

# STATE OF CONNECTICUT

## DEPARTMENT OF CORRECTION



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## CONNECTICUT CORRECTIONAL INSTITUTION ENFIELD .

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The NEW VIEW is a weekly publication printed by the inmates of the Conn. Correctional Institution of Enfield, 2... XXXXX under the supervision of the adminis- 3... Content Page tration.

Any opinions here-in are the sentiments of the Contributors and should
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#### LIBRARY NOTICE:

Quiero recordarles que la venta de libros se llebara a cabo el día 19 y 20 de Marzo del año 1981. Los siguientes son algunos de los libros en español los cales se encuentran en la venta. Vanidades, Horoscopo 1987. Boxing Digest en español, Vea, Guantes, Estrellas, Luz, Bellitas, Escuela de Modelos, Fotonovela, Alerta, y alle de lágrimas.

REMEMBER THE BOOK FAIR IS ONL TWO WEEKS AWAY.

Mr. Paul Carnes (Librarian) 

Advertising for openings on Agriculture #2:

WANTED: Five men for "ay detail and other related duties. Starting pay, 20 certs an hour to 50 cents an hour. Send request to Mr. Jentworth, C/o Agriculture Dept. No later than March 16, 1981.

o F.R. Wentworth 

THINK ABOUT YOUR FUTURE GED CLASSES

The school has openings in the Ged Program. We are starting a new semester and it is a good time to start studing for the GED test that is given in the Spring. EDUCATION IS THE KEY

PIENSE ACERCA DE SU FUTURO

Clases del GED

En la escuela exist a aperturas en el programa del GED. Nosotros estamos em esando un nuevo semestre y es un buen tiempo para empesar estudiar para el examen de Escuela Superior el cual se le sera ofecido en la primavera. (EUCACIÓN ES LA LLAVE

Mr. A. Harris (Education Coordinator 

COMMISSARY NOTICE:

Who goes first??? Group 6 then, 7,1,2,3,4 forget that all money order to be sent ou ust be in the Commissary by Tuesday noon.

你是张兴兴兴兴的安全的女子的女子的女子的女子的父子的父子的女子的女子的女子的女子的女子的女子的女子的女子

Mr. Gibeau (Comm. Supv)



#### YOURS STARS and THEIR INFLUENCES

The perpendicular line above the horizon, marking of one quadrant of the circle, represents the zenith or meridian occupied by the Sun at noon. Now, between these two points, the horizon and the meridian, we have two angular lines which divide the quadrant of 90 degrees into three parts containing 30 degrees each. These are the three southeastern Houses which mark off the angular changes of Solar and Astral influx between sunrise and noon. The horizontal line opposite to and parallel with the line of the horizon shows the point of the Heavens which is occupied by the Sun at sunset. The two angular lines between it and the meridian indicate the changes of terrestrial and celestial conditions between noon and sunset. Thus, the Sun, Stars, and Planets which make the transit of the diurnal are of six Houses. During this time every conceivable change of polarity is possible under the Solar influx and may be manifested upon the Earth. The same holds true for the six nocturnal Houses. The earth is divided into positive and negative halves which are continually changing from one to the other; the half under the Sun's rays is always positive; that portion under the shades of dark is negative. Day and night then, like the Sun and Moon, are the polar opposites of each other, and so are the individuals born under the two conditions. From the foregoing it will be seen that any individuals born during the course of a single day and at different times will differ widely in their physical temperament and mental bias. Also, they will differ widely in their fortunes and destiny. Herein we see the grand basic principles of this Science which accounts, in a most philosophical manner, for the wonderful diversity of all human beings. Scarcely any two are alike either in Mind, form, or feature, because no two are born at exactly the same moment of time under exactly the same position of the Heavens. Suppose one hundred children in different parts of the world were born at the same precise moment in time; the difference in latitude and longitude of their respective birthplaces would render no two alike. The reader has only to bear in mind that it is sunrise, noon, sunset, and midnight every moment at some point on the earth.

The secondary causes which regulate and modify the Astral and planetary influx are the apparent motions of the Sun, Moon, and Planets in their orbits. It is the real motion of a Planet which affects our inhabitants. When our Earth is situated so as to appear to an observer, were he on the Sun, to be moving through Cancer, the Sun appears, to the inhabitants on Earth, to be passing through the opposite sign, Capricorn. So far as the Earth is concerned, it really is, because the Solar center stands between the Earth and the Sun. The Solar influx is impregnated with the magnetic qualities of Capricorn with which it permeates the Earth. When we speak of the influence of the Sun in Capricorn or any other Sign, though only an Astronomical appearance, we mean exactly what

we say.

Further, when the Earth by its progressive motion moves faster or slower in a different direction from the other Planets, it causes them to become alternately stationary, direct in motion, or retrograde. We know these are purely appearances, so far as the Planets themselves are concerned, but their influx is just the same on Earth as if it were a reality. The real movements of our Earth place them in those positions in reference to the apparent position of the Sun. The various angular distances so formed, termed aspects, are so potent in their magnetic effects that sometimes the whole good or evil influx of a given Planet is completely polarized. Always these aspects are found to constitute some very important factors in the native's Horoscope.

From the foregoing statement of Astral principles and in order to proper-

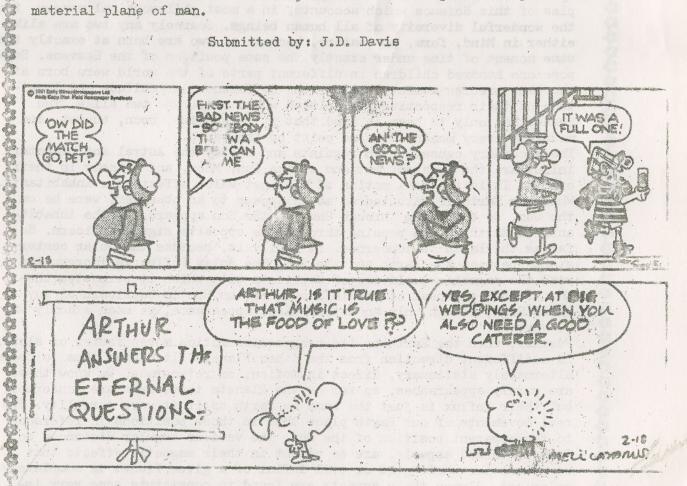
Continued ...

ly gauge and apply the actual influences in operation at a person's nativ ity, two primary considerations are necessary: the time and place of a person's physical birth. Without these nothing reliable can be scientifically determined. And any system of Astral, planetary, or Solar influen ces which pretends to determine the celestial influences upon man and . ignores these essential elements is naturally only partially correct. Ancient astrology is not, as so many seem to think, "an exploded science, " and, further, we wish to point out that many superficially learned individuals think the old geocentric system of Claudius Ptolemy was the only foundation upon which the Ancient Astrology rested. When the present Copernican system overturned the Ptolemaic theory of a primum mobile, the Astrology of the ancients was not buried amid the ruins. Such superficial minds are in sad need of a little True Light! The observed effects of cer tain positions of the heavens, be they apparent or real, is the only foundation of judicial Astrology.

It was upon the continous observation of ages that the old Chaldean sages formulated their wonderful Science of the Stars. The eclipses of the Sun and Moon, conjunctions of the Planets, and the exact length of the Solar year were all correctl computed ages before the days of Abraham. In reality, it makes litt difference to astrology whether the Earth moves about the Sun or the Som about the Earth. Astrology rests upon the abso-

lute fact that one of em does indeed move. So far as the physical organism of man is concerned, the Planet of birth is its center and the focuse of all the celestial influences; hence, the Earth and its motions are the only ones of vital importance upon the material plane of man.

Submitted by: J.D. Davis





There are some foods that can be expected to induce and stimulate the flow of talk at any get-together.

While there are many other means of communication between people, talksremains the most frequently employed and is often a source of great pleasure People get off on talk and when there is good, satisfying conversation, they have a sense of well-being. As psychologists and psychiatrists of our day have discovered, talk itself can have cathartic effects.

But often when people come together in unfamiliar surroundings with people they do not know well, they feel inhibited and there is a dearth of talk. The silence weighs heavily, and nothing makes a host or hostess feel worse than seeing his or her guests mute. The central nervous system basis for such inhibition probably relates to some ancient survival advantage—a state of vigilance among strangers—which no longer is as relevant today. In Beyond the Pleasure Principle, Freud wrote of a "protective shield" of the more advanced areas of the brain that serves to limit extraneous stimuli. Such a shield or state of vigilance is a barrier to relaxation and social interaction.

The chemical action of foods can help stimulate talk as well as provide the comfort that comes from breaking bread." There are two major types of foods that stimulate talk-slight depressants which dull inhibitions (e.g., alcohol); and stimulants (e.g., coffee). If we think of the "shield" as being an outer shell, the shell can be weakened by diminishing it or by overriding it from inside.

Start with cheese. Aged cheese contains tyramine, a central nervous system stimulant with properties similar to those of amphetamine (known to produce garrulous and even nonstop talking) and cocaine. Aged Cheddar, Brie, bleu cheese, and Stilton are all good choices. Avoid processed cheese spreads since they may not be aged at all.

Pickled herring is another good choice, and chicken livers, while less effective, share this talk-inducing property. The effect can be found with any food that has the amino acid tyrosine which changes to tyramine during aging, fermentation, pickling, etc.

Wine has been long known to relax people. Most red wines have greater tranquilizing effects than white wines. With strong cheese red wines (except Chianti) tend to soften the edges produced by the nervous system stimulation. On the other hand, if aged cheese and not served, a wine with some stimulant properties of its own can be effective. Such wines as Chianti and sangria are good. Another choice is a good champagne. Beer has mixed effects.

Coca-Cola was perhaps one of the most effective social drinks. During the late 1800s and early 1900s, its combination of cocaine, alkaloids of the kola nut (predominantly caffeine), and other flavorings and sugar made it a chemically powerful mixture. A decade or two before the introduction of Coca-Cola, vin mariani was a much praised mixture of wine and cocaine.

#### Coffee-The Talk Food of Our Time

Coffee was considered to be a gift of the gods to the Arabs and the Persians. There are as many different tales about its discovery as there are types of coffees.

One tale is that it was found by an Abyssinian goatherd named Kaldi who noticed his flock was friskier after eating the fruit of a glossy tree. He tried some and felt a rush of energy. A passing monk saw him cavorting with his flock, asked the reason, and then brought some beans back to his monastery where they were used by the monks in order to stay awake all night to say prayers.

A Christian story says that the Archangel Gabriel brought the fruit to

Continued ...

earth. A Sufi legend has it that a banished dervish named Omar was weak from exhaustion, found the coffee bean, and took it, at which time his energy returned. Bringing this miracle food back o his people he was once again accepted.

Regardless, it is clear that once coffee was intro ed it caught on rapidly. By the sixteenth and seventeenth centur any coffeehouses for meetings and camaraderie had been established. 'n Colonial America, the first coffeehouse as opened about 1670 in Bos by one Dorothy Jones, who applied for a license to sell "coffee and Chuchaletto." It rapidly became a household staple in the seventeenth century in Turkey, where a wife could gair a divorce on the grounds that she was denied her fair share of the coffee.

The French historian 1 chelet said in 1789 that the French Revolution could be traced in par to the changes in people's habits and temperaments owing to widespread drinking of coffee. Of further historical interest is that coffee drinking increased after the celebrated dumping of tea in the Boston harbor in 1773. Coffeehouses became the meeting places where the American Revolution was plotted. Growing temperance pressures directed attention toward coffee, and more than one hundred years later prohibition gave coffee a powerful push into prominence. Like every other drug or food with a strong effect the history of coffee includes its being banned initially. Even in Mecca it was banned for a time in the sixteenth century, but the sul n liked the beverage and reinstated it. In the seventeenth century the Church tried to ban coffee, but the Pope, the final arbiter, was a coffee drinker. Soon after, cappuccino was invented as a "remedy" against plague.

Through all the controversies, coffee power has been recognized. In 1825, Brillat-Savarin systallized this recognition when he said, " Coffee is a more powerful liquor than commonly believed. A man of sound constitution may drink two bottles of wine per day, and live long; the same man would not so long sustain a like quantity of coffee; he would become imbecile or die of consumption."

Now coffee is the most popular beverage in the wold. There is active trading of over six billion pounds of it yearly.

As with every plant growing from different seeds iffering climatic conditions, there is a multiplicity of coffees con ning varying amounts of caffeine and other alkaloids. For examp. usually has a higher coffeine content than Colombi or Central Ameri-

Brazilian coffee can coffee. Coffee ta cers use words that express composition differences such as "body" (thickness), "aroma" (amount and type of volatile chemicals), and "acidity" (measured by sharpness of bitterness or sour-

ness of taste). While chocolate has go ned a reputation as a sexual stimulator and tea is promoted as a drink to aid contemplation, coffee seems to be primarily involved with social gatherings where talk and communication is much valued. However, temperance organizations sometimes campaigned against coffee as well as alcohol-and included statements about its aphrodisiac qualities in their literature.

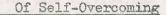
Submitted by: J.D. Davis

Written by: George Schwartz, M.D.

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#### NIETZSCHE

#### THUS SPOKE ZARATHUSTRA





What urges you on and arouses your ardour, you wisest of men, do you call it "will to truth"?

Will to the conceivability of all being: that is what I call your will! You first want to make all being conceivable: for, with a healthy mistrust, you doubt whether it is in fact conceivable.

But it must bend and accommodate itself to you! Thus will your will have it. It must become smooth and subject to the mind as the mind's mirror and reflection.

That is your entire will, you wisest men; it is a vill to power; and that is so even when you talk of good and evil and of the assessment of values.

You want to create the world before which you can kneel: this is your ultimate hope and intoxication.

The ignorant, to be sure, the people-they are like a river down which a boat swims: and in the boat, solemn and disguised, sit the assessment of value.

You put your will and your values upon the river of becoming; what the people believe to be good and evil betrays to me an ancient will to power.

It was you, wisest men, who put such passengers in this boat and gave them splendour and proud names - you and your ruling will!

Now the river bears your boat along: it has to bear it. It is of small account if the breaking wave foams and angrily opposes its keel!

It is not the river that is your danger and the end your good and evil, you wisest men, it is that will itself, the will itself, the unexhausted, procreating life-will.

But that you may understand my teaching about good evel, I shall relate to you my teaching about life and about the nature of all living creatures.

I have followed the living creature, I have followed the greatest and the smallest paths, that I might understand its nature. I caught its glance in a hundredfold mirror when its mouth was closed, that its eye might speak to me. And its eye did speak to me.

But wherever I found living creatures, there too I heard the language of

obedience. All living creatures are obeying creatures.

And this is the second thing: he who cannot obey himsel

And this is the second thing: he who cannot obey himself will be commanded. That is the nature of living creatures.

But this is the third thing I heard: that commanding is more difficult than obeying. And not only because the commander bears the burden of all who obey, and that this burden can easily crush him.

In all commanding there appeared to me to be an experiment and a risk: and the living creature always risks himself when he commands.

Yes, even when he commands himself: then also must be make amends for his commanding. He must become judge and avenger and victim of his own law. How has this come about? thus I ask myself. What persuades the living creature to obey and to command and to practise obedience even in commanding?

Listen now to my teaching, you wisest men! Test in earnest whether I have crept into the heart of life itself and down to the roots of its heart! Where I found a living creature, there I found will to power; and even in the will of the servant I found the will to be raster.

The will of the weaker provades it to serve the stronger; its will wants to be master over those weaker still: this delight alone it is unwilling to forgo.

And as the lesser surrenders to the greater, that it may have delight and

power over the least of all, so the greatest, too, surrenders and for the sake of power stakes-life.

The devotion of the greatest is to encounter risk and danger and play dice for death.

And where sacrifice and service and loving glances are, there too is will to be master. There the weaker steals by secret paths into the castle and even into the heart of the more powerful - and steals the power.

And life itself told me this secret: "Behold," it sid, "I am that which must overcome itself again and again.

"To be sure, you call it will to procreate or impulse towards a goal, towards the higher, more distant, more manifold: but all this is one and one secret.

"I would rather perish than renounce this one thing; and truly, where there is perishing and the falling of leaves, behold, there life sacrifices itself - for the sake of power!

"That I have to be struggle and becoming and goal and conflict of goals: ah, he who divines my will surely divines, too, along what crooked paths it has to go!

"Whatever I create and however much I love it-soon I have to oppose it and my love: thus will my will have it.

"And you too, enlightened man, are only a path and detstep of my will: truly, my will to power walks with the feet of your till to truth! "He who shot the doctrine of "will to existence" at both certainly did not hit the truth: this will-does not exist!

"For what does not exist cannot will; but that which is in existence, how could it still want to come into existence?

"Only where life is, the e is also will: not will to life, but-so I teach you-will to power!

"The living creature values many things higher than life itself; yet out of this evaluation itself speaks-the will to power!

Thus life once taught me: and with this teaching do I solve the riddle of your hearts, you wisest men.

Truly, I say to you: Unchanging good and evil does not exist! From out of themselves they must overcome themselves again and again.

You exert power with your values and doctrines of good and evil, you assessors of values; and this is your hidden love and the glittering, trembling, and overflowing of your souls.

But a mightier power and a new overcoming grow from out your values: egg and egg-shell break against them.

And he who has to be a creator in good and evil, truly, has first to be a destroyer and break values.

Thus the greatest evil clongs with the greatest good: this however, is the creative good.

Let us speak of this, you wisest men, even if it is a bad thing. To be silent is worse; all suppressed truths become poisonous.

And let everything that can break upon our truths - break! There is many a house still to build!

Submitted by: J.D. vis
Taken from the book: Thus Spoke Zarathustra: by Nietzche

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BEAUTY IS NOT BOUND

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Give beauty all her right! She's not to one form tied; Each shape yields fair delight Where her perfections bide: Helen, I grant, might pleasing be, And Rosamond was as Sweet as she.

Some the quick eye commends, Some swelling lips and red; Pale looks have many friends, Through sacred sweetness bred: Meadows have flowers that pleasures move, Though roses are the flowers of love.

Free beauty is not bound To one unmoved clime.

She visits every ground And favors every time.

Let the old loves with mine compare; My sovereign is as sweet and fair

THOMAS CAMPION

THE EFFECT OF LOVE

Other beauties others move; In you I all graces find.
Such is the effect of ove, To make them happy that are kind.

Sweet, afford me then your sight That, surveying all your looks, Endless volumes I may write And fill the world with envied books,

Which, when after-ages view, All shall wonder and despair: Women to find a man so true, Or men a woman half so fair.

THOMAS CAMPION

#### SUCH SWEET NEGLECT

As you were going to a feast:
Still to be powdered, still perfumed:
Lady, it is to be presumed,
Though art's hid cause are not found,
All is not sweet, all as not sound.
Give me a look, give me a face
That makes simplicity a grace;
Robes loosely flowing, hair as free:
Such sweet neglect more taketh me,
Than all the adulteries of art,
That strike mine eyes, but not my heart.

BEN ON

SOMEONE CARES

Whether together or miles apart, That someone hopes the Friendship will never part.

And its all because that someone cares what happens to you,
And that someone is me!

But I say not at a

NANCY MARROTTE

SUBMITTED BY: BOB RAWLINGS

THE CHILDREN'S HOUR

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Between the dark and the daylight, When the night is beginning to lower,

Comes a pause in the dat's occupations, That is known as the Children's Hour:

I hear in the champer above me the patter of little feet,
The sound of a door that is opened, And voices soft and sweet.
From my study I see in the Lamplight, Descending the broad hall stair,

Grave Alice, and laughing Allegra, And Edith with golden hair.

A whisper, and then a silence: Yet I know by their merry eyes
They are plotting and planning together to take me by surprise.

A sudden rush from the stairway, A sudden raid from the hall!

By three doors left unguarded They enter my o stle wall!

They climb up into my turret O'er the arms back of my chair;

If I try to escape, they surround me; They seem to be everywhere.

They almost devour me with kisses, Their arms about me entwine,

Till I think of the Bishop of Binger In his Mouse-Tower on
the Rhine!

Do you think, O blue eyed banditti, Because you have scaled the wall.

Such an old mustache as I am is not a match for you all!

I have you fast in my fortress, And will not let you depart,

But put you down into the dungeon In the round-tower of my heart.

And there will I keep you forever, Yes, forever and a day,

Till the walls shall crumble to ruin, And moulder in dust away!

#### HENRY WADSWORTH LONGFELLOW

KISSIN'

Some say kissin's a on, But I say not at a';
For it's been in the warld Ever since there were twa.

If it were na lawful, Lawyers wad na 'low it;

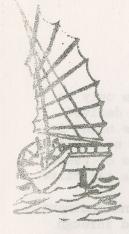
If it were na holy, Ministers wad no do it.

If it were na decent, Maidens wad na let it. If it were na plenty Poor folk could na get

ONYMOUS

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#### " FILOSOFIA DE UN CONFINADO "

No se el tiempo que paso en esta sepultura, si la-fuera no la cura, el asunto va con pausa; tienen la preza segura y dejan dormir la causa - el preso ignora de que
lado se inclina la balanza, pero es tanta la
tardanza, que yo les digo por mí, que el hombre



que entra aquí, deja afuera a esperanza. No es en grillos ni en cadenas en lo que usted penará, sino en una soledad y en un silencio profundo, que parece que en el mundo es el único que está. Vierten lágrimas mis ojos, pero mí pena no alivia, y en esta constante vida - sin un momento de alma, contemplo con ojos del alma, felicidades que envidio.

Lo sufro yo y no lo creo, que tal vez en el pulga co, las almas hagan mas ruido, el día no tiene sol, la noche no tiene estrel co; sin que me valgan querellas, encerrado me purifican - y mis lágrimas salpican en las paredes aquellas, pero imploro a cuantos ignoran el rigor de todas estas penas, yo, que sufro en cadenas del destino y sin clemencia, le aconsejo en experiencia, dele mal en cabeza ajena. Adentro de todo hombre nace una revolución, metido en está prisión de tanto no mirar nada, le nace y le queda grabada la idea de la perfección. Viene primero el furor y después la melancolía, yo en mí encierro todo el día, buscando paz y consuelo, voy regando este suelo con lágrimas del alma mía. De furor el corazón se me quiere reventar, pero no sin aguantar, aunque el sociego no alcanze, dichozo en tan duro trance aquel que sabe rezar; que diriga a Dios una plegaria, el que sabe una oración metido en esta pr sión vive olvidado del mundo, y el dolor es más profundo cuando no haya compressión.

En mi madre yo pensaba en un triste atardecer, y no pude comprender lo que me pasaba a mi, porque si todo lo tuve y todo lo heche o perder, solo espero rehacer mi vida que dichosa ué, y por estúpido tiré por falsas y rápidas pasiones, desde hoy en adelante viviré en distintas condiciones. Ya con esta me despido, todos me han de perdonar, ninguno debe olvidar la historia de un confinado, quien ha vivido encerrado - poco tiene que cont r.



Sometic

José Vallez

# WITH THE NAME ALLAH (GOD) THE BENEFICIENT, THE MERCIFUL ISLAM THE RELIGION: #23

#### THE CONCEPT OF PEACE

To appreciate how Islam approaches the question of peace, one has only to consider a few elementary facts about Islam. Peace and Islam are derived from the same root and may be considered synonymous. One of God's names is Peace. The concluding words of the daily prayers of every Muslim are words of peace. The daily salutations among the Muslims are expressions of peace. The greeting of the Muslims when they return to God is peace. The adjective "Muslim" means, in a sense, peaceful.

Heaven in Islam is the abode of peace. This is how fundamental and dominant the theme of peace is in Islam. The individual who approaches God through Islam cannot fail to be at peace with God, with himself, and with his

fellow men.

Taking all these values together, putting man in his proper place in the cosmos, and viewing life in the Islamic perspective, men of good faith and principles cannot fail to make our world a better world, to remain in human dignity, to achieve equality, to enjoy universal brotherhood, and to build a lasting peace.

By: Qa'lam Hujurat Shabazz
Submitted by: Lawrence Sistru
Aerican Muslim Mission Congrection
C.C.I. Enfield

WITH THE NAME ALLAH (GOD) THE BENEFICIENT, THE MERCIFUL ISLAM THE RELIGION: #24

THE CONCEPT OF MORALITY

The concept of morality in Islam centers around certain basic beliefs and principles. Among these are the following: (1) God is the Creator and Source of all goodness, truth and beauty. (2) Man is a responsible, dignified, and honorable agent of his Creator. (3) God has put everything in the heavens and the earth in the service of mankind. (4) By His Mercy and Wisdom, God does not expect the impossible from man or hold him accountable for anything beyond his power. Nor does God forbi man to enjoy the good things of life. (5) Moderation, practicality, and balance are the guarantees of high integrity and sound morality. (6) All things are permissible in principle except what is singled out as obligatory, which must be observed, and what is simpled out as forbidden, which must be avoided. (7) Man's ultimate responsibility is to God and his highest goal is the pleasure of his Creator. The dimensions of morality in Islam are numerous, far-reaching, and comprehensive. The Islamic morals deal with the relationship between man and God, man and his fellow men, man and the other element s and creatures of the universe, man and his innermost self. The Muslim has to guard his external behavior and his manifest deeds, his words and his thoughts, his feelings and intention. In a general sense, his role is to champion what is right and fight when is wrong, seek what is true and abandon what is false, cherish what is he ful and wholesome and avoid what is indecent. Truth and virtue are his . Humbleness and simplicity, courtesy and compassion, are his secon ature. To him, arrogance and vanity, hars less and indifference, are asteful, offensive, and displeasing to Gou.

Continued...next week -/4-

PROGRAM FOR SUBSTANCE ABUSERS (P.S.A.)

The T.R.A.P. Program is changing to include those of you who may not have been eligible under the existing criteria. The result will be a program offering benefits to its participants, which will be dependent upon individual case histories.

#### T.R.A.P. CRITERIA

1.) Have a documented drug use history.

2.) Are within 6-18 months of your release date.

3.) Do not have (2) two parole violations or a felony conviction while on parole.
4.) Have no pattern of sexual offenses, violent or assemblive behavior, escapes or serious psychological problems.

### T.R.A.P. DENFFITS

1.) A guaranteed parole.

2.) A guaranteed community release, where possible.

3.) Behavioral Studies classes, which may be applied for college credit.

4.) A seven (7) day job as ignment and good time credit.

5.) Individual and group counseling, along with other special treatment activities.

## P.S.A. CRITERIA

1.) Have a history of substance abuse.

2.) Be able to complete six (6) months in the program.

## P.S.A. BENEFITS

1. Behavioral Studies classes, which may be applied for college credit.

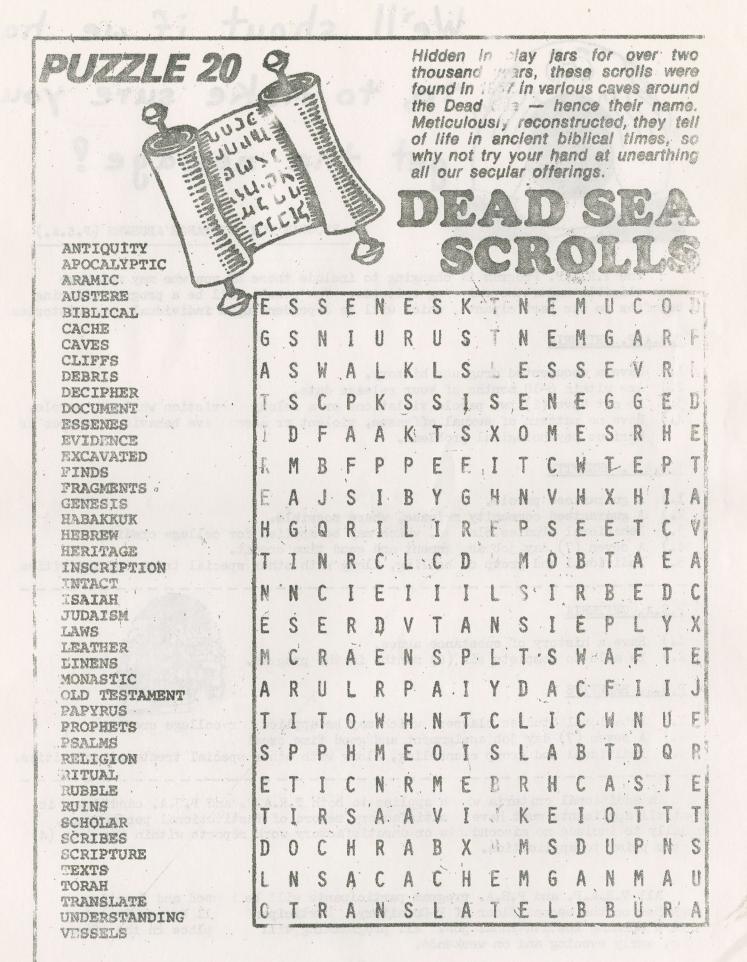
2.) A seven (7) day job assignment and good time credi .

3.) Individual and group counseling, along with other special treatment activities.

An additional criteria which applies to both T.R.A.P. and P.S.A. candidates is that all applicants must have a satisfactory record of institutional performance, usually to include no misconducts or unsatisfactory work reports within the four (4) months prior to application.

All T.R.A.P. and P.S.A. program participants will be boused and function together on the second floor of F-Dormitory. Participan all be required to work a morning institutional job. All programming will place in the aftermoon, early evening and on weekends.

Don't rule yourself out . If you are interested, contact Addiction Services and see what it's all about. Send a request to Ms. DeWan and tell her that want more information. SP WILL CONTACT YOU.





-(PG)---97 MINS

## My Bodyguard

"My Bodyguard" has been named winner of the "Bell Ringer" award presented by Scholastic Magazine. The award is given to "films of unique ar istic merit that contribute to the art of the motion picture and which have important values" for young people.

The film, a Melvin Simon Production released by 20th Century-Fox, was described as "a beautiful film that proves that today's teens have problems that have nothing to do with sex, drugs or

rebellion."

<sup>沒</sup>其於於與於於於於發發發發發發發發發發發發發發發發發發發發發發發發

#### PROPHECY

Cast: Talia Shire and Robert Forworth

Screenwriter David Seltzer (The Omen) and Veteran Suspense director John rankenheimer (Black Sunday, Seconds) Combined their enormous talents to create in Prophecy a contemporary story of stark terror. Robert Roxworth and Talia Shire stars as an idealistic doctor and his wife who. at the request of a concerned friend Travel to maine to research the impact of the lumber industry on the ocal environment. They begin to investigate a succession of mysterious and terrifying events: cological freaks of nature (incl ing fish that grow many times eir normal size), and a series o bizarre and grisly humen death

one letter to e	se ur Jumbles, sace square, to dinary words.	A TOP OF THE PARTY
PLYSH	M. panga pringing produced programs of the place paragraphed programs of	I RODA I A JU
D		
MICHE		M. C. Hardenburger
TIPOCE		HOW THE LITTLE VIOLINIET GOT
		INVOLVED IN MUSIC.
RUINIY		
	The state of the s	Now arrange the circled letters to form the surprise snawer, so suggested by the above guiters.

Print the SURPRISE ANSWER here

SERVANSWER NEXT MERK

Answer to last week Jumble Jumbles: CUBIC PASSE INDICT STOLEN

Answer: I ese often serve as s ip covers- ALIBIS

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## COMING ATTRACTIONS

Mountain Men---(R)--100 MINS Tigress----(R)--- 85 MINS



## FAIL AND WINTER CYCLE #3 (1980, 1981)

USE WEEKS OF: 19 Oct. 80, 16 Nov. 80, 14 Dec. 80, 11 Jan. 81, 8 Feb. 81, 8 March 81

	BREAKFAST	DINNER	SUPPER
	PINEAPPLE JUICE BREAKFAST PASTRY-MUFFINS HOT AND COLD CEREAL JELLY MILK AND COFFEE BREAD AND OLEO SUGAR	*GRIILED HAM STEAK CANDIED SWEET POTATOES BUTTERED LIMA BEANS MUSTARD ICE CREAM HEVERAGE CHOICE	TUNA SALAD PLATE SOUP POTATO SALAD GREEN BEAN SALAD PICKIES PEAR HALVES BEVERAGE CHOICE
	TOMATO JUICE FRIED EGGS TOAST COLD CEREAL MILK AND COFFEE BREAD AND OLEO SUGAR	VEAL PARMESAN SPAGHETTI W/TOMATO SAUCE TOSSED SALAD FRENCH DRESSING GRATED CHEESE FRUIT JELLO BEVERAGE CHOICE	OVEN BAKED CHICKEN STEAMED RICE GRAVY CORN O'BRIEN BUTTERSCOTCH PUDDING BEVERATE CHOICE
	GRAPE FRUIT SECTIONS BREAK FAST PASTRI HOT AND COLD CEREAL MILK AND COFFEE BREAD AND OLEO SUGAR	CHEESE WHOPPER Soz FRENCH FRIED POTATOES CATSUP MIX ED VEGETABLES CHILLED FRUIT COCKTAIL BEVERAGE CHOICE	FRIED FISH TARTAR SAUCE HASH BROWN POTATOES LIMA BEANS PASTRY-CAKE BEVERAGE CHOICE
	FRESH FRUIT FRENCH TOAST MAPLE SYRUP COLD CEREAL MILK AND COFFEE BREAD AND ULEO SUGAR	ROAST BEEF NATURAL BROWN GRAVI MASHED POTATOES BUTTERED FRESH CARROTS ICE CREAM BEVERAGE CHOICE	*HOT DOGS SOUP MUSTARD AND CATSUP OVEN BAKED BEANS SAUERKRAUT PASTRY-APPLE PIE BEVERAGE CHOICE
	BLENDED JUICE BEAKFAST PASTRY HOT AND COLD GEREAL MILK AND COFFEE BREAD AND OLEO SUGAR	*ITALIAN SAUSAGE FRIED RICE BROWN GRAVY BUTTERED PEAS CHILLED PEACHES BEVERAGE CHOICE	BEEF PATTY 502 ONION BROWN GRAVY MASHED POTATOES SPANISH KIDNEY BEANS PASTRY-CAKE BEVERAGE CHOICE
	ORANGE JUICE BOILED EGGS TOAST COLD CEREAL MIIK AND COFFEE BREAD AND OLEO SUGAR	FRIED FISH w/TARTAR SAUCE SOUP BOILED POTATORS FRIED CABBAGE BEET AND ONION SALAD ICE CREAM BEVERAGE CHOICE	RIGATONI BEEF TOMATO SAUCE GRATED CHEESE ANTIPASTO SALAD OIL AND VINETAR PURPLE PLUMS BEVERAGE CHOICE
The second secon	FRESH FRUIT BREAKFAST PASTRY HOT AND COLD CEREAL MILK AND COFFEE BREAD AND OLEO SUGAR	IRISH BEEF STEW CUT FRESH VEGETABLES BUTTERED NOODLES COLE SLAW BREAD PUDDING BEVERAGE CHOICE	CHEESE OMELETTE SOUP CATSUP HASH BROWN POTATOES BUTTERED GREEN HEANS PASTRY-CAKE BEVERAGE CHOICE

<sup>(\*)</sup> ASTERICK INDICATES A PORK OR PORK PRODUCT
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE
MILK, COFFEE, SUGAR, BREAD AND OLEO WITH EVERY MEAL