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COURIER

Published By and For The Inmates of H.C.C.C.

3/17/81

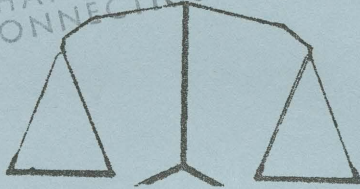
HARTFORD CENTER

Cameras

CONNECTICUT
STATE LIBRARY

MAR 23 1981

HARTFORD,
CONNECTICUT



in the

Court-
room



JUDGED BEST INMATE PUBLICATION IN 1975

HONORABLE MENTION 1977

Who's who?

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Richard Wezowicz

DEPUTY WARDENS

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The Hartford Correctional Center
 Courier is published bi-weekly by
 and for the residents of the Hart-
 ford Correctional Center. Articles
 and opinions herein are sentiments
 of contributors only. Please send
 all inquiries and news to the Editor
 in care of Mark Kostin. Permission
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 this paper and the author are credited.

Ernest E. Merchant

Editorial

If you read the February 26, edition of the Hartford Courant, you would have seen this headline; "Reagan Orders More Cuts After Budget "Goof".

President Reagan was informed that the federal spending was underestimated by \$3 to \$6 billion dollars for fiscal 1982. This means President Reagan is going to have a tougher time convincing Congress to go along with his budget cuts. President Reagan estimates that money spent in 1982 will be approximately \$695.5 billion, this will start on Oct. 1st. He would have liked \$41.4 billion in spending cuts. This means; welfare, food stamps, housing for the poor, and CETA type programs are going to suffer. And that means the general public is going to suffer.

Now Reagan is trying to get Congress to buy up an estimated \$47 billion in spending cuts. The programs are really going to suffer now. And so are most of the middle-class public. Because that's who is going to end up paying.

President Reagan has urged Congress to pass a three year, 30% tax cut. If he is planning shifting the burden, or, some of the burden over to state and local taxes; we're going to pay. And where is Congress going to get the money to buy up the estimated \$47 billion in spending cuts? Is Congress going to raise state and local taxes to? How is all of this going to affect inflation? Inflation is still rising. Economists say that the rate of inflation slowed somewhat, but is still on the increase.

I thought Reagans budget cuts were supposed to halt the rate of inflation somewhat by 1982-83. Economists doubt it. I also thought that it was going to help our failing economy. How?

Does Reagan have a master plan that he's not telling us about? A master plan that's going to lower the cost of living and stabilize the economy, we hope. All this is supposed to affect us by 1983 or 1984. We'll just have to wait and see. We'll also have to wait and see if there are going to be any more "goofs."

Ernest E. Merchant

Commentary

CAMERA IN THE COURTROOM?

Should the media be allowed in the courtroom? Should they be allowed to televise parts of a murder, robbery, or rape trial?

I should say not! But that's just my opinion.

I don't think camera's should be allowed in a courtroom at all. I mean what if the man/woman, is innocent? That person doesn't want people, any people, sitting at the dinner table and watching, probably, the highlights of thier trial. I certainly don't at any rate.

I think the person(s) being tried should have the right to decide if he/ she/they want the media to televise the courtroom proceedings. And even if they do approve, I think they should have the final say about what is going to be shown on the news.

If a person is guilty, and that person is convicted; How are they going to feel if someone points to them and says, "I saw you on the news a while back, did you really do it?" If a person gets convicted, and is "rehabilitated", I'm almost certain that they wish to put that behind them so that they can hopefully lead a constructive life. And I'm sure that they would just rather forget as much as they can about this trying period in their lives. I'm also sure that they don't want the general public rememberring it either.

If the trials are televised or whatever, then the general public is going to retain that information that much longer. I know that when and if I get released, I'm not going to appreciate somebody approaching me like that.

How many times are we going to have to pay for our crimes, while we are building a useful life for ourselves? Because if the camera's are allowed in the courtroom, we are going to pay dearly.

The public may not remember our name or face, but they'll remember the case, and a name, or maybe a face along with it.

Not only are we going to be pronounced guilty in the courtroom, but the public is going to condemn us too. Because they are going to remember us after they've seen us on national television. No, I don't think or even want camera's in a court of law. A court of law is just that, a court of law, not a three-ring circus.

What do you think?

Ernest E Merchant

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VOICE OF THE LAW LIBRARY

Re: The second case against overcrowding at H.C.C.: United States District Court No. _____. Natividad Diaz, Jr., et al vs. Governor Ella Grasso, et al.

Greetings,

Hear ye! Hear ye!

Brothers and sisters in detention centers and prisons (both detention and imprisonment provide the same punishment, except that more than 90 days in detention is more punitive than being in a prison, sentenced and doing time, because detainees or inmates held in jail for more than 6 months pending trial are not permitted to benefit from nor participate in the jails rehabilitation programs) in Connecticut and throughout the nation.

The December 29, 1980 federal court decision (Jesus Campos, et al vs. Commissioner John R. Manson, et al) opened the door to the problem of overcrowding here at H.C.C. and other Connecticut jails.

The foregoing class-action suit, Natividad Diaz, Jr., et al etc., stated above, will address and seek remedy for the underlying problems which directly overcrowding and "unfair lengthy detention of persons waiting for trial."

It took the first class-action suit to learn that Commissioner Manson is the scapegoat for Connecticut's malfeasant (wrongful conduct especially by a public official) and maleficent (working, producing harm or evil) court system. Not to mention overzealous, crafty, calculating, cold-blooded prosecutors who's goal is to prosecute and persecute (as was done to Jesus and his disciples by the pharasees, head priests, and teachers of jewish law) the poor (85% of all persons in U.S. Prisons are poor) instead of their sworn responsibility to see that justice is done.

We sympathize Commissioner Manson who has boldly presented last minute proposals to eliminate the overcrowding and who, as the one at the bottom of the political ladder, has been chosen to carry the unfair burden of a confused and misguided state judicial system which is currently and has been, in chaos since 1977, or earlier.

As an example, we ask, has the Governor's Task Force or the State Judiciary acted on any of Commissioner Manson's proposals? No. The Governor's Task Force via Chief State Prosecutor Austin McGuigan have proposed the construction or repair of more prisons while the judic-

iciary passed a Flat Sentencing Law which will put more people in jail for longer sentences? Mr. Williard Carbone, a member of the Governor's Task Force stated that by 1983 the prison population will have tripled?

Both actions are regressive (go backwards; counterproductive; produce nothing) and serve to create a greater expense and burden to taxpayers who are already overtaxed and are suffering the crippling financial blow of inflation and government cutbacks. While the Corporate Criminal Justice business is booming.

Somewhere, somehow, for some reason, the above mentioned doesn't seem right or logical, does it? Well that's what Connecticut newspapers, radio and television newstations have been reporting, without consistency and without answers? Study and research the questions and see what you come up with?

The problem is the 12 months or more court backlogues before a person in jail is taken to trial and the arbitrary, unfair, unconstitutional holding of indigent (poor) persons in jail on over-excessive bail (or ransoms). The 1978 Superior Court merger or reorganization was supposed to cut down court backlogue?

As admitted in the honorable federal court, Judge Jose A. Cabranes decision, "prosecutors hold (poor) persons in jail for long periods pending trial in an effort to get them to plead guilty."

Commissioner Manson is committed by law to detain or imprison person ordered to his custody. He is not directly responsible for thier detention. So, the underlying truth is that judges and prosecutors send people to jail and Commissioner Manson is required to hold them.

The Governor and state legislators are out of touch with the reality of imprisonment and the wholly inadequate, biased, prejudiced, and patronistic judicial system, which is currently "operating at a standstill (court backlogues). Which performance indicates it is more concerned with; self-interested promotions, wage increases, fraternal reputations and emotional sentencing procedures whereby alleged victims are permitted to dictate maximum sentence penalties to the judges, which has no place in a court of law.

Public emotions are aroused and ignorant citizens are angered; and misdirected to public outcry for punishment, while prosecutors demand high bails and judges play Gods by detaining "innocent and guilty" persons in jail for many months and even years without trial under

"cruel and unusual conditions."

To further retard the state's judicial dilemma, (a bad choice on either side) more prisons are being proposed while it is admitted that the prison population will triple by 1983? H.C.C. cost more than 12 million dollars to construct, providing only enough cells to jail 390 persons, and the years it takes to construct prisons; (it is estimated Cheshire will be completed by 1985?) at an exhorbant cost of millions of dollars to the state or more specifically the "Taxpayers?"

The state prison population today is in the thousands(1,000's), by 1983 it will have tripled and it is possible to build any more prisons before 1985? Due to inflation and state budget cuts Commissioner Mansor is experiencing a shortage of prison staff on top of the overcrowding and overpopulation in the jails? How can the state build more prisons when it doesn't have the funds to hire the required number of staff to supervise the existing jails?

President Reagan and his cabinet have stated that there will be a c on federal assistance to the states?

Not to mention indigent defendants constitutional rights to due process and equal protection, speedy trials and protection against excessive bails? At the going rate, I ask myself what Justice may be like in 1983 or 1985; or if it will only be "just-us", the in state jails?

We sympathize with and commend the Commissioner on his proposals to reduce the overcrowding in jails, while we wonder who is listening?

The defense never rests.....

Jesus Campos

A Package For The 'Out-of-Stater'-Or-
The Inmate With No Visitors

How does the out-of-state inmate or the inmate with no visitors receive allowable needs (underclothing, towels, shoes, etc.) from the outside?

The previous is a question which affects a small segment of H.C.C.'s population. However, minorities do have problems which often times have to be answered by the majority or administrators.

I believe I may have a workable solution, upon which the administration can make supplements, that could be of assistance to the previous class of inmates (of which I am part).

Before discussing the problem, I would like to make the following clear. In no way, shape or form is this discussion presented as an administration criticism. The writer in fact considers H.C.C. a rather 'easy' place to do time in comparison with some federal, state and county incarceration centers.

To preface the basic discussion, I'd like to use myself as an example of the topic question and offer the following introduction. I am a Federal prisoner at H.C.C. who was transported here by U.S. Marshalls from California, which is my state of residence. My family is in California and I have no relations or friends in or near Hartford. Therefore, I have no visits and am unable to receive allowable needs by Mail (packages).

Now, it is understood that an inmate can receive certain allowable items, delivered by a visitor, such as T-shirts, shoes, socks, etc. But no packages containing the previous can be received via the mails. The reason for this 'no-mailed' packages was recently explained to me. Quite frankly, the reasoning makes sense as the question arises, what does the Administration do with a package received for an inmate on Tuesday when the inmate was released or transferred on Monday and is no longer at H.C.C.? To my understanding, previously such packages piled up and a problem existed; a great deal of unclaimed packages. There is no fund available for forwarding by mail even if a forwarding address were known and in most cases no address was known. This problem was solved by the Administration by declaring -'No Packages by Mail'.

Possibly there can be an alternate solution which goes like this; upon entering H.C.C. an inmate signs a package release form which remains in his record file (example copy following this article).

Thus an inmate could receive via Mail much needed items from friends or relatives as long as he stays at H.C.C.. When an inmate is transferred or released from H.C.C. any packages received at this Center after he has gone would be dealt with according to the Package Release Form.

I believe this concept has some merit and my idea of a draft of a Package Release Form would look something like this.

MAIL PACKAGE RELEASE FORM

I do hereby authorize the administration of Hartford Correctional Center to open all packages received at the Center via the U.S. Postal Service which have been addressed to me. I will only receive those items authorized by the Center and will donate to any charitable group those items which are not allowed by rule and regulation.

Further, I authorize the administration to donate to any charitable group the entire contents of the afore stated package if said package is received at H.C.C. after my release or transfer from this center.

Inmate Signature

I.D. #

Date

A&D Officer

This is just an idea, it is not in effect here at H.C.C..

Editor

cells. crowded pre-trial facilities, e.g., double ceiling in single-occupancy threat to health or physical well-being; d) to place detainees in over-or the presence of any condition which presents a grave and immediate inadequate ventilation, inability to see the sun, sky, or outside world ment conditions, such as extreme noise, excessive or inadequate heat, to physical exercise; c) to confine them in intolerable living environ- exercise for long periods of time - detainees have a fundamental right usual punishment: a) to deny detainees contact visits; b) to deny them they may be segregated. The following have been declared cruel and un- classified to determine which ones require such custody- and only Thus, all detainees cannot be kept in segregation, but must be be confined under worse conditions than convicted criminals.

If you are confined due to these reasons and have not made bail, you must be presented to the court within 45 days in order for the court to Bail

VOICE OF THE LAW

The following is what you will find if you have a: YOUR RIGHTS AS A CONNECTICUT PRISONER; handbook. Parts of the handbook are being printed for your convenience. I believe that as a Connecticut prisoner, should know what your rights are. If you feel that your rights are being, or have been, violated, contact an ombudsman, or get in touch with your lawyer. Full credit goes to Robert Brill and Frank Cochran, who are the authors of this booklet.

Also listed in this edition of the Courier are publications that will be helpful to you as a prisoner. They are either free or fairly inexpensive. Editor

Pre-trial Confinement

Pre-trial detainees are considered by the courts to have a greater range of rights and freedom from the unnecessary restrictions than do convicted persons. The due process and equal protection clauses of the 14th Amendment prohibit depriving detainees of the rights of other citizens to a greater extent than necessary to assure their appearance at trial and the security of the jail.

In several decisions courts have recognized that detainees have a number of rights concerning the conditions of their confinement. The most important of these are the right to the least restrictive confinement necessary to assure appearance at trial and the right not to be confined under worse conditions than convicted prisoners.

Thus, all detainees cannot be kept in segregation, but must be classified to determine which ones require such custody- and only they may be segregated. The following have been declared cruel and unusual punishment: a) to deny detainees contact visits; b) to deny them exercise for long periods of time - detainees have a fundamental right to physical exercise; c) to confine them in intolerable living environment conditions, such as extreme noise, excessive or inadequate heat, inadequate ventilation, inability to see the sun, sky, or outside world or the presence of any condition which presents a grave and immediate threat to health or physical well-being; d) to place detainees in overcrowded pre-trial facilities, e.g., double celling in single-occupancy cells.

Bail

If you are confined due to these reasons and have not made bail, you must be presented to the court within 45 days in order for the court to

to consider reduction, modification, or discharge of such bail. If you are held because you cannot make bail you are also entitled to make a motion for presentment to the court every 45 days thereafter.

Behavior Report

The Department of Correction will notify the court of instances where an unsentenced inmate's behavior is either exceptionally good or he/she is involved in serious misconduct.

Mail

You may write to and receive mail from anyone you want to in an unlimited amount.

The only exceptions to this rule at the present time are the following:

- (1) You can't write to a victim of any criminal offense if you have served or are now serving a sentence, or if your case is pending for a trial;
- (2) You can't write to a person under 18 if his/her parent or guardian objects in writing;
- (3) You can't correspond with an inmate in a different institution unless he/she is a member of your family;
- (4) You can't correspond with a parolee without the express permission of your warden and the parol supervisor.

Outgoing Mail

Once you place outgoing mail in an envelope and it is sealed, it will not be opened unless there is "reason evidence" that the envelope contains contraband. Department rules define the indications as "reasonable evidence."

- (1) Envelopes which are unusually thick.
- (2) Envelopes of unusually weight.
- (3) Envelopes containing unidentifiable objects.
- (4) Envelopes containing contraband through use of fluoroscopic or other detection devices.

Outgoing mail should be inspected in your presence. If there is no contraband, you can re-address the letter and mail it.

Incoming Mail

Incoming mail will be opened and inspected for contraband and money. Your mail should not be read or rejected without prior written authorization of the warden. The Correction Department will allow your mail

to be read if the warden thinks that there are "indications creating a reasonable belief" that any of the following conditions exist:

- (1) Your mail concerns sending contraband into or out of the institution or contains contraband.
- (2) Your mail concerns plans to escape.
- (3) Your mail concerns plans for activities in violation of institutional rules.
- (4) Your mail concerns plans for criminal activity to be conducted within the institution.
- (5) Your mail itself is in violation of institutional rules.
- (6) Your mail contains material which would cause you emotional trauma or provide some suggestion of your emotional state as a potential suicide case.

The authorization to read mail must be in writing and must state your name, the reason(s) for reading your mail, and for how long a period of time your mail will be read. The warden's designee may be authorized to read your mail for up to 60 days, but the authorization can be renewed by the Commissioner.

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"QUOTEABLE QUOTES"

The difference between the right word and the almost right word, is the difference between lightning and the lightning bug.

Mark Twain

We forfeit three fourths of ourselves in order to be like other people.

Schopenhauer

All men should strive to learn before they die what they are running from, and to, and why.

James Thurber

It takes a real storm in the average persons life to make him realize how much worrying he has done over the squalls.

Unknown

The work will teach you how to do it.

Estonian proverb

Sometimes I wonder if men and women really suit each other; perhaps they should live next door and just visit now and then.

Katharine Hepburn

The smart ones ask when they don't know, and sometimes when they do know.

Malcom S. Forbes

Knowledge is gained by learning, trust by doubt, skill by practice, and love by love.

Thomas Szasz

The pleasure we derive from doing favors is partly the feeling it gives us that we are not all together worthless.

Eric Hoffer

Death and taxes may be the only certainties in life, but nowhere is it written that we have to tax our selves to death.

Nations Bussiness

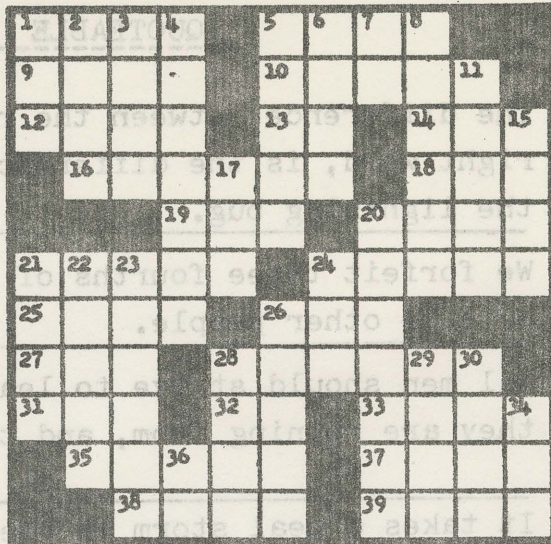
If you think about something at three o'clock in the mourning and then again at noon the next day, you will get different answers.

Charles M. Schulz

Crossword Puzzles

1

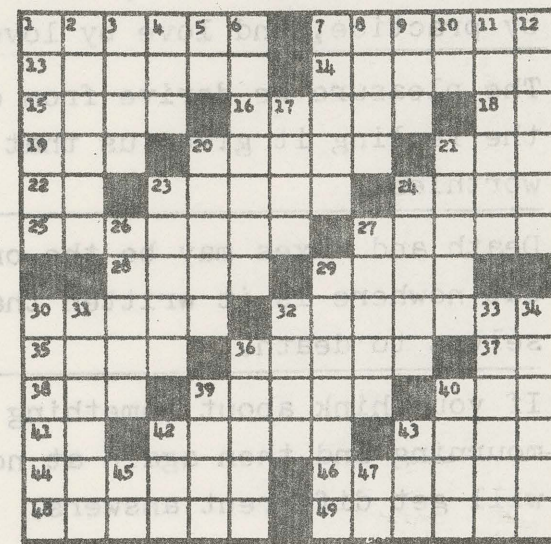
- 31 Ever (contr.)
 - 32 Forward
 - 33 Ardor (Fr.)
 - 35 Lukewarm
 - 37 Otherwise
 - 38 Contradict
 - 39 Back of the neck
- ACROSS**
- 1 Muddle; botch
 - 5 Winglike
 - 9 Send forth
 - 10 Native
 - 12 Italian coin
 - 13 Erbium (abbr.)
 - 14 Likewise not
 - 16 Story; tale
 - 18 Small cube
 - 19 Obtain
 - 20 Woman's name
 - 21 Repulse
 - 24 Desert animal
 - 25 Culture medium
 - 26 Man's name
 - 27 Thrice (comb. form)
 - 28 Gait of a horse
- DOWN**
- 1 Honey (pharm.)
 - 2 Man's name
 - 3 Father; lord
 - 4 Sway; totter
 - 5 About
 - 6 Swine fat
 - 7 Near by
 - 8 Haphazard
 - 11 River in France
 - 15 Actual
 - 17 Snakelike fish
 - 20 Flask for liquid
 - 21 Value
 - 22 Kind of heron



- 23 Mated
- 24 Tin container
- 26 Fine!
- 28 Dime, e.g.
- 29 Woman's name
- 30 Type of coarse file
- 34 Born
- 36 Probable error (abbr.)

- ACROSS**
- 1 Citrus fruit
 - 7 Dried plums
 - 13 Food allowance
 - 14 Revolve
 - 15 On the top of
 - 16 Urged forward
 - 18 At bat (baseball)
 - 19 Boy's name
 - 20 Fishing net
 - 21 Woman's name
 - 22 Upon
 - 23 Darkness
 - 24 Cain's brother (Bib.)
 - 25 Re-establish
 - 27 Lock of hair
 - 28 Sailors
 - 29 Sand
 - 30 Game
 - 32 Classified
 - 35 Male deer
 - 36 Locality
 - 37 Tellurium (abbr.)
 - 38 Single thing
- DOWN**
- 39 Wake from sleep
 - 40 Chart
 - 41 Sun god (Egypt.)
 - 42 Female horses
 - 43 Father
 - 44 Dominion
 - 46 Spring holiday
 - 48 Went by ship
 - 49 Most timid
 - 1 Public speaker
 - 2 Coarse fabric
 - 3 Minute particle
 - 4 Pinch
 - 5 Proceed
 - 6 Makes beloved
 - 7 Inclined
 - 8 Ramble
 - 9 Amer. Indian
 - 10 North America (abbr.)
 - 11 Studies
 - 12 Calyx leaves
 - 17 Go by bus
 - 20 Brief
 - 21 Encourages
 - 23 Begin
 - 24 Get up

2



AFRO-AMERICAN HISTORY

"If one is rejected because he is uneducated, he can at least be consoled by the fact that it may be possible for him to get an education. If one is rejected because he is low on the economic ladder, he can at least dream of the day that he will rise from his dungeon of economic deprivation. If one is rejected because he speaks with an accent, he at least, if he desires, work to bring his speech in line with the dominant group. If however one is rejected because of his color, he must face the anguishing fact that he is being rejected because of something in himself that cannot be changed. All prejudice is evil, but the prejudice that rejects a man because of the color of his skin is the most despicable expression of man's inhumanity to man!"

"Where do we go from here,
chaos or community?"
Rev. Dr. Martin Luther King

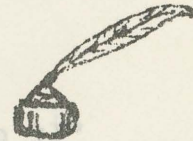
"Not just for each and every Black in our nation,
but for everyone who calls himself American."

Submitted by,

Deputy Warden, Evelyn Horn



Poetically Speaking



INMATES PRAYER

Oh dear God please watch the guard,
Because you know his job is hard,
To teach us all that crime doesn't pay,
And lead us to the righteous way,
And one more thing dear god please do,
Please show the guard we're people too.

Louis Miron

THE CHANCE

Deep in hiding my heart waits for its chance,
A chance to laugh, a chance to share,
A chance to love, a chance to dare,
But I must be careful not to let it brake,
But that's the chance we all must take,
Our hearts are full of love, and love is blind,
But I'll take that chance to make love mine.

Louis Miron

LOOKING BACK

In a world of confusion,
Of many disgruntled illussions,
Taking dope,
The latest scope,
L.S.D. Couldn't be,
The thing for him,
But he will it's evident,
A long forgotten sacrament.

Stanley E. Deese

"LOVE"

"LOVE" means belonging. To just one alone. Sharing a life. d a dream that's your own.

"LOVE" means belonging. To someone who's true. Somebody who there. Who loves only you.

"LOVE" means belonging. And caring so much. That your heaven is found. In one smile and one touch.

"LOVE" means belonging. And sharing the glow. That only two hearts. Can remember and know.....

Submitted by,
Larry T. Jenkins

"THINKING OF YOU"

It's amazing what a thought can do, in just a little while. Warm a heart and cheer a day, bring on a happy smile. It's amazing what a thought can do, when it is a loving thought of you.....

Submitted by,
Larry T. Jenkins

"FOR THE ONE I LOVE"

There's joy in each of the seasons when there's love in our hearts. Because you mean so very much, because I need you so, and because your love has given me the greatest joy I know! Because you are such a part of me, of all I plan and do, it'll take a life time just to show how dearly I love you!

" " " "

"Roses are the symbol of a truly deep and lasting love!
Darling, I love you far more than you know, more deeply,
completely as days come and go! More dearly, sincerely
than words can in-part, for darling, I love you, though
all my heart.....

Submitted by,
Larry T. Jenkins

WHAT NOW

Don't cry me a sad song-I've already written mine.
The time has come and gone-but no one listens.
The out side can't come in-the in side can't get out.
You're reduced to the essentials-solitude and thought.
Solitude in thought-thought of solitude.
You can't lie to yourself-so now it happens.
What is the answer -where do I go?
Don't cry me a sad song-I've already written mine.

by Jerome Harold Joseph

LADY OF MY LIFE

If tonight I should have a dream let it be only of you.
Let me dream of the love that to was so true.
For tonite I am feeling so very blue.
Fill my head with those lonely nights we shared,
of the ways you showed you really cared.
Let me dream of those days, for I am the one who now
must pay for my ways, so let me dream of those days.
Let me dream of the nights you held me tight.
Oh! How I wish it were tonight.
Let me dream of the life in which you were to be my wife.
Of the children we were to have had.
Just let me dream of you tonite
so that I might make things right
for you tonite
Lady of my Life

By Jake
for MaryAnn

Book Review

THE STUNTMAN

by Paul Brodeur

Reviewed by Ernest Merchant

The time: the present. The setting: an imaginary New England seaside town, seedy and slightly sinister. To the town comes Robert Cameron, an AWOL soldier who is tricked into taking a job as a stuntman with a movie company on location there.

The movie, improvised from day to day, becomes a mirror of Camerons own plight. He is pursued by the Army and local police, pushed by the director and a malevolent cameraman into more and more dangerous stunts that lead him further away from the real world, where life itself becomes the most intricate stunt of all.

An absolutely first-rate novel. I heartily recommend this book, it should be on everyone's reading list.

"Masterfully controlled on all levels, harrowing and enthralling.....a remarkable book."

NEWSWEEK

M	E	S	S	A	L	A	R		
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2

WHAT IS PRISON LIKE?

Prison is a place where the first person you see looks like an All American college boy and you're surprised. Later you're disgusted because people on the outside still have the same prejudice about prisoners that you used to have.

When you write letters and can't think of anything to say. When you gradually write fewer and fewer letters and finally stop writing altogether. Prison is a place where you find grey hairs in your head, or where you find your hair starting to disappear. It's a place where you get false teeth, stronger glasses and aches and pains you never felt before. It's a place where you grow old and worry about it. It's a place where you learn that nobody needs you; that the outside world goes on without you. Where you can go for years without feeling the touch of a human hand, where you can go for months without hearing a kind word. It's a place where your friendships are shallow and you know it.

Prison is a place where you hear about a friend's divorce, and you didn't even know he was married. It's a place where you hear about your neighbor's kids graduating from school and you thought they hadn't started yet.

Prison is a place where you feel sorry for yourself, then you get disgusted with yourself for feeling sorry for yourself; then you get mad for feeling disgusted and then try to mentally change the subject.

Prison is a place where you wait for a promised visit. When it doesn't come, you worry about a car accident, then you find out the reason your visitors didn't come, you're glad because it wasn't serious, and disappointed because such a little thing could keep them from coming to see you. It's a place where you forget the sound of a baby's cry. You even forget

the sound of a dog's bark, or even the sound of the dial tone on the telephone.

Prison is a place where you stand by your cell door and wait for the mail to be passed out, and hope that the guard comes to your door with a letter from a friend. It's a place where a letter from home, a friend or lawyer can be like a telegram from the War Department. When you see it lying on your bed, you're afraid to open it. But you do it anyway and you usually end up happy, disappointed or angry.

Prison is a place where if you're married, you watch your marriage die. It's a place where you learn that absence does not make the heart grow fonder, and where you stop blaming your wife for wanting a real live man instead of a fading memory of one.

Prison is a place where you get out.....someday. When it happens you wonder how everyone else can be so calm when you're so excited. When the bus driver goes over 25 miles an hour, you want to tell him to slow down, but you don't because you know it's foolish.

Prison is a place where you wonder what ever happened to that guy that use to call you his friend. Where you wonder how fast he forgot about you, and you start thinking that your friendship ended there.

Ratiradad D. King Jr.
#59785



Religion



"I'll accept Jesus as a great moral teacher, but I don't accept his claim to be God!" This is one thing we must not say. A man who was merely a man and said the sort the sort of things Jesus said would not be a great moral teacher. He would be either a lunatic, on a level with a man who says he is a poached egg, or else he would be the devil of Hell. You must make your choice. Either this man was, and is the son of God, or else a madman or something worse. You can shut him up for a fool, you can spit at him and kill him as a demon, or you can fall at his feet and call him Lord and God. But let's not come with any patronizing nonsense about his being a great human teacher. He has not left that open to us. He did not intend to.

C.S. Lewis Mere Christianity
Submitted by Robert Voghel

Robert Voghel
29772

REFLECTIONS

What is our aim and what do we want in life? Let us examine our condition, and decide on our priorities. We have been born into the human form, we are ensouled bodies and our soul is of God that is the very... essence of God.

God has created so many living creatures, but it is only in the human form that we can achieve the purpose of life: to know ourselves and to know God. It's unfortunate that we have forgotten that we are souls, and have become so attached to our physical body that we believe we are... nothing but the body itself.

God himself is living in this body, but strange as it may seem, we... neither see Him nor talk to Him. Although He is so close to us, there is duality, it is just like a husband and wife living in the same house but never talking to each other, never seeing each others face's. If the soul and God are in the same body, how can they meet? Good question!

What has caused this separation, this severance from our source, which has caused us, in spite of transitory moments of happiness, such inner... distress and isolation? The answers to these questions are not readily.. found in books, however, elevating and comprehensive they maybe. The whole mystery of life and death can only be explained to us by an enlightened being who has resolved the mystery for himself.

We may call Him by any name: a saint, a prophet, a master, or a guide,... such a one becomes self-realized by solving the mystery of life and.... death and attaining communion with the Almighty. There is just one who I know of that has achieved this and that is JESUS CHRIST do you know of another? He is in communion with the God power which is lying dormant in all of us. He has lost his EGO and has become one with God.

God Himself incarnates as man to help souls which have been separated from Him for countless ages and which are now pining and yearning.. for His communion, longing to be one with Him again. God works in the ... form of an awakened being to draw back to their eternal home such souls who are tired of the earthly life. He must come in the human form, because just as light comes from light, the teacher of man is man.

Man is the pinnacle of God's creation; in no other form can the soul.. have communion with the creator. It is said in the scriptures that God.. made man after His own image; he is next to God. The Muslim scriptures... tell me that when man was made, God ordered the angels to pay obeisance to man. The human form is therefore considered to be higher than the ... angels, and if the angels want ultimate salvation, they are forced to ... take birth in the man-body.

This is the reason why all saints and seer have stressed the importance and the uniqueness of birth in the human form. Only in this form are we able to understand something of the glory of the creator, to.... yearn to meet Him and to be able to merge back into Him.

This is why we have been born as man: to go back to the source of all peace, light and bliss; this should be our only aim in life. A man who has himself attained communion with the Almighty, a man who has been commissioned by God to act as the shepherd to His lost children.. can explain these things to us in a direct simple manner. We are souls living in this physical body, and one day we are going to have to leave this body, our true identity is the soul which is animating the body... and which gives it consciousness. Along with the body we have a mind .. which enables us to learn about our material condition and takes us in the realm of mental activity.

So we consist of body, mind, and soul. To become aware of the higher consciousness within us we have to separate the soul not only... from the body but also from the mind as well. The soul of man has become smothered by worldly attachments and sensual pursuits. In spite of living in an age of so-called freedom where anything and everything is acceptable by society we have not found the secret of inner happiness, and the spirit of man is crying out all over the world for help.

We are living in a world in which everything is matter. Our souls on the other hand are not matter. The soul is not happy because.. the soul is a conscious entity, and a conscious entity can get its happiness only from that which is conscious. No conscious entity can get its happiness from anything material, and since the soul is living in a world of materialism, it is never happy. To regain the lost state that we all must seek we have to learn how to die while living, you must rise above the physical body and unattach yourself to the worldly temptations.

The Christ power which manifests in a human pole is eternal and you know why? because that power is the God power, and it never dies. Christ said, "I and my father are one!" The body of Jesus is no more, but the Christ power lives on. We can only find peace in this world by coming to the feet of the Christ power manifesting through his saints.

Man has made outstanding material progress; he has gone to the moon and other planets, but it is a pity that he cannot reach the heart of his neighbor who is a lot closer than the moon. We are not only cut off from our neighbors, brothers and sisters, we are cut off from our own selves.

So many of us don't have the urge to read the Holy Scriptures because we are unable to understand the inner meanings behind the words. What we have been doing is placing the world first in our lives, and only look towards God afterwards, God alone is eternal, He is the source of all joy. To choose God as our ruling passion is to gain all that is of permanent value, all else being transitory falls away into decay; this body which we are using and which we treasure so much is also subject to decay and death. If you want to describe spirituality in one word it is love, and if you want to expand it, then it encompasses God's entire creation. God is Love.

So in conclusion if we receive the grace and guidance of Christ Jesus who will help us to attain eternal peace and bliss. These blessings are offered free to all sincere seekers after truth; going back to God is our birthright but it can be exercised only through the grace of our Lord and savior Jesus Christ.

The example of God's chosen people can be seen in the life of Christ when he lived as you and I right here on earth, God Bless you all, and may God give you the light of understanding of what I've said.

PEACE
Your Brother
In Christ Jesus
William X. Jones

***** NOTICE *****
***** NOTICE *****

There is a Bible study class held every monday night in the counselling area if any of you are interested. All you have to do to attend is to send an inmate request to Reverend Johnson who will see to you being called down. A little note though, if your heart isn't in it do yourself a favor and not come, our teacher is a man of God and doesn't allow any foolishness within our class. He will give you the word but it is you who have to make it grow, I hope to see you soon.

William X. Jones

BELIEVE GOD WHAT ABOUT

YOU

My Soul Preached to Me

My soul preached to me and taught me to love that which the people abhor and befriend him whom they revile. My soul showed me that Love prides itself not only in the one who loves, but also in the beloved. Ere my soul preached to me, Love was in my heart as a tiny thread fastened between two pegs. But now Love has become a halo whose beginning is its end, and whose end is its beginning. It surrounds every being and extends slowly to embrace all that shall be.

My soul advised me and taught me to perceive the hidden beauty of the skin, figure, and hue. She instructed me to meditate upon that which the people call ugly until its true charm and delight appear. Ere my soul counselled me, I saw Beauty like a trembling torch between columns of smoke. Now since the smoke has vanished, I see naught save the flame. My soul preached to me and taught me to listen to the voices which the tongue and the larynx and the lips do not utter. Ere my soul preached to me, I heard naught but clamor and wailing. But now I eagerly attend Silence and hear its choirs singing the hymns of the ages and the songs of the firmament announcing the secrets of the Unseen.

My soul preached to me and instructed me to drink the wine that cannot be pressed and cannot be poured from cups that hands can life or lips can touch. Ere my soul preached to me, my thirst was like a dim spark hidden under the ashes that can be extinguished by a swallow of water. But now my longing has become my cup, my affections my wine, and my loneliness my intoxication: yet, in this unquenchable thirst there is eternal joy. My soul preached to me to touch that which has not become incarnate; my soul revealed to me that whatever we touch is part of our desire. But now my fingers have turned into mist penetrating that which is seen in the universe and mingling with the Unseen. My soul instructed me to inhale the scent that no myrtle or incense emits. Ere my soul preached to me, I craved the scent of perfume in the gardens or in flasks or in censers. But now I can savor the incense that is not burnt of offerings or sacrifice. And I fill my heart with a fragrance that has never been wafted by the frolicsome

breeze of space. My soul preached to me and taught me to say, "I am ready" when the Unknown and Danger call on me. Ere my soul preached to me, I answered no voice save the voice of the crier whom I knew, and walked not save upon the easy and smooth path. Now the Unknown has become a steed that I can mount in order to reach the Unknown; and the plain has turned into a ladder on whose steps I climb to the summit. My soul spoke to me and said, "Do not measure Time by saying, 'There was yesterday, and there shall be tomorrow.'" And ere my soul spoke to me, I imagined the Past as an epoch that never returned, and the Future as one that could never be reached. Now I realize that the present moment contains all time and within it is all that can be hoped for, done and realized. My soul preached to me exhorting me not to limit space by saying, "Here, there, and yonder." Ere my soul preached to me, I felt that wherever I walked was far from any other space. Now I realize that wherever I am contains all places; and the distance that I walk embraces all distances. My soul instructed me and advised me to stay awake while others sleep. And to surrender to slumber when others are astir. Ere my soul preached to me, I saw not their dreams in my sleep, neither did they observe my vision. Now I never sail the vessel of my dreams unless they watch me, and they never soar into the sky of their vision unless I rejoice in their freedom.

My soul preached to me and said, "Do not be delighted because of praise, and do not be distressed because of blame." Ere my soul counselled me, I doubted the worth of my work. Now I realize that the trees blossom in Spring and bear fruit in Summer without seeking praise; and they drop their leaves in Autumn and become naked in Winter without fearing blame.

My soul preached to me and showed me that I am neither more than the pygmy, nor less than the giant. Ere my soul preached to me, I looked upon humanity as two men: one weak, whom I pitied, and the other strong, whom I followed or resisted in defiance. But now I have learned that I was as both are and made from the same elements. My origin is their origin, my conscience is their conscience, my contention is their contention, and my pilgrimage

is their pilgrimage. If they sin, I am also a sinner. If they do well, I take pride in their well-doing. If they rise, I rise with them. If they stay inert, I share their slothfulness.

My soul spoke to me and said, "The lantern which you carry is not yours, and the song that you sing was not composed within your heart, for even if you bear the light, you are not the light, and even if you are a lute fastened with strings, you are not the lute player."

My soul preached to me, my brother, and taught as much as there is to know. And your soul has preached and taught as much to you. For you and I are one, and there is no variance between us save that I urgently declare that which is in my inner self, while you keep as a secret that which is within you. But in your secrecy there is a sort of virtue.

Peace Everlasting Your Brother

William X. Jones

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PRAYER OF ST. FRANCIS

Lord,make me an instrument of Your peace.
Where there is hatred let me bring Your love;
Where there is injury,Your pardon, Lord;
And where there's doubt,true faith in You.

Lord,make me an instrument of Your peace.
Where there's despair in life,let me bring hope;
Where there is darkness,only light;
And where there's sadness, ever joy.

O Master,grant that I may never seek
So much to be consoled,as to console;
To be understood as to understand;
To be loved as to love with all my soul.

For it is in giving to all men that we receive;
It is in pardoning that we are pardoned,
And it is in dying that we are born to eternal life.

O Lord,open my eyes that I may see the need of others,open my ears that
I may hear their cries,open my heart so that they need not be without
help,let me never be afraid to defend the weak because of the anger of
the strong,nor afraid to defend the poor because of the anger of the
rich.Show me where love and hope and faith are needed,and use me to
bring these gifts to those places.And so open my eyes and my ears
that this coming day and always I may do some work of peace for You.

O Lord,help us to be masters of ourselves, so that we may be servants of
others.

No one is too weak,too bad,too unimportant,to be God's instrument.

Everyone who loves is a child of God and knows God,but the unloving
do not know God. For God is Love. 1 John 4:7-8

Dear Jesus,help me to order my life better,help me to use my gifts to
greater advantage,help me not to turn from anyone in need,help me to
see You in the hungry,the sick,the prisoners,the lonely;help me to
show Your love to everyone I meet.

A father once complained to his clergyman that his son had forgotten
God!What should I do ?"he asked. "Love him more than ever" was the
reply. That is what God does with each one of His children,He loves us
and gently,patiently calls us to come back to Him.

(formerly Catholic Spanish Prayer Group)
submitted by
Captives for Christ Prison Ministry
(formerly Catholic Spanish Prayer Group)

INSTRUMENTS OF GOD'S PEACE.

No Christian should ever think or say that he is not fit to be God's instrument, for that is what it means to be a Christian. We may be humble about many things, but we may never refuse to be used by God. John the Baptist told the people by the river Jordan, "I baptize you with water for repentance, but the one who comes after me is mightier than I, and I am not fit to take off His shoes" Then Jesus Himself came to be baptized by him, and John said "do You come to me? I need to be baptized by You" Jesus replied, "let it be this way for now", so John baptized Him whose shoes he was not fit to take off.

The gospel is full of reassurances to us, some of them are startling. You are salt to the earth! You are light to the world! Even the hairs on your head have all been counted! The people who heard these words were given a new sense of their value as persons. Jesus gave them a sense of their meaning to the world, of their importance in His divine plan of salvation for all men. We too, have an important part to play in God's plan of salvation, and here are a couple of ways in which we can start playing our part right now.

To those who have lost their way, let us lead them back; **way*
To those whose lives are aimless, let us bring purpose;
To those who do not know who they are, let us teach them that they are the children of God and can be used in the never-ending work of healing and redemption.-----there are therefore two things for us to do: the first is never to doubt that God can use us if we are willing to be used, no matter what our weaknesses. The second is to see that God can use any other person who is willing to be used, whatever his weaknesses, and if the chance arises, we can assure of him of this truth.

A happiness that is sought for ourselves alone can never be found: for a happiness that is made smaller by being shared is not big enough to make us happy.

Brothers, we all can be instruments of God's peace no matter what our situation is. We all can be patient, kind, understanding, forgiving, compassionate, tolerant, loving, giving, self-controlled, etc. By doing these things, by re-acting to all situations by asking ourselves this important question before we re-act at all: "if Jesus was in this situation that I am in right now, what would He do?", and imitating Him, we will be His instruments of peace in a troubled, violent atmosphere.

Remember always, Jesus loves you. God bless you all.

submitted by
Captives for Christ Prison Ministry

(formerly Catholic Spanish Prayer Group)

It's A Laughing Matter

"It's a recurring and rather disturbing dream," the patient told the psychiatrist. "It's 1996, and I go down to my cellar, unlock the massive padlock, swing open the heavy door, enter the small room, take down a bottle from a rack and shine my flashlight on it's label. Then I say to my self, "Ah, yes-1980. A great year for gasoline."

Even though the marriage had degenerated into virtually nonstop bickering and fighting, the husband asked, out of habit, what his would like for her birthday.

"What I'd like is a divorce!" shrilled the woman.

"I'm **sorry**," responded the man, "but I wasn't thinking of spending that much."

Question: What is a minor snowstorm?

Answer: A minor snowstorm makes it impossible for you to get to work.

Question: What is a major snowstorm?

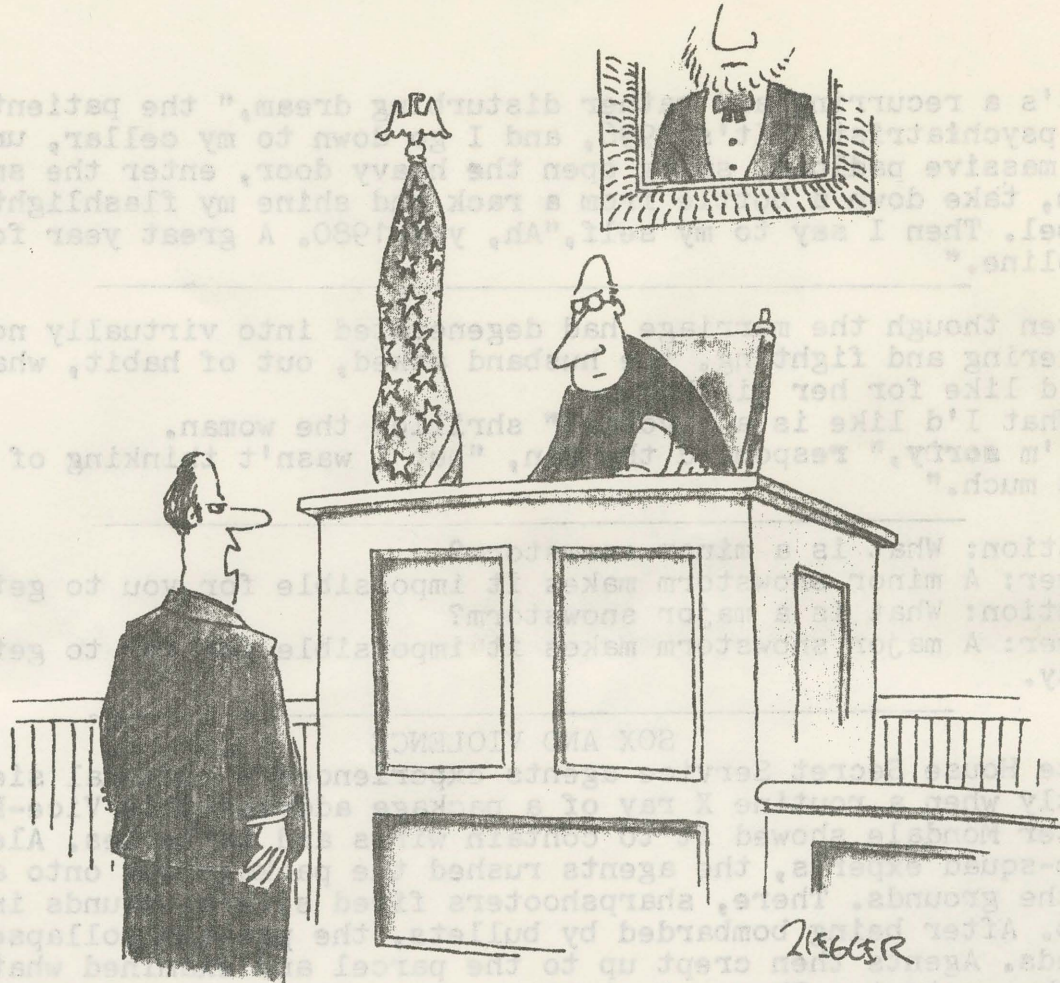
Answer: A major snowstorm makes it impossible for you to get to a party.

SOX AND VIOLENCE

White House Secret Service agents experienced a communal siezure recently when a routine X ray of a package addressed to Vice-President Walter Mondale showed it to contain wires and batteries. Alerting bomb-squad experts, the agents rushed the package out onto a safe area of the grounds. There, sharpshooters fired several rounds into the bomb. After being bombarded by bullets, the package collapsed into shreds. Agents then crept up to the parcel and examined what was left of the contents. There, in tatters, were the remnants of a pair of electric socks sent to the Veep by an admirer. Oh, Fritz, always the live wire.

"I got a haircut and a new suit just for this, your honor. I think these years in the chamber shows damaged little appreciation."

It's A Laughing Matter



"I got a haircut and a new suit just for this, Your Honor. I think fortyfive years in the slammer shows damned little appreciation."

**CONNECTICUT PRISON ASSOCIATION
VOLUNTEER SPONSOR PROGRAM
SPONSOREE APPLICATION FORM**

NAME No. INST.

DATE OF BIRTH SENTENCE BEGAN

OFFENCE SENTENCE

PAROLE ELIGIBILITY DATE EXPECTED RELEASE DATE

COMMUNITY SUPPORT

1. How many adults are on your visiting list?
2. Where does your family live?
3. How many total visits per month do you receive?

LANGUAGES IN WHICH YOU CAN CONVERSE

English Spanish French Other

WILL YOU BE REMAINING IN CONNECTICUT AFTER RELEASE?

Yes No Uncertain

If yes, to which city do you expect to go?

If no, to which state do you expect to go?

SPONSOREE'S PLEDGE

If accepted in the Volunteer Sponsor Program, I agree to:

1. Deal with my sponsor honestly, as a friend.
2. Avoid making requests of my sponsor that involve money or any breach of institutional rules.
3. Continue doing everything I can to help myself.
4. Comply fully with all policy governing objectives and procedures of the Volunteer Sponsor Program as determined by the Program Director.

I understand that the relationship can be terminated by either myself, my sponsor or the Prison Association at any time.

Return to: Connecticut Prison Association
340 Capitol Avenue, Room 101
Hartford, Connecticut 06115

Signed

Date

VOLUNTEER SPONSOR PROGRAM
HARTFORD CORRECTIONAL CENTER

A Brief Explanation of the Volunteer Sponsor Program

WHAT IS THE VSP?: The Volunteer Sponsor Program is a means of helping you help yourself. It has been run for over fifteen years by the Connecticut Prison Association to provide a selective group of volunteers from the outside to serve as friends to inmates who qualify for the program.

WHO IS THE PROGRAM FOR?: Because the number of persons applying usually exceeds the number of available volunteers, top priority is given to: those who have no one on their visiting list, and/or those who receive no visits despite having persons listed. Beyond this factor, preference is given to: those who have at least three months to go before their next parole hearing, and those who best match the volunteers on hand.

WHAT DOES A SPONSOR DO?: The volunteer is basically a friend, not an employment agent, psychologist, or professional counselor. Responsibilities include:

1. Visiting you regularly (on an average of once per week.)
2. Helping you think through your plans for the future.
3. Corresponding regularly, according to your desires.
4. At the time of release, assisting you in the transition to the community, in coordination with any help being given by a Probation or Parole Officer, the Connecticut Prison Association, or any other agency involved.
5. After release, being available to provide any guidance or encouragement appropriate to the friendship, and desired by you.

WHAT IS THE SPONSOR NOT PERMITTED TO DO?:

1. To try to effect any early release dates for you.
2. To act against any institutional regulations.
3. To become involved with the legal aspects of your confinement.

WHAT CAN YOU DO FOR THE VOLUNTEER SPONSOR PROGRAM?:

1. Give the sponsor your best; show that you are trying to help yourself.
2. Avoid playing games; if the relationship isn't working, let someone know.
3. Report any unexpected loss of contact (over one month) with the volunteer.
4. Act as an informal consultant by suggesting ways to improve the Volunteer Sponsor Program.

PROGRAMA DE PADRINOS VOLUNTARIOS

¿QUE ES EL "PPV"?

El Programa de Padrinos Voluntarios, es diseñado para "ayudarle a que se ayude a sí mismo". Este programa ha estado administrado por más de quince años, por la Asociación de la Prisión en Connecticut, para proveer a un grupo selecto de voluntarios de "afuera" para servir como amigos a los presos, quienes califican para este programa.

¿PARA QUIEN ES EL PROGRAMA?

Debido a que el número de los que solicitan, generalmente, excede al número de Voluntarios disponibles, la prioridad se le dá a: aquellos que no tienen a nadie en su lista de visitantes, o a quienes no reciben ninguna visita, a pesar de tener una lista de visitantes. Preferencia es dada a quienes les falta por lo menos unos ocho meses para su próxima audiencia de palabra, (parole), y a aquellos a quienes mejor les corresponda la lista de voluntarios disponibles.

¿QUE HACE UN PADRINO?

El Voluntario es básicamente un amigo, no un agente de empleo, o psicólogo, o consejero profesional.

Responsabilidades incluyen:

1. Visitarle con regularidad. (O un promedio de dos veces al mes.)
2. Ayudarle a pensar, seriamente, en sus planes para el futuro.
3. Escribirle regularmente, de acuerdo a su deseo.
4. Al tiempo de salir de la prisión, ayudarle en su transición a la comunidad, en coordinación con la ayuda que le preste el Oficial de Parole, la Asociación de la Prisión en Connecticut, o alguna otra agencia envuelta.
5. Después de su salida, estar disponible para proveerle cualquier guía, aliento apropiado a la amistad, y que usted lo desee.

¿QUE ES LO QUE AL PADRINO NO SE LE PERMITE QUE HAGA...?

1. Tratar de influenciar que la fecha de su salida sea antes del tiempo ya fijado.
2. Actuar contra los Reglamentos de la Institución.
3. Envolverse con los asuntos legales de su confinamiento.

¿QUE ES LO QUE USTED PUEDE HACER POR EL PROGRAMA DE PADRINOS VOLUNTARIOS?

1. Ofrecer al Padrino lo mejor que usted sea capaz. Demostrar que usted está interesado en ayudarse a sí mismo.
2. Evite hacer del programa un juego; si la relación no funciona, hágalo conocer a alguien.
3. Informe de alguna pérdida de contacto inesperada, (más de dos meses), con el Voluntario.
4. Actúe como un miembro informal de consulta, sugiriendo formas cómo mejorar el Programa de Padrinos Voluntarios.

ASOCIACION DE LA PRISION EN CONNECTICUT
PROGRAMA DE VOLUNTARIOS

SOLICITUD PARA EL RECLUSO

NOMBRE NO INST.....
FECHA DE NACIMIENTO SENTENCIA COMENZO.....
DURACION DE SENTENCIA FECHA ANTICIPADA DE SALIDA.....

SALE LIBRE _____

BAJO PALABRA _____

PROBACION _____

APOYO DE LA COMUNIDAD

1. ¿Cuántos adultos hay en su lista de visita?
2. ¿Dónde vive su familia?
3. ¿Cuántas visitas recibe en total mensualmente?

IDIOMAS EN QUE USTED PUEDE CONVERSAR

Inglés Español Francés Otros

¿SE QUEDARA EN CONNECTICUT CUANDO TERMINE SU SENTENCIA?

Sí No No sé

Si se queda, ¿en qué ciudad espera estar?

Si no, ¿a qué estado piensa irse?

PROMESA DEL RECLUSO

Si soy aceptado en el Programa de Voluntarios, convengo en:

1. Actuar honestamente con el voluntario asignado, como un amigo.
2. Evitar pedir al voluntario todo lo que envuelva dinero o romper cualquiera de las reglas institucionales.
3. Continuar haciendo lo posible por ayudarme a mí mismo.

Entiendo que nuestra relación puede terminar cuando yo o el voluntario lo desee.

Firma

Fecha

Retorne a: Connecticut Prison Association
340 Capitol Avenue, Room 101
Hartford, Connecticut 06115

T · A · S · C

PRE-TRIAL INMATES, NOTICE!!!

All inmates in a pre-trial status that have a drug or alcohol problem should look into this, while awaiting trial.

TREATMENT ALTERNATIVES TO STREET CRIME

Ask for TASC:

- * If your drug problem was a cause for your arrest, or if your drug abuse is creating hassels in your life.
- * If you want treatment for your drug problems.
- * TASC may be able to help you with your court case and get you into treatment. TASC will work with you and your attorney as soon after your arrest as possible.
- * TASC does not work with people who have a history of violent crimes such as: murder, arson, kidnapping and sexual assault.
- * If you are interested, write your name & number below and send it to: Jean Gladding or Mary Kilroy, Counselors for Addiction Services.

T. A. S. C.

To help TASC to help you more quickly, fill in as much of this information as you can and send it back to: Jean Gladding or Mary Kilroy. PLEASE FILL IN AS COMPLETELY AS POSSIBLE. VERY IMPORTANT.

NAME: _____ I.D.#: _____ SENT: _____ UNSENT: _____

HOUSING UNIT: _____ LAWYER: _____ COURT: _____

CHARGES: _____ COURT DATE: _____

DATE: _____

SIGNED: _____

Notice!

Notice!

Notice!

An increasing number of inmates are completing magazine subscription forms, requesting, "Bill Me Later". These are not authorized and I am sure many of you can figure out why. If you desire a magazine subscription, you have two options:

1. Request of your family to take it out on your behalf and have them deliver it here under Book Authorization.
2. See your counselor and enclose payment with order.

You must put your name and your current address on all outgoing mail. When you do not, I open it to determine the sender. If undetermined, it is thrown away! If determined, it is returned to you for proper addressing. See the time loss in the process?

If you have a need to see your counselor, put in a request slip. Under normal circumstances, the unit officer will not call the counselor on your behalf. And you are only creating more problems for everyone involved by asking him to do so.

Deputy Warden, Evelyn Horn

To help TASC to help you more quickly, fill in as much of this information as you can and send it back to: Jean Gladstone or Mary Kirov. PLEASE FILL IN AS COMPLETELY AS POSSIBLE. VERY IMPORTANT.

NAME: _____ I.D.#: _____ SENT: _____ UNSENT: _____

HOUSING UNIT: _____ LAWYER: _____ COURT: _____

CHARGES: _____ COURT DATE: _____

DATE: _____ SIGNED: _____

"ATTENTION" "ATTENTION" "ATTENTION" "ATTENTION"

HARTFORD COMMUNITY CORRECTIONAL CENTER JAYCEES CHAPTER #0187

FOR THE MONTH OF APRIL WE THE JAYCEES, ARE GOING TO HAVE A PHOTO DRIVE. EVERY 3 PICTURE'S THAT YOU TAKE, YOU WILL GET ONE FREE, "THAT'S RIGHT" YOU WILL GET ONE FREE! ON THE JAYCEES, SO PLEASE FILL OUT THE FORM BELOW AND PUT IT IN THE BUSINESS OFFICE BOX. OR FORWARD IT TO LARRY JENKINS #E-2-47, OR MELVIN DANIELS #E-2-38. FOR LIMITED TIME ONLY! STARTS APRIL 1, 1981, ENDS APRIL 30, 1981.....

(ALL PHOTO'S ARE A \$1.50 EACH)

IN JAYCEES SPIRIT,
LARRY JENKINS #E-2-47
SECRETARY/TREASURER

H.C.C.C. JAYCEES CHAPTER #0187

AUTHORIZED MONEY WITHDRAWEL FORM

NAME _____ CELL NUMBER _____

I.D. NUMBER _____ DATE _____

AMOUNT OF WITHDRAWEL FROM ACCOUNT _____

PURPOSE OF THIS WITHDRAWEL _____

APPROVED BY _____

(AUTHORIZED SIGNITURE)

CHAIRMAN

LARRY T. JENKINS #E-2-47

ASST. CHAIRMAN

MELVIN DANIELS #E-2-38

"ATTENTION" "ATTENTION" "ATTENTION" "ATTENTION"

PUBLICATIONS HELPFUL TO PRISONERS

Correctional Law: A Bibliography of Selected Books and Articles.
Correctional Law Project, American Correctional Association.
Maryland, 1977.

As it suggests, it is a bibliography that includes books and articles dealing with access to the courts, civil rights litigations/ Section 1983 actions, grievance procedures, legal education of prison employees and inmates and twenty more chapters.

Criminal Procedure in a Nutshell. Jerold H. Israel and Wayne LaFave., West Publishing Company. St. Paul, Minn. 1971.

This book concentrates on constitutional criminal procedures and their limitations. The Fourth, Sixth and Fourteenth Amendments are heavily covered. Also included is a table of cases.

The Law of Corrections and Prisoners Rights in a Nutshell.
Sheldon Krantz. West Publishing Company. St. Paul, Minn. 1976.

This book contains an overview of the sentencing process, the status of pretrial detainees and convicted offenders, prisoners' rights and responsibilities and one chapter on prisoners' remedies. The book ends with a chapter on the restoration of rights for released prisoners.

Prisoners' Legal Rights: A Bibliography of Cases and Articles.
Richard D. Singer. Warren, Gorham Lamont, Inc. Boston, Ma. 1971.

This book includes a list of articles on judicial review, jailhouse lawyers, medical aid, court cases, freedom of religion, prison mail and other topics.

Prisoners Rights. Marilyn G. Haft and Michelle Hermann. Practising Law Institute. New York, 1972. 2 volumes.

This book contains articles, opinions and cases involving first amendment rights, rehabilitation, parole, due process and prisoners' rights lawsuits.

Prisoners' Rights Litigation Manual. Resource Center on Correctional Law and Legal Services. Published by the American Bar Association, Commission on Correctional Facilities and Services.

This book concentrates on such topics as due process in disciplinary hearings, the rights of inmates to a law library, prison mail regulations, enforcing prisoners' rights to medical treatment, and remedies to be sought by prison litigation. Also includes various cases and working papers.

"GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CAN NOT CHANGE.
THE COURAGE TO CHANGE THE THINGS I CAN, AND THE WISDOM TO KNOW THE DIFFERENCE."
PUBLICATIONS HELPFUL TO PRISONERS (cont.)

The Rights of Prisoners. Revised edition by David Rudosky. American Civil Liberties Union, 22 East 40th Street, New York, New York 10016. Will be available June, 1977 at no cost to prisoners.

This is a basic ACLU guide to prisoners' rights covering such issues as due process, cruel and unusual punishment, prison censorship, religious and racial discrimination, jail conditions and reform. Also included are two appendices that list the names of organizations active in prisoners' rights litigation and a selected bibliography.

A Jailhouse Lawyers Manual: by the Columbia Rights Law Review, Box 54, Columbia Univ. School of Law, 435 W 116th St. N.Y., N.Y., 10027 \$5.00

Prisoners Yellow Pages; 1980 edition lists state, national, and foreign agencies serving needs of cons and ex-cons, plus directory of law libraries. Free to prisoners courtesy of the Playboy Foundation, \$3.95 to other. Universal Press, 5300 Santa Monica Blvd., Suite 304, L.A. California 90029

How to Use a Law Library. Peoples Law School/558 Capp St./ San Francisco, CA. 94110. \$1.35, free to prisoners. Includes court structure and guide to legal literature.

Information on Prison Law Libraries. American Association of Law Libraries. 53 West Jackson Blvd., Chicago, Ill. 60604

This package includes information on which libraries offer services to prisoners, a directory of law library consultants to correctional institutions and a checklist for all states of the minimum criteria and requirements for prison law libraries. These publications are free to prisoners. For others the package is \$10.00.

The Trumpet; A bi-monthly publication of the ACLU; free to all inmates, \$5.00 a year to others; Clearinghouse on Prisons and Jails, 88 Walton Street, N.W. Atlanta, Ga. 30303

Life is Sweet,
Life is Swell,
Go to Jail,
Life is Hell!

Hit the Street,
Do the Crime,
Back to Jail,
Do more Time!

CELL #: _____ SIGNATURE: _____

FILL OUT AND RETURN TO: MARY KILROY, A.A. COUNSELOR IF YOU WISH TO

BECOME A MEMBER OF A.A.

E A S Y D O E S I T ! ! !

"GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CAN NOT CHANGE.

THE COURAGE TO CHANGE THE THINGS I CAN.

AND THE WISDOM TO KNOW THE DIFFERENCE."

ALCOHOLICS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

R U L E S F O R A . A . M E E T I N G S

- 1) The meetings will start at 7:00 P.M. and end at 9:00 P.M. Once in the meeting, no one will be allowed to leave the room. If you feel sick, stay in your unit.
- 2) Individuals will not be called from the gym for Social Visits. If you expect a visit, do not come to the meeting.
- 3) Men will not be allowed to leave for sick call or commissary. The commissary will remain open after 9:00 P.M. for those men at the A.A. meeting.
- 4) Sugar is for use in the meeting. Anyone caught taking more sugar than needed for a cup of coffee will receive a disciplinary report and his name will be taken off the A.A. list
- 5) To avoid distracting others whom may be listening to the speaker, there will be no talking permitted during the meeting.
- 6) Those who smoke MUST use an ashtray.
- 7) Those who drink coffee will put their empty cups in the large barrel located near the doorway, on their way out of the meeting.
- 8) Only one cup per person will be allowed. If a second cup is desired, please hold on to your cup.
- 9) If you should move to a different cell, it is your responsibility to notify Mary Kilroy by request that you are in a new cell.

I would like to become a member of A.A. I fully understand the rules governing the organization. I agree to conform to the guidelines of A.A. as well as the institutional guidelines outlined above. I understand that any deviation from these rules will result in loss of A.A. privileges as well as disciplinary action.

CJIS #: _____ CELL #: _____ Signature: _____

FILL OUT AND RETURN TO: MARY KILROY, A.A. COUNSELOR IF YOU WISH TO BECOME A MEMBER OF A.A.

E A S Y D O E S I T ! ! !

*****COMMUNITY CORRECTIONAL CENTER - HARTFORD*****

***** COMMISSARY LIST - 1981 *****

TOBACCO'S*****	TOILET ARTICLES*****	PEANUTS.....25
CAMEL.....45	REGULAR COMB.....05	FIG NEWTONS.....25
NEWPORT.....45	AFRO COMB.....25	OREO'S.....25
KOOL.....45	AFRO PIC.....25	PEANUT BUTTER
MARLBORO.....45	TOWEL.....\$2.20	COOKIES.....20
MARLBORO-	FACE CLOTH.....30	POP CORN.....20
LITE'S 100.....45	*****	POTATO CHIPS.....20
WINSTON.....45	CLOTHING*****	POTATO STICKS.....20
PALL MALL.....45	T-SHIRT.....\$1.70	DRAKES COFFEE CAKE..25
SALEM.....45	SHORTS/EACH.....\$1.90	DRAKES PIES.....25
LIBERTY.....45	WHITE SOX/PAIR.....\$1.00	DRAKES DOUGHNUTS...30
BOURBON BLEND...60	HANDERCHIEF.....35	PASTRY'S.....25
HALF/HALF.....55	GYM SHORTS/EACH...\$3.50	SLIM JIM.....25
CHERRY BLEND...55	BASEBALL CAP.....\$2.60	PUNCH.....10
APPLE BLEND...60	*****	COUGH DROPS.....30
TIAJUANA SMALLS.60	STATIONERIES*****	ICE CREAM SANDWICH..15
PHILLIE TIPS...35	COLORED PENCILS...\$1.70	FREEZE POPS.....05
PARODI.....55	CHARCOAL PENCIL.....40	KOOL AID.....70
DUTCH MASTERS...90	KNEADED ERASER.....45	TANG.....45
CIGARETTE PAPERS20	PICTURE FRAME.....\$1.70	BAG COFFEE.....\$2.10
CIGARETTE ROLLING	DRAWING PAD.....\$1.55	SUGAR.....\$1.70
KIT.....\$2.25	LEGAL PAD.....45	CREMORA.....\$1.30
PIPES.....\$1.00	CARBON PAPER.....05	HOT COCOA.....\$1.25
PIP FILTERS.....25	STAMPED ENVELOPE...3/50	SODA AVAILABLE UPON
*****	PEN.....20	REQUEST.....20
COSMETICS*****	PLAYING CARDS.....75	*****
IRISH SPRING...45	PINOCLE CARDS.....70	NEW ITEMS*****
IVORY SOAP.....25	TYPEWRITER PAPER...10/10	COFFEE MUG.....70
CHAP STICK.....70	RADIO.....\$40.00	SHOWER CLOGS.....90
HEAD & SHOULDERS..	BLACK & WHITE TV.\$115.00	DIAL DEODORANT.....90
SHAMPOO.....\$1.30	*****	HAIR BRUSH.....\$1.10
BABY SHAMPOO..\$1.10	THINGS TO MUNCH & SIP***	*****
AFRO SHEEN SHAMPOO	ALMOND JOY.....25	
.....90	BIT-O-HONEY.....25	WHEN PURCHASING A RADIO
SULPHER 8 SHAMPOO	CHOCOLATE CRUNCH.....25	OR A TV SET, ASK WHO
.....\$1.25	M & M'S CHOCOLATE...25	EVER IS WORKING AT THE
SULPHER 8 COND.1.15	MILKY WAY.....25	STORE FOR A REQUEST
PROTEIN #29 COND..	SNICKERS.....25	SLIP TO PURCHASE EITHER.
.....\$1.30	O-HENRY.....25	<u>DELIVERY IN 1-2 WEEKS..</u>
VO/5 COND.....\$1.90	MOUNDS.....25	""""""ATTENTION""""""
ROYAL CROWN.....80	PEPPERMINT PATTY...25	THE PRICES LISTED ABOVE
MENNEN AFTA...\$1.35	REESE'S PEANUT BUTTER.25	ARE SUBJECT TO CHANGE
MENNEN DEODORANT..	TOOTSIE ROLL.....25	<u>WITHOUT ADVANCE NOTICE!!</u>
NOXEMA.....\$1.45	3 MUSKETEERS.....25	
MENNEN POWDER.\$1.45	LICORICHE.....20	
PERMA-GRIP....\$1.30	LIFE SAVERS.....20	
POLI-GRIP.....\$1.40	DENTURE CUP.....90	
SOAP DISH.....35	MOUTHWASH.....45	
TOOTHBRUSH.....15	COLGATE TOOTHPASTE...55	
JERGENS LOTION.1.30	COCOA BUTTER.....\$1.25	
MAGIC SHAVE.....90		

""THE PRICES LISTED ABOVE ARE SUBJECT TO CHANGE WITHOUT ADVANCE""

""NOTICE""

""NOTICE""

""NOTICE""

""NOTICE""

*****NOTICE*****
 *****NOTICE*****
 *****NOTICE*****

Month: MARCH Year: 1981

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

***** COMMUNITY ORGANIZATIONAL SECTORS - HARTFORD *****
 ***** COMMUNITY ORGANIZATIONAL SECTORS - HARTFORD *****