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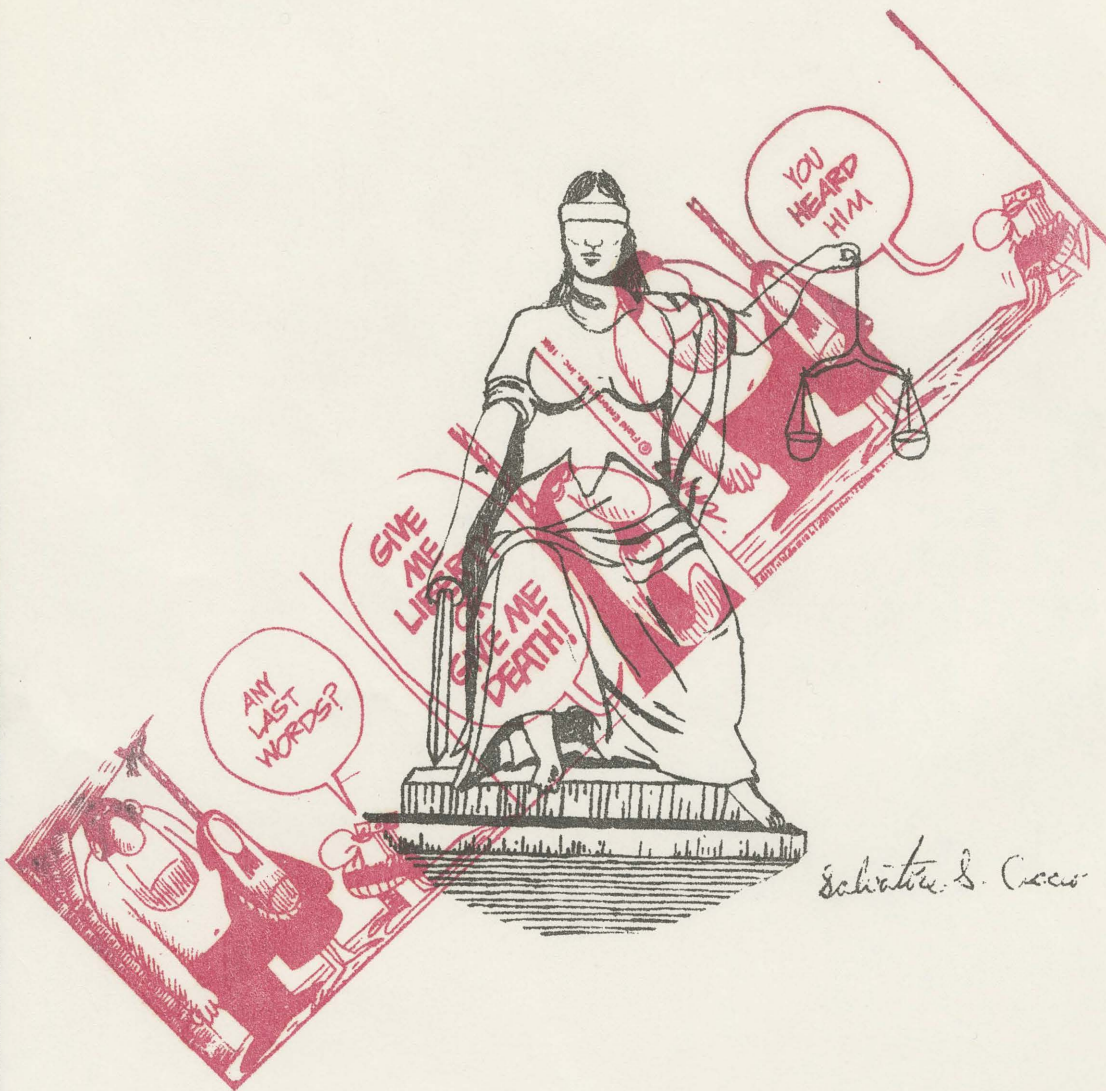
THE COURIER

Published By and For The Inmates of H.C.C.C.

NOVEMBER 3, 1980
CONNECTICUT
STATE LIBRARY

HARTFORD CENTER

HARTFORD
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Salvatore L. Cicco

Who's who?

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Commisary List.....

Calender.....

THE HARTFORD CORRECTIONAL
CENTER COURIER IS PUBLISHED

BI-WEEKLY BY AND FOR THE RES-
IDENTS OF THE HARTFORD CORRECT-
IONAL CENTER. ARTICLES AND OP-
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VIDED OF COURSE THAT THIS PA-
PER AND THE AUTHOR ARE CREDITED.

The "Courier" wishes to express
special thanks to Henry Price,
Bilal -(S.N.W.), Arthur Barlow,
William X. Jones, and Sal Ciccio,
for their contributions, all
of which are needed and app-
preciated for the production
of this paper.

Commentary

by Paul Fontaine

Ineffective as counsel!! I hear these words numerous times as throughout the institute. The complaint is not unique in any sense, further, before one should express such words verbally a degree of initiative should have been shown on behalf of the defendant.

Foremost is the defining of the word "ineffective," that point now being clear, the next series of questions consists of, not points of law, but more towards some minor investigative procedures from you. Throughout the institute there seems to exist a syndrome of "an inmate told me so, law." Let me advise you that in court, rarely, if ever, are such bits of information valid. There are exceptions to this, but the exceptions are very limited in number. One can, with relative ease, make an honest distinction between "a writ-writer," and one who is aware of the courts is best attained. Such abilities are recognized after a bried discussion, or perhaps an example or two of his work may require further looking at.

Procedures for writing a petition for a simple writ of habeus corpus are relatively simple, as a matter of fact, copies of such writs are available to the inmate population by request to the law librarian. To complete the form you need only fill in your name, place of arrest and a few other facts. Initially, this writ may seem a "simple remedy" to your current charges, incarceration, or perhaps your sentencing. Before raising your right hand and swearing that the facts before the attesting notary are fact, careful consideration should be given to the "facts" you "herin allege." Without question, should you feel, at any point that an injustice has been served upon you or perhaps a constitutional right denied or tampered with, then file your petition. Previous to the filing, take some time to "research" your claim. Amongst judges of the Superior Courts and our District Courts, writs from inmates are often initially viewed

Commentary

CONT'D

by Paul Fontaine

as frivolous; this phenomenon exists simply because little actual "case law" or court decisions are reviewed before filing. Many times, the petitioner brings forth an allegation of no substance, or cites a case that has been superceded by a ruling of an appellate court having precedence over that court.

The information that is contained in your affidavit should be absolutely factual. In doing so, your petition will probably be granted in an expeditious manner and assigned a date of hearing. There are many ways in which one can assist his attorney in criminal proceedings. In the current proceedings pending against me, I have engaged private counsel. I consider this particular firm to be very competent in both "case decisions as well as trial tactics." I do find it necessary however, to maintain a constant vigil over their proceedings in court. I do not claim for a minute to be as knowledgeable as any of that firm's attorneys. I simply want to know how the court is proceeding against me and how I am to defend myself. I have found it all to be true that often defendants have little or no idea at all of what the prosecution is doing. My suggestion to you would be to address your specific question directly to your attorney and find out just what he is doing. Ask if there is any way that you can be of assistance. When he, or she, is filing a "motion" to the court ask specifically what information it is that is being sought.

No one is going to defend you as aggressively as yourself can do, but in doing so, observe the "proper procedure".....

Commentary

PAGE#3

THE NEW ALCATRAZ

It's known among its inhabitants as the toughest prison in America. The new Alcatraz. Marion, Illinois. It houses 520 of the nations most dangerous-and clever-criminals. They are exiled here because other prisons can't hold them, can't handle them, don't want them.

Some are sent to Marion for committing murder or other acts of violence behind bars. Others are escape artists, gang leaders, and troublemakers of every stripe. All are leaders, not followers, men considered too dangerous and vicious to be safely housed even in the maximum security sections of other state and federal prisons.

Marion's warden, Harold Miller, says, "Judges sentence criminals to prison to protect society. Wardens send prisoners to Marion to protect other inmates."

The U.S. Beaurou of Prisons likes to keep a low profile of its top lockup. Unlike other prisons, Marion has no trustees behind the big walls, no honor cells, no prison newspaper, no entertainment visits from outside groups, and few vocational training programs.

The prison rules and security are strict and tightly enforced, yet life in Marion is tempered with privelages. Inmates working in the industrial shops can earn \$138.00 a month, more if there is overtime. In the well stocked commissary, they can buy everything from health foods to Hustler Magazine.

You can find inmates lounging beneath trees on manacured lawns, sharpening putting skills on the miniature golf course, pumping iron on bodybuilding machines, hitting homers on the baseball diamond, tending personal flower and vegetable plots, shooting pool and baskets, listening to record albums in private booths, learning Spanish in the language lab, and studying for a B.A. degree.

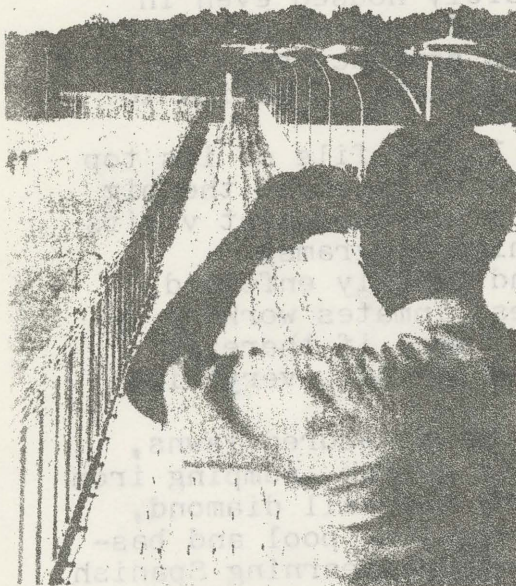
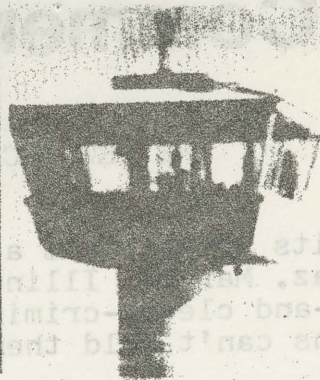
"In Alcatraz," says a 61 year old veteran of both prisons, "We worked, ate, and walked around a ton yard. And we spent 13 hours a day locked in our cells. It was like a mausoleum, a dead end. This is much better."

Officially, this is the worst punishment of the American penal system administered to a man, short of execution. Inmates are referred to the unit from other prisons, or from inside Marion, and it may take six months of hearings and reviews before a man can be placed here.

To enter the main part of the penitentiary of Marion, you must pass through a metal detector and five sets of electronically controlled steel gates. The controll unit is at a seperate wing at the end, fortified by five more steel gates. Pass through theese, tracked all the time by television cameras, and you reach a steel door. Ring the bell, and a pair of eyes peers through a slit made for viewing, the door is opened, and you are inside the prison-within-a-prison. The ultimate "hole" where the average inmate spends 10 months in solitary but, with continued bad behavior, can spend years.

For 23 hours a day, up to 60 men sit in cells that are 8 feet deep, 8 feet high, and 6 feet wide. The other hour is for showering which is a suspendable priveledge, or for exercise.

**It's known
among its
inhabitants as
the Toughest Prison
in America.
The New Alcatraz.
Marion, Illinois.**



**The control
unit is
officially the
worst
punishment
the American
penal system
can give
to a man,
short of
execution**

The only time a man is allowed out of the unit is to go to the prison hospital, or if he has a visitor. To leave the unit, he is handcuffed while in his cell, and strip-searched on leaving and returning. He talks to visitors by telephone from behind a plexi-glass screen. He is not allowed to go to the chapel or library.

Prison reform groups have tried unsuccessfully to get the courts to close the control unit, calling it a violation of constitutional right against cruel and unusual punishment. But prison officials argue convincingly for retaining it as a last resort for controlling men whose continual violence and escape attempts can't be controlled in other ways.

Warden Harrold Miller, who began his career as a guard on Alcatraz, believes Marion is necessary. "We have some in here that are so dangerous and have refused all attempts to help them, that they must stay in Marion until their very last day of their terms."

Miller wasn't being overdramatic. In a recent conversation, one inmate said he spent 27 of his 45 years behind bars for various crimes. "I've been in Marion for 11 years, and I'll get out in one year. Eleven years in a hate factory. I'm gonna rob and kill somebody when I get out-like before."

Prisoners often lie when talking to the news media, but this time this man was probably-for the first time in his life-telling the truth.

(Reprinted from the Sept. 28, 1980 Parade)

Bill LaPenna

Alcohol and Drug Abuse

"ATENCIÓN TODOS LOS DE HABLA HISPANA"

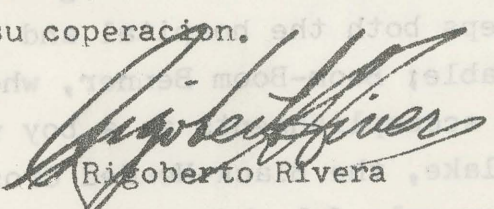
En esta institución nos encontramos un 65% encarcelados por crímenes cometidos bajo la influencia de las bebidas alcohólicas y las drogas. Aquí en esta institución tenemos un programa de Alcohólicos Anónimos, el cual se reune todos los Martes de 7:00P.M. a 9:00P.M.

Estamos tratando de tener una parte en español para que así nosotros podamos disfrutar de los beneficios que el programa nos presta.

Con solo llenar una solicitud y enviarla a A.A.c/o Mary Kilroy en una semana lo llamarán para que asista a la reunión.

"Trata", no vas a perder nada, si no beneficiarte; y si no te agrada no es obligatorio asistir. Necesitamos en máximo de personal latino para tener el programa en español. En ciertas ocasiones vendrán de visita latinos de afuera a orientarnos.

Gracias, por la atención
y su cooperación.


Rigoberto Rivera

Book Review

M*A*S*H MANIA
by Richard Hooker

Hawkeye Pierce, Luke Forrester, Trapper John McIntyre, and Spearchucker Jones lived in a tent called the Swamp at the 4077th Mobile Army Surgical Hospital, forty miles north of Seoul, Korea. That was back in 1952, and their adventures were chronicled in MASH.

After the war and further training, Dr. Pierce opened his surgical practice in Spruce Harbor, Maine. Lonely for his friends, he persuaded Forrester, McIntyre, and Jones to join him. Their early adventures in Spruce Harbor appeared in Richard Hooker's second book, MASH Goes to Maine.

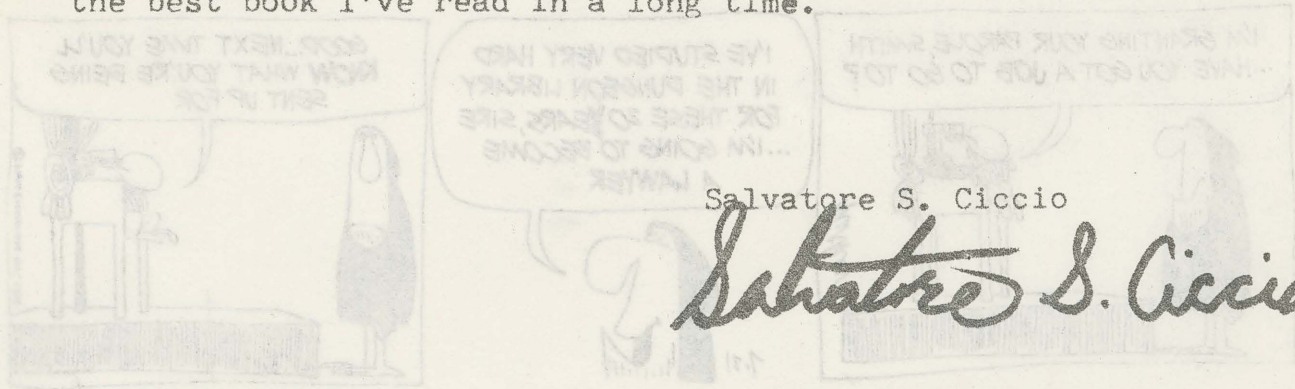
In MASH Mania we find the men of the Swamp well into middle age. Aside from the passage of time, nothing about them seems to have changed. Who else would connive to send a 40-year-old lobsterman to medical school, maneuver a prominent theologian into bed with a prostitute named Graveyard Alice, or have a bear and an 80-year-old physician tried for rape. Where, unless you know Hawkeye Pierce, could you meet men of such varying talents as Wooder Leg Wilcox, whose financial manipulation keeps both the hospital and the Finestkind Fish Market profitable; Boom-Boom Berner, whose two-syllable vocabulary belies his accomplishments as a boy wonder surgeon; or Halfaman Timberlake, the Black-Headed Grosbeak of them all. These and many other colorful characters, including Penelope Flewellen, the dragon-crunching witch, continue the outrageously funny humor that inspired the original best seller.

Book Review

(cont.)

Within the first chapter of this book the author (Richard Hooker) tries to rectify the purpose of this book, in which he does a good job. The book takes you from the humorous antics of Peirce and company, of whom encounter just about everything from hookerdom to his outrageous confrontations with the now Major General Henery Blake.

All in all, on a scale of 1 to 10 I would give this book an 8-plus for it"s incomparable and very witty humor. It is by far the best book I've read in a long time.



STUPID OR WHAT?

This person went into a bank, slipped the teller a note, ran out of the bank with the money and raced home. When he got there, the F.B.I. was waiting. Where did he go wrong? He had written the demand note on the back of his own personal checks--complete with Name, Address, and Phone #. You figure it out. (Taken from Dec. issue of Easy Rider.)

It's A Laughing Matter

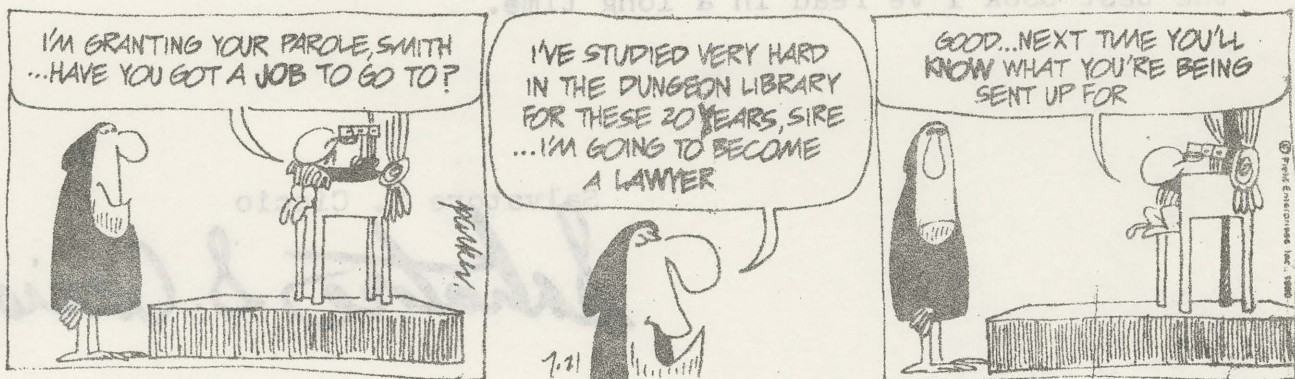
985 YEARS FOR ONE ROBBERY?

This person had previously set a field ablaze, set fire to his sister and brought a family member a glass of urine when asked for a glass of water. Even though he had done all these things, he was still found sane enough to stand trial and be sentenced to 985 years. The judge felt this guy's crime was so bazzare that he must personally approve any parole pettitions for the next 328 years. What did he do? He went into a mortuary while a funeral was in progress and robbed 20 mourners of all their possessions.

(Taken from Dec. issue of Easy Rider.)

Mark Strobel, E-3-15

E-3-15



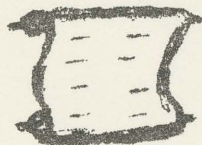
STUPID OR WHAT?

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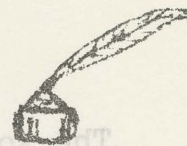
(Taken from Dec. issue of Easy Rider.)

Mark Strobel,

E-3-15



Poetically Speaking



LAST REQUEST

by Chrissy Gragg

Do not stand at my

grave and weep;

I am not there,

I do not sleep.

I am a thousand winds

that blow,

I am the diamond

glints on snow.

I am the sunlight

on ripened grain,

I am the gentle

autumn rain.

When you awake in

the mornings hush,

I am the swift

uplifting rush.

Of quiet birds

in circled flight,

I am the soft star

that shines at night.

Do not stand at my

grave **and cry,**

I am not there,

I did not die...

Soul

The soul selects her own society,
 Then shuts the door;
 On her divine majority
 Obtrude no more.....

I've known her from an ample nation
 Choose one;
 Then close the valve of her attention
 like stone.

Arthur R. Barlow

Brings freedom with the tyrant's chains
 And wisdom with the fool.

C.E. Montague

Words are the voice of the heart.

Confucius

Reflections

With all due respects to all of you; It is time and out of my concern for you that I write this. It is time we stop living as inmates, convicts, or whatever we choose to call ourselves, and start living as people. Our lives are so filled with confusion and corruption that we don't seem to care about anything or anyone though we constantly tell ourselves that we do. Many of us are traveling down a one way street with no chance to decide when or where you must turn from the direction in which we are going.

Some of us are on a deadend street. We've reached the point where there is no place for us to go but back to from where we came. To try and explain the why of all of this, would take a book, and a pretty large one at that. Nevertheless, you have the choice to continue as you were or try and make the change or changes necessary to produce the desired results.

It takes real courage to admit when you are wrong and it takes even greater courage to try and make a new start. Beginning are never easy, struggle, pain, suffering and sacrifice is necessary. We must give up what we have for what we want. For Examples:

If you want money, lots of it and don't want to go to jail for it-you must give up the idea that taking it from somebody else will assure you, that the dream you have created is in your own mind. To go out and work is to struggle, and it is painful to come home and not have all the things you would like to have there, but that kind of sacrifice is necessary to assure you and your family, that you will be there with them in times of need other than death.

We must stop thinking of ourselves only. We must say we love our mothers, fathers,, sisters, brothers, ourselves, and our children. What kind of love are we talking about when we ourselves cause these persons to suffer our absences. To these people we add the extra burden of coming to see us, getting lawyers, bondsmen, etc... These same people who we know can just get by with what they have and we have added to their hearts and minds. How will they make it? Or do we really care.

I haven't forgotten that special lady, she has got it even worst. You leave all the weight on her shoulders, you force her to forget her own needs and make denials of herself while you are away.

Brothers, be you Black, White or Green, American, Afro-American or whatever, When I said Brothers, I'm talking to every male human being that reads this article. We must stop this killing ourselves and get back in touch with the realities of our situations.

A thought! It is better to live poor than to die wealthy. Money won't help you in the grave. You don't have to listen to me, but just as I, you too will continue to suffer. You have the ability and the will to choose for yourself where it is you choose to go. Fault no one for what you have chosen for yourself. You have the choice.

I have been in and out most of my life and I've tried many things during those times, failing at my every attempt, But you know what I'm going to try again, however, this time with truth and sincerity. I have asked God through his son Jesus Christ to accept me just as I am and help me to understand his will and way for me to live.

By no means to sway your thinking, a man must do what he feels is right for himself. I only mention this for two reasons. First it is God's will that I tell all that I stand for. Second that because I'll be struggling if the devil tempt you. To tempt me, help me to reject his approach.

A person can be identified by what he says as well as how he looks. What I'm trying to say brothers, if the Lord is not your purpose, I'll respect that, But he's my only hope left. Don't try to come between me and my salvation please.

I want to see you all make it in life, but I don't see it for me but through Christ Jesus. If you want to help me to make it, respect my stand for the lord. I thank you all and I'll be praying for you all. It will be my constant prayer that the lord's will shall be done in your life also.

In conclusion, if anyone or I can be of help to anyone here. Feel free to ask. If I can't help you, I may know someone to send you to for the help you need. I hope what I've said will shine with you in the dark parts of your being, before it is too late.

Submitted- William X Jones

The S.M.A. (Save My Ass) List

The following is a partial listing of agencies that are available for "helping" inmates and or their families. Contact them by letter, giving a brief explanation of your "situation", and state your request. Please let either your counselor know if the response from that agency was positive or negative, so we can keep our listing current as well as accurate.

CATHOLIC FAMILY SERVICES 522-8241
896 ASYLUM AVE. HARTFORD CONN..-06105

CATHOLIC FAMILY SERVICES 225-3561
90 FRANKLIN SQUARE NEW BRITAIN CONN..-06051

THE CONNECTION INC.
33 PLEASANT ST. MIDDLETOWN CONN..- 344-0375

ADULT REDIRECTION
N. ELM ST. WATERBURY CONN..-757-1241

GREATER HARTFORD CRIMINAL JUSTICE COALITION 525-6691
106 ANN ST. HARTFORD CONN. 06103

MANCHESTER CONFERENCE OF CHURCHES 646-7248
65 CHURCH ST. MANCHESTER CONN. 06040

HELP INC. 278-4920
104 ASYLUM ST. HARTFORD CONN.

PROJECT MORE
NEW HAVEN CONN. 865-5700

NOW INC. 757-1241
N. ELM ST. WATERBURY CONN.

WOMEN IN CRISIS (FAMILY COUNSELING) 525-2953
179 ALLYN ST. HARTFORD, CONN 06103

CATHOLIC FAMILY SERVICES, INC 522-8241
COMMUNITY CORRECTIONS UNIT
896 ASYLUM AVE. HARTFORD, CONN. 06105

THE INSTITUTE FOR THE HISPANIC FAMILY
(HISPANIC INSTITUTE)

725-1124

160 MAIN ST. HARTFORD, CONN. 06106

SAN JUAN CENTER, INC.

522-2205

1293 MAIN ST. HARTFORD, CONN. 06103

MAVERICK CORPORATION

249-0657

760 WINDSOR ST. HARTFORD, CONN. 06120

NEW CAREERS

566-6012

2 HOLCOMB ST. HARTFORD, CONN. 06112

522-8244

CATHOLIC FAMILY SERVICES

896 ASYLUM AVE. HARTFORD CONN. 06105

522-3561

CATHOLIC FAMILY SERVICES

90 FRANKLIN SQUARE NEW BRITAIN CONN. 06051

THE CONNECTION INC.

33 PLEASANT ST. MIDDLETOWN CONN. 06457

ADULT REDIRECTION

N. ELM ST. WATERBURY CONN. 057-1241

525-6691

GREATER HARTFORD CRIMINAL JUSTICE COALITION

106 ANN ST. HARTFORD CONN. 06103

646-7248

MANCHESTER CONFERENCE OF CHURCHES

65 CHURCH ST. MANCHESTER CONN. 06040

578-4920

HELP INC.

104 ASYLUM ST. HARTFORD CONN.

PROJECT MORE

NEW HAVEN CONN. 865-2700

757-1241

HOW INC.

N. ELM ST. WATERBURY CONN.

525-2923

WOMEN IN CRISIS (FAMILY COUNSELING)

179 ALLY ST. HARTFORD, CONN. 06103

522-8244

CATHOLIC FAMILY SERVICES, INC

COMMUNITY CORRECTIONS UNIT
896 ASYLUM AVE. HARTFORD, CONN. 06105

Things To Do

1 HELEN'S DAUGHTER IS MY DAUGHTER'S MOTHER. WHAT IS MY RELATIONSHIP?

TO HELEN ?

(A) HER GRANDDAUGHTER

(B) HER MOTHER

(C) HER DAUGHTER

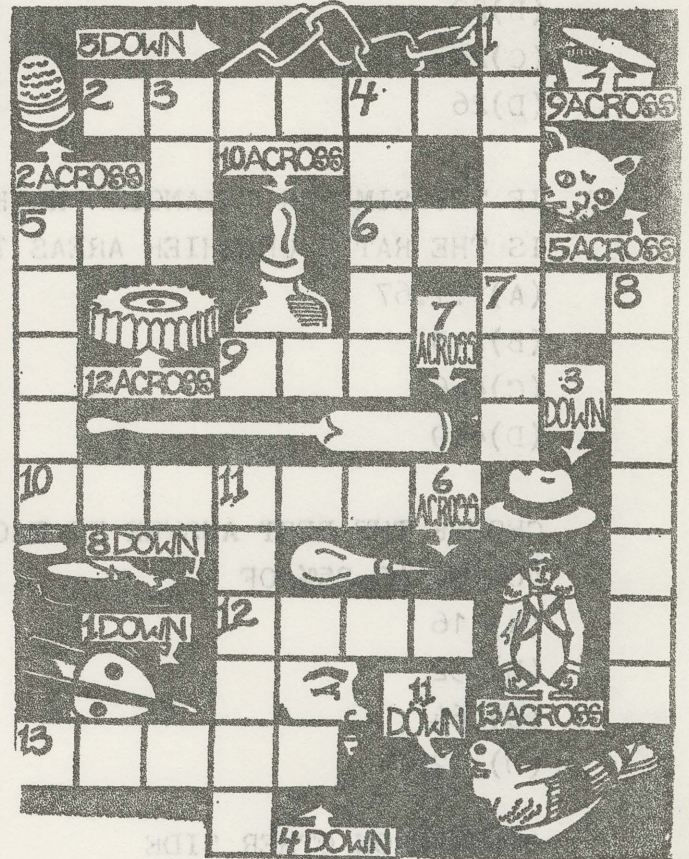
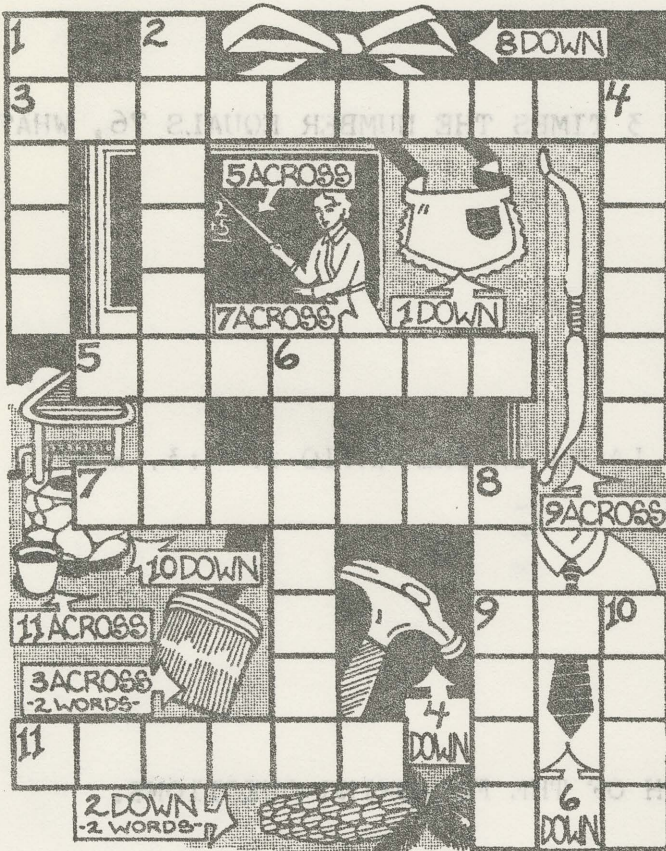
(D) HER GRANDDAUGHTER

(E) I AM HELEN

2 IN ONE SIXTH OF A NUMBER PLUS

IS THE NUMBER?

(A) 18



ANSWERS TO CONCENTRATION POWER QUIZ
1, C 2, C 3, D 4, C

Things To Do

- 1 HELEN'S DAUGHTER IS MY DAUGHTER'S MOTHER. WHAT IS MY RELATIONSHIP TO HELEN ?
 - (A) HER GRANDAUGHTER
 - (B) HER MOTHER
 - (C) HER DAUGHTER
 - (D) HER GRANDDAUGHTER
 - (E) I AM HELEN

- 2 IF ONE SIXTH OF A NUMBER PLUS 3 TIMES THE NUMBER EQUALS 76, WHAT IS THE NUMBER?
 - (A) 18
 - (B) 22
 - (C) 24
 - (D) 26

- 3 IF TWO SIMILAR TRIANGLES HAVE BASES IN THE RATIO OF 2:3, WHAT IS THE RATIO OF THEIR AREAS ?
 - (A) 1:1.67
 - (B) 2:3
 - (C) 4:6
 - (D) 4:9

- 4 CHOOSE THE BEST ANSWER TO EACH OF THE FOLLOWING QUESTIONS.
40% OF 40 = 25% OF
 - (a) 16
 - (b) 32
 - (c) 64
 - (d) 128

ANSWERS ON OTHER SIDE

Cowardice, The Mother Of Cruelty

By-Michael De Montaigne

Submitted by- Arthur R. Barlow

In their own kennels, craven house dogs will tug and snap at the skin of a wild beast which in the fields they would not so much as dare to bark at.

What is it, if it is not cowardice? Everyone knows that it is braver to show more disdain for one's enemy to beat him than to make an end of him, and it is better to keep him at bay than to kill him. Moreover, the desire for revenge is allayed thereby and is better satisfied. For it aims at nothing so much as to show a feeling of revenge only for it's own sake. And that is why we donot challenge a beast or fall upon a stone when it hurts us, and simply because they are incapable of feeling our revenge. To kill a man is to protect from our further offense.

So ought revenge be pitied, when he upon whom it is to be inflicted no longer is able to endure or feel it. For, even as the revenger wishes to see the action of his revenge so that he may feel the pleasure of it, so also must he on whom he is revenged see and feel, in order that he may suffer grief and repentance.

He shall rue it, we say. And although he received a stab or a blow in his head with a pistol, do we believe he will repent? On the contrary, if we observe him carefully, we shall perceive that he makes a grimace at us as he falls. For repenting, he rather seems to be in our debt. And actually we are granting him the greatest favor in life, which is to make him die qickly and without pain. We remain to shift for ourselves, run about, hide here and there, all to avoid the officers of the law who pursur us, while he is at rest.

To kill a man is a good way to escape a future offense, but not to revenge past wrongs. It is more a action of fear than of bravery, of precaution rather than courage, an act of defense rather than enterprise. It is apparent that be such an act we lose both the true purpose of revenge and the respect for reputation. If our enemy lives he may returpa and undertake a similar act against us. We therefore try to rid ourselves of him, not for hate of him, so much as for fear for ourselves.

Give My Sins To The Devil, Give My Soul To God.

The day will come when my body will lie upon a white sheet neatly tucked under four corners of a hospital mattress located in a hospital busily occupied with the living and the dying. At a certain moment a doctor will determine that my brain has ceased to function and that for all practical purposes, my life has stopped. When that happens, do not attempt to instill artificial life into my body by the use of a machine, and don't call this my death bed. Let it be called the bed of life, and let my body be taken from it to help others lead a fuller life. Give my sight to a man who has never seen a sunrise, a baby's face or love in the eyes of a woman. Give my heart to a person whose own heart has caused nothing but endless days of pain.

Give my blood to a teenager who was pulled from the wreckage of his car, so that he may live to see his grandchildren play.

Give my kidneys to the one who depends on a machine to exist from week to week. Take my bones, every nerve and muscle in my body and find a way to make a crippled child walk. Explore every corner of my brain. Take my cells, if necessary, and let them grow so that someday, a speechless boy will shout at a crack of a bat and a deaf girl will hear the sound of rain against her window. Burn, what is left of me and scatter my ashes to the winds to help the flowers grow. If you bury something, let it be my faults, my weaknesses, and all prejudice against my fellow man.

Give my sins to the devil, give my soul to God. If by chance, you wish to remember me, do it with a kind deed or word to someone who needs you. If you do all that I have asked, I will live forever.

by

Jackie Kimbrough

ALCOHOLICOS ANONIMOS es una congregacion de hombres y mujeres que comparten su mutua experiencia, fortaleza y esperanza de poder resolver el problema comun y ayudar a otros a recuperarse del alcoholismo.

REGLAS - PARA - ASISTIR - A - LAS REUNIONES- DE - A.A.

- 1) La reunion empieza de 7:00 P.M. a 9:00 P.M. Una vez haya entrado al salon no le sera permitido salir. Si se siente enfermo quedese en su celda.
- 2) Nadi sera llamado del salon de recreo para ir a visitas si ud espera visita los martes a estras horas, no asista este dia.
- 3) No podra salir a la clinica ni a comisaria durante este periodo, la comisaria estara abierta despues de las 9:00 P.M. para A.A.
- 4) La azucar es para usarla durante se sirve el cafe, no para llevarse, todo aquel que se sorprenda robando azucar, sera castigado y sera despedido inmediatamente.
- 5) Para evitar la distraccion de los que estan interesados en escuchar a el orador. Se demanda el silencio de los que estan sentados.
- 6) Todo el que fume, debe usar las cenizeras.
- 7) Si termino de tomar cafe, por favor tire el vaso en el safacon, al terminar la reunion.
- 8) El cafe es limitado a un vaso por persona, si ud desea tomar un segundo vaso, conserve su vaso.
- 9) Si ud ha sido tranferido de celda, es su responsabilidad de notificar a Mary Kilroy, de su nueva residencia.

Es mi deseo ingresar, y sermiembro de el programa de A.A. Estoy de acverdo y entiendo en toral las reglas que requiere la organizacion, obedecer y respetar las reglas arriba mencionadas. Las, he leido y entiendo que una violacion de estas resultara en ser despedido y perder los beneficios de A.A. tambien castigado por desobedecer la accion de disciplina.

CJIS #: _____ CELL # _____ FIRMA: _____

DESPUE DE LLENAR ESTA FORMA ENVIELA A MARY KILROY, A.A. COUNSELOR.

Notice! Notice! Notice!

THERE IS A CHRISTIAN PRAYER GROUP THAT MEETS IN THE COUNSELING AREA ON MONDAY EVENINGS AT 7:00 P.M. THOSE INTERESTED IN ATTENDING SHOULD CONTACT SISTER MARY MORGAN BY THE USE OF AN INMATE REQUEST SLIP.....COME DOWN FOR SOME GOOD FELLOWSHIP!!

PRE-RELEASE HELP

Fill out and return to pre-release office if you think that you will need any kind of help before your release.....

NAME _____ CJIS# _____ CELL# _____

WORK ASSIGNMENT _____ DATE _____

DATE OF SENTENCE _____ SENTENCE _____

RELEASE DATE _____ PAROLE RELEASE DATE _____

Es mi deseo interesar y ser miembro de el programa de A.A. Rayo de nuevo y entiendo en total las reglas que requiere la organizacion, obedecer y respetar las reglas arriba mencionadas. Las he leído y entiendo que una violacion de estas resultara en ser despedido y perder los beneficios de A.A. tambien castigado por desobedecer la seccion de disciplina.

CELL # _____ FIRMA: _____

DESPUES DE LLENAR ESTA FORMA ENVIELA A MARY KILROY, A.A. COUNSELOR.

Notice!

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LOS JAYCEE'S DEL CENTRO CRRECCIONAL DE HARTFORD

LOS JAICEE'S DE ESTA INSTITUCION PENAL VAN A REANUDAR EL COMITE DE FOTOGRAFIA. TODOS AQUELLOS CONFINADOS QUE DESEEN PARTICIPAR DEBERAN TENER DINERO EN SUS CUENTAS. AQUELLOS DE USTEDES QUE DESEEN SE LE TOMEN FOTOGRAFIAS DEBERAN LLENAR LA PARTE DE ABAJO DE ESTA HOJA Y ENTREGARSELA A SU OFICIAL DE BLOQUE ANTES DE LAS 3:00 P.M. DE CADA DIA PARA QUE LOS DIRECTORES DEL COMITE DE FOTOGRAFIA LAS PUEDAN RECOGER Y PROCESARLAS.

(EL PRECIO POR FOTOGRAFIA SERA \$1.50)

CAPITULO DE LOS JAYCEE DEL H.C.C.

FORMA PARA LA AUTORIZACION DE DESEMBOLSO DE DINERO

NOMBRE _____ NUM. DE CELDA _____

I.D. NO. _____ DATE _____

CANTIDAD A DESEMBOLSAR _____

RAZON PARA EL DESEMBOLSO _____

APROBADO POR _____

(FIRMA AUTORIZADA)

Ronald Rogers, Pres. Comite de
Fotografia
Jeffrey Miller, Asistente

OFICIALES:

Presidente: Stven Holter E-2-10

Vice-Pres.: Ringo Harris E-2-15

Notice!

Notice!

Notice!

THE HARTFORD CORRECTIONAL JAYCEE'S

THE JAYCEE'S HERE AT THE HARTFORD CORRECTIONAL CENTER ARE ABOUT TO RESUME THE PHOTO COMMITTEE. ALL INMATES WHO WOULD LIKE TO PARTICIPATE IN THE PHOTO DRIVE MUST HAVE FUNDS ON RECORD IN ORDER TO RECEIVE PICTURES. FOR THOSE OF YOU WHO WOULD LIKE PICTURES YOU MUST FILL OUT THE LOWER PART OF THIS PAGE AND RETURN IT TO YOUR BLOCK OFFICER BEFORE 3:00 PM. THIS BEING SO THAT AT 3:00 PM EACH DAY THE SLIPS WILL BE PICKED UP BY THE DIRECTORS OF THE PHOTO COMMITTEE.

(PRICE PER PICTURE IS \$1.50)

H.C.C. JAYCEE CHAPTER
AUTHORIZED MONEY WITHDRAWAL FORM

NAME _____ CELL# _____

I _____ DATE _____

I.D. NO. _____ DATE _____

AMOUNT OF WITHDRAWAL FROM ACCOUNT _____

PURPOSE OF THIS WITHDRAWAL _____

APPROVED BY _____

(AUTHORIZED SIGNATURE)

Ronald Rogers; Chairman of Photos
Jeffrey Miller; Asst. Chairman

OFFICIALS:

PRESIDENT- Steven Holter E-2-10
Vice President- Ringo Harris E-2-15

FOR THE WEEKS OF: SEPT. 16, OCT. 14, NOV. 11, DEC. 9, JAN. 6, 1980
 FEB. 3, MARCH 2, 1980

FALL AND WINTER CYCLE MENU NO. 1

	<u>BREAKFAST</u>	<u>LUNCH</u>	<u>SUPPER</u>
SUNDAY	Fresh Fruit Hot Cereal Pastry Coffee & Milk	*Baked Stuffed Chops Whipped Potatoes Gravy-Applesauce Fresh Frozen Spinach Ice Cream	Chop Suey, Amer. Parmesan Cheese Tossed Salad Pastry
MONDAY	Tomatoe Juice Cold Cereal Fried Eggs & Toast Coffee & Milk	Split Pea Soup Fish Sticks Home Fried Potatoes Spinach Jello W/Topping	Sasuageburger F.F. Potatoes Kernal Corn Dill Pickles Fruit Cocktail
TUESDAY	Blended Juice Hot Cereal Pastry P. Butter & Jelly Coffee & Milk	Grilled Minute Steak Oven Baked Pot-Gravy Glazed Fresh Carrots Chocolate Pudding	Chicken Stew Hot Biscuits Buttered Rice Cranberry Sauce Pastry
WEDNESDAY	Grapefruit Section Cold Cereal Hot Griddle Cakes Syrup Coffee & Milk	*Polish Kielbasa Boiled Cabbage Parsley Potatoes Fruit Pie	Veal Parmesan Italian Spag. Tomatoe Sauce Tossed Salad Ice Cream
THURSDAY	Fresh Fruit Hot Cereal Pastry Coffee & Milk	INSTITUTIONAL CHOICE	Stuffed Peppers Tomatoe Sauce Noodles Romanoff Peas & Carrots Peach Betty
FRIDAY	Orange Juice Cold Cereal French Toast Syrup	Deep Fried Fishwich Tartar Sauce AuGratin Potatoes Kernal Corn	*Grilled Franks Boston Baked Bean Mustard-Catsup Cole Slaw
SATURDAY	Pineapple Juice Hot Cereal Pastry Coffee & Milk	Corned Beef Hash With Eggs Lima Beans Chilled Fruit	Salisbury Steak Mashed Pot-Gravy Mixed Vegetables Jello W/Topping

Daily Beverages: Coffee, Tea, Milk.
 Bread and Butter served with meals.
 Menu is subject to change without notice.
 Condiments are left to the discretion of the
 Food Service Supervisor.

*CONTAINS FORK OR PORK PRODUCTS OR PORK SUBSTITUTE.

FOR THE WEEKS OF: SEPT. 23, OCT. 21, NOV. 18, DEC. 16,

JAN. 13 -1980, FEB. 10, MARCH 8, 1980

FALL AND WINTER CYCLE MENU NO. 2

	<u>BREAKFAST</u>	<u>LUNCH</u>	<u>SUPPER</u>
SUNDAY	Fresh Fruit Hot Cereal Pastry Coffee & Milk	Barbecued Chicken Whipped Potatoes Green Peas Ice Cream	Soup of the Day Asso. Cold Cuts Macaroni Salad Three Bean Salad Butterscotch Pudd.
MONDAY	Orange Juice Cold Cereal Griddle Cakes Syrup Coffee & Milk	INSTITUTIONAL CHOICE	Chili Con Carne Corn-Bread Buttered Rice Cole Slaw Purple Plums
TUESDAY	Apple Juice Hot Cereal Pastry P. Butter & Jelly Coffee & Milk	Soup of the Day Grilled Omelet or Egg Salad Pot. or Pot. Salad Beet & Onion Salad	*Pork Cutlet- Gravy French Baked Pot. Frozen Broccoli Bread Pudding
WEDNESDAY	Grapefruit Juice Cold Cereal Scrambled Eggs Toast - Home Fries Coffee & Milk	Minestrone Soup Baked Fish Antipasto Salad Fruit Pie	Roast Beef Sand. Baked Pot-Fravy Mixed Vegetables Ice Cream
THURSDAY	Fresh Fruit Hot Cereal Pastry Coffee & Milk	Chow Mien Dry Noodles Buttered Rice Green Beans Peaches	Grilled Cube Steak Cottage Fried Pot. Green Peas Jello With Topping
FRIDAY	Tomatoe Juice Cold Cereal Fried Eggs & Toast Milk and Coffee	Baked Lasagna With Cheese Green Salad Ice Cream	Fried Fish Tartar Sauce Parsley Pot. Corn Pastry
SATURDAY	Blended Juice Hot Cereal Pastry or Boiled Egg Coffee and Milk	Spanish Meat Loaf Tomatoe Gravy Mashed Potatoes Spinach Chocolate Pudding	Turkey Ala King With Vegetables Buttered Noodles Tossed Salad Chilled Fruit

Daily Beverages: Coffee, Tea, Milk.
Bread and Butter served with meals.
Menu is subject to change without notice.
Condiments are left to the discretion of the
Food Service Supervisor.

*CONTAINS PORK OR PORK PRODUCTS OR PORK SUBSTITUTE.

FOR THE WEEKS OF: OCT.6, NOV.4, DEC.30, JAN.27-80, FEB.24

FALL AND WINTER CYCLE MENU NO.4

	<u>BREAKFAST</u>	<u>LUNCH</u>	<u>SUPPER</u>
SUNDAY	Fresh Fruit Hot Cereal Pastry Coffee & Milk	Roast Turkey Gravy-Dressing Whipped Pot. Green Beans Ice Cream	Soup of the Day Tuna Noodle Casserol or grilled Ch/sand Tossed Salad or Pot. Apple Betty
MONDAY	Tomato Juice Cold Cereal Fried Eggs Coffee & Milk	Grilled Cube Steak Hash Browns-Gravy Butternut Squash Vanilla Pudding	*Spanish Style Frank Oven Baked Beans Sauerkraut Pastry
TUESDAY	Grapefruit Juice Hot Cereal Pastry P.Butter-Jelly Coffee & Milk	Veal Parmesan Spaghetti w/ Tomato Sauce Tossed Salad Fruit Cocktail	Cheeseburger-Catsup F.F.Potatoes Green Beans Jello w/Topping
WEDNESDAY	Grapefruit Juice Hot Cereal Griddle Cakes Syrup Coffee & Milk	*Grilled Ham Oven Brown Pot. Fried Cabbage Ice Cream	Meat Loaf-Gravy Mashed Pot. Fruit Pie Wax Peans
THURSDAY	Fresh Fruit Hot Cereal Pastry Coffee & Milk	Baked Chicken-Gravy Buttered Rice Kernal Corn Butterscotch Pudding	Chicken Noodle Soup Beef or Sausage Grinder Potato Chips
FRIDAY	Orange Juice Cold Cereal Scrambled Eggs Toast Coffee & Milk	Manhtn. Clam Chowder Pizza W/Cheese Beef-A-Roni Antipasto Salad Fruit Cocktail	Deep Fried Fish Tarter Sause Pan Fried Pot. Mixed Veg. Ice Cream
SATURDAY	Grapefruit Section Hot Cereal Pastry Milk & Coffee	Grilled Hamburg Stk. French Bkd. Pot. Fresh Carrots Rice Pudding	Soup of Day Tarter Sauce Whipped Pot.Gravy Fr.Cut Green Beans Pastry

Daily Beverages: Coffee, Tea, Milk.
Bread and Butter served with meals.
Menu is subject to change without notice.
Condiments are left to the descretion
of the Food Service Supervisor.

*Contains Pork or Pork products

FOR THE WEEKS OF: JANUARY 20 - FEBRUARY 17 - MARCH 16

FALL AND WINTER CYCLE MENU NO. 3

	BREAKFAST	LUNCH	SUPPER
SUNDAY	FRESH FRUIT HOT CEREAL PASTRY COFFEE AND MILK	*BAKED HAM PINEAPPLE GLAZE CANDIED SWEET POT. SUCCOTASH FRUIT JELLO	FISH STICKS TARTAR SAUCE F.F. POT. PEAS ICE CREAM
MONDAY	PINEAPPLE JUICE COLD CEREAL SCRAMBLED EGGS COFFEE AND MILK	VEAL PARMEASAN WITH SHELLS TOMATOE SAUCE WAX BEANS FRUIT COCKTAIL	BAKED CHICKEN SPANISH RICE O'BRIEN CORN CRANBERRY SAUCE PASTRY
TUESDAY	GRAPEFRUIT SECTION HOT CEREAL PASTRY P. BUTTER-JELLY COFFEE AND MILK	*GRILLED FRANKS AND ROLLS BAKED BEANS COLE SLAW PASTRY	SWEDISH MEATBALLS WHIPPED POT. WITH GRAVY GREEN BEANS BREAD PUDDING
WEDNESDAY	TOMATOE JUICE COLD CEREAL GRIDDLE CAKES SYRUP COFFEE AND MILK	POT TOAST OF BEEF MASHED POTATOES GRAVY FRESH CARROTS ICE CREAM	SPAGHETTI WITH MEAT SAUCE GRATED CHEESE TOSSED SALAD FRUIT PIE
THURSDAY	FRESH FRUIT HOT CEREAL PASTRY COFFEE AND MILK	CHEESEBURGERS F.F. POTATOES CREAM STYLE CORN JELLO WITH TOPPING	INSTITUTIONAL CHOICE
FRIDAY	BLENDED JUICE COLD CEREAL FRENCH TOAST SYRUP COFFEE AND MILK	FRIED FISH TARTAR SAUCE O'BRIEN POTATOES HARVARD BEETS ICE CREAM	SLOPPY JOE OR TACOS BUTTERED RICE MIXED VEGETABLES PINEAPPLE CHUNKS
SATURDAY	ORANGE JUICE HOT CEREAL PASTRY OR BOILED EGGS COFFEE AND MILK	BEEF STEW WITH VEG. NOODLES COLE SLAW PEACHES	HOT CORN CHOWDER SLICED LUNCHEON BLACK EYE PEAS LETTUCE SALAD PASTRY

DAILY BEVERAGES: COFFEE, TEA, MILK
BREAD AND BUTTER SERVED WITH MEALS.
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.
CONDIMENTS ARE LEFT TO THE DISCRETION OF THE
FOOD SERVICE SUPERVISOR.

*CONTAINS PORK OR PORK PRODUCTS OR PORK SUBSTITUTE

COMMISSARY LIST-1980

TOBACCO'S*****
 CAMEL.....45
 NEWPORT.....45
 KOOL.....45
 MARLBORO.....45
 MARLBORO-
 LITE'S100.....45
 WINSTON.....45
 PALL/MALL.....45
 SALEM.....45
 LIBERTY.....45
 BOURBON BLEND.....60
 HALF/HALF.....50
 CHERRY BLEND.....55
 APPLE BLEND.....60
 TIAJUANA SMALLS.....60
 PARODI.....50
 DUTCH MASTERS.....90
 CIGARETTE PAPERS.....20
 CIGARETTE ROLLING
 KIT.....\$2.25
 PIPES.....\$1.00
 PIPE FILTERS.....20

 COSMETICS*****
 IRISH SPRING.....45
 IVORY SOAP.....25
 CHAP-STIK.....70
 HEAD&SHOULDERS SHAMPOO.
\$1.20
 BABY SHAMPOO.....\$1.10
 AFROSHEEN SHAMPOO.....80
 SULPHER 8 SHAMPOO.\$1.25
 SULPHER 8 CONDIT. \$1.15
 PROTEIN#29 COND...\$1.30
 VO/5 CONDITIONER..\$1.90
 ROYAL CROWN.....70
 MENNEN AFTA.....\$1.30
 MENNEN POWDER.....\$1.30
 MENNEN DEODORANT..\$1.45
 NOXEMA.....\$1.50
 PERMA-GRIP.....\$1.30
 POLI-GRIP.....\$1.40
 DENTURE CUP.....90
 SOAP DISH.....35
 TOOTHBRUSH.....15
 COLGATE TOOTHPASTE..55
 JERGENS LOTION....\$1.30
 COCOA BUTTER.....\$1.25
 MAGIC SHAVE.....90

TOILET ARTICLES*****
 REGULAR COMB.....05
 AFRO COMB.....25
 AFRO PIC.....25
 TOWEL.....\$2.20
 FACE-CLOTH.....30

 CLOTHING*****
 T-SHIRT.....\$1.70
 SHORTS-EACH.....\$1.90
 WHITE SOX-PAIR..\$1.00
 HANDEKCHIEF.....35
 GYM SHORTS-EACH.\$2.90
 BASEBALL CAP....\$2.60

 STATIONERIES*****
 COLORED PENCILS.\$1.70
 CHARCOAL PENCIL...40
 KNEADED ERASER....45
 DRAWING PAD.....\$1.55
 LEGAL PAD.....45
 CARBON PAPER.....05
 STAMPED ENVELOPE.3/50
 PEN.....20
 PLAYING CARDS.....75
 PINOCLE CARDS.....70
 TYPEWRITER PAPER10/10

 UNCLASSIFYABLE*****
 RADIO.....\$40.00
 BLACK&WHITE TELEVI-
 SION SET..... \$115.00
 PICTURE FRAME...\$1.00

 THINGS TO MUNCH&SIP**
 ALMOND JOY.....25
 BIT-O-HONEY.....25
 CHOCOLATE CRUNCH..25
 M&M'S.....25
 MILKY WAY.....25
 SNICKERS.....25
 O-HENRY.....25
 MOUNDS.....25
 PEPPERMINT PATTY..25
 REESE'S PEANUT BUTTER
 CUP.....25
 TOOTSIE ROLL.....25
 3 MUSKETEERS.....25
 LICORICHE.....20
 LIFE SAVERS.....20

PEANUTS.....20
 FIG NEWTONS...25
 OREO'S.....25
 PEANUT BUTTER
 COOKIES.....20
 POP-CORN.....20
 POTATO CHIPS..20
 POTATO STIKS..20
 PASTRY.....25
 SLIM JIM.....25
 PUNCH.....10
 COUGH DROPS...30
 ICE CREAM SAND-
 WICH.....15
 FREEZE-POPS...05
 KOOL-ADE.....70
 TANG.....45
 BAG COFFEE.\$2.10
 CREMORA.....\$1.20
 SUGAR.....\$1.60
 HOT COCOA..\$1.25
 SODA AVAILABLE
 UPON REQUEST..15

 NEW ITEMS*****
 COFFEE MUG....70
 SHOWER CLOGS..90

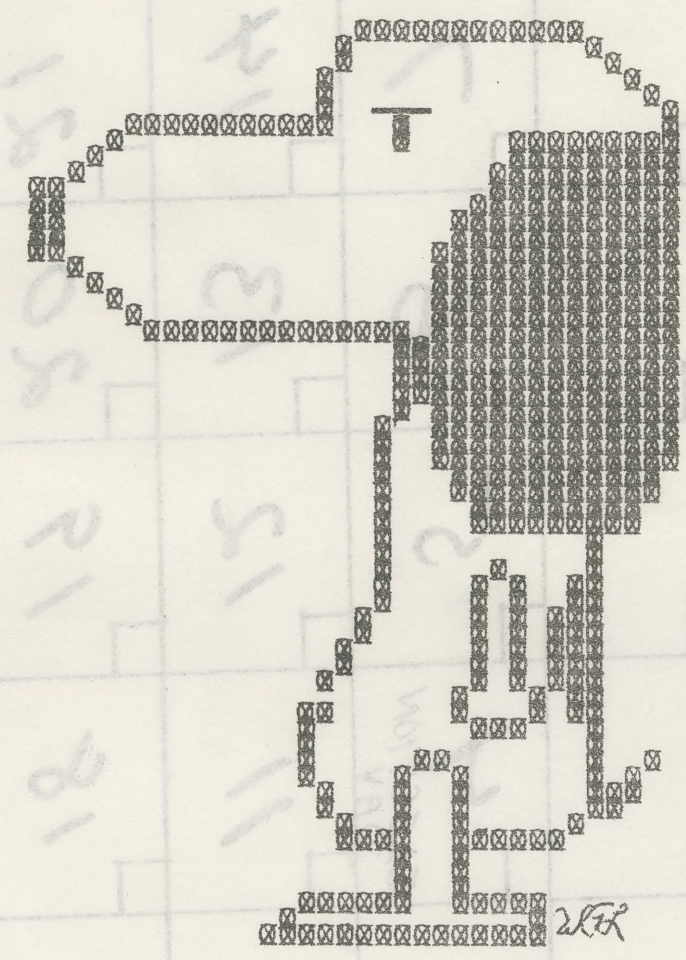
DIAL DEODORANT.90
 HAIR BRUSH.\$1.00
 WHEN PURCHASING
 A RADIO OR A T.
 V. SET,ASK WHO-
 EVER IS WORKING
 AT THE STORE FOR
 A REQUEST TO PUR-
 CHASE EITHER.

THE PRICES LISTED
 ABOVE ARE SUBJECT
 TO CHANGE WITHOUT
 ADVANCE NOTICE...

Month: November Year: 1980

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 ELECTION DAY	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 / 30	24	25	26	T 27 THANKSGIVING	28	29

YADYIS	YADYON	YADYEVUT	YADYEVJEN	YADYEVJHT	YADYEVY	YADYEVYAS
030 33	PS	250	250	150	250	PS
21	11	81	21	050	150	55
2	10	11	51	3	2	12
5	3	1	2	1	2	8



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