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THE WEEKLY SCENE

VOLUME 13

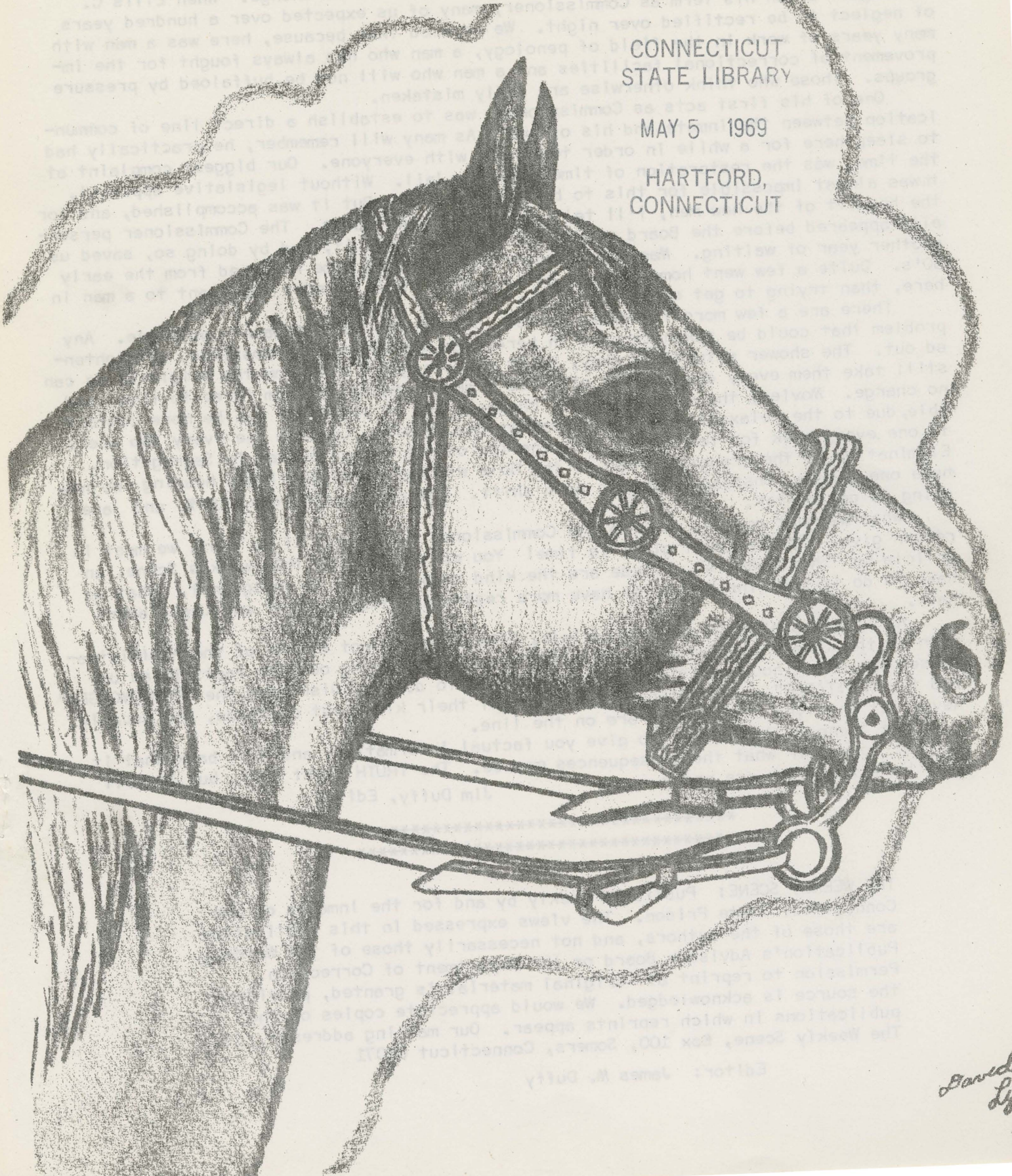
MAY 2, 1969

NUMBER 18

CONNECTICUT
STATE LIBRARY

MAY 5 1969

HARTFORD,
CONNECTICUT



David
Lynn
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From The Editor's Desk....

Eight months ago when I took over as editor of your paper, we were in a period of change. Today, as I write, we are still in a period of change. When Ellis C. MacDougall began his term as Commissioner, many of us expected over a hundred years of neglect to be rectified over night. We assumed that because, here was a man with many years of work in the field of penology, a man who has always fought for the improvement of correctional facilities and a man who will not be buffaloed by pressure groups. Those who think otherwise are sadly mistaken.

One of his first acts as Commissioner, was to establish a direct line of communication between the inmate and his office. As many will remember, he practically had to sleep here for a while in order to confer with everyone. Our biggest complaint at the time, was the restoration of time spent in jail. Without legislative approval, it was almost impossible for this to be accomplished. But it was accomplished, and for the benefit of the new men, I'll tell you how it came about. The Commissioner personally appeared before the Board of Pardons and asked for it, and by doing so, saved us another year of waiting. Many have benefited, some had time restored from the early 50's. Quite a few went home because of it. What could be more important to a man in here, than trying to get out?

There are a few more things we wanted, but at the time it wasn't possible. Any problem that could be taken care of in here, was studied and if possible, straightened out. The shower situation; okay, so it was changed a bit from the original, we can still take them every day instead of twice a week. Mail; up from three to five, and no charge. Movies; the seating hasn't changed, but at least you can be more comfortable, due to the relaxation of dress regulations. Visits; up from one every two weeks, to one every week for two hours. Elimination of the silent system in Segregation. Elimination of the dragging a man to the Hole without first getting a hearing. We now have one Warden, instead of one on each shift. Things have improved 100%, and are going to get better.

What we must now do, is give the Commissioner a chance. If we want, we must in return give. What we must give, is time! You will notice in this week's Scene, an article on "Shoe Bangers". These are the kind of people he is up against. What we have to do is show the public we have more restraint, than some of our Legislators have.

As I have stated in past editorials, "the Scene is not a tool of the Administration or the Inmate population". We will 'attempt to' bring out the facts in an unbiased manner. Though at times it is very hard to do so. Disregard the "RUMORMONGER" and the "AGITATOR". These types of people get their kicks out of chaos, and usually never get involved once things are on the line.

The Scene will continue to give you factual information, and will back what it prints, no matter what the consequences may be. The TRUTH might hurt, but it will only hurt those who are wrong.

Jim Duffy, Editor

THE WEEKLY SCENE: Published weekly by and for the Inmates of the Connecticut State Prison. The views expressed in this publication are those of the authors, and not necessarily those of the Warden, Publication's Advisory Board or the Department of Correction. Permission to reprint all original material is granted, provided the source is acknowledged. We would appreciate copies of the publications in which reprints appear. Our mailing address: The Weekly Scene, Box 100, Somers, Connecticut 06071

Editor: James M. Duffy

BILL TO HELP DEFENDANTS PASSES HOUSE

HARTFORD AP - The House took final action Thursday on a bill that will require courts to provide defendants with copies of their records of prior convictions before they can be sentenced.

The measure was originally filed by Sen. Joseph J. Fauliso, D-Hartford, to help Spanish-speaking people.

Because of the Spanish custom of using the mother's maiden name, as well as the father's last name, records are sometimes mis-filed. It is possible for a person to have another person's record filed under his name.

Prior convictions are considered by judges in passing sentence.

The measure, which now goes to the Governor for his signature, also requires that copies of any pre-sentence investigation reports be provided defendants 24 hours before the date set for sentencing.

It also provides that courts must hear motions raised by lawyers or the defendants on the accuracy of records and reports.

BANGING OF SHOES STARTLES LEGISLATION

As the state's legislators continued to wrangle over the financial problems facing Connecticut, a new tactic developed last week.

Some of the Republican lawmakers took off their shoes and banged their desks in protest over the Democratic party's caucus system. The Democrats rule the General Assembly and at secret party meetings have been plotting new Connecticut tax bills.

The Republican challenge did not go unanswered. Senate Majority Leader Edward L. Marcus rebuked the shoe-banging legislators. When it was all over, the Democrats went right back to their caucus, reportedly unmindful of the Republican Minority Leader-Wallace Barnes, of Farmington.

Barnes held up a workman's boot as the new symbol of Republican opposition to what he called "one-man rule in the Senate".

CONNECTICUT HAS PRISONS, BUT BY ANY OTHER NAME

HARTFORD AP - The state's uneasy conscience over its' shabby correctional system is working another change in terminology.

Not long ago it was decided that the state jails might sound better than the antiquated, over-crowded, and ineffectual institutions that most of them are if they were called "correctional centers".

This didn't improve the jails any, but presumably it made mention of them ring more sweetly in the public ear.

Adding to the assault on the ancient word "jail", the House approved a bill Wednesday that would officially stamp out the word "prison".

Henceforth, if the Senate concurs, the state prison at Somers will be the "Connecticut Correctional Institution, Somers", and the state prison for women will be the "Connecticut Correctional Institution, Niantic".

The functions of these facilities - one dealing with men, the other with women - will become less important, as far as their names are concerned, than their geographical location.

As for the jail - sorry -correctional centers - their new names have already become unsatisfactory.

Under the bill, without dissent in the House, these facilities will be known as "Community Correctional Centers".

To make it clear which "center" is being referred to, the name of the city or town in which it is located is to be tacked on afterward; thus: "Community Correctional Center, Hartford" "Community Correctional Center, New Haven", etc.

That word "reformatory" (which was once a euphemism itself) will also be laid to rest. The Connecticut Reformatory in Cheshire will be known as the "Connecticut Correctional Institution, Cheshire".

Whether or not the General Assembly and the state Department of Correction can get the citizens and the news media of Connecticut to give up their habit of calling a jail a jail, a prison a prison, and a reformatory a reformatory, remains to be seen.

THE TRUTH IS THE TRUTH NO MATTER HOW ONE TWISTS IT ABOUT...

When I first entered prison (not this one) my first son was being carried in my wife's arms. He is now in the Army, serving in Vietnam, along with his younger brother. Twenty years ago prisons were somewhat different, they housed convicts, not inmates. Although, I imagine a small percentage of prisons still contain, within their walls, a general population consisting of convicts; rather than the new day - inmate. I think back to that day, over twenty years, when my ex-wife came into the prison visiting room and I remember the baby (my son) crying. He was crying the tears of a infant. He is now a grown man fighting for his country. Yet, I still hear crying and you know who's voice it is?? I'll tell you!... It's the cry of the present day inmate. My son was crying, not from pain but from uncertain fears. Surely the tears were not brought upon by a physical source. The crying I hear today, is from men who are full of uncertainties; afraid not from physical pain. I don't claim to have an answer to the many different problems that exist here. But, I'll tell you one thing; a person can become a man much quicker, than an institution or prison will change it's rules to suit the inhabitants. Whereas; I agree with the fact that we would be better off, if some rules didn't exist, I also must admit that I have been in other prisons that are less advanced than this one. Lets face facts, this prison is meant to be a deterrent to crime and if they make these places anymore livable; prisons will continue to house and re-house the same men, over and over again. Lets face it, are you suffering because of the conditions here in prison or because you can not face the fact that you got caught and belong here!! To complain is quite natural and all people participate in this form of expression. I certainly do my share and possibly more than the average man but, I keep myself aware of the fact that I have a lot to be thankful for. Let's keep complaining, if it is legitimate, but at the same time, lets admit what has been accomplished for us and is being currently worked on for our benefit.

RICK MYERS

THE GREAT QUESTION

Man is the only animal that questions his origin. To provide the Answer to the Great Question his first explanation was that it was all Magic - unexplainable, mystifying, impossible yet true.

But for others this was not good enough. They said some Great Celestial Being dwelling beyond the stars was the creator of earth and heaven, the fish that swim in the sea, the flowers that bloom in the field, and of man, made in his image. This was Religion - belief, faith, worship.

But again for others this too did not seem to be the Answer to the Great Question. And so evolved Science - investigation, observation, knowledge. It's all a great accident, just happened; the matter was always there and always in motion; matter in motion constantly changes, reforms, creates other matter, organic and inorganic.

Magic, Religion, Science.

What is next?

Is anything next?

LOUIS LA BOMBARD

NOTICE

NOTICE

NOTICE

ALL NOTEBOOKS AND TEXTBOOKS USED FOR EVENING CLASSES, MUST BE RETURNED TO THE EDUCATION DEPARTMENT BY MONDAY, MAY 3, 1969. THIS ALSO INCLUDES DICTIONARIES.

CHARLES J. JONES
STATE SCHOOL PRINCIPAL

WHATS IT ALL ABOUT

WITHOUT FREEDOM

BUT THIS IS FREEDOM

Whats it all about?
I'll tell the world, because its all about
me Isn't that a gas?
But its truth in more ways than one.....

Without freedom, - but this is freedom
When you are away from the noise and
fast pace of the world.

The dark dirty hallways, a hundred miles
away from home.

A chance to dig yourself and everything
for it's face value.

A City and it's gutter's, run freely with
my blood.

But now with this strange freedom
you are on the line.

The Sidewalk and I, have become partners
in Crime.

At times, this line between life and
sorrow seems to be an never ending
invisable force.

The Subways and buses are my Rolls Royce
The lights along Broadway are my happiness
The Shadows of 116th street are my steps
towards death.

A force, that you have secretly been
battling without any win.

The phone is tabu to me. For the other end
is careing
I am a living graveyard, with only the dirt
to spare.
I could go on, but time is running out.
Thats what it was all about.

In years as the vintage wine age's
you also reach your peak in life.
You mellow out, or you just stay flat.

Which way?
What road?

Maybe...

This One.

TYRONE R. EMANUEL

TYRONE ROME EMANUEL

FIVE WORDS AND DEFINITIONS

EACH WEEK FIVE WORDS WILL APPEAR IN THE SCENE, THEIR PRONUNCIATIONS
AND DEFINITIONS, TO HELP US BETTER UNDERSTAND SOME OF THE WORDS THAT ARE
COMMONLY USED IN TODAY'S NEWSPAPERS, RADIO AND TELEVISION.

AUTOMATON (aw-tahm'-ah-tahn): Robot; a machine or control mechanism:
a creature who acts in a mechanical fashion.

CHARISMA (kah-riz'-mah): a personal magic of leadership, arousing
special popular loyalty or enthusiasm for a statesman or
military leader.

PROCRASTINATE (pro-kras'-tah-nate): delay: postpone: to put off intentionally
the doing of something that should be done.

SUPERFLUOUS (sou-per'-flu-wes): exceeding what is sufficient or necessary: extra.

REHABILITATE (re-ha-bil'-ah-tate): to restore to a former capacity:
reinstate: to restore to good repute by vindicating:*
to restore to a state of efficiency, good management
or solvency. *justifying.

We often get tired of hearing the same record being played over and over again. Of course it is easy to stop the record and find ourselves at peace again. But what about our own thoughts, those ideas that keep chasing themselves round and round in our minds? With regularity the same pattern of thought keeps repeating itself, with no end in sight. And the tune that is being played is one that we definitely don't like.

It has been said that a neurotic thought pattern constantly repeats itself. Such neurotic thought patterns usually involve feelings of hate, fear, anxiety, and guilt. If there is such a thing as perpetual motion it exists when we find ourselves caught in the merry-go-round of our own negative thinking.

Usually we sit back and listen to these tunes by the hour, becoming emotionally and physically exhausted. Then we wind up in the doctor's office. And in nine cases out of ten, if he is honest, he will tell us that he can alleviate some of the aches and pains our mental spree has caused us, but he can't prevent them from returning. If we would only realize it, we can do with our minds just what we would do with our record player when such a thing occurs. We can change the record.

There are many mental records we can play which are enjoyable and beneficial, but it may take a little time to discover them. The record of hate needs to be replaced with one of love, fear with confidence, anxiety with faith, and guilt with forgiveness. After a while, when our mind starts to play a pattern of thought we don't like, we will discover we can automatically change it and play a more harmonious one.

Most of us appear to have a fair degree of mental ability, but a lot of people have the strange notion that it diminishes with the years. In a research project conducted by the Office of Naval Research, it was ascertained that, in all probability, this capacity will be much greater at fifty than it was at twenty, and further, that intellectual capacities appear to grow with maturity. Of course, this is great news for all of us over the age of twenty. We are not falling apart mentally, after all - unless we let ourselves do so.

This is a pleasant thought to keep tucked away in an accessible part of our memory. Apparently, the only thing that can hinder our ability to think is to think that we are losing the ability. However, the catch in this whole thing is the assumption that to begin with we developed any mental ability at all. Did the wheels ever start going around? Have the billions of nerve cells in the brain ever been used to any great degree? We all like to think that we think, but are our thoughts like a phonograph record that keeps repeating itself with monotonous regularity? Do we only know one tune, and keep playing it over and over?

In some respects, we all have this problem. But we do have the capacity to deal with new ideas, to expand our horizon of knowledge. And now is always the time to start to use this faculty. It is like developing stronger muscles; the more we use them, the more we will be able to use them. And it seems that, as time goes on, the more we think, the more we will be able to think.

So we should start thinking, and keep right on thinking in bigger and better ways all the rest of our days.....

Marvin Lloyd Wiggins

PRESSED CLOTHES?

By Robert R. Rispoli

We have been told we will get pressed clothes, and it sounds good. But methinks this will be a case of giving us catsup on every table and taking away the salt and pepper.

It is a known fact that the Laundry does not keep us supplied with a steady flow of clean sheets even now, though they cut down the work load from other agencies. So if we get pressed clothes maybe, instead of getting our sheets one or two days late, we will not get any at all.

Who am I to say? Well, I happen to be one of the tiermen who had to explain to sixty men why they can not change their sheets and pillow cases on Thursday, April 24th. Reason? The sheets I sent to the Laundry are not back yet.

A THOUGHT FOR MEDITATION

What are you? Are you really the hardened criminal that people say you are? When you leave here, people will look at you and say to their friends, that you are a hardened criminal. People say things like this and don't really know what they are talking about. They think that just because a man has been in prison he is a hardened criminal.

No-matter what kind of a man you are, the so-called hardened criminal or just the average man trying to make a living. People are going to talk about you. Being in prison, just gives the people proof that you are an ex-con, and that you really have been in prison. So having this proof, they will even talk about you more. Thinking that people will take their word for what ever they have to say about you just because you are an "EX-CON".

Let's pretend, that you are that so called hardened criminal that people are talking about. No matter what people say about you, you are still going to live in the same place. You can't be all that hard because, there is at least one thing in the whole world that you would protect, love, and need. So therefore you are not so hard after all. If you don't have this feeling of love for whoever it is that you are in love with, and need, and would protect you couldn't be all that hard without it. Like I said, everyone has a love feeling for at least one thing in life. And saying that you are that one person that only loves one thing in life, you would love it so much, that it would mean the whole world to you. And thus meaning that you would protect it with all of your strength and until you had no more strength left.

So you see, that one little thing in life will prove everyone wrong. Because you have the same feelings of Society, and would act in protecting what is yours just like any other person would that belongs to that society.

No matter how society rejects you, you are still apart of them. That one big thing that brings you apart from all of the rest of society, is that you have experience, and they don't. And they must be jealous.

TO ERR IS HUMAN, TO FORGIVE DIVINE.

SMOKY
(R.J.G.)

COMMENTS ON A CIRCUS

If I may, I'd like to state briefly, on the show, that wasn't, which took place Friday the 25th. I've been privileged, to witness many shows in the past, and I've taken part in the last successful show, prior to this thing the thoughtless ones presented.

I also witnessed the formulation and infancy stages, of Friday's debacle. Therefore I knew what to expect. I think that, the thoughtless one's should have spared the general population that mishap, which was thrust upon our normal recreation period, don't you? I missed "Wild, Wild, West last Friday...."

RESPECTFULLY SUBMITTED
RICHARD HALL
WALLACE M. WALTERS #17955
THOMAS M. DIXON., JR.

NOTICE NOTICE NOTICE

EFFECTIVE APRIL 30, 1969, ALL PASSES THAT HAVE BEEN ISSUED BY THE MEDICAL DEPARTMENT IN REGARD TO SHAVING WILL BE CONSIDERED VOID, DUE TO THE FACT THAT SPECIAL PREPARATIONS ARE NOW AVAILABLE IN THE COMMISSARY FOR THOSE INMATES WITH SENSITIVE SKIN.

Edward A. Palomba, M.D.
Senior Physician
Medical and Surgical Services

" How To Deal With Your Tensions "

George S. Stevens, M. D.

Everybody experiences tensions. Anxiety and tensions are essential functions of living, just as hunger and thirst are. They are our self-protective reactions when we are confronted by threats to our safety, well-being, happiness, and self-esteem.

So, while an occasional bout of anxiety and tension may be unpleasant, it is quite normal and need not be a cause for concern. The time to become watchful is when emotional upsets come frequently, shake us severely, and fail to wear off after a while.

How do you recognize when this is happening? Perhaps your answers to these questions will give you some indication:

1. Do minor problems and small disappointments throw you into a dither?
2. Do you find it difficult to get along with people; and are people having trouble getting along with you?
3. Do the small pleasures of life fail to satisfy you?
4. Are you unable to stop thinking of your anxieties?
5. Do you fear people, or situations that never used to bother you?
6. Are you suspicious of people, mistrustful of your friends?
7. Do you feel inadequate, suffer the tortures of self-doubt?

If your answers to most of these questions are "yes", it does not mean disaster. But it does indicate the need to deal with the situation. Here are certain practical, positive actions you can take for yourself.

TALK IT OUT. When something worries you, don't bottle it up. Confide your worry to some level-headed person you can trust - your husband or wife, father or mother, a good friend, your clergyman, your family doctor, a teacher. Talking things out helps you to see what you can do about it.

ESCAPE FOR A WHILE. Sometimes it helps to escape from a painful problem for a while: to lose yourself in a movie, or a book, or a game, or a brief trip for a change of scene. Making yourself "stand there and suffer", is a form of self-punishment, not a way to solve a problem. But be prepared to come back and deal with your difficulty when you are more composed-in better condition emotionally and intellectually.

WORK OFF YOUR ANGER. If you find yourself using anger as a general pattern of behavior, remember that anger will generally leave you feeling foolish and sorry in the end. If you feel like lashing out at someone, try holding off until tomorrow. In the meantime, pitch into some physical activity like gardening or carpentry, or tennis, or a long walk. Working the anger out of your system will leave you much better prepared to handle your problem intelligently.

(Part 2 next week)

SHOWTIME

AIR CONDITIONED

INDIVIDUAL RECLINING SEATS

5/3/69

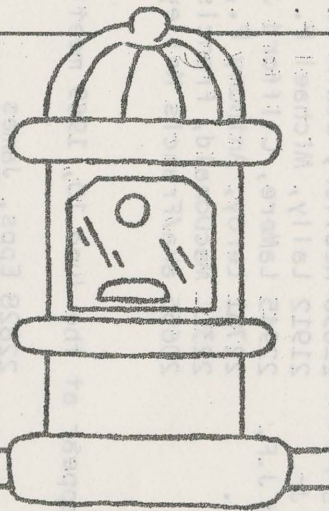
★ THE LEGEND OF LYLAH CLARE ★

KIM NOVAK in dual roles,
as Lylah Clare glamorous
movie star who falls
mysteriously to her death
on her wedding night and
Elsa Brinkman who closely
resembles Clare and
suffers a similar fate.

STARRING

KIM NOVAK
PETER FINCH
ERNEST BORGNINE
(130 MINUTES) ★

COMING
SOON



NOW
PLAYING

5/4/69

★ FEVER HEAT ★

Adams, a stock-car racer,
meets Jeannine Riley who
owns a rundown garage.
Various hang-ups compli-
cate their romance. He
help's put her ailing
garage back into shape
and brings a big-time
atmosphere to the local
racing scene.

STARRING

NICK ADAMS
JEANNINE RILEY
(105 MINUTES) ★

NO SHORTS
J&Q BLOCKS
FIRST

1 SHORT
D-H-B-E
BLOCKS
FIRST

PAROLE BOARD HEARINGS IN JUNE FOR THE
OSBORN DIVISION AND CONNECTICUT STATE PRISON

The June meetings of the Board of Parole will be held on Tuesday, June 3, at the Osborn Division, and Tuesdays, June 10, and June 17 at the State Prison.

All men appearing before the Board are remind that no interviews or conferences will be held with family members, friends, and attorneys on the date of the hearing. These conferences will be held by the Chairman of the Board at the Board of Parole Office, 340 Capitol Avenue, Hartford, Connecticut 06115, Telephone 566-4229. Please note this new address is effective April 28, 1969. If you have family members, friends, or attorneys who wish to interview the Chairman, they should telephone or write Mr. Gates for an appointment prior to the date of the hearing. Mr. Gates will make every effort to be available at a time convenient to those who request conferences. All men appearing before the Board are also reminded that although no conferences will be held with family members, friends, and attorneys on the date of the hearing, they will be eligible for a special visit on that date.

J. BERNARD GATES
CHAIRMAN OF THE BOARD

Those who will appear at the June 3, 1969 meeting of the Board are as follows:

21536 Allgood, Lawrence	20295 Gay, Wilbur	21699 Maples, Jesse
22917 Antonlini, Alfred	16207 Gunning, Robert A.	20921 Miklaszewski, Edward
21781 Backes, Melvin E.	22489 Hart, Lawrence	19827A Mitchell, Gerald
21251 Banaszewski, Andrew	22892 Johnson, George	22692 Moss, Joshua
22782 Boughton, Dennis P.	21656 Kestler, Edwin V.	20285 Pearson James J.
22785 Cannavo, Paul, Jr.	21912 Lally, Michael P.	22802 Pisarski, Alfred E.
22474 Claffey, Edward J.F.	22945 LaMere, Clifford J.	22434A Rhodes, Roosevelt
22034 Crosby, Henry L.	22781 Leroy, Anthony P., Jr.	21797 Rivera, Jorge
22774 Diaz, Juan	22311 MacDonald, Francis R.	
	20656 aka/Francis Kelley	

Those who will appear at the June 10, 1969 meeting of the Board are as follows:

22799 Acosta, Jose	22828 Epps, James	22559 Ring, David
21831 Adams, John	22751 Gordon, Vernon	22800 Sadosky, Charles
20985 Campos, Louis	22275 Harris, Charles	21037 Smith, Calvin
22079 Dean, Louis	20631 Hines, Everett	22763 Smith, Hazel
22745 DeJesus, Jose	22635 Lockett, Leo	22924 Sorbo, Charles
21935 DeMichele, Henry	22350 Melillo, Edward	23086 Soto, Pedro
21253 Dossat, Lawrence	22345 Minter, Harry	23129 Southard, Robert
22858 Ellis, Douglas	22222 Nelson, Ronald	22841 Sucklauskas, Alex
		20796 Williamson, Carl

Those who will appear at the June 17, 1969 meeting are as follows:

22923 Roderick, Manuel	21539 Travis, Frank	19621 Williams, John
20794 Safranek, Joseph	22467 Wakefield, Stewart	20334 Wilson, Joseph
22461 Smith, Edward	21716 Whitney, Russell	23138 Perez, Francisco
		23046 Taylor, Stewart

PROTESTANT SERVICES

The Reverend Edward Johnson of St. Marys Episcopal Church in Hazardville, will conduct a Holy Communion Service in the Protestant Chapel Saturday, May 3, 1969 at 8:45 a.m. All Members of the population are welcome.

R.E. Camp
Protestant Chaplain

NOTICE

MAILING REGULATIONS - EFFECTIVE MAY 1, 1969

Inmates will be allowed to mail 5 letters per week at the maximum institution, instead of the usual 3. These letters can either be social or business, including letters to an attorney. Letters to an attorney, in all instances, will fall within the category of social or business. The cost of postage for the 5 letters will be assumed by the Administration.

At the Osborn Division, 6 letters per week will be allowed, and the cost assumed by the Administration. However, the above regulations will also apply, including the following:

LEGAL MAIL

Mail will be considered legal in nature when directed to judges, courts, and requests for a speedy trial under the Interstate Compact Agreement. The only mail that will be certified, registered, etc., will be legal mail.

In the event the limit of 5 or 6 letters, depending upon the institution, is exceeded, legal mail will be sent at the expense of the inmate and not assumed by the Administration. The mail supervisor will charge the expense to the inmate's institutional account.

The balance from unused or partially used postage cards will be transferred back to the inmate's institutional account.

SPECIAL LETTERS

In the event a special letter is necessary, prior approval must be obtained from the appropriate Correctional Counselor.

POSTAL CARDS

Since this increase in correspondence will be initiated, the use of postal cards will be discontinued.

NOTARIZATION

Notarizing will be available for legal documents only, or in special Cases which require such notarization.

Per order of:

Frederick G. Reincke
Lt. General (Ret.)
Warden

BREAKFAST

DINNER

SUPPER

SUNDAY

Grapefruit Juice
Corn Flakes
Coffee Cake
Coffee - Milk
B-O-S

Baked Half Chicken
Mashed Potatoes
Green Peas - Gravy
Pineapple Chunks
Coffee - BOS

Chicken Noodle Soup
Crackers
Fried Bologna
Hash Brown Potatoes
Wax Beans - Coffee
Molasses Cookies - BOS

MONDAY

Tomato Juice
Rice Crispies
Fried Eggs
Toast - Milk
Coffee - BOS

Baked Meat Loaf
Mashed Potatoes
Fried Cabbage
Frosted Cake
Tea - BOS

Creole Franks
Mashed Potatoes
Beet & Onion
Chilled Peaches
Coffee - BOS

TUESDAY

Stewed Apricots
Farina
Sweet Rolls
Coffee - Milk
BOS

Minute Steak
French Fried Potatoes
Mixed Vegetables
Blueberry Cobbler
Tea - BOS

Vegetable Soup - Crackers
Baked Spam
Corn Fritters
Hot Syrup
Fruit Jello
Coffee - BOS

WEDNESDAY

Orange Juice
Pep Flakes
French Toast
Hot Syrup
Coffee - Milk
BOS

Shells & Sausage
Grated Cheese
Antipasto
Chilled Half Pear
Cocoa - BO

Grilled Hamburg Steak
Mashed Potatoes
Stewed Tomatoes
Frosted Cake
Coffee - BOS

THURSDAY

Fresh Fruit
Maltex
Strussel Cake
Coffee - Milk
BOS

Liver in Onion Gravy
Mashed Potatoes
Mashed Turnips
Endive Salad
Peach Pie - Tea - BOS

Chicken Chop Suey
Fried Rice w/ Soya Sauce
Lettuce Salad
Boston Cream Pie
Coffee - BOS

FRIDAY

Pineapple Juice
Shredded Wheat
Scrambled Eggs
Toast
Coffee - Milk
BOS

Fried Perch
Tartar Sauce
Creamed Potatoes
Green Beans
Cole Slaw - Coffee
Ice Cream - BOS

Creamed Potatoes
Green Beans
Cole Slaw - Coffee
Ice Cream - BOS

SATURDAY

Apple Juice
Oatmeal - Milk
Muffins - Coffee
Peanut Butter - BOS

Sloppy Joes
Hot Buns
Mashed Potatoes
Lettuce Salad
Purple Plums
Coffee - BOS

Cheese Omelet
Oven Brown Potatoes
Succotash
Chili Sauce
Bread & Raisin Pudding
Coffee - BOS