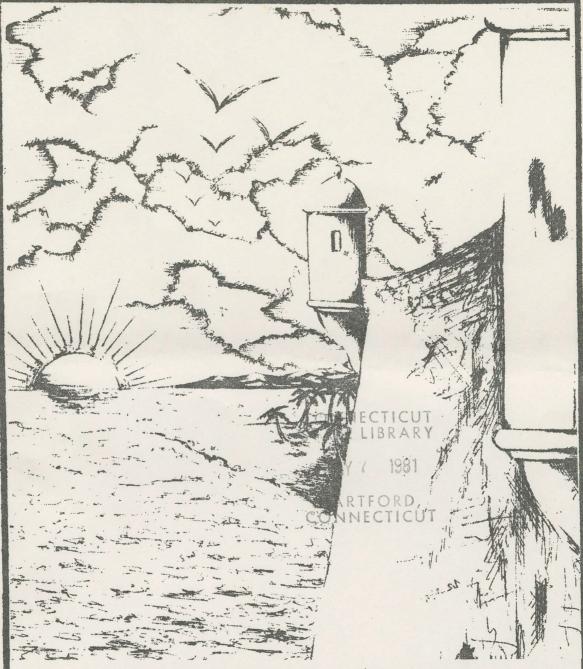
Co80 har Cou 1981

# The Courier



THE SUMMER NO SWEETER WAS EVER; THE SUNSHINY WOODS ALL ATHHRILL; FARNESS-OH GOD! THE GRAYLING ASLEEP IN THE RIVER, HOW I'M STUCK ON IT ALL. THE BIG HORN ASLEEP ON THE HILL. THE STRONG LIFE THAT NEVER KNOWS THE WILDS WHERE THE CARIBOU CALL;

THE FRESHNESS, THE FREEDOM, THE

BY ROBERT W. SERVICE

JUDGED BEST INMATE PUBLICATION 1975 HONORABLE MENTION 1977

APRIL, 1981

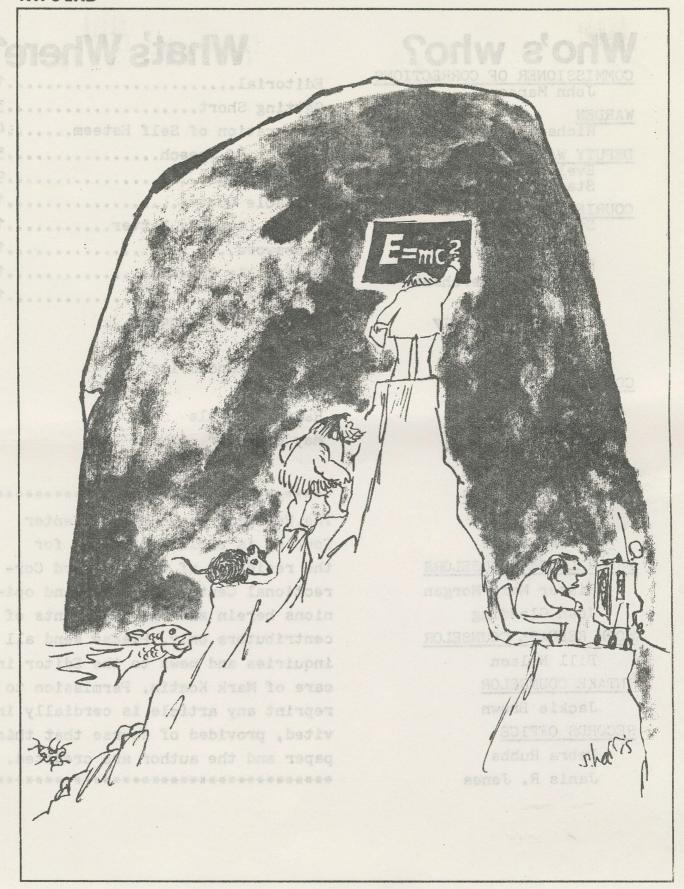
## Who's who? John Manson WARDEN Richard Wezowicz DEPUTY WARDENS Evelyn Horn Stanley Stadnicki COURIER STAFF Staff Advisor Mark Kostin Editor Ernest E. Merchant Printer Timothy Rafferty Typist Stephen Pepe COUNSELORS Peter Hough Don Daigle Lou Pelletier Glenn Hamilton ADDICTION SERVICES Mary Kilrey Steve Clarke PRE-RELEASE COUNSELORS Sister Mary Morgan Jean Gladding WORK RELEASE COUNSELOR Bill Nelson INTAKE COUNSELOR Jackie Brown RECORDS OFFICE

Debra Rubba

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## What's Where?

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Radio Schedule	
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## Editoria le sed at escategaco ditu

# INSTITUTIONAL CONSTRUCTION

No new detention or penal institution should be built before alternatives to incarceration are fully provided for. Specifically, the construction of new prisons, jails, juvenile training schools, and detention homes should be halted; at least until the maximum funding, staffing and utilization of non-institutional correction has been attained.

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What is the justification for this position in view of the present condition of these institutions?

There is scarcely a large city in the country that does not suffer crowded jails and detention facilities. In some jails, two or more persons are caged in cells designed for only one. The buildings are often dirty, cramped, and suffocating. Their age (some are more than two hundred years old) defies adequate refurbishment and modernization.

The results of overcrowding under such conditions are evidenced by high tension, conflicts, and, sometimes, riots and death.

The large state and federal prisons and training are often overcrowded, though not so severely as the city jails and detention homes.

But many fo these facilities are among the most dismal custodial buildings in the country. Typically, they are in remote areas of the state,

far from the inmates families, far from universities with their behavior specialists and education problems, far from industries with its

opportunities for training and work-release, far from medical centers with competence in therapy and research.

Our incarceration and detention institutions have frequently been characterized as sordid and destructive. Rather than rehabilitate, they dehumanize and criminalize. Prison protests have been rising. Inmates have rebelled; some, to protest their brutalizing prison experience, have even crippled themselves by outting their Achilles tendons.

There is a compelling reason turning aside from prison treatment to community treatment; it's summed up by the director of the Prosident's Grime Commission: "If we take a person whose criminal conduct shows he cannot manage his life, lock him up with others like himself, increase his frustrations and anger, he is almost certain to be more dangerous when he gets out than when he went in."

A recent jail census carried out by the National Criminal Justice
Information and Statistics Service showed that 52% of all persons in
jail were in pre-trial status. Most of them could not post bail or
qualify for release—on-recognizance.

The results of overcrowding under gaps conditions are evidenced by bigs

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vice apartalists and education problems, for from industries with its

### GETTING SHORT

To the repeater it's just another jail, the same old system with the same old rules, just a different town and different faces; some of them loud-mouthed punks, some of them low down good for nothing snitches, and a few good bro's to help pass the time. All the while trying to keep your mind off what's really going on; at least it's one way of dealing with things, at least it's my way.

To the first timer, it's a new experience, one that he'll soon get used to depending on his stay and state of mind; but he won't ever forget, or be the same. A man who has spent any time in here knows what I mean, it's something that can't really be put into words or explained on paper. Once a man has been here, it more than likely won't be his last time, which is sad, but never the less true. All you can do is try your best to stay out. You're the only person that can keep yourself out and free of life's biggest dead-end and waste of being. No one else is going to do it for you, and thats a fact.

I'm getting short now and God knows I've seen these walls for too many years, and I hope to God I don't ever have to see another calendar go by. I ask myself why all this has been, but I can't come up with an answer to justify my stay and all the hurt my family and freinds have gone through behind my actions.

I've burned a lot of bridges in my short stay on earth and maybe I can start rebuilding a few of those bridges, and then again, maybe not I've lost a lot.... But I will say this, I'm sure as hell going to give it one heck of a try. I long for the wind in my face and the road passing under my feet, I've got places to go and so many things in life to see and live. God I'm coming home again and God give me the strength to stay.

By William Morrissette "Wild Bill"

### DECLARATION OF SELF ESTEEM...

I am me.

In all the world, there is no one else exactly like me. There are persons who have some parts like me, but no one adds up exactly like me. Therefore, everything that comes out of me is authentically mine because I alone chose it.

I own everything about me-my body, including everything it does; my mind, including all its thoughts and ideas; my eyes, including the images of all they behold; my feelings, whatever they may be-anger, frustration, joy, love, disappointment, excitement; my mouth, and all the words that come out of it, polite, sweet or rough, correct or incorrect; my voice, loud or soft; and all my actions, whether they be to others or to myself.

I own my fantasies, my dreams, my hopes, my fears.

I own all my triumphs and successes, all my failures and mistakes.

Because I own all of me, I can become intimately acquainted with me. By so doing I can love me and be friendly with me in all my parts. I can then make it possible for all of me to work in my best interests.

I know there are aspects about myself that puzzle me, and other aspects that I do not know. But as long as I am friendly and loving to myself, I can courageously and hopefully look for the solutions to the puzzles and for ways to find out more about me.

However I look and sound, whatever I say and do, and whatever I think and feel at a given moment in time is me. This is authentic and represents where I am at that moment in time.

When I review later how I looked and sounded, what I said and did, and how I thought and felt, some parts may turn out to be unfitting. I can discard that which is unfitting, and keep that which proved fitting, and invent something new for that which I discarded.

I can see, hear, feel, think, say, and do. I have the tools to survive, to be close to others, to be productive, and to make sense and order out of the world of people and things outside of me.

I own me, and therefore I can engineer me.

I am me and I am okay.

Satir, V. PEOPLEMAKING. Palo Alto, California: Science and Behavior Books. 1972

passing under me to go and so many things in ::

11 To to see anocymic Nover I'm coming home again and God give me the

By William Morrisaette "Wild Bill"

#### FREEDOM OF SPEECH

that they love them and they amow how nard it is to raise them.

modd y mow for bon foods or a By Mitchell Henderson medd works or (A about it let them know you know and what it's doing to you and them. Don't be afraid because that 5 apiqoToo to hold the family together.

- It takes both the child and the parent to work at it, Communicati 1. Parent's: Roles they play. A many spoy work of you fand all it
- Problems and tribulations | bear won vasve work and Jel 2. Drugs:
- What it's about and how it afects you. A Jank ofsigers
- 4. Words of an experienced person and prob of allow and office wor
- 5. How to deal with the above in the right way. Jalf wow is both .DOV
- 6. Open discussion.

### - Parents - A 22000 - .

For the whole family, when there's a family that has both mother and father, the stress is more likely to be a little easier on the family's household. But they still have problems. It may be financially or maritally. The may of the seried therem will on being

The children play the most important role in problems which mund to be solved or get worse. What you as the child should do is to have an open and homest relationship with the parents. When I say open relationship to mean, if you see thier problem, go to them and let them know of your concern and what it's doing to you. Especially If it's driving you to hanging out on the streets or getting you into any type of drugs. Take my word for it and you'll not only may , or stop a family from oreaking up, but also you're saving yourseif . from roolems that you will regreted lacoxe what site

For the single parent the stress is more effective in the housecold. Most likely the parent has doubts whether their raising the children up right, or maybe they have financial problems. Whatever the case may be, it may have started them to using drugs heavily. And the children may were all this and keep it to themselves. But iget's not the way to go about it, because in the long run the child is the one who gets cheated. The child should let the parents know

that they love them and they know how hard it is to raise them. Also show them by getting good grades in school and not worry them as much. And if they do have a drug problem and they think you don't about it let them know you know and what it's doing to you and them. Don't be afraid because that's their job to hold the family together. It takes both the child and the parent to work at it. Communications is the best way to know your parents and for them to know you. Also let them know every new and then you love them and how much you appreciate what they're doing. And always remember that they brought you into this world, so don't hurt them, love them because the, love you. And if you listen to what I have just said and abide by it you will see the change...

#### - DRUGS TRIBULATIONS -

When I speak on drugs, I mean from alcohol to any mind affecting chemical. To start I would say that many of you think you know what drugs can do to you, but really you don't until you've experieriesced It or semeche like myself brings it to your attention. So I want to let you know what they can do to you. And believe me when I say that they can't do anythicz good for you. And if you ctart taking drugs then you can say ou started a problem. I say problem instead of hebit bacause a habit is a problem. Some people take drugs because of a problem they have or Lecause they think they like the high, but it's better to get high off of life and you only have one life to live. and if you deal in drugs, then you're dealing away the best part of your life. Also, don't let anyone tell you any type of drug is good for youbecause it's not, except for medical purposes. Let me tell you · the tribulations of drugs; for one it costs money, and money doesn't grow on trees. That's the last thing anyone should want to spend their because it's a problem and no one wants a problem. So why buy a probiem? And if you don't have any money that means crime, which I will cover later in my discussion. Another thing is sooner or later you're going to get a very bad deal. If it's not jail then it's losing your

mind or your life which you may never regain. Because there's no guarentee on drugsexcept a failure. Some people take drugs because it makes them feel more of a person or because someone told them how it makes them feel. But let me tell you because I experienced it and I know what it does to you. I'm not here to lie to you, I'm here to let you know the facts. If you don't believe me ask another adult, meaning your parents or someone else you think would know. One more thing, drugs are habit forming, any kind if you abuse it, some you haulucinate on, and others you could die from. The problem does not disappear. The drugs first compound your problem. It's a dead end triplike jumping off a twenty story building. There is no way to go but down.

## - CRIME -

Everyone knows crime is against the law. If you break it you bring trouble to yourself. The law was made not to be broken, but to protect and to be abided by. When you commit a crime then you have to deal with the consequences. If it means to do time or pay a fine. If you haven't committee a crime then don't, because it's a problem for you and the person you committed the crime on. Don't let anyone tell you it's good to commit a crime. For one thing jail is no play house or is it fun. It's hard and a very big problem for you and the people woo love you. You're away from them and they may need your more! support.

Apparently most of our younger people fail to realize the understanding of committing a crime. Also how easy it is to get in o.Most of them just start off maybe just taking a few bags from old ladies. Then just maybe there might be enough money in the bag to go out and how some smoke. He or she probably would go and treat someone who they are close to and talk about how he or she came across making the fast money, and probably would entice the other person into doing the same thing later. This is mostly now all crime begins; it is being passed down from one person to another. Yet still this is committing a crime to entice another persons soul to go out and break the low. Crime is all over not just in our schools, streets but even in our homes. It is even considered a crime when one takes money from their parents. Most people even fail to realize that, not only from others.

Crime is something that goes back centuries before my time and my parents and theirs. Just think for a moment how many of you read the newspaper? Every day you can pick up the paper and see that people are committing crimes all over the world. It is time for us to try and c change things, not only for ourselves but for others also. There are so many people doing a life time in jail and there are other people who just spend their time going in and out of jails, but what do they accomplish? Nothing. But every time they got out they would go out and commit another crime. There are the people who don't have any goals in their rives and don't want anyone give to do any better in life than they are. But dom't be misguided by someone who don't care about anything in life. Crime is a very hard topic to speak on but I sincerly hope that some of you understood what I was saying to you.

## - How To Deal With The Discomforts Of Life -

First of all if you haven't begun to have these discomforts, then do 't start because they're hard to get rid of. And so you wen't start, get yourself involved in some activity like joining the YEVA or the YEVA because they have all erent things for you to do, or start a hobby you enjoy.

There are a lot of ways to avoid drug; or crime coming into your life. But you have to be the one to keep it out your life. Now take he for crample, I can cally speak to you about the right things to so, but it's left up to you to do the right thing. If it gets to when you can't do that then get some guidance from your parents or as order prother or sister. They can also tell you how to deal with It is the right manner. because they would also be hurt if you got involved in those discomforts, or maybe you have a frien' that's sincere and you are really close to. They too will help or have someone help you. Also, your teacher can guide you right. So think about what I have said in what my whole speech, and if you take everything into deep consideration you can't lose and you'll be happy you did. Well I'm goting to close now and I want you to appreciate what I've done and realized. I promise you can't to wrong. You only have one life to live so live It happy not mistrable.

scents. Most people even fail to realize that, not only from others

# It's A Laughing Matter

It strikes us as logical that executives of laxative manufact-
uring firms should put in irregular hours.
***************************************
"Say Harry, your fly's open."
"I know it. The love my girl and I had for each other died last
night, so I'm wearing my zipper at half-mast."
"Your application says you left your last job because of ill-
ness, commended one personner mane
"What was the nature of the ailment?"
"Well," replied the applicant, "the boss just got sick of the way
I had been doing things."
<b>教育技术的企业的企业的企业的企业的企业的企业的企业的企业的企业的企业的企业的企业的企业的</b>
"Next to a beautiful girl, what do you consider the most inter-
esting thigh in the world?"
"When I'm next to a beautiful girl, I don't bother about stati-
stics." 40 Discover 40 Discover 42 Mineral surface 42 Mineral surface 43 Mineral surface
*******************************
ALL ALONE
Here I sit in the moonlight,
Abandoned by women and men,
Murmuring over and over
"I'll never eat onions again."
*************************************
A cannibal took his baby to a witch doctor and said: "Doc, I don't
know what's the matter with him; he won't eat anybody!"
*************
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The average human carries about 50,000 miles of blood vessels.

The human eye can distin-. about 17,000 different colors.

Desert snails may sleep in their shells for as long four years at a time.

The Flea is the long-jump champion of the world. It can leap as far as 12 in., 120 times its own length. For a person to equal this feat, the jump would need to exceed the length of two football fields.

When you see the setting sun meet the horizon, you, re actually seeing an illusion caused by the bending of light in the atmosphere. The instant you see its image touch ground, the real sun has just dropped completely below the horizon.

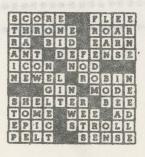
There are more insects in

10 square miles of Arctic

tundra than there are mammals in all of North America.

The human heart pumps 1.5 million gallons of blood a year. During the average lifetime, it will propel enough liquid to fill the fuel tanks of a fleet of 2,100 Boeing 747 jets.

Even if a person of average weight spends a day sitting at a desk, he will have to break down 1.6 trillion trillion molecules of glucose—or the equivalent—for fuel. And in converting the sugar into carbon dioxide and water, he will use energy more efficiently than a diesel engine running at full throttle could.





## Crossword Puzzles

38	Very small
40	Public notice
41	Heroic in scale
42	Leisurely walk
-	

#### 44 Undressed fur 45 Intelligence

## ACROSS

-	Tally mark		DOWN
6	Vanish		
0	Royal seat		Strive
2	Bellow	2	Risk
3	Egypt. sun god	3	Else
4	Auction offer	4	Boy's name
5	Acquire by labor		City in Oklahoma
6	Burrowing insect		Independence

16	Burrowing	insec
	Protection	
20	Image	
22	Head moti	on

3	22	Head motion
	23	Stairway post
		Hood
9	29	Game trap
9	31	Fashion
	32	Refuge
ĺ,	01	2071

Am F	June nup
31	Fashion
32	Refuge
36	Winged insect
37	Large book

ACROSS

7 Slumbers 13 Severe trial

21 Snare 23 Engrossed 24 Slam 26 Hard rock 28 Glue 29 Easy gait

1 Thinly scattered

14 Imposing door 15 Very little 16 Enter; pierce 18 In case that 19 Furniture vehicles 20 Man's nickname

/	Lend	3	
8	Org	ans of	hearin
9	Sea	eagle	

	and adding
11	Paradise
17	Pull along
19	In behalf of
21	Fail to do
24	Ignited

-	9
26	Boy's name
27	Goals
	A STATE OF THE RESERVE OF

1	2	3	4	3			6	7	8	9
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28	Sewing	instrument
	Tidinge	

31	HOI	ngs	
32	? Pac	e	
3:	Trus	it	

34 Man's name 35 Soaks, as flax

37	perore
43	Forward

41	Egyptic		
42	Incite		

39 One

40	Cooling devi	ces
41	Egyptian sun	god
	Incite	-

46	Fondle
47	Grumble

48	Expensive fur	
50	Remains on fee	i

00	LA CLICOLIST OIL	
51	Showered	

## DOWN

1	Scatte	ring	seed
-			

2	Like better
3	Fruit drink
4	Concerning
5	Plant juices
	Daise

6	Raise
7	Exhausted
8	Ground plots
9	Do wrong

29	Easy	gait	10	Greek lette	or
30	Most	serviceable	11	Inventor's	prote
	-	And the state of the state of	100		

31	Openings for coi
	Own
36	Fork tooth
37	Droop
38	Soak, as flax

	married of days and days
3	Fruit drink
4	Concerning
5	Plant juices
6	Raise
7	Exhausted
8	Ground plots
-	5

10	Greek lette	17年 年 节 卷 节 5
11	Inventor's	protection
12	Large, heav	vhommer

11	back of	the neck
22	Eagle's	claw
23	Tonre	

400 600	10010	
24	European	perch

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33	Pineapple	(L.	Amer.	46	Peg
	Tranquil			49	Music syllabl

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36	-	1.36	-10-00		37	0.36-6	1 19	-94-3		38	6.783	- *
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## QUOTABLE QUOTES

Logic is like the sword—those who appeal to it shall perish
by it. Samuel Butler as meand should be and the same of the same o
A little learning is not a dangerous thing to one who does not mistake it for a great deal.  —William Allen White
This won't be the first I've arrested somebody and then built
my case afterward.  —James Garrison
If you would succeed in life, you must be solemn, solemn as an ass. All great monuments are built over solemn asses.  Thomas Corwin
The intelligence is proved not by ease of learning but by understanding what we learn.  —Joseph Whitney
There is one thing stronger than all the armies in the world:  and that is an idea whose time has come.  —Victor Hugo
Anyone who has begun to think places some portion of the world in jeopardy.  John Dewey
My method is basically the same as Masters and Johnson, only they charge thousands of dollars and it's called therapy. I charge fifty dollars and it's called prostitution.  —Xaviera Hollander
**************************************
**************************************



# Poetically Speaking



THE DOULBE-BED DREAM GALLOWS

Driving through hot brushy country in late autumn, miss at I I saw a hawk and same and mi crucified on a barbed-wire fence.

I guess as a kind wood at al of advertisement to other hawks, Jon 2001 Das saying from the pages 100 10 of a leading women's magazine, a manust entit

"She's beautiful, bask a mi but burn all the maps to your body. of a madd del ban I'm not here and sold mi of my own choosing!

by RICHARD BRAUTIGAN

## MOTORCYCLE I

Why won't hitch-hikers Accept a pide?

Tim Flood

## THE RETURN OF THE RIVERS

All the rivers run into the sea; yet the sea is not full; unto the place from whence the rivers come, thither they return again.

It is raining today in the mountains.

It is warm green rain
with love
in its pockets
for spring is here,
and does not dream
of death.

Birds happen music lick clocks ticking heavens in a land where children love spiders, and let them sleep in thier hair.

on the river
like a pan
full of frying flowers,
and with each drop
of rain
the ocean
begins again.

by Richard Brautigan

OLD ACE IS HELL!!

A mother's love is a treasure,

priceless beyond compare,

When other loves are said and done,

mother's love is still there.

It's light brilliantly glows,
mother's love is a garden of kindness
Where only tenderness grows.

Mother's love is a picture,
without a single defect,
Painted by the Master,
perfect in every respect.

Mother's love is sent from heaven,
close to its bliss we are curled,
A recourse for all those bewildered,
by the heartaches of this world.

Life would be empty and aimless,
just like a wingless dove,
The world and all its good revolve,
around a mother's love.

by Ernest Merchant

#### OLD AGE IS HELL!!

THE BODY GETS STIFF, YOU GET CRAMPS IN YOUR LEGS, CORNS ON YOUR FEET AS BIG AS HEN'S EGGS.

GAS IN YOUR STOMACH ELIMINATION POOR,

TAKE EXLAX AT NIGHT---BUT THEN YOU'RE NOT SURE.

YOU SOAK IN THE TUB OR THE BODY MIGHT SMELL,

IT'S JUST LIKE I SAID.....OLD AGE IS HELL!

THE TEETH START DECAYING, EYE SIGHT IS POOR,
HAIR FALLING OUT ALL OVER THE FLOOR.

SEX LIFE IS SHORT IT'S A THING OF THE PAST,
DON'T KID YOURSELF FRIENDS, EVEN THAT DOESN'T LAST.

CAN'T GO TO PARTIES, DON'T DANCE ANY MORE,
JUST PUTTING IT MILDLY, YOU'RE A HELL OF A BORE.

LIQUOR IS OUT, CAN'T TAKE A CHANCE,
BLADDER IS WEAK, MIGHT PEE IN YOUR PANTS.

NOTHING TO PLAN FOR, NOTHING TO EXPECT,
JUST THE MAIL MAN, BRINGING YOUR SECURITY CHECK.

NOW BE SURE YOUR AFFAIRS ARE IN ORDER,
AND YOUR WILL IS MADE RIGHT,
OR ON THE WAY TO THE GRAVE,
THERE WILL BE A HELL OF A FIGHT.
SO IN THIS YEAR YOU FEEL FAIRLY WELL,
THANK GOD YOUR ALIVE, ALTHOUGH.....OLD AGE IS HELL!

Submitted By
Melvin L Daniels E2-38

#### "DEDICATED TO MY WIFE NANCY"

## DON"T KEEP BRINGING UP THE PAST

The past ain't really what you thank.

Today is reality,

And I'm being frank.

I'm being honest with you and also with myself.
The past is gone,
It's put on the shelf
It's not that I'm moving too fast.
Just don't keep,
Bringing up the past.

The past is only,
To direct the future.
And to keep our feelings,
And relationship mutual.

I look at the past,
To better my life.
To stay out of trouble,
And keep my wife.

The past is something,
That I can not change.
Si I look at today,
Is that so strange?

Why worry about tomorrow,
When today is the matter,
And why worry about yesterday,
And let our relationship shatter?
Please don't keep bringing up the past?

## LOVE POEM

It's so nice
to wake up in the morning
all alone
and not have to tell somebody
you love them
when you don't love them
any more.

by Richard Brautigan

## THE WINOS ON POTRERO HILL

Alas, they get Jant son and I their bottles test cod anivom from a small (geen d'mob daut neighborhood store. the old Russian Wino al Jasq off sells them port and passes no moral judgment. They go the lost slen find and sit under set to scot I the green bushes vo mentage of that grow along the wooden stairs. good bank They could almost be exotic flowers, they drink so washot de Moot I 12 Is that so strange? quietly.

by Richard Brautigan

And let our relationship shatter? lease don't keep bringing up the past

W Alcides Robins

# Religion





## REMEMBER THE LORD IS ALWAYS HANDY

The Lord stood with me and strengthened me.

1) God is your Father, Redeemer, and friend, He is the Faithful Cne, true to the end;
Guiding, protecting, and keeping His own.

That; No enemy can come so near that God is not nearer.

2) Whosoever cometh, I will never cast him out.

Wonderous love of Jesus, fully drives away all doubt;

He now calls to sinners, all unworthy though they mabe,

"take of my salvation - I have given My all for thee!"

That; Christ will surely receive if you will only beleive!

3) In the hour of trial, Jesus, plead for me,
Least, by base denial, I depart from thee;
When Thou seest me waver, with a look recall,
Nor for fear or favor suffer me to fall.

That; Christ's continual prayers sustain as through critical problems

4) You can fool your friends and neighbors, You can be a subtle fraud; But you cannot hide from God.

That: God continually reads our hearts and registers our thoughts

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## PRAY: GOD LISTENS!

The eyes of the Lord are upon the rightous and his ears are open unto their cry.

(Psalm 34:15)

There never is a night or day.

When God won't hearus as we pray;

There is no time there is no place

When He'll withhold His love and grace.

thot: You'll never get a busy signal on the prayer line to heaven.

## "A TRUE FRIEND"

Open rebuke is better than secret love.

Faithful are the wounds of a friend.

A faithful friend will say what's true,

Although it causes pain,

He;s really thinking of your good

and all you stand to gain.

thot:A true true friend will put a finger on your faults without rubbing them in.

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# PRAYER that I MAY ALWAYS KNOW THAT GOD LOVES ME

Dear God, You are mighty over all the earth and all the sea and all the heavens and all that is in them. And yet, Dear God, mighty as You are, I know that You look upon me with eyes full of love and friendliness and understanding.

For You are my Father. You love me and watch over me. I know

this Dear God, and I thank You with all my heart.

Please, Dear Father, help me to always have this child-like trust and faith in You. Whenever times are dark and troubled, whenever I am afraid or hurt, help me to remember that You are there

to help me.

Help me, Father, to understand Your laws of Life and to live by them always; for I know, Dear God, that if I do, You will award me the glorious blessings of health and happiness, joy and abundance that are Your will for me and all Your children. I ask this in the name of Your blessed Son, our Lord Jesus Christ. Amen.

# You brought us back to God that we may live a new life MAKE US WORTRY TO SERVE YOU. ! EDOUL REVER

Never judge. The heart of man is so delicate, so complex, only its Maker can know it. Each heart is so different, actuated by different Motives, controlled by different circumstances, influenced by different surroundings. how can one judge another?

## DIVINE PATIENCE. SIN NO SUMOW MMOS

Lord make us like You. Mould us into Your likeness.

(A meditation--Jesus speaks to us)----Moulding, My children, means cutting and chiseling. It means sacrifice of the personal to conform to type. It is not only My work, but yours.

The swift recognition of the selfish in your desires and motives, actions, words and thoughts, and the instant appeal to Me to get rid

of that selfishness in you.

It is a work that requires co-operation--Mine and yours. It is a work that brings much sense of failure and discouragement too, at times, because, as the work proceeds, you see more and more clearly all that remains to be done.

Faults that you hardly had recognized or at least for which you had no sense of sorrow, now cause you trouble and dismay.

Courage. That in itself is a sign of progress.

Patience, not only with others, but with yourself, is needed. As you see the slow progress upward being made by yourself, in spite of your longing and struggle, you will gain a Divine Patience with others whose imperfections trouble you.

So on and up. Forward. Patience--Perseverance--Struggle. Remember that I am beside you, your Captain and your Guide. So tender,

so patient, so strong.

Yes, we co-operate and as I share your troubles, failures, difficulties, heartaches, so, as My friends, you share My patience and My strength.

## HOSANNA TO YOU, KING OF GLORY.

Dear God, You are mighty over all the earth and all the sea You went to Jerusalem to suffer and die and so be glorified. To suffer and the work to be glorified. To your GLORY. For You are my Pather. You Love me and watch or

You came into the city, meek, and riding on an ass, the work beast of the poor. the work beast of the poor. So I was a sense of the poor. BRING US TO YOUR KINGDOM.

You let the people give you royal homage, glorious King of Kings. HELP US TO BE FAITHFUL.

You made the cross the tree of life and a same and a substate of and conquered death forever. 1007 list bee on tol like ruck ets toll HAISE US UP TO HOLINESSIAND cuset brol 100, not besseld 100% lo eman

You brought us back to God that we may live a new life. MAKE US WORTHY TO SERVE YOU.

You are the King of Glory, alleboa at cam to seem out among asyell obedient to your Father even unto death.

HOSANNA TO YOU, KING OF GLORY.

.... CAPTIVES FOR CHRIST.

## SOME WORDS OF WISDOM

Never despise anybody, never condemn anybody, never speak evil of anybody, and the Lord will give you peace. to type. It is not only My work, but yours.
The swift recognition of the selfish in your desires and motives.

When the eyes of a mule are covered, then he goes around and around turning the mill wheel; but if his eyes are uncovered, he will not go around in the circle of the mill wheel. So, too, the devil, if he manages to cover the eyes of a man, he can humiliate him in every sin But if that man's eyes are opened, he can easily escape the devil. ou had no sense of sorrow, now cause you trouble and dismay,

As you see the slow progress upward being made by yourself, Just as it is impossible for a man to see his face in cloudy water, s too the soul, unless it is cleansed from alien thoughts, cannot pray Remember that I am beside you, your Captain and your Guide. So tender, to God in contemplation.

Patience, not only with others, but with yourself, is needed.

CAPTIVES FOR CHRIST.

ourage. That in itself is a sign emment of

### MORE WORDS OF WISDOM ...

A man must breathe humility and the fear of God just as ceaselessly as he inhales and exhales the air, if he would be holy.

Any trial whatsoever that comes to you can be conquered by prayer and silence.

A holy man was once asked what humility was and he said" if you forgive a brother who has injured you before he himself asks pardon"

IF YOUR REQUEST IS NOT SPECIFI IT

Again he was asked what humility was and he replied to do good to those who do evil to you, and if that seems impossible to do, then to get away from them and keep his mouth shut"

With done then does come used that they done also date this

Humility is the land where God wants us to go and offer sacrifice.

Just as bees are driven out by smoke, and their honey is taken away from them, so a life of ease drives out the fear of the Lord from a man's soul and takes away all his good works.

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Even if an angry man were to raise the dead, he would not be pleasing to God because of his anger!

Poverty, tribulation, and discretion: these are three works of a Christian life. Take an example from these three men; Noah, Job and Daniel. Now Noah represents those who possess nothing; Job represents those who suffer tribulation, and Daniel represents those who discern good from evil. If these three actions are found in a man, then God dwells in him.

He who is quarrelsome is no Christian; he who returns evil for evil is no Christian; he who gets angry is no Christian.

# CONNECTICUT DRPARTMENT OF CORRECTION REQUEST FOR LAW LIBRARY

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te who is quarrelsome is no Christian; he who returns evil for evil s no Christian; he who gets angry is no Christian.

# The S.M.A.(Save My Ass) List

CONNECTICUT CIVIL LIBERTIES UNION TEN JEETS HIGH ASS

57 Pratt Street, Hartford Ct. 06103

PHONE: 274-9823

HOURS: 8:30-4:30 p.m. weekdays

### CONNECTICUT PRISON ASSOCIATION

340 Capitol Avenue, Room 343, Hartford, Ct 06103

CONTACT: A. Ray Petty, Executive Directer

PHONE: 566-2030 avablesw 00:2-00:0 :28U0H

HOURS: 8:00-11:00 p.m. weekdays

9:00-6:00 p.m. weekends TARONA THURA NO HOLLAND

## D.A.R.T.E.C. (DRUG ABUSERS REHABILITATED THROUGH THE EDUCATIONAL COMMUNIT

345 Main Street, Hartford, Ct. 06115

CONTACT: Intake personnel at Reginal

and Sub-reginal offices

PHONE: 5663661

CHILD ABUSE CARE LINE: 1-800-842-2288

HOURS: 8:30-4:30 p.m. weekdays

## EX-OFFENDER-N.A.B.S. (NATIONAL ALLIANCE OR BUSINESS)

60 Washington Street, Hartford, Ct 06106

COTACT: William Rocks

PHONE: 524-7729

HOURS: 8:30-4:30 p.m. weekdays

LEGAL AID SCCIETY of HARTFORD COUNTY, INC.

524 Main Street, Hartford, Ct. 06103 IIVID TUDITORMOD

CONTACT: Raymond R. Norko, Executive Directer

PHONE: 566-6360

Hours: 8:30-4:30 p.m. Weekdays

#### N.A.A.C.P.-CONNECTICUT STATE

770 Asylum Avenue, Hartford. Ct. 06105

CONTACT: Ben F. Andrews, Jr., Exacutive Director

PHONE: 278-0382 984 9949 VAA A : TOAT 00

HOURS: 9:00-5:00 weekdays

## OFFICE OF ADULT PROBATION TO SEE THE OUT OF COLUMN AND THE OUT OF

Administration: 643 Maple Ave., Hartford, Ct. 06114

HOURS: 8:00-11:00 p.m. weekdays

HOURS: 8:30-5:00 weekdavs

PHONE: Director, Terry S. Capshaw, 566-8310

# AUTHORIZED MONEY WITHDRAWAL FORM

I HEREBY AUTHORIZE \$TO BE WITHDRAWN FROM MY INMATE
ACCOUNT, TOWARDS THE ATLANTA FUND TO SHOW THAT I DO CARE
NAME I.D.NUMBER
DATE LOCATION
A LITTLE GIFT SHOWS A LOT OF LOVE.SUPPORT THE ATLANTA CHILDREN.
SFONSORED BY H.C.C.C.JAYCEES AND H.C.C.C.CHOIR.
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SPONSORED BY H.C.C.C.JAYCEES AND H.C.C.C.CHOIR.
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A LITTLE GIFT SHOWS A LOT OF LOVE.SUPPORT THE ATLANTA CHILDREN.  SPONSORED BY H.C.C.C.JAYCEES AND H.C.C.C.CHOIR.
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# H.C.C.C. JAYCEES CHAPTER #0187 AUTHORIZED MONEY WITHDRAWAL FORM.....

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	ASST. CHAIRMAN
PHOTOS ONLY	AUSTIN JEWETT #E1-7

## RADIO SCHEDULE

	9:00	AM-1;00 PM	1:00	PM-6:00	PM	6:00 PM-11:00PM
SUNDAY		WCCC		WKND		WLVH
MONDAY		WKND		WCCC		WRTC
TUESDAY	5	WLVH	<u> </u>	WKND		WCCC .
WENSDAY		WKND		WCCC		WRTC
THURSDAY		wccc		WKND		WLVH
FRIDAY		WKND		WLVH	14	WCCC
SATURDAY		WLVH		WCCC		WRTC

WCCC - 106.9 FM

WLVH - 93.7 FM

WKND - 1480 AM

WRTC - 89.3 AM

Month: MAY Year: 1981

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