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Weekly Scene

CONNECTICUT
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CONNECTICUT



A New Age Of Discovery

Written by: Frank James &
The Perkins

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C O V E R S T O R Y

A New Age Of Discovery

In the year of our Lord, 793, the quiet English monastery of Lindisfarne was attacked and destroyed by tall - bearded warriors who not only didn't worship Christ, they had never heard of him. In a few short years, the most commonly heard prayer in England was; "Dear Lord, deliver us from the fury of the Northmen". Thusly was begun the Viking Age which would last until 1066, when the last great Viking king, William the Conquerer, destroyed the English resistance at the Battle of Hastings.

Looking for New Worlds to conquer and settle, the Vikings had explored (and pillaged) from Constantinople to Greenland. Now, in the year 1000, Leif Ericsson mounted an expedition to Vinland which we today know as America. His Dragonships landed in the area called Martha's Vineyard and winter quarters were established. The following year a permanent settlement was founded; but was abandoned three years later. Nonetheless, a trade-route was continued between Vinland, Greenland and Iceland.

In 1470, Christopher Columbus visited Iceland and was informed of the route to Vinland. So, 20 years later, almost 500 years after the Vikings, Columbus managed to discover America--and the Age of Discovery became official.

Written by: Frank James &
Tim Perkins

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This is a weekly publication printed by the inmates of the Connecticut Correctional Institution at Somers, Connecticut.

The views are intended to reflect the sentiments of the contributors with the supervision of a Staff Advisory Board, and aren't to be construed as those of the Prison Administration.

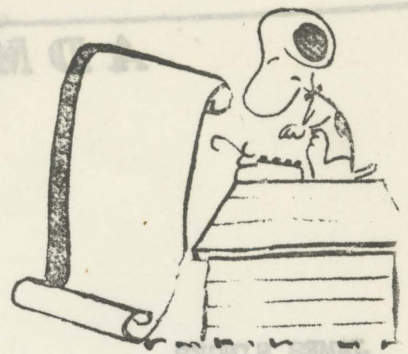
WEEKLY SCENE

P.O. BOX 100
SOMERS, CONN.
06071

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OFFSET PRESS & PLATES.....ROBERT CARR

EDITOR'S



A Short Course in HUMAN RELATIONS

CORNER

The 6 most important words:

I admit I made a mistake

The 5 most important words:

You did a good job

The 4 most important words:

What is your opinion

The 3 most important words:

If you please

The 2 most important words:

Thank you

The 1 most important word: We

The least important word: I

ADVICE TO A NEW EDITOR OF THE WEEKLY SCENE FROM AN EX-EDITOR OF THE WEEKLY SCENE:

Be careful when sweeping the floor, as the broom with the chip in the handle also gives off splinters. Should you get one stuck in your hand, do not rant, rave and curse. Just quietly cry - remember you are THE EDITOR and thus must stay in keeping with the dignity of your office.

Watch out when changing the office around, there is a very violent Greek Cockroach that lives in the far right-hand corner behind the filing drawers. He is a Black Belt, A Brown Belt, and even a Pink Suspenders.(Yes-he is a bit odd). If you are intending to move near him, talk very quietly and show him respect. Believe me, there is nothing quite as vicious as an aroused Cockroach. I know, I used to be one.

Do not use the words *Coffle*, and *Waffle* as they both do not fit into a paper of QUALITY; and besides, you would start getting funny little scratches in the corners of any such articles submitted for approval.

Please, dear friend Larry, do not ignore your RESPONSIBILITY OF OFFICE. Make sure you have plenty of coffee, cream and sugar on hand; and when your co-workers send you out to make the coffee for them, assert your AUTHORITY and refuse to stir it for them, or it will reflect on your POSITION.

First thing when you get to work each morning, rub a dab of PRINTER'S INK on your nose, stick a well-chewed pencil behind your ear, and affix a frown on your face. This gives everyone the impression that you are:(1) working hard (2) that you do know how to read and write despite what people have been often saying behind your back, and (3) that you are carrying weighty problems and in the midst of making some earth shattering decisions. Also, the frown helps to make the concerned TEAM MEMBERS of the WEEKLY SCENE, tip-toe and tremble with fear that you will soon explode with an idea that will mean W-O-R-K!

By the way, it would be a damn good idea to say good-morning to the Greek Cockroach before you say it to your worthy crew. He is rather uptight about things.

Always keep your desk in organized disorder, stacking folders of meaningless papers and scribbled notes that no one including yourself can make heads or tails from, all over your desk. Make sure that whatever anyone could possibly need or want, is at the very bottom of the disorder. This way, you can get a deeper frown and look disgusted when they ask you for a particular item; and also get deep appreciation when they see the huge efforts you must pour forth in their behalf to dig out the wanted and requested material. It also helps if you affix them with a stare that tells them to be more careful in the future where they hide their damn material.

What else? Ah, yes. When dealing with THE ADMINISTRATION, always be decisive. Never mumble-or whisper-but speak up clearly and show your awareness of your own RESPONSIBILITY OF OFFICE, by saying your YES, SIRs, in a clear and understandable voice. And always carry a well-packed and used folder. This scares them into thinking that you have something with you, and they will rush you on your way before you get a chance to spring it on them.

I, personally, wish you luck--for you are in a position that can have much meaning to the population. Please give my warmest regards to Horace(The Cockroach) and should you need the benefit of my vast experience (three whole weeks as Editor), please feel free to call upon me. By the way, the Cockroach does not like any Blue Grass Music, so please don't hum any around him.

Respectfully,
Harvey Lerner.....

A room, is a room, is a room.....or something like that. Hell no. A room is a lot of different things, depending on what you have inside of it. A prison cell can be the most oppressive place on earth, or it can be made into a place where things are happening that are in many ways adding to the summation of you. A strange beginning for an article entitled Jaycee Spotlight? Not really. For today I would like to turn the Jaycee Spotlight on my Cell. That's right. On my prison cell. I owe it that. It has served me well, because I have allowed it to. Perhaps my cell has a lot in common with other cells that are occupied by members of the C.C.I.S. Jaycees. I think it does, even though mine may be a bit more confused and messed up.

Books, folders filled with both my personal letters, stacks of creative writings, poetry and odds and ends, stray thoughts scribbled down through half-closed eyes. Then there are the Jaycee folders packed with happenings. Classes, activities, by-laws, responsibilities, demands for attention, for efforts. There is material for teaching Toastmasters, notes and outlines for and from the Reach Out Crime Prevention Project. There is a thick folder left from the days of participation with the Free Theater Workshop, and I might add that this is something I thumb through often tasting the sweet memories of shared experiences with that very beautiful and alive group of people. There are Minutes from Board Meetings, and scribbled notes that seemed so important at the time I wrote them, but have never been able to translate them into understandable English. There are pieces of paper that have my name inscribed, denoting Appreciation from the Jaycee Membership for a personal effort given. And above all in all these folders, there are sincere, deep whispers that Somebody Cares.

On my desk sits a battered cockeyed old Royal typewriter, well-used and often patted or cursed, depending on the job turned out. I have a habit of talking to my typewriter, please don't look at me like that.....Anyway, this dear friend is used for Reports, Outlines,

Ideas, Jokes, Mumbling, Jaycee Spotlights, a stray poem or two, Projects Proposals, Bits and Pieces that strange people mutter to me and ask me to type out for this or that Jaycee function. On this over-worked, battered machine, has come out some constructive thoughts, and these were later transformed into productive actions through the concern, time and efforts of the membership of the Jaycees. After all, it is one thing to put something on paper, and quite another thing to make the Idea breathe Life. For that it takes People.

An Almanac, two Dictionaries, a Roget's College Thesaurus, the 1975 edition of the Writer's Market, three Bibles (one in English, one in Hebrew, and one that was a treasured gift from an old friend). Books. Many, many books. All well-read. I read every chance I get. Let's see, what else? Ah, yes. Coffee rolled cigarettes, and the rest of the nonsense that I stuff into myself.

A room becomes important when we create important things to do in it. Look at a cell of any active Jaycee, and you'll see that something is going on in there. A person is reaching, learning growing and becoming. There is very little time or need for Self-Pity, Apathy or Depression. The walls do not weep, because the person has no time to weep, he is too busy sharing, caring, and growing. It is a room where the man in there respects himself. He has to, or he could not belong to an organization built on Integrity and Accomplishment. It takes a Pride in Self to be able to stand up and put forth ideas and efforts and feel you are a part of something real. So, this is why I have chosen a prison cell for the Jaycee Spotlight today. Because so like the very Concept of Jaycees, it is just what we Ourselves dare make of it.

Harvey Lerner
Public Relations Director
C.C.I.S. Jaycees, Inc.

RUDIMENTS OF MUSIC IN CONDENSED FORM

COMPILED BY: WALLACE M. WALTERS

Before the student makes any attempt to play an instrument, he should thoroughly learn, and understand, the following basic fundamentals

(rudiments) of music. Satisfactory "playing progress" is impossible without this vital knowledge. The intelligent use of these basics is the heart, and soul, of any kind of music. Rudiments teach us the meaning of notes and rests (time duration given each note or rest) signs and markings (to tell us how to interpret, Phrase, and give character to our playing), pitch, scales, and time signatures (without which music would be complete chaos).


By presenting this material in question and answer form, I believe it can be memorized, and learned with less effort, in less time than usually required by other methods. Children in the 3rd and 4th grades learn, and remember, they only get from one to two hours instruction a week, and here to be understood how these children can demonstrate these rudiments in a very short time (about a month).


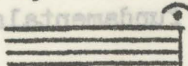
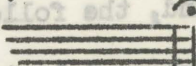
"TILL THE RUDIMENTS ARE MASTERED FORGET ABOUT YOUR INSTRUMENT"

Learn your rudiments well and you'll be amazed how much easier, and faster, progress on your instrument will be.

Start with the first question--"Write"----(don't just read the answers). Continue the same procedure, copying the answers (notes, rest, clef signs, staves, signatures, etc.) as presented in the text until thoroughly mastered.....




NOTE: IT IS OUR INTENTION TO PRINT A MUSIC SHEET EACH WEEK.

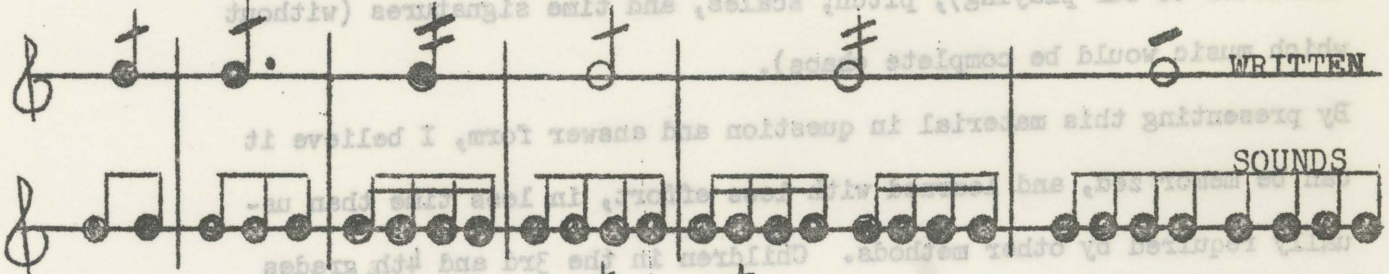
Q. What is the name of the character ()? What does it mean?

A. Called a fermata, hold or pause. When it is placed over a note or rest (), its effect is to prolong the sound, or silence, indefinitely. When over a bar, or double bar, the close of the movement.  OR 

Q. What do the letters D.C. AND D.S. signify?

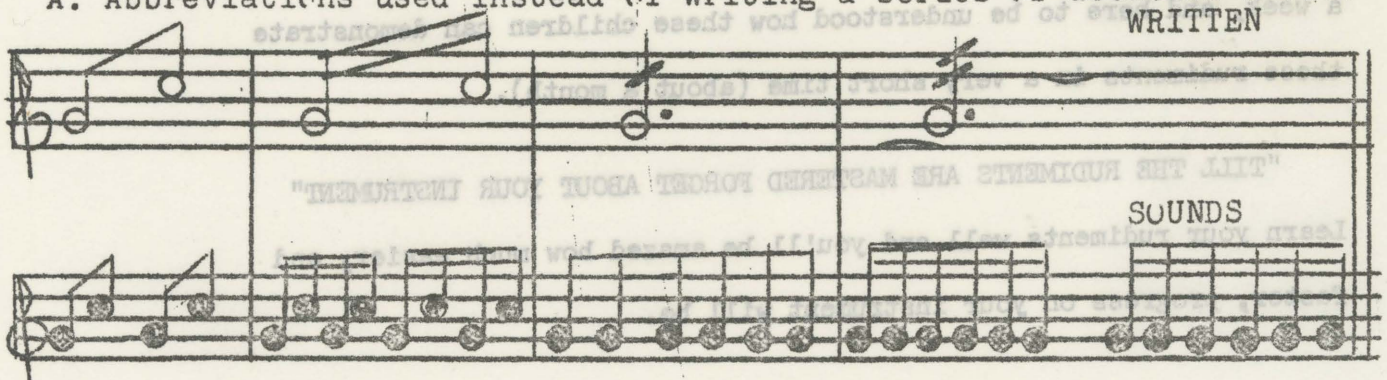
A. D.C. = return to commencement of movement.


D.S. = (should be accompanied by the sign ) , return to a similar sign (), found in the body of the composition, ending at a hold () over a double bar.



Q. What is the meaning of  ,  and terms of similar character?

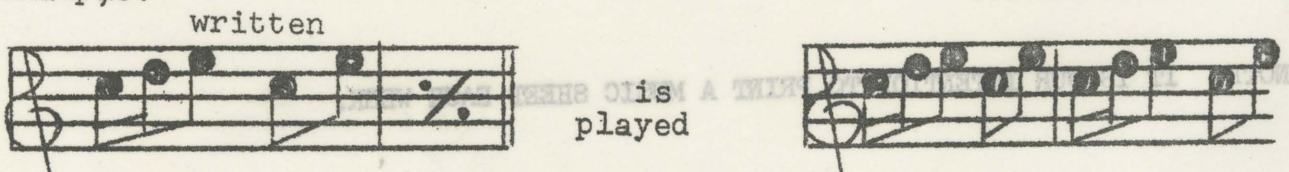
A. Abbreviations used instead of writing a series of detached notes.



Q. What is the meaning of this sign ()?

A. Means to repeat preceding measure.

Example:



By Wallace M. Walters

SOUL

Al & Aretha: Soul Survivors

**With Everything
I Feel in Me**
Aretha Franklin
Atlantic SD 18116

**Al Green Explores
Your Mind**
Hi SHL 32087

by Bob Palmer

Otis Redding, who would probably be wearing Al Green's crown if he were still with us, put soul singing together out of gospel, Fifties rhythm and blues, Memphis rockabilly and country-western music. His work as a synthesizer of styles ended with a plane crash in 1967. Aretha Franklin's career began that same year, for all intents and purposes, in an Alabama studio. Having signed her to Atlantic after her less than fruitful period with Columbia, Jerry Wexler's task was to find the rhythmic emphasis which would best complement her emotive, punching, church-rooted power and he found it in the South. The "new" blend involved elaborating the basic Memphis backing of horns, organ, guitar and rhythm with more keyboards and guitars and, later, strings and vocal groups, without adding significantly to Redding's rhythmic/harmonic/melodic legacy. *With Everything*, recorded in Miami and New York with the Memphis horns tacked on, returns to the blend's base without the jazzy extensions which have characterized her last few albums. It's either the most stylistically coherent Aretha album in a while or a retreat from experimentation to a sure thing, depending on your point of view.

"Without Love" has a telling hook and the kind of driving track Aretha can and does soar on, propelled by Bernard Purdie's committed drumming. It's one of her stronger singles, without the chilling intensity of "The Real Thing" but with a lot more melodic distinctiveness. "Don't Go

Breaking My Heart" has a derivative instrumental introduction, arranged by Arif Mardin, which attempts the kind of involving prelude Thom Bell created for the O'Jays' "Backstabbers." Unfortunately, the overall sound doesn't have enough bass and midrange, the instrumentation isn't rich enough, the string line is too familiar, and Aretha's modal-sounding wordless vocal chorus doesn't achieve what Willie Mitchell calls "another elevation." Once this amateurish lapse is out of the way Aretha takes charge, pushing the words out, making a spectacular octave jump with breathtaking ease. "Sing It Again" is pulsing disco dance music, "You Move Me" has fantastic time-warp tenor sax by Andrew Love, "You'll Never Get to Heaven" brings a whole new spirit to Dionne Warwick's *la-la* warbling and concludes with an overreverbed but effective a cappella flourish. Aretha is in good form throughout and the production—Wexler, Mardin, Franklin and Tom Dowd collaborated—supports her high flying without calling attention to itself, "Don't Go" excepted.

Al Green Explores Your Mind testifies to a rather remarkable rebirth. *Livin' for You* represented the nadir of Green's Hi period, with formula triumphant, the material undistinguished and only a few virtuosic vocal tricks to save a generally somnambulist performance. Since its release Green has been heckled at the Apollo ("Speak up Al, I can't hear you") and out of the Top Ten for several months, and while these events were no doubt less sobering than his recent injuries at the hands of a jealous woman friend, they do seem to have resulted in a radical review of his aims. Green and coproducer Willie Mitchell have apparently decided that they've reached the limits of

sweetness and flab, just when their most fervent admirers were about to write them off.

Explores Your Mind, or part of it, returns to Green's Forrest City, Arkansas, roots. He dedicates "Take Me to the River" to his cousin, the late Junior Parker, and builds a kinetic, accelerating structure until, as the track fades, he's growling and even screaming, the way we always knew he could. "God Blessed Our Love" is the other side of the blues; it's stone gospel with the simplicity and feeling of a Redding soul ballad and an accompaniment which is understated and elegant in the best Memphis tradition. "The City" builds more excitement with a series of stop-time breaks and another fast tempo. This time Howard Grimes's drumming takes on some of the lilt of New Orleans second-line style, in contrast to the rest of his rocking but relatively conservative work. These tunes, along with the slightly less distinctive "One Nite Stand" and "School Days," are among the most forceful recorded performances of Green's career. "Sha-La-La" and the rest of the songs are formula, but the supercharged context in which they're placed makes them sparkle more than they would have on any previous album.

Franklin and Green are old-fashioned. They seem to be avoiding the expanded rhythmic vocabulary opened up by James Brown and Sly Stone, nor have they developed into composer/arranger/performer/producers like Stevie Wonder. But both singers display a great deal more harmonic sophistication and stylistic integrity than the rest of their competition. *With Everything I Feel in Me* and especially *Al Green Explores Your Mind* must be counted among the season's very best pop LPs.

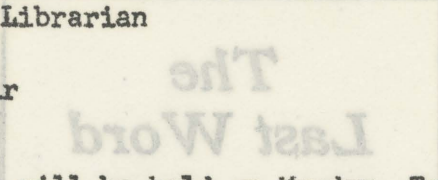
INMATE RADIO STATION'S DAILY SCHEDULE

	"A" CHANNEL	"B" CHANNEL	
MONDAY:	6:00AM	WTIC	WDRC
	8:15AM	*MICHAEL T with SOUL	WAAF
	11:15AM	*THE GROOVE MAKER with SOUL	WAAF
	2:30PM	WKND	WHCN
	3:30PM	*HOLLYWOOD with SOUL	WHCN
	7:30PM	*BIG FOOT with ROCK	
	9:00PM	*BIG FOOT	WWUH (ACCENT ON JAZZ)
TUESDAY:	6:00AM	WTIC	WDRC
	8:15AM	*TROUBLEMAN with ROCK & SOUL	WIOF
	11:15AM	*THE GROOVE MAKER with SOUL	WHCN
	2:30PM	WRCH	WHCN
	3:30PM	*THE CRICKET with EASY LISTENING	WDRC
	7:30PM	*SPANISH SALSA!	WDRC
WEDNESDAY:	6:00AM	WTIC	WDRC
	8:15AM	*JAMMIN SAM with ROCK & SOUL	WRCH
	12:30PM	WAAF	WKND
	3:30PM	*ICE with SOUL	WAAF
	7:30PM	*LAWRENCE HART with JAZZ	WDRC
THURSDAY:	6:00AM	WTIC	WDRC
	8:15AM	*COUNTRY GENTLEMAN with C & W	WDRC
	11:15AM	*MICHAEL T with SOUL	WAAF
	2:30PM	WRCH	WAAF
	3:30PM	*THE VOODOO CHILD w/SOUL OLDIES	WHCN
	7:30PM	*HOLLYWOOD with SOUL	WHCN
FRIDAY:	6:00AM	WTIC	WDRC
	8:15AM	*TROUBLEMAN with SOUL & JAZZ	WPLR
	11:15AM	*SALT & PEPPER with JAZZ	WPLR
	2:30PM	WRCH	WPLR
	3:30PM	*HOLLYWOOD with SOUL	WHCN
	8:30PM	*SLEEZE with ROCK	WWUH (SOUL with MACEO WOODS)
	12:00AM	*THE NIGHT ENGINEER	WSCB
SATURDAY:	6:00AM	WTIC	WDRC
	7:00AM	*THE COOKER with SOUL	WAAF
	11:00AM	*THE VOODOO CHILD with SOUL	WAAF
	3:00PM	*SPIKE with the OLDIES	WKND (Or OTHER SOUL STATION)
	7:30PM	*VIRGINIA GENTLEMAN with C & W	WDRC
	8:00PM	*VIRGINIA GENTLEMAN with C & W	WWUH (MASTER BLASTER)
	12:00AM	*THE NIGHT ENGINEER	WSCB
SUNDAY:	6:00AM		
	7:00AM	*CRICKET with EASY LISTENING	
	9:30AM	*ICE with SOUNDS OF GOSPEL	WAAF
	11:00AM	*DIRTY DEL with ROCK BLUES	WSCB
	3:00PM	*LAWRENCE HART with JAZZ	WHCN
	8:00PM	WSCB (SPANISH SALSA)	WHCN (PRISONER REQUEST)
	*WIRS PROGRAMS		
SIGN OFF TIME:	SUNDAY THRU THURSDAY @ 11:30PM		
	FRIDAYS, SATURDAYS & NIGHTS PRECEEDING HOLIDAYS @ 1:00AM		

NOTE: ALL SUGGESTIONS FROM THE POPULATION CONCERNING CHANGES TO THE ABOVE SCHEDULE WILL BE CONSIDERED.

Feb. 18, 1975

FROM: Craig M. Warren, Librarian
TO: All Units
SUBJECT: Annual Bookfair



The bookfair this year will be held on Monday, Tuesday, and Wednesday, March 17, 18, and 19, 1975. The rules are as follows:

1. The actual sale of books to inmates will take place from 5:30 p.m. to 8:30 p.m. on each of these days.
 2. Inmates will come to the bookfair only on the night when their block is scheduled. Inmates wishing to attend the bookfair will not be released from their cells at the beginning of the evening recreation period. Instead, they will be released when the library is ready to accommodate them.
- THE SCHEDULE IS AS FOLLOWS
- Monday Night-----Q1, Q2, Q3, and Q4 Blocks
 Tuesday Night-----B, C, E, and G Blocks
 Wednesday Night-----H, J1, and J2 Blocks
3. The library will be closed all day on the days of the bookfair. Library books cannot be checked out of the library on these days.
 4. On the days of the bookfair the Law Library can be used only on written request. Visits will be limited to 15 minutes.
 5. The cost of the books will be deducted from the inmate's account. Books may not be bought on credit.
 6. There will be discounts ranging from 15% to 30% on all books.
 7. All sales are final. Books may not be returned once they have been purchased.
 8. No one will be allowed to bring any of their personal belongings into the library when the bookfair is in session. This includes coats, jackets, books, notebooks, bags, etc.
 9. Paperback books, only, will be sold. Hard cover books will not be available at the bookfair.
 10. Inmates should place their suggestions for the bookfair in a "Suggestion Box" which will be placed near the front entrance to the library.

Craig M. Warren, Librarian, CCIS

Craig M. Warren

Submitted by: Mr. Craig Warren
CCIS Librarian

February 18, 1975 (pg. 32)

Ah, Sweet Mystery

By RICHARD R. LINGEMAN

A richly imaginative and highly unauthorized biography of Howard Hughes was quashed, while the sometimes va-grant reminiscences of Lucky Luciano are subjected to a severe buffeting on the front page of this newspaper; yet a book called "The Bermuda Triangle" rises serenely to the number one position on the Best Seller List with scarcely a discordant murmur. Although the zany success of Charles Berlitz's book, which now has over 215,000 copies in print, may be dismissed as simply a mutation of popular taste, students of the delusions of crowds might want to mount it in their specimen trays.

Berlitz's book is not the first to coin money by theorizing about the allegedly mysterious disappearances of ships and planes in the area roughly demarcated by a line drawn between Bermuda, Miami and San Juan, P. R. There was John Wallace Spencer's "Limbo of the Lost," a 1973 paperback best seller, and last year's "The Devil's Triangle" by Richard Winer, based on a television show that was stretched into a movie. It too made the paperback list recently—probably on the coattails of the Berlitz book. There is—as the people who write this stuff might put it—Something Going on Out There.

It is highly probable that the Bermuda Triangle phenomenon is cut from the same cloth as the Erich von Däniken phenomenon, which in turn was a swatch from your basic flying-saucer yard goods. As those who ordered their secret decoders already know, there are strange, unexplained things going on in the Triangle, a.k.a. the Hoodoo Sea, Twilight Zone, Vile Vortex. Since they are unexplained, the pseudo-sci boys are happy to run up a theory—or rather several of them—that will explain the whole thing in extraterrestrial terms. In addition to outer-space-men mucking about the Bermuda flyways with their specimen jars, explanations include magnetism generated by Big Allises left behind by now-defunct submerged civilizations, time-warps, witchcraft or some sort of ominous meteorological anomalies.

But what if these so-called mysteries aren't really mysteries? Then we needn't check our brains with the sybils of the supernatural—right? In other words, no mystery, no spacemen. Well, a 34-year-old reference librarian at Arizona State University named Lawrence David

The Last Word



Drawing by Ken Rinciarl.

Kusche has now written a book that relegates its predecessors to the "Star Trek" category. Mr. Kusche's book, called "The Bermuda Triangle Mystery—Solved" (to be published by Harper & Row in March), contains the kind of dogged fact-chasing one might expect from a reference librarian. What Kusche has done is to track down every last scrap of information available on the sacred mysteries in the Bermuda Triangle canon. Although he does not solve every one of them—and they go back to Columbus's day—he demonstrates quite clearly that those incidents on which reliable information exists are plausibly explainable by natural causes or human error—or didn't occur in the Bermuda Triangle at all. As Kusche concludes: "The Legend of the Bermuda Triangle is a manufactured mystery. It began because of careless research and was elaborated upon and perpetuated by writers who either purposely or unknowingly made use of misconceptions, faulty reasoning and sensationalism. It was repeated so many times that it began to take on the aura of truth."

Take the Berlitz book. One need only compare Kusche's discussion of perhaps

the most famous of the mysteries—the disappearance of five Navy Avenger torpedo bombers on a training flight out of Florida in 1945—with Berlitz's version. Kusche works with the complete transcript of the Navy's inquiry while Berlitz repeats gossip of the Triangle rumor factory. The Berlitz version attributes dialogue to the doomed pilots that was never spoken, has their fuel running out four hours before the fuel capacity of such planes would warrant, implies that the pilots were experienced (it was a training flight) and that the seas were calm (it grew very rough) and misstates the time a rescue plane crashed. Common sense concludes that the flight leader got lost due to a compass malfunction.

In a recent interview, Kusche reaffirmed that the mysteries were mainly due to sloppy, shallow research. What sucked him into the Vile Vortex were persistent inquiries by students at the library back in 1972, which resulted in his compiling an extensive biography on all that has been written about the subject. He had these printed up and has sold 3,000 of them (he also sells a Bermuda Triangle calendar). Harper & Row ordered a bibliography; Kusche included a note proposing a book, which the company took up. A lot of students and young people are into this, Kusche said, and many of the believers who learned of his research would say, "I hope you don't completely solve it. I hope it's supernatural." Kusche added, "The supernatural or U.F.O. explanation is simply a copout of doing research—and a way to sell a lot of books."

I think he's on to something on both counts—though probably not a best seller. He also sounded a heartening note. He makes a lot of speeches out in Arizona to civic groups and students (in which he does not reveal his "solution"). While talking to grade-school children, he found them eager to attribute all sorts of things to Herr von Däniken's ancient astronaut. But when he asked them if they really believed in ancient astronauts, the kid would hesitate, then say, "Naw."

Perhaps psychologists would say there is a mild anxiety neurosis at work here causing an ambivalent projection of the unknown of fears that take the form of extraterrestrial menaces at work coupled with a secret childlike wish that they really are benevolent higher intelligences capable of running things better than the present people in charge. If this is the case, I prescribe a nice long vacation. Bermuda anyone? ■

You are restless in rest, silent in suffering,
You are loved, you are precious,
If it is only that we are of the same,
mortal soul and spirit,
You are loved, you are precious,
We once loved together, you and I,
And you were an awakening within me,
And an enlightenment throughout me,
We have loved in rhythm,
We have loved in passion,
And we have loved in vain,
And though you've vanished into,
the thawing dawn,
You have loved as you have gone,
And in your undying spiritual presence,
You are timeless in this world of time.....



We sit in anticipation, you and I,
And await the joy that never arrives,
We are without ever knowing,
The very curse of our accursed lives,
For all love is gone and we've been reborn,
Into a world of self inflicted madness,
For all love is gone and we've been reborn,
Into an evolution of sadness.....

Submitted by:

Dennis Forrest

UNA HISTORIA

En un jardín tropical
de ostentas flores preciosas
perspectiva sin igual,
tropece con un rosal
cuajado de lindas rosas.

Quedeme una estatua hecho
al contemplarlas tan bellas,
y dije muy satisfecho:
voy a cojer una de ellas
para engalanar mi pecho.

Recorri con ansiedad
de tantas rosas las rara
deslumbrante variedad,
sin que ninguna fijara
mi indecisa voluntad.

Una, alegre sonreía,
tentando mi incierta mano
con su fresca lozanía;
pero noté que roía
su corazón vil guzano.

Otra entre tantas graciosas
columpiabase gentil;
pero en sus hojas sedosas
vi las huellas lastimosas
de algún inmundo reptil.

Otra logro cautivarme
con su vistosa apariencia,
y casi determinarme;
pero observe al acercarme,
que era una flor sin esencia.

Otra, la más peregrina,
suave, clorosa, divina,
arreatome al mirarla;
mas ¡ay! la ingrata, al tocarla,
me hirio con leve espina!

Y así, después que una a una,
recorri el rosal ameno;
tan triste fue mi fortuna,
que me alejé... sin ninguna
con que engalanar mi seno!

Poema De: F.J.Amy
Sometida por: Tony

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Submitted by:

Tennis Forrest

An incredible free offer.

TYPEWRITER REPAIR APPRENTICESHIP

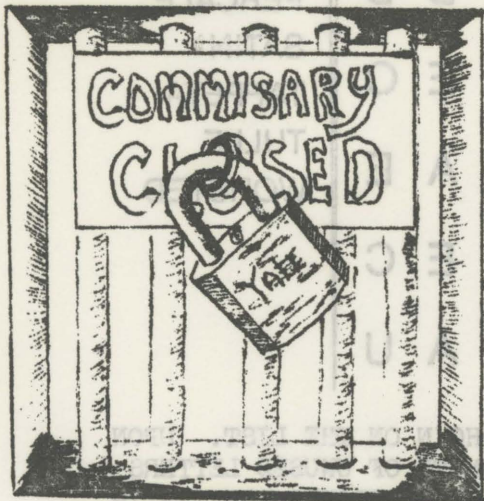
There are several openings in the Typewriter Repair Shop for apprentices. You can get a good insight of what the office machine business is all about. By learning the repair business, you can become a serviceman or possibly start your own business in a small way.

If you are interested, please send an Inmate Request to:

Mr. McCune, Supervisor
Vocational Education
Education Dept.

If you have up to a year remaining or longer, it will be necessary that you be tested for your aptitude in this particular job skill ----

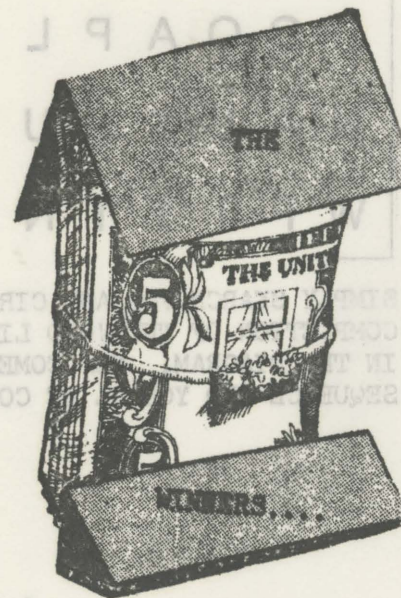
ATTENTION



COMMISSARY CLOSING

Commissary will be closed during the week of March 31st thru April 4th in order to take inventory and prepare necessary reports as required by the Department of Correction.

La Comisaria estara cerrada durante la semana de Marzo 31--Abril 4 para preparar los reportes mensuales requeridos por el Departamento de Correcciones.



Alfred Gomez #21362 B-89

Joseph Adinteri #26279 Q-1-39

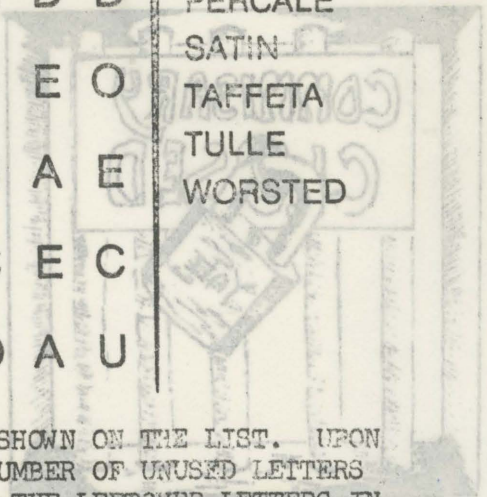
Raymond Reid #45947 C-16

Dennis Cahill #55591 B-17

S N T R K N S A V N A C C E
 P E Y I T J A W B T A H L R
 K E T L E E R H A A E S I S
 L A R R O O W F K V I A G S
 B A S C N N F O I A H Z A N
 B E I E A E E O R O R T E G
 Y U N T T L T R M S I T R S
 A I R A N C E L E N T O S C
 L B U L O O E A S M S E I A
 I N E T A N F E L G H R D D
 S S T T N P L F R P B S E O
 D O O A P L L A I M A N A E
 N A L S U U I R A H I C E C
 W F I T T N H C Y M C O A U

- ALPACA
- ASTRAKHAN
- BAIZE
- BATIK
- BURLAP
- CAMBRIC
- CANVAS
- CASHMERE
- CHEVIOT
- CHIFFON
- COTTON
- DENIM
- FLANNEL
- GROSGRAIN
- JERSEY
- LINEN
- MOHAIR
- NYLON
- PERCALE
- SATIN
- TAFFETA
- TULLE
- WORSTED

SIMPLY SEARCH FOR AND CIRCLE THE HIDDEN WORDS SHOWN ON THE LIST. UPON
 COMPLETION OF THE WORD LIST, YOU WILL FIND A NUMBER OF UNUSED LETTERS
 IN THE DIAGRAM. NOW COMES THE FUN! WRITE OUT THE LEFTOVER LETTERS IN
 SEQUENCE AND YOU'LL BE COOKING!



Allied Cases #51382 H-89
 Joseph Adixter #52519 6-1-32
 Dennis Gault #52521 B-17

ANSWER: SIRENMAKER'S SLOGAN,

Department of Correction.
 necessary repairs as required by the
 order to take inventory and prepare
 week of March 31st thru April 1st in
 Commissary will be closed during the

la Comisaria estara cerrada durante
 la semana de Marzo 31--Abril 1 para
 preparar los reportes mensuales de
 quinden por el Departamento de Cor-
 reccion.

COMMISSARY CLOSED

MOVIES

PELICULAS

Saturday
PAUL AND MICHELLE (R) March 15, 1975
103 Minutes

In June, 1971, Paramount released Lewis Gilbert's film "Friends", in which two 15-year-olds had a love affair and a baby and were forced apart. With Elton John's music and two fresh youngsters, French Anicée Alvina and British Sean Bury, the film was a surprise hit. "Paul and Michelle", produced, directed and written by Gilbert, with a screenplay by Angela Huth and Vernon Harris, tells of the young lovers' reunion three years later and their attempts to make a life together with their child. The two stars repeat their roles, as does Ronald Lewis as the boy's stuffy father and there is footage from the original, showing the first time the boy and girl make love and the scene in which she gives birth. Mlle Alvina and Bury have matured and the scenery -- Paris, Nice and Camargue -- is as beautiful as ever, in Spherical Panavision and Technicolor. Keir Dullea has been added as the girl's lover and the young daughter is played by cute Sara Stout. Gilbert's son Steve composed and performed two numbers, the rock score by Michel Colombier being an asset. If the dialog and acting aren't overly convincing, the theme and the Franco-British co-production's visual beauty can be counted on to make the difference. R Rated for nudity.

Sunday
THE WHITE DAWN (R) March 16, 1975
109 Minutes

Eskimos have been sparsely dealt with on film, usually in documentary form. THE WHITE DAWN is based on a true story. Jeanasie Salomonie, playing the chief's son & acting as interpreter on the production, is the grandson of the real tribal chief portrayed in the story. The American contingent features three popular actors, of whom Timothy Bottoms makes the best impression as the only sailor to adopt the Eskimos as brothers. The contested "R" rating is reflected by the rugged killing of animals for food and the natives' free attitude towards their women. The very culture of the people and the stark setting should account for some audience interest. Henry Mancini's score uses drums and flutes to great effect.

Sabado
PAUL Y MICHELLE (R) Marzo 15, 1975
103 Minutos

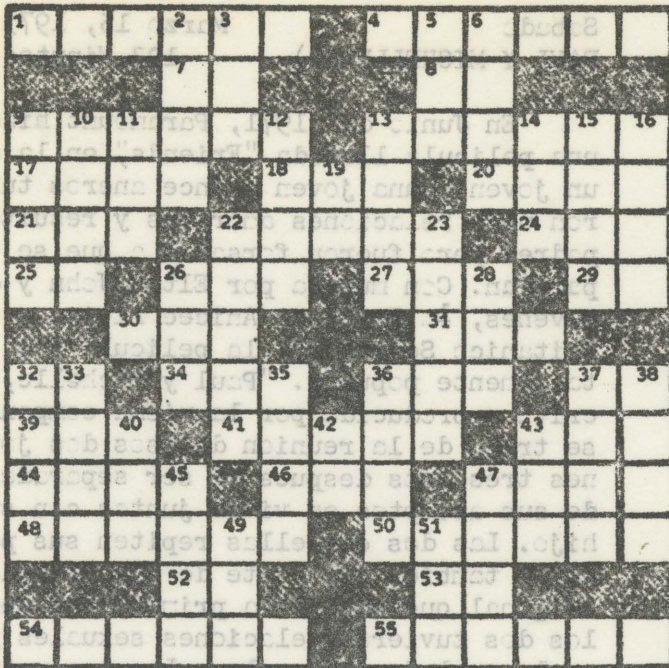
En Junio del 1971, Paramount hizo una pelicula llamada "Friends," en la cual un joven y una joven quince años tuvieron unas relaciones amorosas y resultaron padres pero fueron forçados a que se separaran. Con musica por Elton John y dos jovenes, la Francesa Anicée Alvina y el Britanico Sean Bury, la pelicula fue instantaneamente popular. "Paul y Michelle," escrita y producida por la misma compania se trata de la reunion de esos dos jovenes tres años despues de ser separados de sus atemptos en vivir juntos con su hijo. Las dos estrellas repiten sus papeles y tambien hay parte de la pelicula original que ensena la primera vez que los dos tuvieron relaciones sexuales y en la cual joven da a luz. Los dos naturan y el escenario es Paris y Nice que siempre es bello, como siempre en Technicolor y Panavision. Para ser francos, creemos que esta va hacer una cura regular!!.

Domingo
THE WHITE DAWN (R) Marzo 16, 1975
109 Minutos

Esta pelicula se trata de los Eskimales en la region arctica del Canada. Esta marcada "R" porque hay mucha matanza de animales (para comida) y por la manera libre en cual los Eskimales tratan sus mujeres. Hay mucha aventura y accion real. Es mejor que no ver nada.

CRUCIGRAMA

Por HOMERO ALFARO



HORIZONTAL

- 1. Arma blanca de punta y filo
- 4. Estado de Europa
- 7. Nota musical
- 8. Interjección
- 9. Especie de plátano
- 13. Río de Sur América
- 17. Dios egipcio del sol
- 18. Furor
- 20. Primera persona asesinada en el mundo
- 21. Socorro marítimo
- 22. Nombre de mujer
- 24. Medida de longitud
- 25. Existe
- 26. Número
- 27. Volcán de las Filipinas
- 29. Terminación verbal
- 30. Duración de las cosas eternas
- 31. Cáramo
- 32. Artículo
- 34. Nombre de mujer
- 36. Poema
- 37. Terminación verbal
- 39. Asidero
- 41. Delato
- 43. Amarro
- 44. Billalda
- 46. Sortija
- 47. Anillos
- 48. Que carece de moral
- 50. Sitio donde de el sol de lleno
- 52. Pronombre
- 53. Símbolo del barío
- 54. Callejuelas
- 55. Novicio

VERTICAL

- 2. Primer hombre
- 3. Río de Rusia
- 5. Del verbo ser
- 6. Estado del Brasil
- 9. Fundamento
- 10. Profeta menor
- 11. Pronombre
- 12. Oreja
- 13. Instrumento de labranza
- 14. Medida agraria aragonesa
- 15. Niña pequeña
- 16. Parte del tejado
- 19. Nota musical
- 22. Abasto
- 23. Mote
- 26. Fruto de la vid
- 28. Aumentativo
- 32. Conversación engorrosa
- 33. Provincia de la India
- 35. Antigua canoa de los indios mexicanos
- 36. Plantigrados
- 37. Ciudad de Inglaterra
- 38. Flor del rosal
- 40. Loro
- 42. Antigua ciudad de Caldea
- 43. Altar
- 45. Criba para aventar el trigo
- 47. Parte de un aeroplano (Pl)
- 49. Cerveza ligera inglesa
- 51. Río Rusia



EL POZO DE LA DICHA

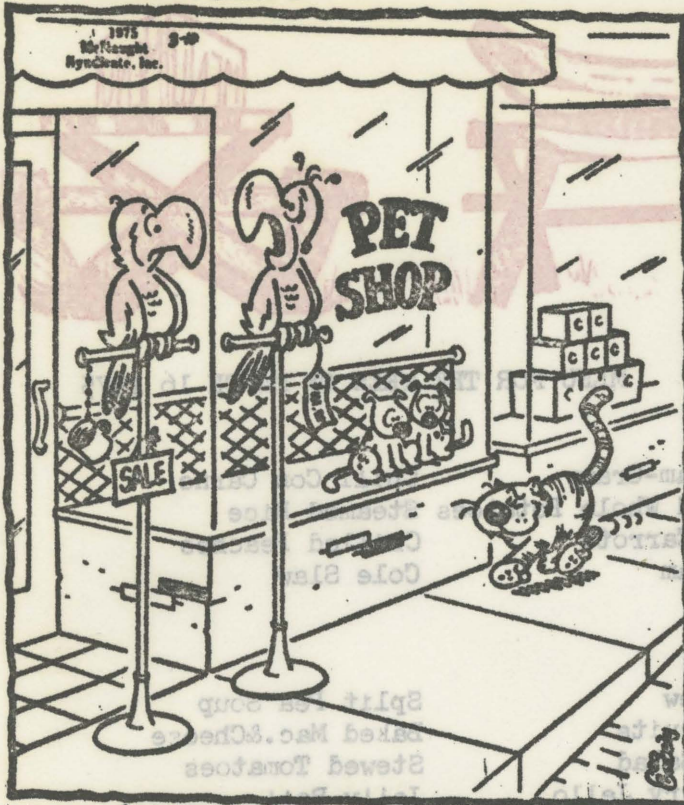
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E	L	R	A	I	S	D	L	A	A	O	O	A

VERTICAL

- 2. Primer hombre
- 3. Río de Rusia
- 5. Del verbo ser
- 6. Estado del Brasil
- 9. Fundamento
- 10. Profeta menor

He aquí un interesante entretenimiento que traerá a Ud. un mensaje diario. Se trata de un rompecabezas numérico que deletreará su fortuna. Cuente las letras de su nombre. Si el número de letras es de seis o más, quítele cuatro. Si el nombre es menos de seis, añádale tres. El resultado será su número-clave. Entonces anote en un papel todas las letras bajo su número-clave, de izquierda a derecha y aparecerá el mensaje diario que le trae "El Pozo de la Dicha."

HEATHCLIFF



"IF YOU SAY ANYTHING TO THIS GUY, SAY SOMETHING NICE!"

STAR GAZER

By CLAY R. POLLAN

ARIES MAR. 21 - APR. 19
20-21-31-43
51-61-79-84

TAURUS APR. 20 - MAY 20
11-13-25-37
46-58-69

GEMINI MAY 21 - JUNE 20
4-6-19-36
48-68-80-90

CANCER JUNE 21 - JULY 22
14-26-38-49
59-60-70

LEO JULY 23 - AUG. 22
1-16-29-40
50-62-76

VIRGO AUG. 23 - SEPT. 22
10-22-33-52
64-75-85-88

LIBRA SEPT. 23 - OCT. 22
2-32-44-63
65-72-81-86

SCORPIO OCT. 23 - NOV. 21
7-12-24-34
45-57-78

SAGITTARIUS NOV. 22 - DEC. 21
5-15-23-35
47-56-67

CAPRICORN DEC. 22 - JAN. 19
17-18-27-28
39-73-82-87

AQUARIUS JAN. 20 - FEB. 18
3-8-9-53
54-55-66

PISCES FEB. 19 - MAR. 20
30-41-42-71
74-77-83-89

Your Daily Activity Guide According to the Stars.

To develop message for Sunday, read words corresponding to numbers of your Zodiac birth sign.

1 Look	31 Expressing	61 And
2 You	32 Can	62 Missing
3 Shop	33 With	63 Graciously
4 Seek	34 On	64 Love
5 Circulate	35 Or	65 Return
6 Out	36 Energetic	66 Grips
7 Keep	37 Of	67 Theatre
8 For	38 Spiritual	68 Positive
9 Cosmetics	39 Interfere	69 Finances
10 Today	40 May	70 Also
11 Good	41 Side	71 Your
12 Eagle	42 Of	72 A
13 For	43 Your	73 With
14 Remember	44 Very	74 Life
15 Read	45 Wallet	75 High-
16 Twice	46 Business	76 Something
17 Unforeseen	47 Enjoy	77 Is
18 Problem	48 And	78 Jewelry
19 Happy	49 Side	79 Asking
20 Fine	50 Be	80 Thinking
21 For	51 Ideas	81 Favor
22 Abounds	52 Laughter	82 You
23 Best-seller	53 Clothes	83 Favorably
24 Eye	54 Ornaments	84 Favors
25 Matters	55 Small	85 Spirited
26 Your	56 The	86 Now
27 Likely	57 Or	87 Work
28 To	58 Related	88 Friends
29 You	59 Needs	89 Aspected
30 Social	60 Feeding	90 Companions

7-5 Good 7-6 Adverse 7-7 Neutral

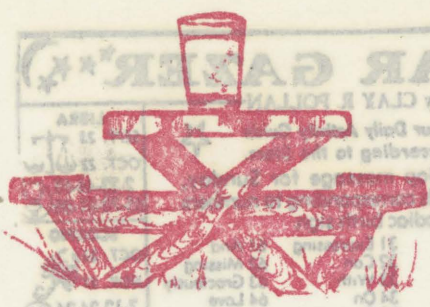


- ACROSS**
- Green.
 - Distant.
 - Left.
 - Return.
 - Lincoln.
 - Whiner.
 - Irregularities.
 - Calm.
 - Homo sapiens.
 - Detail.
 - Inclined.
 - Prescribed quantity.
 - Labyrinth.
 - Comic book character.
 - Cut.
 - Glides.
 - Dither.
 - Temporary stitch.
 - Robbla ware.
 - Insect.
 - Gardner.
 - Valleys.
 - Chief.
 - Thought.
 - Skull cap.
 - and span.
 - Fates.
 - Advance placements.
 - Body of water.
 - Perform again.
 - Farm wagon.
 - Comforted.
 - User of air waves.

- DOWN**
- Mercenary.
 - Provident.
 - Liquor.
 - Circus equipment.
 - Honest.
 - Encourage.
 - Leftovers.
 - Hauler.
 - Earthenware jar.
 - Elevate.
 - Attempt.
 - Sheep.
 - Lingers.
 - Dip.
 - Dried coconut.
 - Stov.
 - Cobbled.
 - Showed.
 - First beau.
 - Observe.
 - Pierce.
 - Wash.
 - Choosers.
 - Crane.
 - Forbidding.
 - Rely.
 - Own.
 - Emitted.
 - Smokes.
 - Mix.
 - Tender years.
 - Gem.
 - School.
 - Authentic.
 - Gaelic.
 - Early South American.
 - Address of military mail.

CLASS FACT MERE
HABIT FIRE AREA
ADORE DRYASDUST
OLD PRAM SPADES
SEES ANAM AMI
PASTIES ETON
SPEECH LACE IRE
MUDDIER YADPOLE
EMU DREW LEANED
EACH SERPENT
AIL KILN HESS
AYTLER GAEL RAY
PHILOLOGY ALAMO
SAVE SALE SATAN
EWER ELD SCORP

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				42			43			44	45
46	47	48				49				50	
51					52					53	
54					55				56		
57					58				59		



MENU FOR THE WEEK OF MARCH 16 1975

SUN.

MAR. 16 Fresh Fruit
Hot and/or Cold Cereal
Milk
Coffee Cake

Baked Ham-Gravy
Buttered Whole Potatoes
Boiled Carrots
Ice Cream
Mustard

Chili Con Carne
Steamed Rice
Chilled Peaches
Cole Slaw

MON.

MAR. 17 Orange Juice
Hot and/or Cold Cereal
Scrambled Eggs-Toast
Milk

Beef Stew
Hot Biscuits
Tossed Salad
Strawberry Jello

Split Pea Soup
Baked Mac.&Cheese
Stewed Tomatoes
Jelly Roll

TUES.

MAR. 18 Pineapple Juice
Hot and/or Cold Cereal
Milk
Sweet Rolls

Veal Cutlet-Gravy
Mashed Potatoes
Lima Beans
Chilled Apricots

Corned Beef-Mustard
Boiled Potatoes
Boiled Cabbage
Iced Cake

WED.

MAR. 19 Tomato Juice
Hot and/or Cold Cereal
Griddle Cakes w/Syrup
Milk

Turkey Ala'King
Whipped Potatoes
Green Beans
Fruit Cocktail

Italian Sausage
Spaghetti w/Sauce
Grated Cheese
Tossed Salad
Chocolate Pudding

THURS.

MAR. 20 Apple Juice
Hot and/or Cold Cereal
Milk
Crumb Cake

Soup of the Day
Cold Cuts&Cheese
Potato Salad
Apple Pie
Mustard

Cheeseburgers-Catsup
Fried Potatoes
Whole Kernel Corn
Lime Jello

FRI.

MAR. 21 Fresh Fruit
Hot and/or Cold Cereal
Fried Eggs-Toast
Milk

Baked Fish w/Tartar
Sauce
Baked Potatoes
Mixed Vegetables
Ice Cream

Baked Chicken
Pan Fried Potatoes
Buttered Peas
Bread Pudding

SAT.

MAR. 22 Blended Juice
Hot and/or Cold Cereal
Milk
Coffee Cake

Spanish Meat Loaf
Mashed Potatoes
Fresh Carrots
Pineapple Chunks

Vegetable Soup
Franks&Beans
Beet&Onion Salad
Iced Cake
Mustard/Catsup