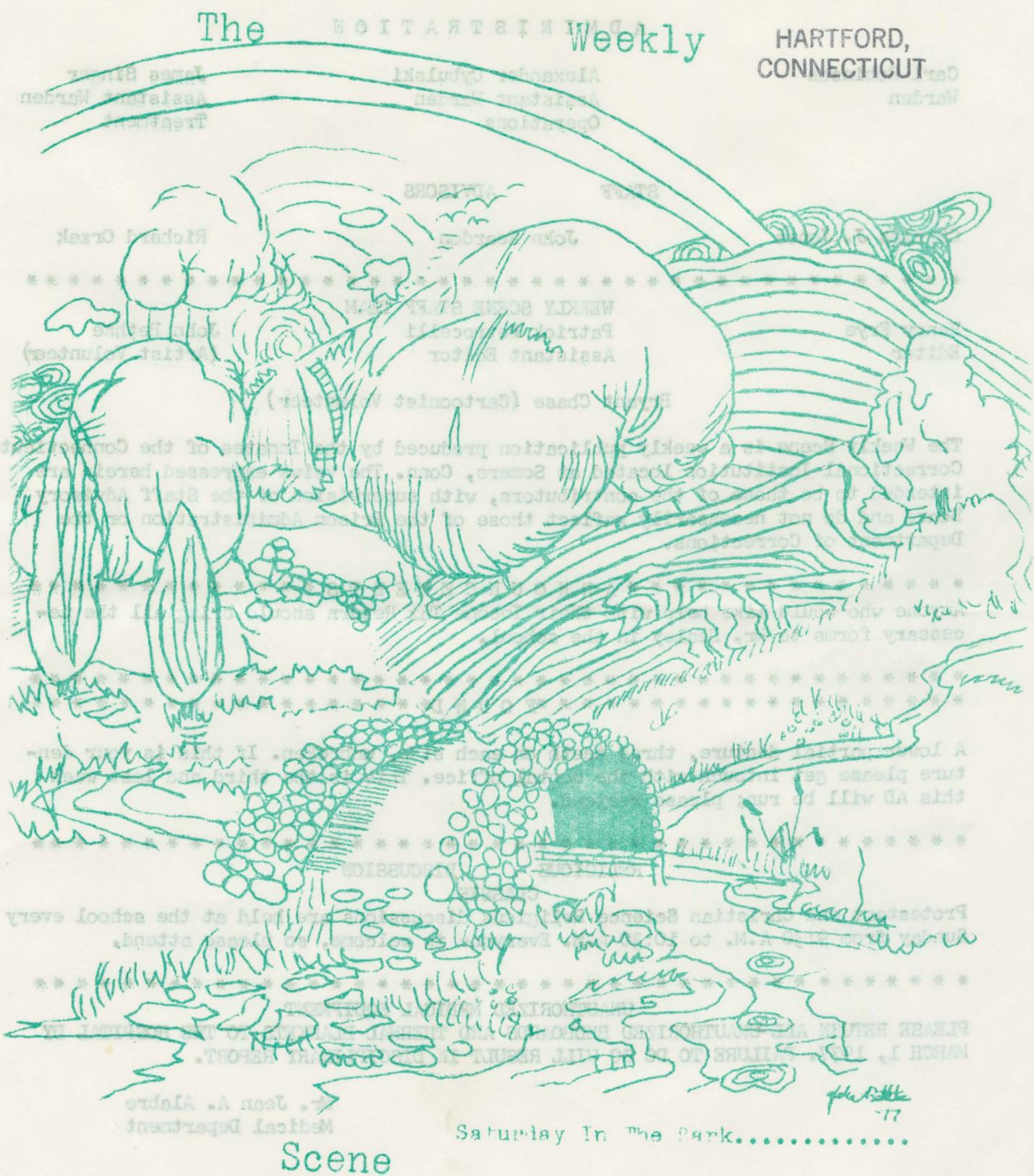


D
P931 we
1977

CONNECTICUT
STATE LIBRARY

MAR 1 1977

HARTFORD,
CONNECTICUT



Saturday In The Park.....

Scene

phB77

ADMINISTRATION

Carl Robinson
Warden

Alexander Cybulski
Assistant Warden
Operations

James Singer
Assistant Warden
Treatment

STAFF

Charles J. Jones

ADVISORS

John Reardon

Richard Orzak

Henry Frye
Editor

WEEKLY SCENE STAFF TEAM
Patrick Petrocelli
Assistant Editor

John Bethke
(Artist Volunteer)

Bryant Chase (Cartoonist Volunteer)

The Weekly Scene is a weekly publication produced by the Inmates of the Connecticut Correctional Institution located at Somers, Conn. The views expressed herein are intended to be those of the contributors, with supervision of the Staff Advisory Board and do not necessarily reflect those of the Prison Administration or the Department of Corrections.

***** ANNOUNCEMENTS *****
Anyone who would like help with their Income Tax Return should bring all the necessary forms to Mr. Healey in the school.

**RELIGIOUS DISCUSSION
CLASSES**

Protestant and Christian Science Religious discussions are held at the school every Sunday from 9:30 A.M. to 10:30 A.M. Everyone is welcome, so please attend.

Mr. Jean A. Alabre
Medical Department

NATIONAL ORGANIZATIONS

Listed below are some support groups, legal organizations, and News media and congresspeople who are interested in the rights of prisoners:

American Bar Association Commission on Correctional Facilities and Services. 1800 M. St. N.W. Washington, D.C. 20036	Woman's Rights Project ACLU 22 East 40th Street New York, N.Y. 10016
Mexican American Legal Defense and Educational Fund Vilma S. Martinez, General Counsel 145 Ninth Street San Francisco, Ca. 94103	National Prison Project of the ACLU Foundation of Civil Liberties 1346 Connecticut Ave. N.W. Washington, D.C. 20036
NAACP Legal Defense and Education Fund Inc., 10 Columbus Circle, Suite 2030 New York, N.Y. 10019	National Conference of Black Lawyers 112 W. 120th Street New York, N.Y. 10027
Capital Punishment Project, David Kendall National Lawyers Guild 23 Cornelia Street New York, N.Y. 10014	The Fortune Society 29 East 22nd Street New York, N.Y. 10010
National Legal Aid and Defenders Association National Law Office 1601 Connecticut Ave., N.W. Washington, D.C. 20019	Jake McCarthy St. Louis Post-Dispatch 900 N. 12th Street St. Louis, MO. 63103
Native American Rights Fund Roy Haber 1506 Broadway Boulder, Colorado 80302	William Raspberry Washington Post 1150 15th St. N.W. Washington, D.C.
Puerto Rican Legal Defense and Education Fund 95 Madison Avenue New York, N.Y. 10016	Tom Wicker New York Times 229 W. 43rd St. New York, N.Y. 10010
National Moratorium on Prison Construction 3106 Mt. Pleasant St. N.W. Washington, D.C. 20010	The Progressive 408 Gorham St. Madison, WI 53703
U.S. Department of Justice, Civil Rights Division Office of Institution and Facilities 521 12th. St. N.W. Washington D.C. 20004 (Prison racial discrimination)	The Guardian 33 West 17th, St. New York, N.Y. 10011
Amnesty International 200 West 72nd Street New York, N.Y.	The Commonwealth 232 Madison Ave. New York, N.Y. 10016
World View Publishers 46 West 21st Street New York, N.Y. 10010	

All of the above on this side is the
NATIONAL ORGANIZATIONS

All of the above on this side is the
NEWS-MEDIA

written by

DEPARTMENT OF JUSTICE

Alben swoll has written us a letter from our wife Hatch
 regarding the attack of the terrorist on our al-Qaeda base.

THE KING'S WHITE HORSE

U.S.A. Foster's White Horse

principles and policies

--Beware my friend, my name is King Heroin,
 Known to all as the destroyer of men!--

Where first I was born no one knows,

But I come from the Land where the Poppy grows.

I'm a world of power, and you'll know it's true;

Use me once and you'll know it too.

I entered this country without a passport,

Ever since then, I've been hunted and sought.

By addicts and pushers and plainclothes dicks,

But most by Junkies who needed a quick fix!

My little white grains are but waste,
 I'm soft and deadly, so bitter to taste.

I'll make a schoolboy forget his books,

And I'll make a world beauty forget her looks!

I'll cause a good husband to cast out his wife,

And send a greedy Pusher to Prison for Life!

I'm King of Crime, the Prince of Corruption,

I'll capture your soul and cause you destruction!

Am I not a just King? A God to behold?

More treasured than diamonds, more precious than Gold?

If you wish to hear more of the things I can do;

Of the men I've delighted and the women I slew.

I'll make a man shabby that once dressed so nice,

And all who use me will go down in vice!

I'll control your mind and then your whole brain,

With a full course of Torment, first Pleasure then Pain!

Ah, the Police have taken you from under my wing,
 They dare to defy me, I who am King?

Nights you'll toss and turn and won't sleep,

You'll rise in the morning so humble and weak!

You'll be hot then cold, you'll vomit and cough,

After ten days of madness you might throw it off!

You'll curse my name and down me in speech,

But you'd pick me up again, if I were in reach!

And nights when you lie awake planning your fate,

You know I'll be waiting just beyond the Gate!

I gave you a warning, you didn't take heed,
 So put your feet in my stirrups, and mount my steed---

Put your feet in the stirrups, and ride me well,

For the White Horse of Heroin, will ride you to HELL!!!

Submitted By: J. Granfield

The bookfair this year will be held on Monday, Tuesday and Wednesday, March 14, 15, 16 1977. The rules are as follows.

1. The actual sale of books to inmates will take place from 5:30 p.m. to 8:30 p.m. on each of these days.
 2. Inmates will come to the bookfair only on the night when their block is scheduled. Inmates wishing to attend the bookfair will not be released from their cells at the beginning of evening recreation. Instead, they will be released when the library is ready to accommodate them.

THE SCHEDULE IS AS FOLLOWS:

Monday Night-----Q-1, Q-2, Q-3, Q-4 Blocks.
Tuesday Night-----B, C, D, and E Blocks.
Wednesday Night-----H, J-1, J-2 Blocks.

3. The library will be closed all day on the days of the bookfair. Library books cannot be checked out of the library on these days.
 4. The cost of the books will be deducted from the inmate's account. Books may not be bought on credit.
 5. There will be discounts ranging from 15% to 30% on all books.
 6. All sales are final. Books may not be returned once they are purchased.
 7. No one will be allowed to bring any of their personal belongings into the library when the bookfair is in session. This includes coats, jackets, books, notebooks, etc.
 8. Paperback books only will be sold. No hard cover books will be available at the bookfair.
 9. Inmates should place their suggestions for the bookfair in a "Suggestion Box" which will be placed near the front entrance to the library.

Paul Rosa,

Librarian.

ANOUNCEMENT

Those Veterans who Received Discharges other than Honorable and would like to try for upgradings should contact Jessie Deloach, Vocational Conselor. We are presently working with the American Red Cross Association in an effort to get certain Military Discharges Upgraded. Send a Request Form stating clearly what Discharge Status you have at the present time and an interview can be aranged with the A.R.C.

Jessie Deloach
Volcational Conselor

La venta de libros este año será el lunes, martes y miércoles, Marzo 14, 15, y 16 de 1977.

Las reglas son las siguientes:

1. La venta de libros se llevara acabo las 5:30 p.m. a 8:30 p.m. zado uno de estos dias.
 2. La poblacion vendra a esta venta de libros solamente la noche que se señale para su respectivo block. Las personas que deseen venir a esta venta. No se les permitica salir de la celda al comienzo de la recreacion en la tarde. Se les permitira cuando la biblioteca este lista para atenderlos.

EL HORARIO ES EL SIGUIENTE:

Lunes an la noche-----Q-1, Q-2, Q-3, y Q-4.

Martes en la noche-----B, C, D, y E.

Miercoles en la noche-----H, J-1, y J-2.

3. La biblioteca estara cerrada durante todo el dia cuando se lleve a cabo la venta de libros.
 4. El precio de los libros sera deducido de la cuenta de cada persona. No se podra comprar libros al credito.
 5. Habran descuentos de el 15% a el 30% en todo los libros.
 6. Todas las ventas seran finales. No se podran devolver los libros una vez que ya se hagan comprado.
 7. No se permitta traer ningun objeto personal en la biblioteca, cuando se esta llevando abrigos, chaquetas, libros de notas, bolsas.
 8. Solamente se venderan los libros sin cubierta.
 9. Personas que tengan sugerencias para esta venta de libros, deberan depositarlas en la caja de sugerencias, que estara ubicada cerca a la puerta de la entrada de la biblioteca.

Paul Rosa, *the bluot bibliotekar*,
Bibliotecario.

BIKERS NEWS

BY

JOHN DETHKE

Used by permission of Biker News Magazine. Vol. IV No. 1. January 26, 1977.

IN A NUTSHELL

BY

ADA CARR

A Brittish helmet maker was told by the goverment to cease and desist advertising that his product was the best, because nobody knows which helmet offers the best protection.

The safety establishment is "ALARMED at the growing number of states that are repealing their helmet laws" and are urging Congress to restore the U.S. Dept. of Transportation's authority to blackmail states into passing or keeping mandatory helmet laws for bikers; guess that sets back their plans to outlaw motorcycles altogether...

Evil Knevel will attempt to jump a 90 foot tank filled with 12 giant sharks on a CBS television show slated to be aired January 31. It looked to me like he staged his "accident" to get out of it.

Jimmy Carter's sister Gloria says, "that motorcyclist are not generally known to be concerned with equal rights for women". The only thing equal about us, "is we ride equally as well."

Pictured in this issue was Mr. America taking delivery of his new 1977 Sporty. He's Kal Szkalak, and he makes the scooter look like a mini-bike standing over it.

The 1913 Bi-Autogo was a two-wheel "motorcycle" that weighed 4,300 pounds, and was manufactured by Scripps-Booth automobil Company of Detroit. Only trouble was, you couldn't steer it, since the front end had to be raised a inch when turning from lock to lock. Power assisted steering was not invented until years later.

EAT YOUR HEARTS OUT DEPT.

Run To The Sun 1977. This year the fun and games at Daytona Beach Speed Week promise to be as good as ever. For those who will be out in time to get there, here's some of what's going to be happening. I guess the rest of us will have to wait to next year.

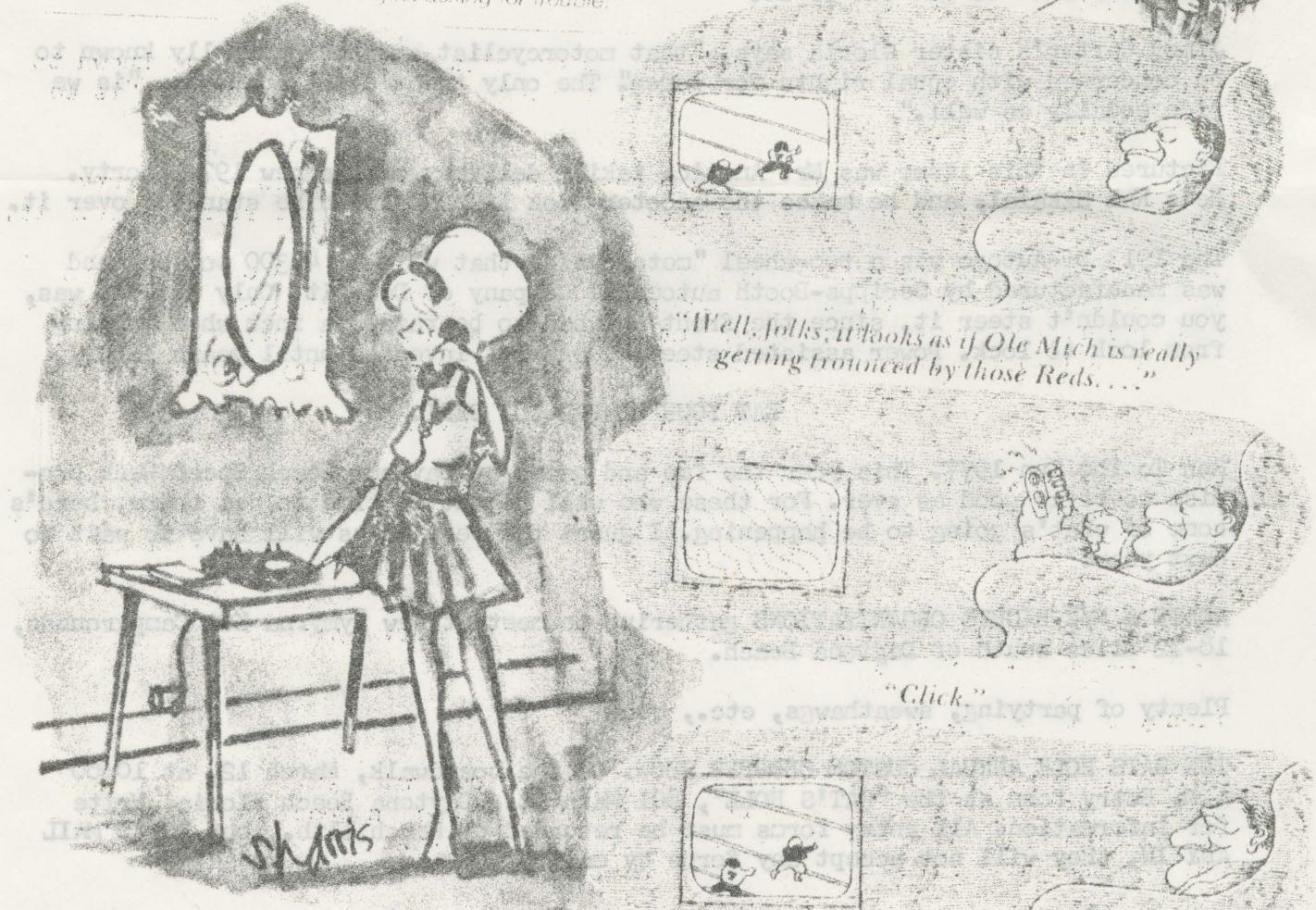
ABATE & M/C RIGHTS ORGANIZATIONS gathering to meet at New Smyrna KOA Campgrounds, 18-22 miles south of Daytona Beach.

Plenty of partying, sweathawks, etc., etc.

THE RATS HOLE ANNUAL CUSTOM CHOPPER SHOW. On the boardwalk, March 12, at 10:00 A.M. Entry form at the "RAT'S HOLE", 801 Main St., Daytona Beach Florida. Write for information. All entry forms must be returned by March 11th., but DON'T MAIL ANY IN, they will not accept any forms by mail.



When they dress like that, they're just asking for trouble!



"First I'd like to point out that with the recent
permissiveness in the theater and in print, it would be

"hard to classify a call like this as really obscene. . . ."

"Well, folks, it looks as if those Reds are
really getting trounced by Ole Mich."

Graham Wilson

1 EDITAT

To second add **ANOUNCEMENT OF NEW PROGRAM**
has salutes add **the** al about lo buna est. **signed ent**
the about lo **the** **the** **the** **the** **the** **the** **the**
In this issue of the "Weekly Scene" you will find the description of a
new program for the institution entitled, "Institutional Grievance Co-
ordinator." The program is designed for prompt and timely response to
inmate grievances. The procedure for this program is spelled out in de-
tail in the attached program description.

Please note that this does not effect any existing informal grievances
or complaint mechanism, or the traditional Inmate Request Form.

Carl Robinson
Warden

* * * * *

+ EDITAT SI DE ANUNCIO
ANUNCIO PROGRAMA NUEVO

(En esta publicacion del "Weekly Scene" encontraras una descripcion de
un programa nuevo, titulado, "institutional Grievance Coordinator" o
"Coordinator de Quejas en la institucion. El programa esta preparado
para responder pronto y a tiempo a las quejas de la presos. El proce-
dimiento de este programa esta presentado en de talle en la descripcion
del programa incluido.

Por favor nota, este programa nuevo no effecto cambia los programas que
ya existen,- ni los procedimientos de quejas informales-tampoco la for-
ma de pedido del preso que es tradicional.

Carl Robinson
Alcaide

* * * * *

...English to sale vitruva

N O T I C E

The Weekly Scene will be Changing its weekly distribution from
Thursdays to Fridays in oder to allow the inmate population and
Administration Staff to submit Articles, Poetry, Annoucements,
Notices and any other material anyone is willing to submit. Please
feel free to contribute. Thank you.

Henry Frye
Editor

TRUTH !

The face of the truth is open to the eyes of the Masses of the people. The sound of truth is all this dancing and singing for nothing. The crescent and coul of truth is Almighty (God) Allah. The wrongseing of truth is complete chastisement. The voice of truch is (Chief Inman) The Honorable Wallace D. Muhammed. The looks of truth is this artificial materialism in society. The fear of truth is living a fully righteous life. The message of truth was the Honorable Master Elijah Muhammed;s mission. The sorrow of truth is brothers andsisters killing brothers and sisters. The pride and dignity of truth was the teachings of Malcolm Mao, and Martin. The strength of truth in this society is the World Community of Islam in the West. The failure of truth is Capitolistic Mentalities. The pain of truth is lusting for many artificial and materialistic Gods of Man. The heaven of truth is a everlasting reward. The head of truth is following the right path. The battle of truth is continuous struggle. And the life of truth is eternal immortality and is its past power of truth and shall endure truth which shall hold to the last and never die...*

BECAUSE IT IS TRUTH !

Submitted by: Bro. Muhammed Zakee (William McNair)

+

YOU !

You are all that I love and cherish
All that I yearned for and dream
I sing you in verse, all my wisdom
I teach you all I esteem.

I found in your heart coverts hidden
the budding of truth and sight
The emblem of all that is highest
In earthly light and life

And guiltless we will live
together,
These truths that the world
unites,
The drama of pleasures inconstant
To saintly sins of delight...

BY: CHICO

+

**

CHICO
Editor

INSTITUTIONAL GRIEVANCE COORDINATOR PROGRAM

The purpose of this program is to provide a formal internal grievance mechanism through which inmates may seek resolution to their complaints. It is structured to insure an open and readily accessible grievance channel to the administration for a timely response to inmate grievances.

The Warden will designate a staff member to be the Institutional Grievance Coordinator. The Institutional Grievance Coordinator will be directly responsible to the Warden. He will have the delegated authority to receive properly initiated grievances from inmates, investigate the complaint, make appropriate recommendations, submit the grievance for disposition, and implement relief as directed by the Warden.

Informal Remedy:

Prior to filing a grievance with the Institutional Grievance Coordinator, an inmate must attempt to resolve his grievance by discussing it with the staff responsible for the area where the problem developed. For example, his work supervisor, housing unit officer, appropriate department or division head, captain, etc. Failure to have attempted resolution of a complaint by this means, may be of itself reason for a grievance to be rejected.

Any staff member who urges or directs an inmate to utilize the formal grievance procedure will provide the Institutional Grievance Coordinator with the reason for this referral in writing with an explanation of why the staff member was unable to resolve the problem.

Scope of the Program:

The intent of this program is the prompt and timely response to inmates' institutional complaints. The boundaries of this program are limited to any area of administrative function or decision within C. C. I. Somers. Therefore, issues involving court questions, civil matters, and other institutions will not be accepted by the Institutional Grievance Coordinator. This program is limited to a grievance that effects an inmate personally, and may not be used on behalf of another inmate.

Procedure for Filing a Grievance:

Grievances must be submitted on the designated Institutional Grievance Coordinator Program forms. These forms are available in the Captain's Office, as well as on the Hospital, third floor, and in E, F, and J-Basement housing units.

Grievances should be addressed to the Institutional Grievance Coordinator. The Institutional Grievance Coordinator will have a mail box in the main corridor near the radio station, as well as in the mail room.

All facts should be presented accurately, legibly, and in specific terms.

Any staff person who has been contacted in regard to the grievance should be so identified.

Grievances which relate to an incident or event must be filed within thirty (30) days of the incident or event. A waiver of this requirement may be granted by the Institutional Grievance Coordinator upon a showing by the sender of the grievance that it was not feasible to file within the prescribed thirty (30) day period.

Procedure for Processing Grievances:

Upon receipt, the Institutional Grievance Coordinator will log the grievance in the Warden's office and acknowledge receipt to the sender.

The Institutional Grievance Coordinator, through his own action, will develop sufficient information about the circumstances of the complaint to enable a decision on its merits to be reached.

An interview with the complainant may result in a deferment of the grievance pending an attempt at the informal remedy level.

Whether a grievance results in corrective action or not, the Grievance Coordinator will respond to the sender, in writing, clearly stating the basis for the response. In cases of corrective action, the response will indicate what specific action will be taken to correct the problem. The Institutional Grievance Coordinator, under the authority of the Warden, will assure the stipulated action is taken.

If the grievance is of a significant nature, either the sender or the Institutional Grievance Coordinator may elect to have copies of all correspondence pertaining to the grievance included in the sender's central file.

Action on grievances will be completed within twelve (12) working days of the acknowledged receipt. If a grievance is close to disposition at the end of the twelve (12) day period, but not yet completed, the Institutional Grievance Coordinator may so notify the sender and request an extension, which the sender may reject if he is intent upon pursuing his grievance through other channels. If this course is pursued by the sender, the grievance will be closed.

Freedom to Use the Grievance Procedure:

No action will be taken against any inmate merely because he filed a grievance. Action may be taken against an inmate under the provisions of the Code of Penal Discipline, if the sender knowingly and intentionally makes a statement or statements which prove to be completely lacking in factual basis.

Other Remedy:

If an inmate feels his grievance has not been satisfactorily resolved by this grievance procedure, he may pursue existing alternative remedies - the Office of the Commissioner, the Ombudsman Program, or the LAP attorneys. In these instances, any information relating to the grievance will be made available to these parties by the Institutional Grievance Coordinator. Regular scheduled meetings will take place between the Ombudsman and the Institutional Grievance Coordinator to review and discuss mutual areas of concern to insure the expeditious resolution of inmate complaints.

PROGRAMA DEL COORDINADOR INSTITUCIONAL DE QUEJAS

El propósito de este programa es el de ofrecer un mecanismo interno formal a través del cual los presos pueden buscar una resolución de sus quejas. Está formalizado para asegurar que haya un medio abierto y accesible para expresar quejas a la administración para una respuesta oportuna a las quejas de los presos.

El alcaide designará a un miembro del personal para que desempeñe el puesto de Coordinador Institucional de Quejas. El Coordinador Institucional de Quejas tendrá una responsabilidad directa al Alcaide. Tendrá la autoridad delegada para recibir quejas debidamente iniciadas de los presos, investigar la queja, hacer recomendaciones apropiadas, presentar la queja para una disposición, e implementar alivio según la dirección del Alcaide.

Remedio Informal:

Antes de someter una queja al Coordinador Institucional de Quejas, el preso tendrá que tratar de resolver su queja discutiéndola con el personal responsable del área en que surgió el problema. Por ejemplo, su supervisor de trabajo, oficial del área de alojamiento, encabezado apropiado de departamento, capitán, etc. Una falta de haber buscado una resolución de una queja por este medio, puede ser en sí una razón para el rechazo de una queja.

Cualquier miembro que sugiere o dirige a un preso que utilice el procedimiento formal de quejas dará por escrito al Coordinador Institucional de Quejas una explicación del por qué el miembro del personal no pudo resolver el problema.

Alcance del Programa:

La intención de este programa es la respuesta rápida y oportuna a las quejas institucionales de los presos. El alcance de este programa se limita a cualquier área de función administrativa o decisión dentro de C.C.I. Somers. Por lo tanto, cuestiones relacionadas con las cortes, asuntos civiles, y otras instituciones no serán aceptadas por el Coordinador Institucional de Quejas. Este programa se limita a aquellas quejas que afecten al preso personalmente, y no podrá usarse a favor de otro preso.

Procedimiento para Presentar una Queja:

Las quejas tendrán que someterse en las fórmulas del Coordinador Institucional de Quejas designada. Estas formulas están disponibles en la Oficina del Capitán, al igual que en el tercer piso del hospital, y en las unidades de alojamiento E, F, y J(Sotano).

Las quejas deben dirigirse al Coordinador Institucional de Quejas. El Coordinador Institucional de Quejas tendrá un buzón en el pasillo principal cerca de la estación de radio, además que en el cuarto de correo.

Todos los hechos deben presentarse con exactitud, legiblemente, y en términos específicos.

Cualquier persona del personal que haya sido consultado respecto a la queja debe ser identificada.

Las quejas que se relacionen con un incidente o evento tendrán que someterse dentro de un plazo de treinta (30) días a partir del incidente o evento. Una excepción a este requisito podrá ser aceptado por el Coordinador Institucional de Quejas si el solicitante puede probar que no le fue posible someter la queja dentro del periodo prescrito de treinta días.

Procedimiento para Procesar Quejas:

Al recibir de la queja, el Coordinador Institucional de Quejas inscribirá la queja en la oficina del Alcaide e indicará el recibo al remitente.

El Coordinador Institucional de Quejas, por sus medios propios, desarrollara suficiente información sobre las circunstancias de la queja para hacer posible una decisión basada en sus méritos.

Una entrevista con el querellante puede resultar en un aplazamiento de la queja para intentar una resolución al nivel de un remedio informal.

Aunque una queja resulte en una acción correctiva o no, el Coordinador de Quejas responderá al remitente, por escrito, exponiendo claramente la base para su respuesta. En los casos de acción correctiva, la respuesta indicará cuál acción específica se tomará para corregir el problema. El Coordinador Institucional de Quejas, bajo la autoridad del Alcaide, asegurara que se tome la acción estipulada.

Si la queja es de una naturaleza significativa, o el Coordinador Institucional de Quejas o el solicitante puede elegir que copias de toda correspondencia referente a la queja sea incluida en su archivo central.

La acción sobre las quejas se llevará a cabo dentro de doce (12) días de trabajo a partir del aviso de recibo. Si una queja está cerca de su disposición al pasarse los doce (12) días, pero aún no se realiza, el Coordinador Institucional de Quejas puede avisar al remitente sobre el respecto y pedir una extensión, lo cual el remitente puede rechazar si está decidido para proceder con su queja por otros medios. Si se sigue este curso, la queja será concluida.

Libertad para Usar el Procedimiento de Quejas:

No se tomará ninguna acción en contra de ningún preso por el simple hecho de haber sometido una queja. Se podrá tomar acción en contra de un preso bajo las provisiones del Código de Disciplina Penal, si el remitente a sabiendas e intencionalmente hace una declaración que resulta completamente sin fundamento en los hechos.

Otro Remedio:

Si un preso cree que su queja no ha sido resuelta satisfactoriamente, puede proseguir por medios alternativos - la Oficina del Comisionado, el Programa del Ombudsman, o los abogados L.A.P. En estas circunstancias, cualquier información referente a la queja estará a la disposición de aquellas personas por medio del Coordinador Institucional de Quejas. Reuniones regulares tendrán lugar entre el Ombudsman y el Coordinador Institucional de Quejas para repasar y discutir las áreas de importancia para asegurar la resolución rápida y conveniente de las quejas de los presos.

MOVIES. . . . MOVIES

Saturday March 5, 1977.... .The Other Side Of The Mountain....103 Minutes

Real three-hanky movies that bring lumps to the throat and tears down the cheeks are all too rare, so this film-ways production for Universal is a welcome treat. Based on the true story of skier Jill Kinmont, whose hopes for an Olympics medal are dashed by a near fatal accident which leaves her crippled for life, this is a real tear jerker in the best sense of the word.

Marilyn Hassett, Beau Bridges, Belinda J. Montgomery, Nan Martin....

MORE MOVIES.....MOVIES.....MOVIES.....MOVIES.....MOVIES.....MOVIES.....

Sunday March 6, 1977.... .Breaking Point....90 Minutes

An ordinary citizen's personal war against a crime boss is the central theme of this tense action drama. Bo Svenson is a natural for the leading role. Fast becoming a major star he has recently been seen in "Special Delivery," co-stars in Part 2 Walking Tall and the T.V. version of "Frankenstein." Robert Culp, recently seen in "Sky Riders," co-stars. The vigilante theme of one man demolishing a crime syndicate is a controversial one, but has been the basis of many successful films.

Bo Svenson, Robert Culp, Belinda J. Montgomery.....

* * * * *

YEWARD-TAGI TEAM

Poetical Dimensions
Resolutions

No one will get out of this world alive. Resolve therefore to maintain a sense of values. Take care of yourself. Good health is everyone's major source of wealth.

Without it, happiness is almost impossible.

Resolve to be cheerful and helpful, people will repay you in kind. Avoid angry, abrasive persons. They are generally vengeful. Avoid zealots. They are generally humourless. Resolve to listen more and talk less. No one ever learns anything from talking.

Be leary of giving advice. Wise men don't need it, and fools won't heed it.

Resolve to be tender to the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and the wrong. Sometime in life you will have been all of these. Do not equate money with success. There are many successful money-makers who are miserable failures as human beings. What counts most about success is how a man achieves it.....

SUN	FRESH FRUIT	BAKED CHICKEN	CHOW MEIN
FEB 27	HOT CEREAL PASTRY COFFEE-MILK	MASHED POTATOES BUTTERED PEAS ICE CREAM BEVERAGE CHOICE	DRY NOODLES STEAMED RICE GREEN BEANS PAstry-BEVERAGE
MON	BLENDED JUICE	SPAGHETTI W/MEAT SAUCE	BAKED HAM
FEB 28	COLD CEREAL FRIED EGGS-TOAST MILK-COFFEE	GRATED CHEESE TOSSED GREEN SALAD PAstry-BEVERAGE	BLACK EYE PEAS FRIED CABBAGE APPLE SAUCE-BEV.
TUES	PINEAPPLE JUICE	BEEF STEW W/VEG	BAKED FISH STICKES
MAR 1	HOT CEREAL COFFEE-MILK PASTRY	BUTTERED NOODLES COLE SLAW FRUIT SALAD-BEV.	OVEN BAKED BEANS BEAT AND ONION SALAD JELLO-BEVERAGE
WED	TOMATO JUICE	GRILLED BURGERS	SPLIT PEA SOUP
MAR 2	COLD CEREAL GRIDDLE CAKES- SYRUP COFFEE-MILK	FRENCH FRIED POTATOES WHOLE KERNEL CORN PUDDING-BEVERAGE	COLD CUTS AND CHEESE POTATO SALAD PAstry-BEVERAGE
THURS	KADOTA FIGS	PIZZA PIE W/CHEESE	TURKEY a la KING
MAR 3	HOT CEREAL PASTRY COFFEE-MILK	ANTIPASTO SALAD W/MEAT, CHEESE, OLIVES CHILLED PEAR HALVES BEVERAGE	FLUFFY RICE COLE SLAW PINEAPPLE SLICES BEVERAGE

FRI			
MAR 4	Fresh Fruit COLD CEREAL SCRAMBLED EGGS TOAST, COFFEE-MILK	FRYED FLOUNDER PAPRIKA POTATOES LEAF SPINACH TARTER SAUCE ICE CREAM-BEVERAGE	MEAT LOAF-GRAVEY WHIPPED POTATOES WAXED BEANS PASTRY-BEVERAGE
SAT			
MAR 5	ORANGE JUICE HOT CEREAL PASTRY COFFEE-MILK	VEAL CUTLET W/SHELL MACARONI TOMATO SAUCE GRATED CH. TOSSSED SALAD JELLO-BEVERAGE	CLAM CHOWDER WESTERN OMELETTE W/ONIONS, MUSHROOMS GREEN PEPPERS. ANY STYLE POTATOES CANNED FRUIT. BEVERAGE

This weeks winners in the C.C.I. Somers Inmate Sweepstakes are the following:

John Bruce	#13616	E-64
Michael Civitello	#23081	Q-1-60
Dennis Eburg	#25255	B-15
Anthony Cicero	#75218	JDI-61

....., it achieves just a mod est success twice from