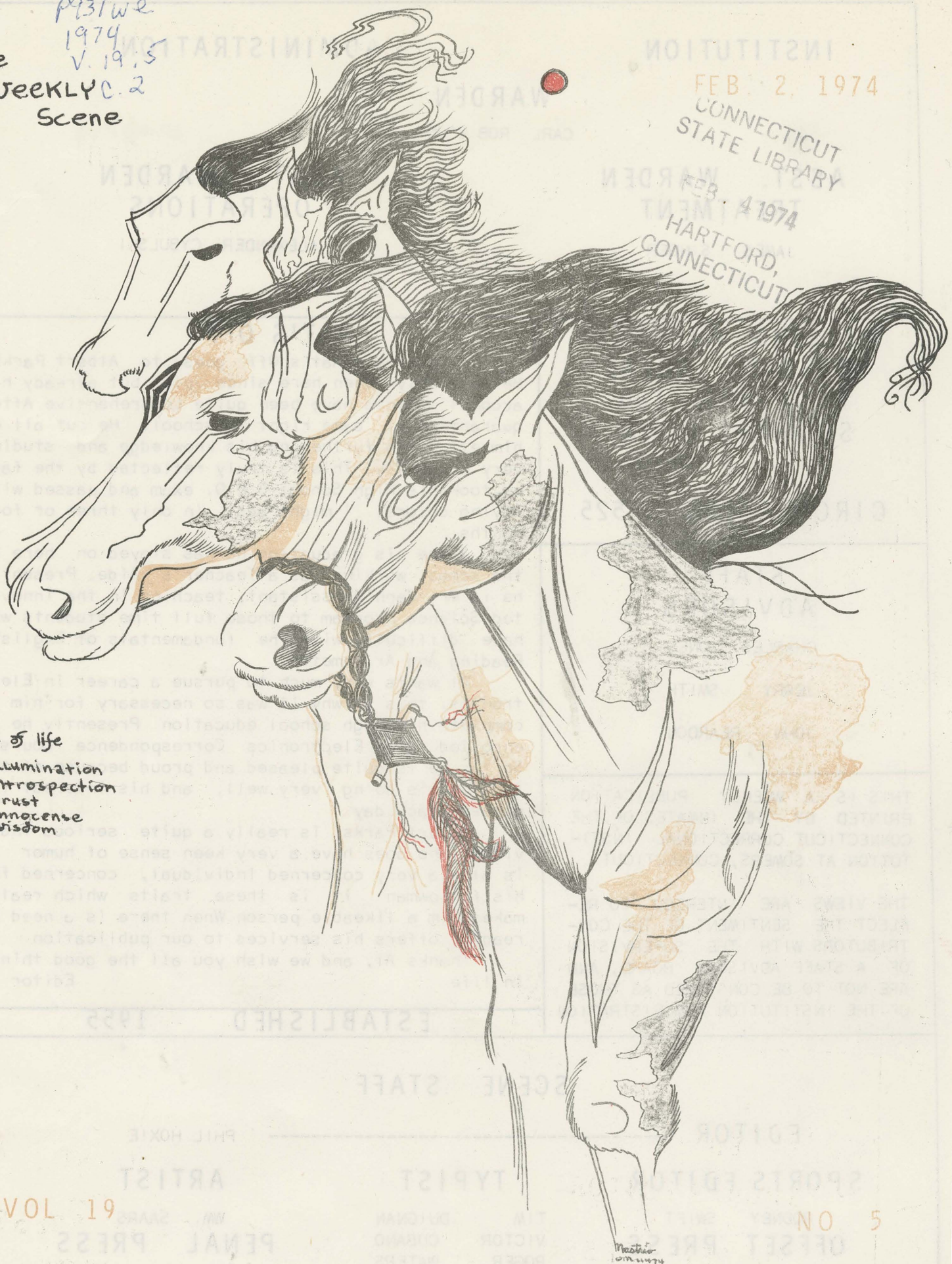


The
WEEKLY C. 2
Scene

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FEB. 2, 1974
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HARTFORD,
CONNECTICUT



Spirits of life
Illumination
Introspection
trust
innocence
wisdom

VOL 19

NO 5

Master
10/11/74

INSTITUTION

ADMINISTRATION

WARDEN

CARL ROB NSON

ASST. WARDEN TREATMENT

JAMES SINGER

ASST. WARDEN OPERATIONS

ALEXANDER CYBULSKI

MAILING ADDRESS
WEEKLY SCENE
P. O. BOX 100
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06071

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THIS IS A WEEKLY PUBLICATION
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THE VIEWS ARE INTENDED TO RE-
FLECT THE SENTIMENT OF THE CON-
TRIBUTORS WITH THE SUPERVISION
OF A STAFF ADVISORY BOARD, AND
ARE NOT TO BE CONSTRUED AS THOSE
OF THE INSTITUTION ADMINISTRATION.

HAT'S OFF

This week's Hat's Off goes to Albert Parks. He has only been here since July, but already his accomplishments have been quite comprehensive. After quarantine Al came right to school. He put all of himself into furthering his knowledge and studied very diligently. This is truly reflected by the fact he took his High School G.E.D. exam and passed with flying colors, I might add, in only three or four months.

Since his graduation he has stayed on here at the school working as a Teacher's Aide. Presently he is Mr. Zahn's assistant, teaching in the innovated Science Program to those full time students who have difficulty with the fundamentals of English, Reading and Arithmetic.

Al wants very much to pursue a career in Electronics, this is why it was so necessary for him to complete his high school education. Presently he is enrolled in an Electronics Correspondence Course. So far he is quite pleased and proud because of the fact he is doing very well, and his interest increases each day.

Albert Parks is really a quite serious individual who does have a very keen sense of humor. Al is also a very concerned individual, concerned for his fellowman. It is these traits which really makes him a likeable person. When there is a need he readily offers his services to our publication.

Thanks Al, and we wish you all the good things in life.
Editor

ESTABLISHED 1955

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TIM DUIGNAN

EDITORIAL - THERE IS A NEED FOR LABOR.....BY PHIL HOXIE

There is a little known program working in the State in an attempt to aid, and train emotionally hurt boys. Its name: "THE CONNECTICUT JUNIOR REPUBLIC." Its motto: "NOTHING WITHOUT LABOR." It is in constant battle against juvenile delinquency. Those who run it admit as to its uniqueness, mainly because it is pegged to the work ethic. Being unaware, I was amazed at the fact that the institution is the second oldest "Boys Town" in America. Another fascinating fact is their statistics; they boast, nine out of ten boys discharged from the Junior Republic never get into trouble again.

It was the title of the article that caught my eye; "Sound Manhood Through Work." Coupled with their motto; "Nothing Without Labor," the Junior Republic has developed its program of self-help, inner understanding, education, work-training, experience and preparation for community living. It is practical, realistic program recognizing that any institutional setting, no matter how good, is not the real world. The real world is society with its challenges, frustrations, disappointments, opportunities, satisfactions and promises.

And so, Junior Republic boys produce their own milk, raise their own beef, print their own annual reports. Each boy takes part and has a share in the maintenance and operations of the Junior Republic community. With all this going for it, an organization that is doing such necessary and vital work should be better financially as well as morally supported. They showed a deficit of \$13,484 for the fiscal year ending last May. "The Junior Republic needs help, understanding and generosity of the public to continue transforming troubled youths into responsible citizens."

It appears inconceivable, and yet it never ceases to amaze me, that those programs that work, are the ones that receive the least attention. There are millions of dollars spent each year in an attempt to improve or start all types of various programs. This is absolutely vital! But, why should successful programs be left to their own devices, to die or become ineffective? In most cases a little extra money and understanding would be the key to not only continued success but an extended continued success. We don't have to read the papers, or know of other programs, we need only look within the confines of our own institution to see the reality of this statement. The programs that seem to work best are the ones that receive the least attention and are the ones that are allowed to atrophy.

This concept of "Sound Manhood Through Work" or "Nothing without Labor" is not new. It has been a worldly concept since almost the beginning of man. It was the thought of "Modern Penology" to teach man good work habits. The problem is that it has failed to accomplish its intended goal. Perhaps the time has come when we can learn from our Juniors. The fact that they share in the maintenance and operations of their community has to be an exceptionally strong motivator, All men work! Their goals and reasoning is the difference between which avenue they follow. Take the thief, at least a good one, works very hard at what he does. It takes physical as well as mental effort to complete a 'score'. Work to a degree is psychological: When it is for self, something we enjoy, it is no longer considered a working task. This is the essence of the Junior Republic.

When you are doing something that you like, and going for yourself, then the work-part is hardly even thought of. Having a voice in your community can be one of the greatest motivators, and the one commodity that is lacking in most institutions. As the Junior Republic has shown, motivate the individual, teach him good work habits and you have transformed an individual into a worthwhile citizen. Work for the sake of work is not only disliked but the thing most cringe from. Give it reason and it is a whole other story.

This is a direction which could have a very desirable effect on all our institutions throughout the state, should it be chosen by the hierarchy. Being made part of, a voice, in our communities; helped, with our physical and psychological problems; taught good work habits. This, at the present time, appears to be the area where we are most lacking: Not work for the sake of work, we have too many jobs of menial importance, now what we need are jobs that will instill pride within the individual. Work of meaning, work of importance is an avenue which should be explored to its fullest depths. What is it if an individual is physically and psychologically in perfect shape, but has no means in which to adapt in a physically and psychologically in perfect shape, but has no means in which to adapt in a physically free society? His prospects are practically nil. We must open every avenue if we are to reduce the crime and recidivism ratio. Give the individual a purpose of self and the whole institutional structure will change.

PARDON BOARD

SPRING SESSION MEETS ON THE FIRST AND SECOND MONDAY IN APRIL, AND THE FIRST MONDAY IN MAY.

APPLICATIONS: ALL inmates who are planning for appearance at the next sessions are encouraged to submit their requests to Mr. Seaha, Supervisor of Records, as.

These requests should be submitted immediately, if possible, and inmates are reminded that the last day for receiving requests is, February 22, 1974.

APPLICATIONS RESULTING IN A STARRED (*) CASE: Under the established rules of the Pardon Board, cases cannot be heard if the petitioner has.

- (1.) Appeared within a year
- (2.) Served less than a year. This one year cannot include jailtime.
- (3.) Appeared or was eligible for parole.

It is also the policy of the board not to hear a case if the petitioner has any pending legal action, such as an appeal or a writ or habeas corpus. This board nor the Dept. of Corr., will assign attorneys. Each inmate must retain his own council.

A starred case in one of this categories is very rarely heard. By therefore waiting for a regular session, not only are inmates saved the labor of preparing required letters, but friends, lawyers, prison staff, States' Attorneys, and the board is spared the effort which should be given the regular petitioners.

It is suggested that before undertaking the task of a starred petition, an inmate should seek the advice of the prison staff which is readily given.

REMEMBER, THE LAST DAY FOR REQUESTS IS FEBRUARY 22, 1974. GET YOUR REQUESTS IN NOW!

JUNTA DE PERDON

LA SECCION DE PRIMAVERA SE REUNIRA EN EL PRIMERO Y SEGUNDO LUNES DE ABRIL Y EL PRIMER LUNES DE MAYO.

APLICACIONES: Todo recluso que este planeando hacer aplicaciones a la junta del Perdon para aparecer en la seccion de primavera deben someter sus peticiones (REQUEST) a Mr. Seaha, Supervisor de Record, lo mas pronto posible.

Estas peticiones deben ser sometidas inmediatamente, si es posible, y se le recuerda a todos que el ultimo dia de enviar estas peticiones es Febrero 22, 1974.

APLICACIONES RESULTANTES EN UN CASO MARCADO (*) Bajo las reglas extablecidas de la junta del Perdon, no se oiran casos si el peticionario a:

- (1.) Aparecido frente a la junta en un año.
- (2.) Servido menos de un año. Este año no incluye tiempo de carcel.
- (3.) Aparecio o fue elegido para el parole.

Es tambien la poliza de la junta el no oir un caso si el peticionario tiene alguna accion legal pendiente, tales como una apelacion o un habeas corpus. Un caso marcado en cualquiera de estas categorias es raramente escuchado. Por lo tanto, esperando por una seccion regular, no solo se ahorraran los reclusos la labor de preparar cartas requeridas, pero sus amigos, abogados, personal penal, los fiscales del estado y la junta se le ahorraran los esfuerzos que se le deben de dar a los peticionarios regulares. Se le sugiere que antes de emprender la tarea de un caso marcado, el interesado debiera de buscar el consejo de algun personal de la prision, que le sera prontamente brindado.

ACUERDESE, EL ULTIMO DIA PARA LLENAR ESTA APLICACION ES FEBRERO 22, 1974. LLENELA Y MANDELA AHORA!

- | | |
|--------------|------------------|
| 1. Bears | 14. Forty-niners |
| 2. Bengals | 15. Giants |
| 3. Bills | 16. Jets |
| 4. Broncos | 17. Lions |
| 5. Browns | 18. Oilers |
| 6. Cardinals | 19. Packers |
| 7. Chargers | 20. Patriots |
| 8. Chiefs | 21. Raiders |
| 9. Colts | 22. Rams |
| 10. Cowboys | 23. Redskins |
| 11. Dolphins | 24. Saints |
| 13. Falcons | 25. Steelers |
| | 26. Vikings |

TSABSTEELERS
 WRRYZYBEARSV
 PSRELIORETFI
 OSLAGNEBNZEK
 DRDGIRSIWOII
 OERLACATCOHN
 LDTENSLHLBCG
 PIXSTFALCONS
 HAILSLMASACE
 IRTXGBRONCOS
 NHIRJDKBILLS
 SLMSISRREKCAP
 NOSNWORBSPQJ
 UNATJETSDMRM
 FLIONSCEDEX
 SRENINYTROFR

TV QUIZ #14

BY: DENNIS B. VENNARD

1. Was "Mayberry's" Aunt Bee
2. Actor Barry _____
3. Mr. Duggan
4. Joanne _____
5. Jan on "The Brady Bunch"
6. Singer Burl _____
7. She was "Granny"
8. _____ of The Century
9. "Today's Hostess
10. _____ 222

ANSWERS TO LAST WEEK'S TV QUIZ # 13

1. Cabot
2. Lucille Ball
3. Rey
4. Brooks
5. Peyton
6. Another
7. Green
8. Bourbon Street Beat
9. Love
10. Alan
11. Emmy
12. Gene

THE MOVIES FOR THIS WEEKEND ARE:

SAT. FEB. 2nd 93 MINS. RATED R
 TRICK BABY
 STARS: KIEL MARTIN AND MEL STEWART

From the Best Seller by Iceberg Slim,
 delving into the Mystique of the Con.

SUN. FEB. 3rd 95 MINS. RATED R
 THE STONE KILLER
 STARS: CHARLES BRONSON

This Cop plays dirty..take away his badge
 and he'd top the Ten Most Wanted List....

THIS WEEK'S LOTTERY WINNERS ARE:

ARTHUR DAVIES	#21319	B - 19
RONALD TYLER	#25914	C - 1
BURTON HICKS	#26100	Q - 3 - 51
TOM WILLIAMS	#26431	H - 76

SPECIAL ANNUAL RETREAT: SPECIAL

OUR ANNUAL RETREAT WILL BEGIN IN THE CATHOLIC CHAPEL AT 8:00a.m. ON MONDAY FEBRUARY 4th. THE RETREAT WILL LAST THREE DAYS FEBRUARY 4th, 5th, and 6th. AT 8:00a.m. THERE WILL A MASS FOLLOWED BY A CONFERENCE. IN THE EVENING AFTER SUPPER THERE WILL BE A SECOND CONFERENCE. ALL ARE WELCOME AND ALL ARE URGED TO ATTEND. Rev. M. R. Shanley

SPECIAL LIBRARY NOTICE

Copies of the OMBUDSMAN QUARTERLY REPORT, dated January 1, 1974, are available in the LIBRARY for inmates who wish to read them. ***** WE HAVE RECEIVED A DONATION OF EMPTY CAMEL CIGARETTE PACKS. A large brown paper bag full. Anyone wishing these, to make packet-books, picture frames, etc., are welcome to them. They may be picked up at the Weekly Scene office. Editor.

ALMA → LATINA

"La Madrugada"

Necio y digno de mil quejas
el que ronca sin decoro,
cuando el sol con rayos de oro
da en las domésticas tejas

Puede haber cosa mas bella
que de la arrugada cama
saltar y en la fresca grama
del campo estampar la huella?

Campo digo; porque pierde
la mañana su sonrisa
en no habiendo agreste brisa,
mucho azul y mucho verde.

Luego ved tanto edificio
alto serio...!angustia dan!
El alba, el sol, alli están
como sacados de quicio.

No! yo he de andar a mis anchas
una campaña florida,
por ver del alba querida
la faz virgen y sin manchas.

Verla en oriente lucir,
diáfana, rosada, bella,
como una casta doncella
que enamora al sonreír.

Yo no sé cómo hay cabeza
tan interesada y fría,
que no ame, al rayar el día,
la hermosa naturaleza.

Vedla rejuvenecerse,
vedla rodar con el río,
brillar pura en el rocío,
con los arboles mecerse.

Arrastrada en el reptil
fiera y alzada en el bruto,
dulce en el colgado fruto,
risueña en la flor gentil.

!Oh Dios...! allá en mis niñeces,
antes de brotarme el bozo,
!con qué sencillo alborozo
vine a ver esto mil veces!

Ya una errante mariposa
con su matiz me atraía,
ya olvidado me ponía
a contemplar una rosa.

Siempre alegre-ya se ve:
nunca entonces cavilaba,
ni mis cejas arrugaba,
algún triste no sé qué.

Después, como entré mis años,
y como vi una hermosura,
tuve por triste locura
ver sol, montes y rebaños.

!qué ingrato fui!-pero bien
se vengó la naturaleza:
aquella ingrata belleza
olvidóme con desdén.

Vertí un mar de llanto: el alma
no se me hallaba sin ella...
al fin una amiga estrella
dolióse y me puso en calma.

!Oh, qué dolor tan agudo
es olvidar...!pero al cabo
rotos los grillos de esclavo
curóme el médico mudo:

El tiempo, el tiempo veloz,
que tiñe nuestras cabezas
de blanco y tanta bellezas
deja sin luz y sin voz.

Con todas, mis cicatrices
se ensangrientan y suspiro
adonde quiera que miro
dos amadores felices.

Y aun con menos ocasión
si oigo el suspirar alterno
de dos palmas, en lo interno
se me angustia el corazón.

Si en un ramo miro a solas
dos aves cantar querellas,
si relucir dos estrellas,
si rodar dos mansas olas;

Si dos nubes enlazarse
y por el éter perderse:
si dos sendas una hacerse,
si dos montes contemplarse;

Me paro y con ansiedad
recuerdo que a nadie adoro;
miro tanto enlace y lloro
mi continua soledad.

POETRY

"19 MACK MOBILE 74"

"LADY"

The Mack Mobile is sleek, long and bad. Yes,
Miss fool this is the car from your past. Out
on the street on a Sunday cruise, you go head
look baby you just have to watch the Black
Mobile move.

As this Super Star making thing passes you by
as in a dream. Wake up sister it's just another
mechanical machine. Lady love reality is ever
present, but try to forget your bill's. Remember
it's not the machine playing against your will.
It's he behind his funky shield of success who
makes you ill.

Brothers and sisters are begging you to conceal,
your hate for the man behind that wheel. It's
the monster's users and abuser's, on this scene.
Who has to own everything, that shows you that
this dream out of sight as it may seem, can be
real and that player's can be very, very, mean.

Written By: Goldie-26562

"STREET HUSTLERS"

Schemes and dreams, are necessary to a hustlers
means, because without he can never trap the
sucker he is always trying, to sting. He will
open up his hand me down old bag of tricks, add
a dip and smooth a wrinkle and make it new and
super slick.

Watch and behold this transparent fool. A genius
to other as he checks on his tools. While think-
ing of the best corner to sell his slum Jewels.

So much larceny in his mind that he could never
refuse, studying long and hard trying to sell
being used. Taught to him by one of the scholars
with a P.H.D. from the old school.

Then why with his vast knowledge of being cool,
is he saying to himself could I have been the
fool? Think Hustlers, why is he in prison
paying EDUCATIONAL DUES.

Written By: Goldie-26562

"FAME"

Their noonday never knows
What names immortal are:
Tis night alone that shows
How star surpasseth star.

BY: John Bannister Tabb.

Lady, walk across my mind
Lady, take your own sweet time
Lay your soft caress upon my cheek
Lady, brighten up my day
Lady, spin your dreams my way
Wind me down at night when I can't sleep
You lift me up each morning with your smile
And baby your one lady who really
Has got stile, so much stile
Lady, touch me with your eyes
Lady, turn me on inside
Lady, I take pride in loving you.

By: William D. Mellor.

"WHO?"

She walks in beauty like the sight! Who may
She be? Some call her woman, some call her
an angel, some call her beautiful. Who is she?

She walks in beauty like the sight! But as the
blackness turns into day, she is gone! Someday
she is death in disguise, some day she is love.
Who is she?

She walks in beauty like the sight! Who may
she be? I shall tell you. She is any one
who want her to be. She is your love! She is
your very life, and every deep sigh.

She is beauty and she is a woman she makes
man heart ship and beat. She will take your
very breath away. She is wise. Like who have
love her. Say her skin is softer than the
softers velvet. Her lips are like warm wine.
So very deep and red. Those who has kiss her
would give their very lives to kiss her again.

You still ask who is she? She is anyone you
want her to be. Just call her name she will
answer.

BY: RICHARD W. BEACH.

"MEMORY"

My mind lets go a thousand things,
Like dates of wars and deaths of kings,
And yet recalls the very hour-
Twas noon by yonder village tower,
And on the last blue noon in may-
The wind came briskly up this way,
Crisping the brook beside the road;
Then, pausing here, set down its load
Of pine-scents, and shook listlessly
Two petals from the wild-rose tree.

BY: Thomas Bailey Aldrich.

ADVENTISTS SHOW SMOKERS HOW THEY CAN KICK HABIT

New York - (RNS) - It is the third morning of the Seventh-Day Adventists "Five-Day Live-in Plan" to stop smoking.

Five guests, who have been lighting up an average of two packs of cigarettes a day for most of their adult lives, are preparing to face the third straight day without a smoke. It is 8 A M and they have just finished a round of exercises, ending with 20 "jumping-jacks"

Mary Ellen, a fortyish stockbroker's assistant, appears at the breakfast table with a distressed, "Dr. Jones, I woke up with a terrific craving for a cigarette and it won't go away".

Murmurs of encouragement and sympathy come from the other guests as breakfast food is passed around the table: grapefruit juice, home-made granola cereal, muffins and whole wheat bread, nutmeats and raisins, fresh and baked apples, coffee substitute of herb tea, eggs scrambled with vegetarian "bacon" bits.

Guests

The other "live-in" guests at the Adventists' New York Center are William (not his real name), a hefty insurance man in his fifties who suffers from emphysema; Laura, a quite grey-haired legal secretary; Lewis, a young bearded building superintendent; and Dorene, a vivacious, sometimes moody, writer.

Concurrent with the "live-in" program is a five-day "evening" program in which 19 smokers were enrolled. Both programs are scheduled the first week of every month.

The smokers in this group represented a wide range of ages and religions - Protestant, Catholic, Jewish and agnostic. The sexes are about equally represented. None were Seventh-day Adventists. No reference is made to religion, "unless a guest specifically brings it up."

Chances

What are their chances of "kicking" the smoking habit during the five-day program?

The "live-in" program has been operating since September 1972, but "statistics" are not available. However, officials at the New York Center estimated that "success rates" are running 75 per cent or higher.

The success rate for the Adventists' original five-day evening plan, launched in 1960, is running about 50 per cent, according to Dr. Irving Jones, codirector of the New York program. Some five million Americans have reportedly stopped smoking through the program.

Attitude

It appears that the smoker's attitude toward smoking and health is the key which largely determines whether the plan will work.

The Adventist plan is a "total health" program aimed at bringing about improved health in all aspects of the smokers' lives.

While individuals are not expected, -or encouraged-to become health fanatics, the success of the five-day plan is largely dependent on how willing they are to "start fresh" and embark on sustained plan of improving their overall health.

The Adventists' five-day plan to stop smoking is really part of the denomination's total health program, based on the premise that "life is a precious gift" and that "the body is the temple of the Holy Spirit," deserving proper care.

Natural Laws

Adventists believe that individuals can enjoy vibrant life if they live in harmony with the "basic natural laws" ordained by God - which include such simple essentials as exercise, fresh air, sleep, sunshine, pure water, nourishing foods in moderation, and abstinence from such substances as tobacco and liquor which do not contribute to good health.

Stressed above all is the need for hope and moral courage and a "healthy outlook on life." To live with trust, they say, "is a divine power"

Adventist pastor Colin Cook, codirector of the New York five-day program, told an "alumni night" group that people who go back to smoking have not yet become completely healthy; their lives are not yet balanced in all ways. They have succumbed to stress and crises.

Continued on following page.

Courage

"To stop smoking takes courage. Those of you who have failed, don't stop trying. Don't ever stop trying," he said. "in all ways live so you'll be admired for your courageous life...If you don't believe in God, then believe in poetic justice, but believe!"

Guests at the "live-in" clinic pay \$125 for five days of aid--it includes room and board, heart, lung and blood tests, sauna and steam showers to tone up the body and help remove nicotine residues, exercises to improve circulation, craft sessions, and informal lectures and films.

The evening program costs \$10 and is included as part of the schedule for "live-in" guests. Graduates may return at any time for a "refresher" course. Wednesdays are "alumni nights," with graduates from previous groups joining the evening session to share experiences, gain strength and give encouragement.

Guidelines

Both programs are basically guidelines which reinforce the smokers' desire to quit and show them how good they can feel when they begin to "live right."

What about those pangs of craving, as experienced by Mary Ellen? They prove to be endurable, once the individual decides to get the mind off it. And these pangs apparently don't last too long.

The importance of proper food is emphasized. Smokers are told: "Did you know many people find it hard to quit smoking because of what they eat? Certain foods (such as pepper, spiced foods, mustard, vinegar, catsup, pickles, spiced meats, olives, sharp cheese, coffee, alcoholic drinks) are stimulants. They trigger a craving for tobacco."

The breaking up of old habits associated with smoking is also urged. For example, "stay away from that easy chair where you smoked so often."

The rewards of "living right" were becoming apparent to most of the live-in guest by the third day, Wednesday. By dinner time, Mary Ellen's "pangs" were gone and she was enthusiastically and hopefully anticipating her return to the office as a nonsmoker -- "for good."

Lewis, the bearded super, was deeply engrossed for most of the day on a craft project for his girl friend - a blue wool hat which he was knitting on a circular frame.

William, the insurance man who earlier, "accidentally on purpose" found himself alone for a few minutes during a walk outside with the group - and had bummed a cigarette from a boot black - was planning to attend the matinee with Dr. Jones. Laura, the secretary, was quietly peaceful.

Dorene, the writer, who had smoked for some 25 years, held her hands up and exclaimed, "I actually have pink in my fingers. Pink, pink, pink! I feel gorgeous!"

(Postscript: Pastor Jose McLaughlin, assistant to Pastor Cook, later reported that all "live-in" guests "made it through the program just fine.")

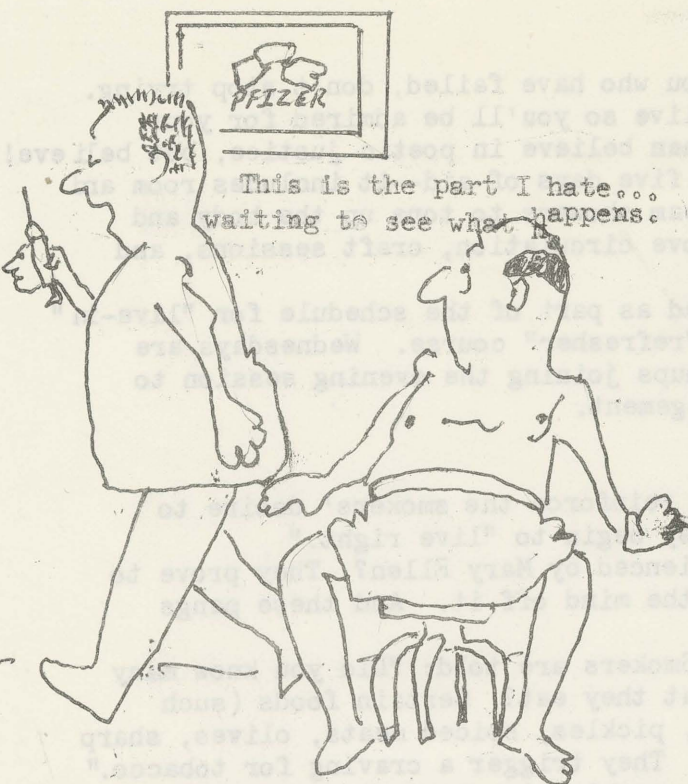
(Of the 19 who started the evening program, five dropped out the first night. Of the 14 who continued, 11 finished the week without a cigarette. Of the other three, one had one smoke, one had two, and one had three.)

NOTICE **TV LOAN PROGRAM** **NOTICE**

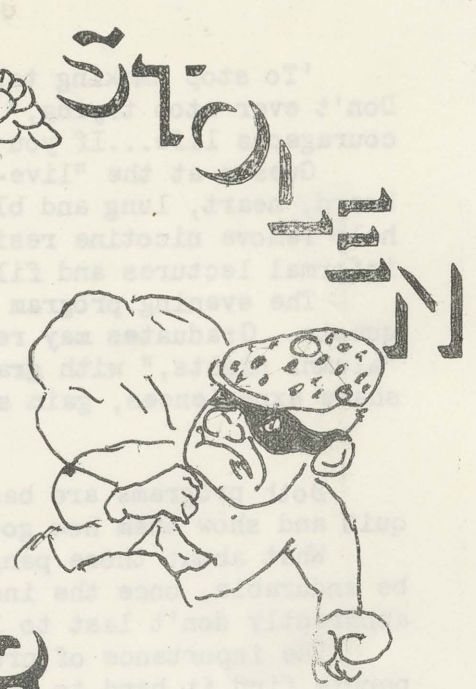
As an addendum to the notice that appeared in The Weekly Scene last week in regard to the T.V. Loan Program, the following criteria is established and will be adhered to:

1. An individual requesting a T.V. must be without funds to purchase one.
2. An individual must have a good work and conduct record for a period of three months at the time of the request.
3. If an individual has in his possession a loaner T.V. and is involved in a serious misconduct report or receives a poor work report, the T.V. will be relinquished and from that date a good work and conduct record must be maintained for a period of four months.

Cybulski
Asst. Warden



This is the part I hate...
waiting to see what happens.



HUMOR

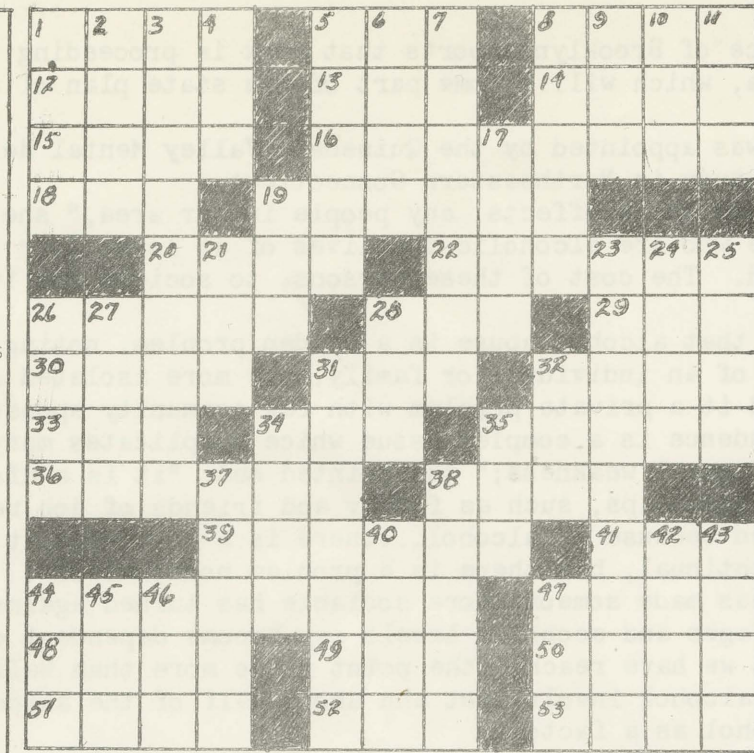


HAVE YOU TRIED DOOSING HER
WITH A BUCKET OF COLD
WATER?

MARRIAGE
COUNSELOR

ACROSS

- 1. Diplomacy
- 5. Automobile
- 8. Seethe
- 12. Region
- 13. Tavern beverage
- 14. Tempt
- 15. Shed feathers
- 16. Argued
- 18. Female sheep
- 19. Come back
- 20. Unruly child
- 22. Parent
- 26. Kitchen garment
- 28. Energy
- 29. Metallic earth
- 30. Burden
- 31. Wet soil
- 32. Double
- 33. Acquired
- 34. Brimless hat
- 35. Impertinent
- 36. Bullfight scenes
- 38. Toothpaste container
- 39. Uncertain
- 41. Existed
- 44. Become larger
- 47. Venus de



- 48. Oceans
- 49. Golly!
- 50. at a distance
- 51. Apportion
- 52. Snaky letter
- 53. Nuisance

DOWN

- 1. Gentle
- 2. In a line

- 3. Observe an anniversary
- 4. Make lace
- 5. Military student
- 6. Dismounted
- 7. Took up again
- 8. Plain spoken
- 9. Not at home
- 10. Anger
- 11. Conducted

RIP ITEM CLAM
 ACE NOME HOME
 MEN VEIL ASEA
 AXE TORRENT
 ENLIST NAG
 LEI TOP PESTS
 MAZE WET SEWN
 STERN GEM MIA
 ROT NAMING
 BROADER RAN
 LAWN RANK ATT
 AGED MICE RIO
 BESS SLOT YET

Last Week's Answers

- 17. Support
- 19. Went quickly
- 21. Fishing pole
- 23. Homemaker
- 24. Historical periods
- 25. Depend
- 26. Seaweed
- 27. Penniless
- 28. Young dog
- 31. Rubdown
- 32. Small portion
- 34. Walking stick
- 35. Take to court
- 37. R.N.
- 38. Forest plants
- 40. Employs
- 42. Woe is me!
- 43. Classify
- 44. Belief
- 45. Born
- 46. Feline
- 47. Chart

The PUZZLE PAGE...

ANSWER TO LAST WEEK'S
 CHESS PROBLEM:

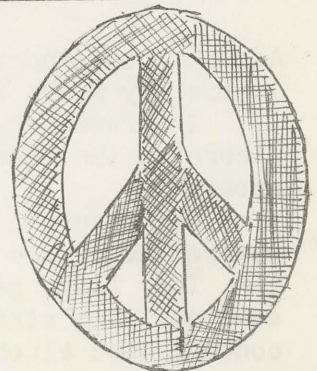
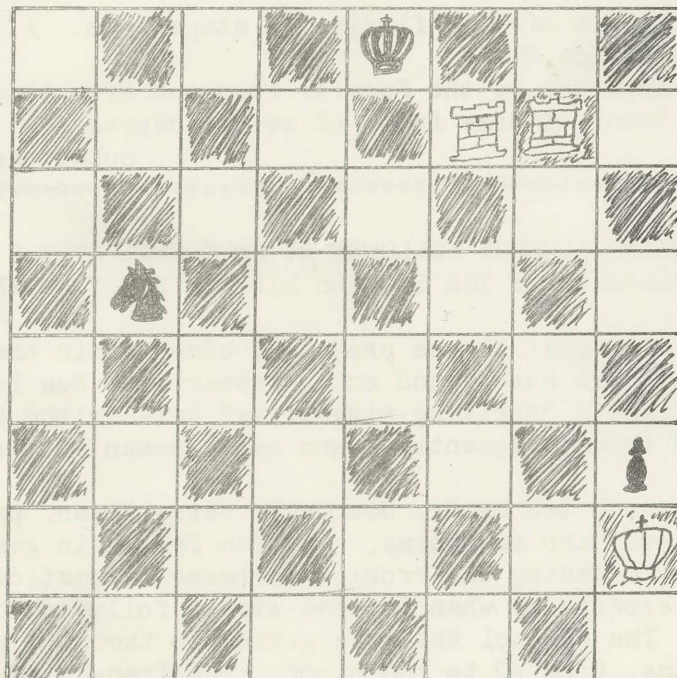
P - Kt 4

CHESS PROBLEM # 24

White to play and
 mate in four.

Simple looking but
 not so simple to do.

GOOD LUCK !



BROOKLYN---Mrs. Nancy Chance of Brooklyn reports that work is proceeding well on the proposal from this area, which will become part of the state plan of action on alcohol problems.

Mrs. Chance recently was appointed by the Quinebaug Valley Mental Health committee to conduct an alcohol study in Northeastern Connecticut.

"Alcoholism is a disease which affects any people in our area," she said in addition, for each of those who are alcoholic the lives of at least four others close to them are deeply affected. The cost of these persons, to society and industry is very high."

Mrs. Chance explained that alcohol abuse is a hidden problem, noting the more alcohol dominates the life of an individual or family, the more isolated are those affected by it. She termed it a private problem with few community sponsored solutions.

She said alcohol dependence is a complex issue which complicates many aspects of life. "It is not a sign of moral weakness;" she pointed out, "it is a disease. By the time that personal relationships, such as family and friends of job relationships and performance, are affected because of alcohol...there is a problem. It may be intermittent rather than continual, but there is a problem nonetheless.

"The very thing that has made someone more sociable has turned against that person. Men and women of all ages and economic levels may become dependent on alcohol".

Mrs. Chance noted that we have reached the point where more than half of the divorces in this area have alcohol involvement and about half of the automobile accidents in our area have alcohol as a factor.

"The work of Alcoholics Anonymous has been the most dedicated," she said, "consistent and rewarding in treatment of the problem. However, more needs to be done."

Submitted By: Richard Roberts

DRUG ALLOWS ALCOHOLICS TO DRINK WITHOUT OVERDRINKING

Lips that touch the alkali metal lithium lost their taste for liquor, at least in the "binge" quantities that send drinkers to the hospital.

"This finding seems to be a major breakthrough in treating alcoholics," according to Dr. Nathan S. Kline, head of research at Rockland State Hospital in Orangeburg, N.Y.

Researchers under his direction gave a lithium compound to chronic alcoholics at the Veterans Administration Hospital in Togus, Maine. They found that these alcoholics had far fewer fall-down drinking bouts than others who weren't given lithium, and they seemed to be able to drink socially without going to binges.

"These patients were able to drink without drinking themselves to extinction," said Dr. Kline.

The social significance of this finding is stupendous. All other treatments for alcoholism involve abstinence,

Lithium has been approved by the Federal Food and Drug Administration since 1970 as a drug for the treatment of some forms of severe depression.

Submitted By: Albert Johnson

DRINKING ALCOHOL FOLLOWED BY EMOTIONAL STRESS CAUSES BLEEDING OF THE STOMACH LINING, STUDY SHOWS...

Alcohol combined with emotional stress produces bleeding in the stomach linings of laboratory mice, researchers have found doing research at New York Medical College.

The research confirms a "striking similarity" between the bleeding stomach ulcers of the mice and those frequently found among human alcoholics, said a College spokesman.

The research was conducted by Dr. George B. Jerzy Glass, professor of medicine and pharmacology, and Dr. Koichiro Kawashima, research fellow in gastroenterology.

They found gastric bleeding and erosion increased dramatically when alcohol was combined with stress, especially when intense stress followed the intake or more concentrated alcohol. The alcohol that was giving to the mice was equivalent to that normally drunk by humans, from 70 to 100 proof. The frequent occurrence of gastric ulcers in human alcoholics prompted the research. Submitted By: Albert Johnson

EMPATHY POETRY CORNER

"DON'T GIVE UP"

There may be times when you want to give up, cause you feel that no one cares.

Don't give up 'cause there is always some hope that someone will be there.

Someone to guide you and give you a helping hand.

Someone to confide in and who really understands.

Never give up on yourself, 'cause you will find it hard to get back up.

And you will have to find the strength in someone else to pull you up.

Never give up 'cause the price is too much to bear.

Never give up 'cause the pain is such despair.

So why put yourself through all this pain and grief.

When all you have to do is instill in yourself some belief.

Don't forget that there is a tomorrow,

and the sun might shine that day.

If you keep this in mind, you will have no regrets.

And just as sure as the sun will shine

YOU HAVEN'T GAVE UP YET.

By: Samuel Terry

ATTENTION ***** ATTENTION ***** ATTENTION

The following is an application for inmates who are interested in coming down to J-Basement to find out more information about Empathy House (Full Time Drug Program). This is not an application for an interview, but merely a request to come down to see the house for yourself and talk with some brothers about what is happening here. Any person sincerely interested in our Drug Program, fill out the request form and put it in the mail box in your block.

Return to J-Basement

I am interested and would like to visit Empathy House seeking more information about your program.

NAME _____ NUMBER _____ WORK AREA _____ HOUSING UNIT _____

SIGNATURE:

We of C.C.I. Somers can feel very proud on behalf of the deeds of Reverend Russell R. Camp. Many of the various organizations throughout the state donate Toys to Chaplain Camp. It is through his extended efforts and the donations of the Toys that many children, each Christmas are made a little happier. Some of those Children are our own.

This has been a project of Reverend Camp's for many years now. Its inception was for the intent and purpose of supplying to the children of the men incarcerated at the institution here a toy or two when they came to visit their father at Christmas time. In the visiting room at Christmas time, is a Christmas Tree, it is set up in one corner of the visiting room and under the tree is a vast collection of toys; toys of every size, kind and description. The children are allowed to go and pick out a toy or two of their choice. This seemingly small and insignificant deed has brought many a Happy smile to a large number of our children.

This act of kindness has extended from here to the Enfield institution and this year thirty-four cartons of Toys were sent to the Bridgeport Correctional Center.

Chaplain Camp has expressed to me the elated feeling of gratification he gets from seeing the smiling faces of the children as they gather a toy they may otherwise not receive.

This project of his just doesn't happen each year. It takes much work; the work of contacting the various organizations and imploring their contributions; the chore then of picking up all these contributed toys, then the separation of the various toys.

For this a vote of thanks and credit must go to the Reverend Camp's clerk, because of the many hours he spends aiding Chaplain Camp in this task.

There has been several names attached to this project, such as: "TOYS FOR TOTS", "OPERATION SANTA CLAUSE" as it was called this year, but Reverend Camp prefers his own title, a title that I too concur with. That is: "OPERATION CONCERN"! Operation concern because that is what it is all about. No one from Reverend Camp, up or down, does this for any monetary or pre-eminence gain. It is done for the sole purpose to bring a little joy to the hearts of our children, and the children of others like us who are incarcerated during the Christmas season. It is done in the true Christmas spirit, 'that of giving', hoping it will gladden the heart of some little one whose father is unable to this year.

Each in our own way should be grateful to all those involved that put a little joy in our children's hearts.

Following is a letter from Mr. Raymond Lopes, Deputy Commissioner expressing the gratitude of the Department of Correction, to those who REALLY CARE:

TO THE RESIDENTS OF THE SOMERS COMMUNITY CORRECTIONAL INSTITUTION:

On behalf of the Department of Correction, I would like to take this opportunity to thank you for your efforts in our "Operation Santa Claus" program.

Your participation made the 1973 program an outstanding success and helped insure a happier Christmas for children who might otherwise have been forgotten.

Thank you for a job well done.

Sincerely

Raymond M. Lopes
Deputy Commissioner

NOTICE FROM THE LIBRARY

WATERGATE -- IMPEACHMENT --- ENERGY CRISIS IN AMERICA

In keeping up with the current state of affairs in the nation, the library has received some books which may prove of interest and enlightenment on the subjects of impeachment Watergate, and the energy crisis in America. The following is a list of titles and basic topics.

The Impeachment of Richard Nixon. by Leonard Lurie
Mr. Lurie clarifies the true significance of Watergate and its related acts of sabotage. He demonstrates why the evidence for impeachment is formidable. He pinpoints the legal case and draws upon history and constitutional theory to put the entire episode in perspective.

Impeachment, Trials and Errors. by Irving Brant
Mr. Brant examines the doctrine of impeachment through its twelve cases in American History, (which he believes were improperly drawn up by the House of Representatives), and concludes with a prescription for a remedy to the flaws in the impeachment process.

The Impeachment and Trial of Andrew Johnson. by Michael Les Benedict
This book concerns the only serious effort to remove a chief executive from office in this nations two-hundred year history.

Watergate Hearings. Phase 1, The Investigation, The Watergate Papers.
This is a book containing the opening by witnesses, a chronological list of the witnesses the interrogation of witnesses and exhibits and material submitted for the record.

Watergate, Chronology of a Crisis, Volume 1. by Congressional Quarterly.
This book covers all aspects of the Watergate crisis and its background.

Energy Crisis in America. by Congressional Quarterly
Research reports concerning all phases of energy related to the present crisis.

These books are available at the library's Information Desk on a reserve basis.

Mr. C. Warren, Librarian

TO: Weekly Scene

FROM: Lawrence M. Pecoske
Q-1-23 #25943

LOST

OMBUDSMAN
REPORT

I have lost a copy of the "Koran" which is my personal property. I would greatly appreciate the return of this book, if anyone finds it.

Thank you,

Lawrence Pecoske

ANNOUNCEMENT: OMBUDSMAN

A copy of the Ombudsman's Quarterly Report is available to men in population.

To receive a copy, please place your request in the Ombudsman's mailbox. This

Box is located in the Main Hall.

James Singer
Assistant Warden
Treatment

&
FOUND ?

PRISON PRESS

NOTES-QUOTES

THE MENARD TIMES, St. Cloud, Minnesota - Project Re-Con sounds like a beneficial and interesting project. I hope that it works out well. Employment, housing etc., have always been an extremely difficult area for a man being released from prison.

THE POINTER NEWS, Draper, Utah - We received a copy of your paper and have added you to our mailing list. "Detainers and their effect" was an interesting article touching on a nation wide problem. In effect a man is considered guilty the moment a warrent is served on him if he is incarcerated. Project "MATE" sounds like a good program. We could use something like that here.

THE DOME, Rahway, New Jersey - The "PATHROAD CORRESPONDENCE PROGRAM" seems to be a very interesting way to keep in touch with the people out in the community. For inmates in prison that do not have visits or correspondence, it can surely ease the loneliness. Hope the program is a success.

THE INSIDER, New Haven, Conn. - You had an interesting article on prison reform. I fully agree with the fact that it is time to awaken from all the dreams. With some of the increasing problems in our society it is obvious that some type of prison reform is needed.

THE PRESIDIO, Fort Madison, Iowa - Your humorous article concerning the Weekly Scene had us all laughing. Due to censorship and limited equipment there is only so much we can accomplish. We would appreciate any constructive criticism you have to offer.

By,
Roger
Waters

INSIDE THE WORLD
INSIDER
THE HARBINGER
THE PENDLETON REFLECTOR
SAGEBRUSH
THE CLOCK
PRESIDIO
HAWKEYE
Jefftown
JOURNAL
The + Echo
INTERPRETER
About Face
THE CASTLE
the mentor
FORUM
THE INSIDE VIEW
VOICE
Spectator
Eastern Echo
THE TIME

Basket Ball

NEWS

Monday Jan. 21, we saw more action in the second round of the intermeral basketball game, whereas the Lakers fought through the defense of the Bucks to take out another great victory. Otis Gordon and Snake took their infamous team to victory, whereas Mauldin put in 30 points and Gordon throwing in an incredible 39. Otis Gordon was excellant in stealing the ball, rebounds and points. Adkins was just marvelous with his sneaky layups, putting in 22 points on this Monday night. Houston (who is the tallest man in the tournament) was kicked out of the game for lack of participation. Houston is a very fine ball player, however, when he gets upset and disgusted, he can surely be a very bad ball player also.

For the Bucks, It was Cannon, Debrick and of course Mr. Cade. Debrick and his Homey Cade played good ball and a total of 45 points between the two. W. Cannon also played good ball, and I must state that his game is rapidly improving. Final score 101 to 80, winner Lakers.

Wednesday, Jan. 23 was sports night again, whereas we witnessed the Knicks losing a game to the Celtics. For the Celtics it was Green, Bines, Terry and Hall. Mr. Hall, whom led his team to victory with 21 points, dominated the rebounds and showed the fans some very fancy dribbling. Bines hit 20 points as usual. Green, who can box all he wants to, hit 19 points with his fallaway jump shot, which extremely difficult to stop. Bruce Terry who lead the first round with rebounding, hit 18 points and also did his job on getting 10 rebounds; only one rebound behind Mr. Hall. Bartee, who we all know as the The Hustling Brother, has temporarily retired, charging those cornered with a little of everything in the book. Do You blame him? For the Knicks, naturally it was our main man Mr. Eli Turner, hitting 25 points, snatching off 7 rebounds and leading his team in assists. Walker, another fine ball player, finished the game with 17 points and eight rebounds. Mac'Arthor, who surprised a lot of fans, played a very good ball game, leading his team in rebounds and hitting 16 points. Johnny Jones who lead the first round in assists, hit 7 points only, due to a bad leg. M. Crawley had 9 points, and Ross hit seven. Winner Celtics, 85 to 81.

EDITORS NOTE: Each week I shall print who was Pro material for that week, this list shall only consist of five men. Pro material for this week is Eli Turner, Mauldin, Otis Gordon, Debrick and Cade.

ALL TIME GREATS: Wendell Bartee, Face Clemmons, Clarence Love, Gregory Harrold, and of course Mr. Basketball himself, Irving Gifford.

BOXING

Monday night, Jan. 28, Muhammad Ali and Joe Frazier fought for the second time at Madison Square Garden. The fight scheduled for twelve rounds, lasted for twelve rounds with the scoring going to Ali. The last two rounds of the match proved the most exciting with Ali taking both. Final scores 6 rounds Ali; 5 rounds Frazier; 1 round draw.

Peachy Davis wishes me to inform all concerned that he shall have a rematch with Hector Garcia, who recently stopped him in the third round, due to a very bad lip that broke open in a sparring match. GOOD LUCK Peachy* and by all means do stay the hell outta here brother.

Casper Walton has recently joined the boxing team; go head Cass. Rolo and Donald Mason will be next; so they say.

Well Gentlemen, Fare you well,

by Rodney Swift

MENU FOR THE WEEK OF FEBRUARY 3, THRU FEBRUARY 9, 1974.

BREAKFAST

LUNCH

SUPPER

SUN.
FEB. 3

Fresh Fruit
Hot Cereal
Crumb Cake
Coffee

Southern Fried Chicken
Mashed Potatoes & Gravy
Buttered Peas
Cranberry Sauce
Purple Plums

Shrimp Chow Mein
Dry Noodles
Steamed Rice
Tossed Salad
Fruit Cocktail

MON.
FEB. 4

Blended Juice
Cold Cereal
Fried Eggs-Toast
Coffee

Baked Virginia Ham
Blackeye Peas
Fried Cabbage
Purple Plums

Veal Parmesan
Mashed Potatoes
Green Beans
Iced Cake

TUES
FEB. 5

Pineapple Juice
Hot Cereal
Donuts
Coffee

Beef Stew w/Vegetables
Buttered Noodles
Bakind Powder Biscuit
Cole Slaw
Chilled Apricots

Fried Fish Cakes
Baked Beans
Beet & Onions Salad
Orange Jello
Catsup

WED.
FEB. 6

Tomato Juice
Cold Cereal
Griddle Cakes w/Syrup
Coffee

Pizza Pie
Pasta Fazuli
Garden Salad
Pear Halves

Green Pea Soup
Cold Cuts & Cheese
Potato Salad
Iced Cake
Mustard

THURS.
FEB. 7

Kadota Figs
Hot Cereal
Muffins
Coffee

Cheeseburgers-Catsup
French Fried Potatoes
Whole Kernel Corn
Vanilla Pudding w/Cherries

Hot Turkey Sandwich
Mashed Potato-Gravy
Mashed Turnips
Apple Pie

FRI.
FEB. 8

Fresh Fruit
Cold Cereal
Scrambled Eggs-Toast
Coffee

Fried Flounder
Papriind Potatoes
Peas & Carrots
Tartar Sauce
Ice Cream

Meat Loaf w/Gravy
Mashed Potatoes
Asparagus
Cookies

SAT.
FEB. 9

Orange Juice
Hot Cereal
Crumb Cake
Coffee

Shells & Italian Sausage
Grated Cheese
Tossed Salad
Lime Jello

Soup Of The Day
Grilled Cheese Sandwiches
Hash Brown Potatoes
Cole Slaw
Iced Cake

THIS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Eddie
Lubano
1974
Peace

OM 1274