E T S O R F A M R E P G
 C R E I S L E D U W R N J
 A R M I K E L G G E I S H
 N R T A S E G N S M V L F
 A A C I I E I N M U E U D
 D E S H D N I E S U R Y E
 A B S N I A L P S T S S K
 I R N M T P F A R K E L I
 D A D N T O E A N K I S D
 E L U N X I D L A D R M N
 L O O S U I S L A N D S O
 M P E C N T I S E G R U L
 A S I G E S T S E R O F K

G J U N R O H R E T T A M
 T H Z L J A V S G J S C A
 M H B F I E A F P K E V R
 B G U G D M P L C L K H B
 L P E N H O M O H F A C L
 A U H N E E N A R E L I E
 N G C G E S T I T U J R N
 G V L E T V E I C F E U O
 U J G A R V A N N I K Z H
 A E N K R N G V R A T J R
 G C D Z G U E G Z E R H K
 E D G T V J S C F H B G C
 S R E I C A L G V T U K M

WORD FUN

**YUKON AND
NORTHWEST
TERRITORIES**

Arctic ARCHIPELAGO

- | | |
|-------------|-----------------|
| CANADA | MAINLAND |
| COLD | MINING |
| ESKIMO | MOUNTAINS |
| FORESTS | PERMAFROST |
| Arctic FOX | PLAINS |
| FUR TRADING | POLAR BEAR |
| ISLANDS | RIVERS |
| KLONDIKE | RUGGED |
| LAKES | Canadian SHIELD |
| LEMMING | TUNDRA |
| | WILD |

WORD FUN

**A VISIT TO
SWITZERLAND**

- | | |
|-------------------|---------------|
| AAR River | LIMMAT River |
| ALPS | Lake LUCERNE |
| BERN | MARBLE |
| Lake
CONSTANCE | MATTERHORN |
| EUROPE | RHAETIAN Alps |
| Lake GENEVA | RHONE River |
| GLACIERS | TICINO River |
| GLARUS Alps | Lake THUN |
| GRANITE | ZURICH |
| LAKES | |
| Four LANGUAGES | |

MOVIES

JOSEPH WAMBAUGH HAS DONE IT AGAIN... AND THE CRITICS TOAST "THE BLACK MARBLE!"



"THE BLACK MARBLE" confirms Wambaugh and director Harold Becker as one of the most interesting creative teams in American movies. The acting is remarkably enjoyable...a breakthrough for Foxworth. Paula Prentiss is enormously appealing." — Jack Kroll, Newsweek



"The most unlikely crime-stoppers since Nick and Nora Charles in the old Thin Man movies, and just as much fun to watch." — NBC Radio



"A highly personal, eccentric, off-beat story. Valnikov is wonderfully played by a subtle and convincing Robert Foxworth." — Rona Barrett, ABC-TV



"A delightfully twisted, bizarre comedy...funny, charming and unusual. Robert Foxworth is wonderful. It would be pretty hard not to enjoy THE BLACK MARBLE." — Roger Ebert, Chicago Sun-Times



"One of the niftiest romantic comedies of 1980. Paula Prentiss and Robert Foxworth are both just dandy." — Bruce Williamson, Playboy



"Two of the most appealing characters to be seen in any contemporary movie. Foxworth is excellent and Miss Prentiss is a model of sweetly furious desperation. They are very good company." — Vincent Canby, New York Times



JOSEPH WAMBAUGH'S THE BLACK MARBLE

Starring ROBERT FOXWORTH PAULA PRENTISS HARRY DEAN STANTON

Director of Photography OWEN ROIZMAN, A.S.C. Music by MAURICE JARRE

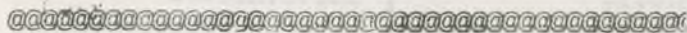
Produced by FRANK CAPRA, JR. Directed by HAROLD BECKER

Screenplay by JOSEPH WAMBAUGH From His Best Selling Novel

A BLACK MARBLE PRODUCTION

AMCO EMBASSY PICTURES PRESENTS

NIGHT GAMES----- (R)-----100 MINS



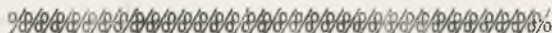
SORY NO INFORMATION AVAILABLE



COMING ATTRACTIONS

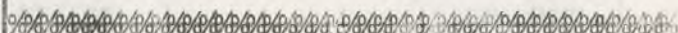
THE HUMAN FACTOR

(R)-----115 MINS



LADY IN RED

(R)----- 93 MINS



SPRING AND SUMMER (CYCLE #3 (1980))

USE WEEKS OF: 30 MARCH, 27 APRIL, 25 MAY, 22 JUNE, 20 JULY, 17 AUGUST, 1980

	BREAKFAST	DINNER	SUPPER
S U N	PINEAPPLE JUICE HOT AND COLD CEREAL MUFFINS JELLY MILK AND COFFEE B.O.S.	ROAST BEEF NATURAL BROWN GRAVY MASHED POTATOES BUTTERED PEAS ICE CREAM B.O.S.M.C.T.	CHILI CON CARNE BOILED RICE TOSSED SALAD/OIL/VIG. CORN BREAD PEAR HALVES B.O.S.M.C.T.
M O N	ORANGE JUICE COLD CEREAL FRIED EGGS TOAST MILK AND COFFEE B.O.S.	HOT DOGS BAKED BEANS SAUERKRAUT MUSTARD AND CATSUP PASTRY/CAKE B.O.S.M.C.T.	HAMBURG STEAK 5oz. NATURAL GRAVY OVEN BROWN POTATOES GREEN BEANS FRUIT JELLO B.O.S.M.C.T.
T U E S	GRAPEFRUIT SECTIONS HOT AND COLD CEREAL COFFEE CAKE MILK AND COFFEE B.O.S.	BAKED CHICKEN GRAVY MASHED POTATOES BUTTERED CORN VANILLA PUDDING B.O.S.M.C.T.	*BAKED BOLOGNA/MUSTARD HASH BROWN POTATOES BUTTERED LIMA BEANS CHILLED PEACHES MILK AND COFFEE B.O.S.M.C.T.
W E D	BLENDED JUICE COLD CEREAL PANCAKES MAPLE SYRUP MILK AND COFFEE B.O.S.	FRIED FISH TARTAR SAUCE BOILED POTATOES PEAS AND CARROTS ICE CREAM B.O.S.M.C.T.	VEAL CUTLET GRAVY MASHED POTATOES FRESH CARROTS CHOCOLATE PUDDING B.O.S.M.C.T.
T H U R S	A BANANA HOT AND COLD CEREAL COFFEE CAKE MILK AND COFFEE B.O.S.	*SAUSAGE/SPAGHETTI TOMATO SAUCE/GRATED CH. LETTUCE AND TOMATO SALAD OIL AND VINEGAR ICE CREAM B.O.S.M.C.T.	MEATLOAF NATURAL GRAVY MASHED POTATOES MIXED VEGETABLES APPLE PIE B.O.S.M.C.T.
F R I	TOMATO JUICE COLD CEREAL SCRAMBLED EGGS TOAST MILK AND COFFEE B.O.S.	BEEF CHOW MEIN STEAMED RICE COLE SLAW SOY SAUCE PASTRY/CAKE B.O.S.M.C.T.	FRIED FISH TARTAR SAUCE BOILED POTATOES WAXED BEANS ICE CREAM B.O.S.M.C.T.
S A T	FRESH FRUIT HOT AND COLD CEREAL MUFFINS JELLY MILK AND COFFEE B.O.S.	EGG SALAD OR OMELETTE POTATOE SALAD GREEN BEAN SALAD PINEAPPLE CHUNKS MILK AND COFFEE B.O.S.T.	CHEESE WHOPPER 5oz FRENCH FRIED POTATOES HOT BUTTERED PEAS CATSUP FRUIT COCKTAIL B.O.S.M.C.T.

(*) ASTERICK INDICATES A PORK OR PORK PRODUCT.

MENU SUBJECT TO CHANGE WITHOUT NOTICE

BREAD, OIL, SUGAR, MILK, COFFEE OR TEA WITH EVERY MEAL