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THIS IS A WEEKLY PUBLICATION PRINTED BY THE INMATES OF THE CONNECTICUT CORRECTIONAL INSTITUTION AT SOMERS

THE VIEWS ARE INTENDED TO REFLECT THE SENTIMENT OF THE CONTRIBUTORS WITH THE SUPERVISION OF A STAFF ADVISORY BOARD, AND ARE NOT TO BE CONSTRUED AS THOSE OF THE INSTITUTION ADMINISTRATION.

Staff Advisors

CHARLES JONES
JOHN REARDON

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In accident, a cruel Ocke, I wonder how any others have felt that way.

THE PRISONS LATER TAR MOLE

elf, I could see nothing, understand & aste nothing. But, once I saw that all am, is a part of all that others are ... I tent am a part of the Universe, that I an have meaning within myself and with deers, then I had to reject the lies & tupidities I have lived.

at it, the few who have dared ILs to tract are yedd tadt

In early America, the Quakers were among the first to conceive of the prison as a place for reform rather than for pun-ishment. Appalled by the brutal floggings, the balls and chains and the stocks that were used to punish criminals, the Friends proposed to isolate offenders in cells where, hopefully, they would contemplate their sins and repent. In the 150-odd years since, legions of other reformers have also worked zealously to rehabilitate criminals, but, dishearteningly, most of these efforts have not produced the hoped-for results. Now, almost everyone connected with the criminaljustice system—lawyers, judges, crimi-nologists, correction officials and even convicts themselves—is acknowledging openly that rehabilitation in prison doesn't work for most inmates. "We face a real problem with prisons," says California Gov. Edmund G. Brown Jr. "They don't rehabilitate, they don't deter, they don't punish and they don't protect."

The American prison system is not just a failure—it is also an enormously expensive failure. The country spends more than \$1 billion a year to confine and correct 220,000 convicted offenders in state and Federal prisons-and more than half of them will wind up back behind bars after their release. Now, the debate is growing over how best to cope with these bleak realities. And the evolving new trend is away from unrealistic hopes for rehabilitation and toward a hardereyed reliance on prompt and evenly dispensed prison terms as the best medicine for criminals.

Alternatives: To be sure, some reformers would eliminate prison altogether except to isolate-as securely and comfortably as possible-10 to 20 per cent of the most violent convicts who threaten the safety of society. All other offenders, they suggest, should be handled within the community in halfway houses and social-welfare and medical institutions. A more moderate approach favored by



some penologists would be to revamp the present system, replacing huge old fortresses like San Quentin, Attica and Illinois's Stateville prison with small, wellstaffed and possibly coeducational facilities where prisoners could take advantage of a range of treatment programs.

But a growing number of criminologists and corrections authorities seem to be working toward a less permissive pro-gram. They would concentrate on confinement as both deterrent and protection for society. "We have to give up the idea that you can make use of the cage to help the person being punished, argues New York sociologist and prison expert Robert Martinson. "What we need is swift, sure, just justice—a system with milder but more certain punishments for more of us."

Contrast: Such a system would be a stark contrast to the uncertainties of the current sentencing and parole procedures. In some instances, judges now have the discretion to hand down punishments as arbitrary as one year to life. A convict's release date may then turn on his participation in rehabilitative projects like psychotherapy and vocational training. In prison society, the confidences of the therapeutic process can carceration, says Harvard professor of be breached-leading to tensions with government James Q. Wilson, who cites guards and fellow prisoners. But if a con-vict refuses to participate, he may be written off as uncooperative. Vocational training often prepares inmates for jobs not available on the outside.

Norman Carlson, the director of the U.S. Bureau of Prisons, still takes a favorable view of the possibilities of rehabilitation, but he is firmly persuaded that training and therapy must be voluntary, not compulsory. "An inmate has to be motivated to change himself," Carlson says, "and we must also have the programs that enable him to do it." Such programs can be more effective, Carlson maintains, in a relaxed, humanized setting than in the regimented atmosphere of a five-tier, 900-man cellblock. In new prisons in the Federal system like the

Metropolitan Corrections Center in San Diego, college-educated "corrections officers" wear blazers and inmates live in "rooms" instead of cells.

Nonsense: But to sociologist Martinson, who has completed an evaluation of virtually every known rehabilitative technique, éven such model prisons as these are nonsense. "That's been the answer for 100 years," he says. The conclusions of his study, soon to be published in a two-volume report entitled "The Effectiveness of Correctional Treatment," are unequivocal: "With few exceptions the rehabilitative efforts that have been reported so far have no effect on recidivism." Rehabilitation not only doesn't work in big prisons, says Martinson, it doesn't work in small prisons, in halfway houses or anywhere else.

The growing consensus among prison professionals seems to be that while rehabilitation may be effective if the prisoner is genuinely motivated, the essential function of a penal system must become the punishment by confinement of the criminal and the protection of society from his misdeeds. Ultimately, society itself must determine which crimes it deems sufficiently serious to warrant inrape, murder, robbery, burglary and aggravated assault as obvious examples. Next, says Wilson, the prison system must make certain that anyone who commits these offenses is deprived of his liberty-in most cases for the full term that the courts decree. Rehabilitation programs should remain available to volunteers, but they should not be linked to the prospect of earlier release.

"It is the certainty of punishment rather than the severity that acts to deter the criminal," says Wilson, "this and the knowledge that the penalty he faces is designed to fit the seriousness of the crime he has committed." Deau I

we were all shadows, meant SUBMITTED BY DON TUCKER

Most recently, I saw a sad sight. It was an individual with talents, abilities & one of the best brains I've seen, take a path that will soon be leading him toward self-destruction, and mental murder. With all the tools within him to build a total life with happiness and a productive life I saw him throw it all away, and play the clown, making his own life a cruel farce. Losing sight of his own totalness, here was a perfect case of getting imprisoned by one's own ego, and forgetting the real truths of all he is. He became a clown... playing to the mindless crowd for laughs. and becoming a person filled with negatives. He found fault with everything & offered no constructive solutions to anything. He could not offer answers to any problems, because that required that he Be someone, at least to himself, and he did not want that. He wanted to be just a clown, wearing painted faces.

In a poem I wrote a long time ago, there was a line that said, "HE LEFT NO MARK UPON THE GATES", and that fits this man. When we do not plant seeds of truths from ourselves, we leave nothing for others or ourselves to grow on. A big wind makes a lot of noise, but in reality it is only a lot of hot air. It is those that offer something honest of themselves, that make marks upon the gates of life, and thus a real life for themselves. There are some who have walked across the canvas of life with such alive dimensions that they can never be forgotten, for they planted too many seeds within too many people.

The circumstances in which we dwell, are not Master of us, unless we allow it to be. The circumstances do not mold these that have self-determination, respect & the Will to forge their own life. We can grow through adversity. We can reach for answers, and find them. It depends upon what we determine that we want out of a life. If it is just material possessions, then that is what we shall have, putting out the right amount of efforts. But the people that want more, that seek for an answer to life itself, will find Truths, and live them, making each day something special, something beautiful for them and for those that share with them.

I used to feel that life was a farce and we were all shadows, meaning nothing and

moving down silent hallways that led to nowhere. Because I felt that way, I did nothing, became no-one, and left no mark upon any gate. It just didn't matter. To me life was meaningless, so I was meaningless. Life was a farce, so I was just an accident, a cruel joke. I wonder how many others have felt that way.

As long as I kept locked up within myself, I could see nothing, understand & taste nothing. But, once I saw that all I am, is a part of all that others are... that I am a part of the Universe, that I can have meaning within myself and with others, then I had to reject the lies & stupidities I have lived.

If we look at it, the few who have dared to understand that they are part of all life, all people, have stood as giants on this earth. Sometimes, just the very act of Being was enough to have them be a giant. History is filled with INDIVID-UALS and those that were not, left no mark on the gates of life.

More and more the individual is getting lost amidst the computerized society. It is fast getting to the point where we are all becoming notations on a computer card without an individual identity. Taxes go up. NOT BY THE WILL OF THE PEOPLE ... the crime rate goes up, the air is poisoned, and we suffer from an overdose of political lies and empty promises. Where are the Giants? Where are the People who dare determine what is right and wrong? What is going on? And when will we see that a change must take place, a respect for all people, an acceptance of individual responsibility by all people. How long are we going to be a Consumer Nation, instead of a creative, sharing people? How long are we going to go on raping Nature and living lies? Surely with all the Beauty and Aliveness within each of us, we can build something better than we have built thus far. Surely we should clean up our home on earth, instead of tripping off to the moon. And it must start with each person accepting their own place in the family of PEOPLE-KIND.

Henry McClain
The Matter of Monte J. Morris United States of America.... Plaintiff-Appellee August 8th 1975

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No. 75-1402. U.S.Court of Vd betoenoge Joelong Appeals, 9th Circuit

In appeal from the District Court for the district of Nevada, Roger D. Foley, Chief Judge, the Court of Appeals held that counsel of record for appellant would be assessed a penalty of \$300 for failure to prosecute the criminal appeal with due diligence. Order accordingly.

Attorney and Client: V#6320d Asald a evad salwradto thain odw narblida ybean

f Correction, is well underway

Attorney who was counsel of record for defendant on appeal in criminal matter would be assessed a penalty of \$300 for failure to prosecute the appeal with due diligence. Fed. Riles App. Proc. rule 46 (c), 28 U.S.C.A.

Monte J. Morris (argued), Henderson, Nev., for defendant-appellant. Daniel Henry, Asst. U.S. Atty. (appeared), Las Vagas, Nev., for plaintiff-appellee.

Order: Before CHAMBERS and TRASK, Circuit Judges, and VON DER HEYDT, District Judge. Lintlah

After a hearing Monte J. Morris, counsek of record for appellant, is assessed a penalty of three hundred dollars, under Rule 46(c) F.R.A.P. for failure to prosecute this criminal appeal with due diligence. Payment is to be made to the Clerk of this Court within 14 days from the date of this order. The payment, in due course, will be transmitted to the Treasurer of the United States.

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doing nont-A-gains a manoral nold J.J. Enomoto, Superintendent as Illy egallos California Correctional Inst.,

No. 74-2682 Mamato aggree odd at a Appellee. Sept. 8, 1975

U.S. Court of

Anneal from the Third study of any deline and the transaction of the Third and the Thi Appeal from the United States District Court for the Centeral District of California; Lawrence T. Lydick, Judge.

Albert Soto Medina in pro per. Evelle J. Younger, Atty. Gen. State of Calif. L.A., Calif., for Appellee.

OPINION

Before CARTER, HUFSTEDLER and GOODWIN, Circuit Judges.

*Operation Santa Claus program. The Center's administrator, Warden Richard Weson

The order denying Medina's petition for a writ of habeas corpus is vacated, and the cause is remanded for further proceedings. The opinion of this court in Mann v. Smith, 488 F2d. 245 (9th Circuit 1973)cert. denied, 415 U.S. 932, 94 S. Ct. 1445, 39 L.Ed2d. 490 (1974), upon which the district court based its decision, was subsequently overruled by Lefkowitz v. Newsome, 420 U.S. 283, 95 S.Ct. 886, 43 L.Ed.2d. 196 (1975). Ohristmas giving to indigent children around the state.

Vacated and remanded.

Underprivileged children in Connecticut can look forward to a toy-filled Christmas again this year, thanks to the efforts of hundreds of "Santa's Helpers" in Correctional facilities. Operation Santa Claus, a toy collecting/refurbishing project sponsored by the Connecticut Department of Correction, is well underway in most of the Department's Correctional Institutions and Centers around the state. A cooperative endeavor involving inmates, departmental staff and community-based contributors, Operation Santa Claus provides Christmas gifts for needy children who might otherwise have a bleak holiday. For a number of weeks, now, toys have been coming into Correctional facilities where teams of immates with help from staff members repair and/or process the donations. The toys are then distributed to groups such as the Salvation Army which locates a new-and-appreciative-owner before the clock atrikes Christmas. PORTER Some of the toys are given to children of inmates during special visitation programs at Christmas when Department of Correction "Santas" make the presentations. Community interest in Operation Santa Claus is strong; many businesses and retail stores have already donated surplus toys and items to this project. Adding another dimension of interest to the effort, students at Centeral Connecticut State College will call attention to the toy collection through a Swing-A-Thon which will begin November 10. At 5 a.m. on that date, Rho Kappa Sigma fraternity and Theta Sigma Jelta sorority members will begin 126 hours of continuous winging. the United States Matrict A toy-collection tent plus a "hotline" telephone number will encourage the public to contribute new or used toys to the cause. At the end of the event on Nov. 15th, a portion of the toys will be taken to the Hartford Corr. Center for its •peration Santa Claus program. The Center's administrator, Warden Richard Wezowicz, & several other staff members, will join the students in the swinging. This pinion of this court in Mann v. Smiyear's project marks the 6th consecutive year that the Dept. of Corr. has sponsorcourt based its decision, was ed this program. Last year, more than 2000 items were processed in time for the Christmas giving to indigent children around the state.

by X-Ray Device

PALO ALTO (UPI)-They look like a pair of large box cameras but inside is a new tool to help police bring mur-

derers, rapists and forgers to justice.

The tool is a portable X-ray machine capable of "lifting" fingerprints off frequently handled documents, clothing and even the skin of murder victims. Conventional X rays cannot obtain these fingerprints.

Using a technique called electronography, the portable X ray weighs less than 60 pounds and consists of two cases each 51/4 inches wide, 81/4 inches high and 18 inches long. The system was developed by Hewlett-Packard Co. and already is in use by criminologists throughout the

Sgt. Harold Lail, a fingerprinting expert with the San lose police department, worked with Hewlett-Packard to

develop the device.

"Although conventional X-ray techniques have long been used by criminologists, bomb technicians and medical examiners to obtain evidence, this new method goes far beyond conventional uses," Lail said.

The X-ray unit uses electron-emission radiography to create a picture of a fingerprint. After a print is dusted and the fine lead powder is absorbed by the oils and amino acids left by the hand, it is bombarded with a filtered X-ray beam that causes electrons to be knocked out of the lead atoms.

These released photoelectrons expose film and create a

"readable" electronograph of the print.

At the scene of a murder, portions of the victim's body are dusted with lead that adheres to any fingerprint present. A special cassette that holds the film and copper and plastic filters is then placed directly against the skin.

With "soft" or low-energy X rays from the machine fil-tered out by the cassett, only "hard" or high-energy X rays, to which the film is insensitive, are allowed to pass through and strike the print, release photoelectrons and expose the film, which is then developed.

"A conventional X ray or radiograph cannot produce the same results," said Richard Siegel of Hewlett-Packard. It creates a photographic record by passing an X-ray beam through an object and exposing film located on the

other side.

"In electronography, the film is placed on the same side of the object as the X-ray source, so X rays need not travel through an object where it would pick up interfering images. This one-sided X-ray technique enables prints to be taken off heavy, thick or immovable objects and mostimportantly off a victim's skin."

Fingerprints on documents such as forged or counterfeit

checks can be retrieved by the new method.

Lail said that electronography can recover the fingerprint and show it without interference or background since the lead powder adheres only to the print. Tests have shown that electronography can record prints on documents at least 31/2 weeks after they are set.

Siegel noted that the new system can be used away from any external power source because of its built-in rechargeable battery pack. Also, because of its compact size, the unit can examine objects in hard-to-reach places that cannot be reached by conventional X-ray equipment.

Fingerprints Lifted 6 Somers Inmates To Aid Kids

SOMERS (AP) - Six inmates have formed a group to keep criminally inclined young people off the road to prison.

"I grew up in a low-rent housing project. Most of the kids were bored and frustrated because there was nothing to do. The only excitement we had was to get involved in destructive things, like fighting or stealing," says John Blaine, who has run afoul of the law during most of his 26 years.

Starting as a shoplifter at local stores, Blaine wound up at the maximum security Somers prison at the age of 23; convicted in an armed robbery and sentenced to between four and eight years.

He's due for parole Dec. 20 and says he wants to redeem his "destructive activities" of the

Blaine and five other inmates have established a program to divert young people from criminal careers. They call it Community Awareness Program, Inc., CAP.

Blaine said he hoped to spend most of his time working for CAP after he gets out of prison. "I see this as my contribution to grant and tauth at meditary along society. I want to show people that ex-convicts are human beings and they can think, feel and care just like ordinary peo-

Blaine said CAP's organizers hope to raise money from public and private sources, part of

which would be used to help find work for ex-prisoners.

"The talent that goes to waste in Somers is unbelieveable. There are gifted athletes, singers and artists walking all over the place. A lot of these dudes are really good with kids, too," he said.

"We're hoping to get them together with the kids, so they can both stay out of trouble."

While in prison, Blaine has earned college credits for his training as a computer programmer.

CAP, while still only a program on paper because its founders are behind bars, has wide-ranging plans, some of which could get under way with-

in a year.

"We feel there are a lot of young people in prison who should never have ended up there," said Blaine. "We also know the answer isn't to hand out longer prison sentences or to build more prisons."

HAT WELP

Any Irder for Stationary should be ordered on Sa

ders be accepted. All Jayree Business, should

concerned. The Chain of commands works ... try it

JAYCEE SPOTLIGHT

you? What do you want to do? Can you help others help themselves?

The answer to these questions are, I DON'T KNOW, well, my friend, why not do something about it. Check over the list below, and if something hits your eye, then....

Join Us......

Leadership In Action
C.C.I.S. Gavel Club
Photo Committee
Refreshment Stand Committee
Awards Committee
Spanish Community Relations Committee
Project H.E.L.P.

It's easy to join us. Just put a note in the Jaycee mail box telling us you want to join our brothers in sharing with them.

Watching these committees run is fantastic. Seeing these brothers share their ideas and getting involved is great. That is what it is all about. GETTING INVOLVED.

Each one of these programs have a seat for you. You have the Know-How now, to show yourself that you want to share with someone else.

You can either sit in your house day after day, or you can become a part of the growing community in the Jaycees. The Jaycees need good men to be part of this ever-growing program. There is always something meaningful happening if you are willing to walk through the door. But, you must respect yourself and want to strive to help the betterment of Self, and the Community.

If you have abilities, intelligence, and concern...to work, then you are the person that the Jaycees want. This is our community, and it is our concern. There is a big difference between those who complain about conditions, and the Jaycees people who want to try to do something about it. It is this difference that shows sharing in the Jaycees means so much. They want to work, and not sit still on the sidelines and let the world go by.

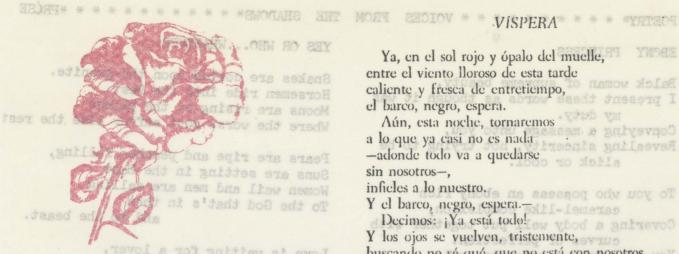
So why not be part of this world today? Do something that you can look back on and say that you were part of it, you helped make it happen.

This writer is just one person you will meet. There are many more who think this way. The Jaycees are doing something meaningful today, be it helping the Youth, through Reach Out....or helping the Refreshment Stand in the big Yard....or being a part of the S.C.R.....or helping draw up a Bill. Anything like this would be a feather in your cap, because You belong, You are part of it. Think about it, do You want to the a part of this beautiful and great concept of living?

Ronald Hatak
Fublic Relations Pirector
C.C.I.S. Jaycees, Inc.

Any Order for Stationary should be ordered on Saturday only. No other days will orders be accepted. All Jaycee Business, should be taken to the Pirector of the Area concerned. The Chain of commands works...try it.

SUBMITTED BY ROBERT CROFOOT



Love is waiting for a lover, Generations kneel for peace. Polishing the brains his bones release.

Truth conceals itself in error, 'History reveals its face: Days of ecstasy and terror Invent the future that invents the race.

LIER IS SO SHORT

LETRILLA

Let's smile and be kind - life is so Con el viento murmuraran, madre, las hojas, a vav and to daom bria en y al sonido me duermo y to semit enT bajo su sombra none elduori avawle bal

Yesterday's hurts we'll try to for Sopla un manso viento a worromod bal alegre y suave, of energifth dally vehous que mueve la nave ent mort ataged and de mi pensamiento; dame tal contento of dronds ood at situ que me parece, a prorw soad guitag bus que el cielo me ofrece el senettag val bien a deshora; ima a dithy addplia teeM , y al sonido me duermo in bloom bas soft bajo su sombra. erreo , asentettid atl

Needs the wealth of your lovingkindness Si acaso recuerdo, nia ent neteeva oT me hallo entre las flores Ly de mis dolores roda ood at all asy. apenas me acuerdo; poy yas antaroos 10 de vista los pierdo la ed ot eventa ned del sueño vencida ana elima ayawla oT y dame la vida of lo entitante ent roll el son de las hojas, de l'ov ent mass of y al sonido me duermo o da bada of baA Do bless humanity's nichardmos us bajo su sombrania a tytinamun a seld of

By: Margaret Scott Hall

Ya, en el sol rojo y ópalo del muelle, entre el viento lloroso de esta tarde caliente y fresca de entretiempo,

el barco, negro, espera.

Aún, esta noche, tornaremos
a lo que ya casi no es nada -adonde todo va a quedarse sin nosotros-, inficles a lo nuestro de na sassago ody nov oT

Y el barco, negro, espera.— Alla legaras Decimos: ¡Ya está todo! en vido a paras voo Y los ojos se vuelven, tristemente, buscando no sé qué, que no está con nosotros, algo que no hemos visto a sabbon sold a 10 y que no ha sido nuestro, pero que es nuestro porque pudo serlo! . . . ¡Adiós!

¡Adiós! ¡Adiós! ¡Adiós a todas partes, aún sin irnos.

y sin querernos ir y casi yéndonos! . . . Todo se queda con su vida, que ya se queda sin la nuestra. ¡Adiós, desde mañana!—y ya sin casa a ti, y en ti, ignorada tú, a mí mismo, a ti, que no llegaste a mí, aun cuando corriste, y a quien no llegué yo, aunque fuí de prisa - qué triste espacio enmedio! Y lloramos, sentados y sin irnos, y lloramos, ya lejos, con los ojos mares, nativo de

contra el viento y el sol, que luchan, locos.

You with your sweet rhythmic mean, Which brings you fame, as you sit in You who walk the streets, in a manner half naked, Wishing to be considered a lady, yet

I hope the verific within the words

Roxo Sol, que, con hacha luminosa coloras el purpúreo i alto ciclo, challaste tal belleza en todo el suelo, qu'iguale a mi serena Luz dichosa?

Aura suäve, blanda i amorosa, que nos halagas con tu fresco buelo, cuando el oro descubre i rico velo mi Luz, ¿trença tocaste más hermosa?

Luna, onor de la noche, ilustre Coro de los errantes astros i fixados, ¿consideraste tales dos estrellas?

Sol puro, Aura, Luna, Luzes d'oro, ¿oistes mis dolores nunca usados? ¿vistes Luz más ingrata a mis querellas?

EBONY PRINCESS lab olago y ojor los la na , aY

Balck woman of supreme beauty,
I present these words as though it was
my duty.

Conveying a message unto you,
Revealing sincerity, not trying to be
slick or cool.

To you who possess an ebony rich caramel-like complexion,

Covering a body well put together with curves of perfection.

You with your passionate smile,

Of a black goddess with a dynamic style.

y que no ha sido nuestro,

You with your rose-like scent, Highly essential to the black man's development.

You who have experienced the pain,
Of the black man's stupidity which
caused you shame.

You who had sex, while your man worked in the field,

Knowing if you didn't he would be killed. You who will accept without asking why, Showing sentiment, within the tears you cry.

You with your sweet rhythmic moan, Which brings you fame, as you sit in your throne.

You who walk the streets, in a manner half naked,

Wishing to be considered a lady, yet never being selected.

I hope the validity within the words I use,

Cast Light upon wisdom, rather than confuse.

To you warm words, I find easy to express,

Because of your potential, and feminine finesse.

Black Woman, I love you.

By: Johnny Morey

¿coistes mis dolores nunca usados?
¿vistes Luz más ingrata a mis querellas?

YES OR WHO...WHATEVER

Snakes are coiled upon the granite.
Horsemen ride into the West.
Moons are rising on the planet
Where the worst must suffer like the rest

Pears are ripe and peaches falling,
Suns are setting in the East
Women wail and men are calling
To the God that's in them
and to the beast.

Love is waiting for a lover, Generations kneel for peace. What men lose man will recover Polishing the brains his bones release.

Truth conceals itself in error, History reveals its face: Days of ecstasy and terror Invent the future that invents the race.

By: Vince Tondryk

LIFE IS SO SHORT

Let's smile and be kind - life is so short

And most of the way so rough,
The times are trying, the road upgrade,
And always trouble enough.
Yesterday's hurts we'll try to foregoAnd tomorrow's cares can wait,
Today with diligence let us keep
Our hearts from the stain of hate.

Life is too short for spite & revenge
And paying back wrong for wrongTry patience & love & forgiveness,
Meet slights with a smile & a song;
The sad world with all its repining,
Its bitterness, care, and tears,
Needs the wealth of your lovingkindness
To sweeten the sin-soiled years.

Yes, life is too short to be hateful Or scorning any you meet,
Then strive to be pleasant & gentle,
To always smile and be sweet;
For the sunshine of love is needed
To warm the world with its light
And to shed abroad its effulgence
To bless humanity's night.

By: Margaret Scott Hall Submitted by: M. Lopez

due acaramenos Dios, la Democracia y la Verdadera L

"Que nos están diciendo que la mejor vida se vive en occidente.

receira sangre y escogen los pellejos más negros y

TERS

former el libro de las constituaZZautitanoù asl el ordil le rarrol

mbra Gobernador a Yanez PiQOHS En 1509 Padro Suarez una oferta al Rey de España para realizar esa obra,

A 7th chord is considered a dissonant chord (because the outside interval of a 7th is considered a disschance), and dissonant chords are expected to resolve into consonant chords. Major and minor chords are considered

consonant chords. For that reason, the C Major chord

would be a resolution of the C7th chord. * Chart giving the natural resolution of all Dominant Servath chords: al ne la page de composition de composition de condicate de composition de composi

sem . G7 gces to Collad le eled ep civals epac Db goes to Gb D7 goes to G A7 goes to D goes to A Bb7 goes to Ab goes to E F7 goes to Bb obem F/7 goes to E on res eb sdadas neiup obn C7 goes to Bb

Notation: The best way to study these chord progressions is to memorize the cycle Un negro vavega con Ponce de León. El primer negro que pus; the la la Rico Rico navego desde Sante Domingo con el Conquistador

laiollo noislbed C G D A E B F Db Ab Bb F C en cilul eb SI le ncel eb esno?

Chord progression in general are very repetitious. There are millions of different melodies, but all of them may be barmonized with just a few basic chords progres-Años mas tarde, cuando Ponce de León descubrio La Florida, d Gions de la expedición y fue probablemente el prime

The most popular chord progression is: I IV V7 I. In the key of "C" this would be C F C7 C, etc. (continue seta serie)

uzidia- "nemiger le nos noiseregoss en consileinolos Continued next week..

HISTORIA CRONOLOGICA DE PUERTO RICO: Desde el nacimiento de la isla hasta el año 1973 por F.R. Tovar

"Que nos están diciendo que la mejor vida se vive en occidente. Que acá tenemos Dios, la Democracia y la Verdadera Libertad.

Y nos pagan sueldos de hambre; se roban nuestras riquezas naturales; se reparten nuestra sangre y escogen los pellejos más negros y brillantes para forrar el libro de las Constitucionalidades."

*Vicente R. Nietzsche

প্তিকীৰ পিৰাপ্তিকালাকৈ সংগ্ৰাহৰ সংগ্ৰাহ

(6)

1505 - El Rey nombra Gobernador a Yáñez Pinzón. En 1509 Pedro Suárez de Castillo hizo una oferta al Rey de España para realizar esa obra, pero esto no pudo hacerse porque Ponce de León había ya comenzado la empresa el año anterior (1508).

1508 - Ponce de León se dirige a Borinquen. El 12 de julio de 1508 Juan Ponce de León tomó rumbo hacia Borinquen desde Santo Domingo al mando de una bergantín, después de establecer los términos de la conquista de la isla con el representante de la Corona Fray Nicolás de Ovando el 15 de junio de ese mismo año. El barco llevaba 50 personas en total, incluyendo 42 pasajeros.

En el puerto de Yuma, en la provincia de Higuey (Santo Domingo), el bergantín encalló durante una repentina tormenta y parte de las provi-

siones fueron perdidas. No obstante se prosiguió el viaje.

El segundo punto tocado por Ponce de León en este viaje fue la isla de La Mona, fuera de la costa de Puerto Rico. Desde allí siguió la costa sur de la isla principal en busca de un lugar adecuado para el desembarco.

Juan Ponce de León había nacido alrededor del año 1460 en la ciudad de San Servás de Campos, España, en la línia principal de decendientes de la noble familia andaluza de ese nombre. Fue educado en la Corte de Aragón donde sirvió de paje al Príncipe Fernando, más tarde el Rey Fernando el Católico.

Algunos historiadores alegan que Ponce de León acompañó a Cristóbal Colón en su segundo viaje, pero ésto no ha sido demostrado. Lo que se sabe de cierto es que se embarcó en Sevilla el 13 de febrero de 1502 con Nicolás de Ovando, quien acababa de ser nombrado Gobernador de la isla Hispaniola (Santo Domingo y Haití), y que figuró de modo eminente en el sometimiento de esa isla.

Un negro vavega con Ponce de León. El primer negro que puso pie en Puerto Rico navegó desde Santo Domingo con el Conquistador Juan Ponce de León el 12 de julio de 1508, en la primera expedición oficial de exploración e instalación en la isla.

Este hombre, Juan Garrido, era un negro libre y uno de los 42

pasajeros en el barco de Ponce de León.

Garrido, que había nacido en Angola, vivió durante años en Sevilla

donde obtuvo su manumisión y se hizo cristiano.

Años más tarde, cuando Ponce de León descubrió La Florida, de nuevo Garrido formaba parte de la expedición y fue probablemente el primer hombre negro que pisó el suelo de lo que un día llegaría a ser los Estados Unidos de América.

[&]quot;guerra al colonialismo, no cooperación con el régimen" -Albizu



BY H. LITTMAN

HEAVY WIEGHTS SPORTS RAP Welterwieghts Champ Don Dennis, N. Attlebore. & Don Champ Dave Huckaby, Hartford 1. Bobby Walker, Stamford 1. Tony Lopez, Brockton 2. Jerry Hutson, New Bedford

4. Rick wynn, Norton

4. Mick wynn, Norton
5. Greg Osowieki, Waterbury
6. Arnie Brower, Manchester
7. Dennis Jordan, Wetherfield
8. Danny O'Malley, Boston
9. Ed Casey, New Bedford
10. Joe Maye, Hartford

4. Beau Jaynes, Lowell
5. Pablo Rodriguez, Holyoke
6. Frankie Davilla, Hartford
7. Steve Toomey, Waterbury
8. Jerry Wells, Brockton,
9. Juan Colon, Lowell
10. Marcelina Alicia, Holyoke

10. Francie Moore, Boston

Lightweights

Champ Jimmy Lopez, Salem 1. Luis Davila, Hartford 2. Ricardo Camora, Easton
2. Reinaldo Oliviera, w
3. Roberto Medina, Taunton
3. Jaun Botta, E. Bridg
4. Fony Girginoff, Burlington
4. Chris Pena, Norfolk
5. Reinaldo Oliviera, w
4. Chris Pena, Norfolk
6. Reinaldo Oliviera, w
7. Reinaldo Oliviera,

5. Dany Fryman, Lowell
6. Leo Di Fiore, Portland
7. Pat kivlan, Cambridge
8. Jose Carlos Garcia, Worcst.
9. Lee Green Hortford
9. Regen Phillips

9. Lee Green, Hartford 10. George Gosselin, Portland

Light heavy weights

Champ Eddie Owens, Taunton
1. Paul Cardoza, New Beford
2. Don Wigfall, Brockton
3. Bob Benoit, Oakham

4. Kevin Pentalow, New Britain

Termondos. Non Britain

5. Macka Foley, Portland 6. Peachy Davis, Hartford Bantamweights
7. Dana McCarthy, Bristol Champ Vacant
8. Kenny Jones, New Haven 1. Dan Tratzinski, Brockton

1. Tony Lopez, Brockton 2. Larry Butler, Portland

3. Charlie Polite, Springfield 3. Bob Pompeo, Postland 4. Beau Jaynes, Lowell

Jr. MIDDLEWIEGHTS

Champ Jessie Bender, New Haven

Champ Tony Petronelli, E. Bdgwtr

Champ Tony Petronelli, E. Bdgwtr

Randy Milton, Bridgeport

Randy Milton, Bridgeport

Verther Street Countries

Replay Guthridge, Hartford

3. Al Romano, North Adams
4. Danny Heath, Lowell
5. Cove Green, Bridgeport
6. Jesus Alicia, Holyoke
7. Jose Carabello, Hartford
7. Jose Carabello, Hartford 4. Danny Heath, Lowell
4. Danny Heath, Lowell
5. Cove Green, Bridgeport
6. Jesus Alicia, Holyoke
7. Joey Hutson, Lowell
8. Jose Pagan, Lowell
9. Gene Olton, Springfield
9. Dick Eckland, New Bedford
10. Doug Romano, N. Adams

Middleweights

Champ Marvin Hagler, Brockton

1. Paul Poirier, New Bedford 2. Reinaldo Oliviera, W. Wareham

3. Jaun Botta, E. Bridgewater

9. Roger Phillips,

10. Zhodi Zhodi, S. Boston

Featherweights

Champ Jimmy Lopez, Salem

1. Tommy Rose, Sherbon 2. Phil Hudson, Portland

3. Charlie Kitteridge, Portland

4. Frank Maldonado, N. Adams

1. Dan Tratzinski, Brockton 2, Corles Zayas, Hartford

MOVIEGUDE

SATURDAY MOVENSIA 15th 1975 89 minutes SARADO 15 NOVEMBRE 1975 89 minutes
THE MINX (R) THE MINX (R)
SORRY.....NO INFORMATION AVAILABLE

FOXY BROWN (R) FOXY BROWN (R) SORRY.....NO INFORMATION AVAILABLE

5. Greg Osowiekt, WaterburyTrement Pablo Rodriguez Hertiord

The Connecticut Division of the American National Red Cross, headquartered in Farmington, continues to offer its claims representation services to vetern residents at Somers. Ann veteran who wants to file a claim or who is having a problem with his VA claim, should get in touch with his counselor.

The fact that a veteran is a resident at Somers does not necessarily keep him from receiving verterans benefits to which he may be otherwise entitled, particularly if he has a family. Service Connected disability compensation, educational benefits, disability pension are among the possible benefits available. This service also extends to a veteran who wants the military service to review the character of his discharge.

Specially trained Red Cross volunteers will provide these services, supported by Red Cross professional specialists in VA claims work and Discharge Review.

The experience of Red Cross and veterans at Somers is that it takes some time to process the applications, especially when some documents have been lost or destroyed. The ultimate percentage of success is about the same as for the country as a whole. There have been disappointments, but also some fine successes and we can always reapply when there is any new information. Red Cross looks forward to its continued work at Somers with the Veterans.

REFRESHMENT STAND ANNOUNCEMENT

Please stop dropping ice cream wrappers and paper cups on the ground. If you want this Refreshment Stand to continue to serve you, please try to scoperate with us.

Please send your name, number, and housing if you wish to receive the Jaycee Weekly T.V. Guide. Drop it in the Jaycee Mail box.

By: H.Littman

Harris, Milton score decisive wins.....Top Ranking Fighters, are now making it a

For the Crown, in their respective Headline Divisions.

No. 1 ranked Junior Welterweight in New England, Randy Milton, unanimously subdued Avalino Dos Reis the No. 7 ranked fighter in New England. Milton, who won his 7th straight pro bout against one loss, had Dos Reis in trouble from the Second Round on. Dos Reis was floored in the Second Round by a crunching left hook, and Reis barely lasted to the bell. He went down again in the Sixth and Final Round, and lost a unanimous decision. It was Dos Reis' first pro loss, and surprisingly, his 20th birthday. Randy Milton couldn't have given him a worst present.

No. 7 ranked John Harris, upset, demolished, and just hurt, the Ali look-alike....
Ali Perez; Harris, who had minimum training for this one, stung Perez, who by the way, is a top fighter himself. Perez, who danced and jabbed in the first, was decked by hard-hitting Harris in the Second, and he just wasn't the same after that, as Harris' aggressive attack was too much......Harris is undefeated in three probouts, as he would like to put a Crown on top of his Golden Gloves.....

FOOTBALL NOTES

Team One squeezed by Team 3 14-6

Sonny Tinsley passed for two touchdowns to lead Team One to their 3rd win against no defeats. Cliff Dowdy and Emaneul Rosegreen were on the receiving ends......Game Ball Winners were, Tinsley Team One, and Santos of Team 3.....Team Three is now 2 and 2.....

Football, Softball, Boxing, Weightlifting, Handball, and more....activities that develop the mind and body, that keep us growing. They are all here for anyone who is willing to get involved. Somers is alive with participation sports, and it offerers paths of expressions and outlets for pent-up energies. Achievement and a good feeling are parts of what is offered, if you are willing to get out there and get involved.

To wear the Crown of Victory

When one has run their course

And earn a place upon the stand

Proclaiming you have won

This is the taste of life that sings

The truths that one can hold

For when you know you've done your best

You've won your greatest prize.

in Washirmon D.C., a federal agency created by Act of Commess in 1965.

NOTICES NOTICES NOTICES NOTICES NOTICES

Effective November 8th 1975, the immate population will revert to Fall, Wister, and Spring attire. The T-shirt, for the specified time will no lenger be wern as outer wear, i.e. issued jackets and/or issued shirts For the Crown, in their respective Headline Divisions of Iliv

Efectivo el 8 de Neviembre, 1975, la populación bolvera a usar la ropa de correspondiente a el Otono, Primavera e Inviouse. La camisa interior, durante este tiempe, ne sera permitida como repa exterior, es mecesario on. Dos Reis was floored in the Second Round by seines a texast al rasuond Round barely lasted to the bell. He went four

car. Dos weis was ricored in the Second Round by a erunching left hook, and Reis barely lested to the bell. He went down again in the Sixth and Final Round, and lost a unanimous decision. It was Dos Reis' first pro loss, and surprisingly, his 20th birthday. Randy Milton couldn't have given bin a worst present.

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3 Second Prizes......

Two cash awards, one First Prize and one Second Prize, will be granted in each of Team One squeezed by Team 3 1 ... the fellowing categories:

Peetry: Poems submitted must not exceed 100 lines nlw Fiction: of smo Prose submitted must not exceed 5,000 words all vano? -vice Non-Fiction: W Essays submitted must not exceed 5,000 words Janians

ing ends...... Came Bell Winners were, Tinsley Team One, and Santos of Team

Announcement of Award winners will be made in May 1976.

dend and Manuscripts must be typewritten (double-spaced) or clearly printed en 100% develop the mind and body, that keep us grewing. They are .record 11 Xo. 8 nyone who is willing to get involved. Somers is alive with participation sports, and it offer

boon a brauthers must not submit more than one entry in each category. To adjag and

feeling are parts of what is offered, if you are willing to get out the Only unpublished manuscripts will be considered. (We will, however, consider manuscripts that have appeared in a prison publication.)

Efforts will be made to facilitate publication of winning entries, either in the American Pen quarterly or other publications.

en one has run their Sead manuscripts to: P.E.N. Writing Award for Prisoners P.E.N. American Center agnie dand 156 Fifth Avenue at at IT blod New York, N.Y. 10010

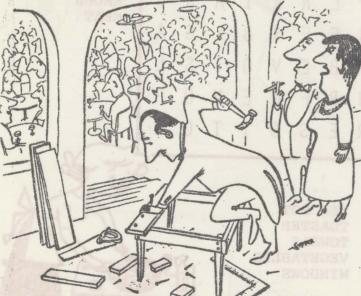
This pregram is made possible by a grant from the National Endowment for the Arts in Washington D.C., a federal agency created by Act of Congress in 1965.



GROSSKREUZ. SUPER CALANDRINO.

"¡Qué! ¿Funciona ahora bien el gas?"





VIRGIL PARTCH. PARIS-MATCH.



JACK TIPPIT. JA-JA

COLORES

Un padre pasea por un huerto con su hijo.
—Papá—pregunta éste—, ¿qué son esas frutas?

—Ciruelas negras, hijo. —Pero, papá, si son ro-

-Sí, son rosas, pero porque están verdes.



JERRY MARCUS. S. EVENING POST.

"¡¡Que vuelves a dormirte!!..."

"Pero ¿qué propina le has dado?"

15/ZANY-WORD

Electrical de la

You don't have to be a cordon bleu chef to sink your pencil into this assortment of kitchen-related words.

KITCHEN KAPER

THE PARTY

S E G D R AKA 4 S A B W M 1 K

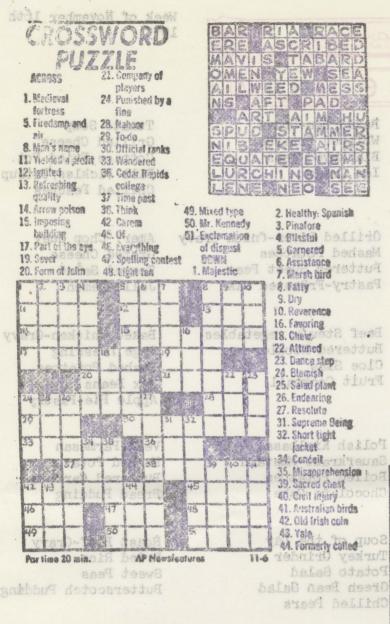
BLENDER BROOM CAN OPENER CHAIR COOK CUPBOARD CUTLERY DISHES DISHWASHER DRAWERS DUSTPAN ELEMENTS EXHAUST FAN FORK FREEZER FRIDGE FRUIT HUNGER KETTLE KNIVES KNOBS MEAT

MINUTE TIMER NUTCRACKER OVEN PANS PLACE MAT POTS

PANS
PLACE MAT
POTS
PREPARE
ROTISSERIE

SINK SOAP SPOON STOVE SWEEP SWEETS TABLE TABLE CLOTH TEA POT TOASTER TOWELS VEGETABLES WINDOWS





Alice

Altman

Ames

Animas Forks Lagrand

Apex Bugtown

Bugtown Caribou

Carson

Eureka

Gilpin

Gold Park

Gothic Guston

Irwin

WORD LIST

Jiura He

Pee-Milk

Kokomo Montezuma

North Star

Nugget Old Ophir

Otto

Poverty Flats

Quartz

Rose

Rosita

Gassy JasoT and belding Royal Flush

Ruby

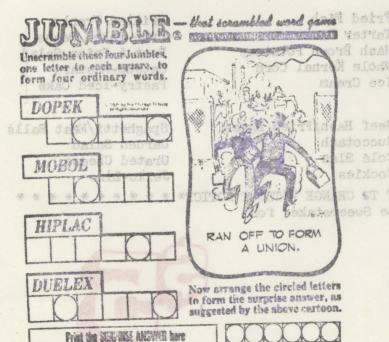
St. Elmo au

Laste Tin Cup

Tomichi

NOV 19 Orange Julee

SIRLAMUZETNOMW
TUNUGGETNOTSUG
ANMABTDRNTONIT
LOSMHYOAOIAMES
FSMRISJUVMWZRN
YRYOITUQTIARYO
TANTROOLDOPHIR
RCANIMASFORKST
EPUCNITLNLROKH
VCXHTCEYIAAXOS
OJIRAHXEPAKYKT
PZYLOITDLTENOA
VOTDAWLOIZRSMR
CARIBOUMGQUYOK





SUN

NOV 16 Fresh Fruit
Hot Cereal
Pastry-Crumb Cake
Coffee-Milk

Raked Ham-Gravy Whipped Potatoes Blackeyed Peas Ice Cream Tomato Soup Grilled Cheese Cottage Fried Pot. Dill Pickles/Catsup Chilled Peaches

MON

NOV 17 Tomato Juice Cold Cereal Scrambled Eggs/Toast Coffee-Milk

Grilled Liver-Onion Gravy Mashed Potatoes Futtered Sweet Peas Pastry-Fransted Cake Amer. Chop Suey Grated Cheese Tossed Salad Jello-Lemon

TUES

NOV 18 Blended Juice Hot Cereal Pastry-Muffins Coffee-Milk

Beef Stew/w vegetables Buttered Noodles Cloe Slaw Fruit Cocktail Baked Chicken-Gravy Sage Dressing Mashed Potatoes Wax Feans Apple Pie-Pastry

WED

NOV 19 Orange Juice Cold Cereal French Toast w/syrup Coffee-Milk Polish Kielbasa Sauerkraut-Mustard Boiled Potatoes Chocolate Cake Veal Parmesan Mashed Potatoes Buttered Carrots Bread Pudding

THURS

NOV 20 Grapefruit Sections Hot Cereal Pastry-Coffee Cake Coffee-Milk Soup of the Day Turkey Grinder Potato Salad Green Bean Salad Chilled Pears Roast Beef-Gravy
Fried Rice
Sweet Peas
Butterscotch Pudding

MI

Cold Cereal
Fried Eggs-Toast
Coffee-Milk

Fried Fish
Tarter Sauce
Hash Brown Potatoes
Whole Kernal Corn
Ice Cream

Grilled Franks
Oven Baked Beans
Beet & Onion Salad
Catsup-Mustard
Pastry-Iced Cake

SAT ONITIMETANDUS

NOV 22 Pineapple Juice
Hot Cereal
Pastry-Sweet Rolls
Coffee-Milk

Beef Hash/Fried Egges
Succotash
Cole Slaw
Cookies

Spaghetti/Meat Balls Garden Salad Grated Cheese Jello-Lime

The Winners in the C.C.I. Somers Inmate Sweepstakes for this week are:

Michael Roy 13369 B-64
Allen Brash 25904 Q-3-22
Joneph Kas 59115 H-56
Rowland Yost 64939 D-82

