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# THE WEEKLY

DECEMBER 30, 1977

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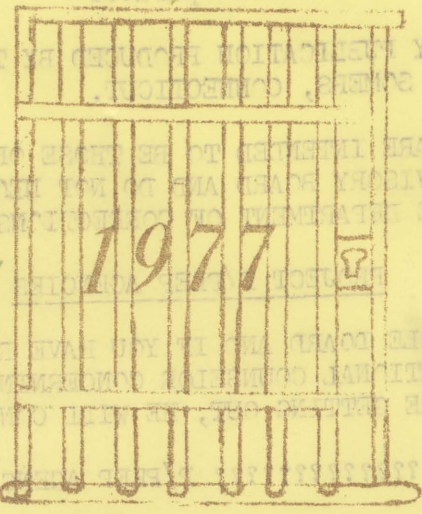
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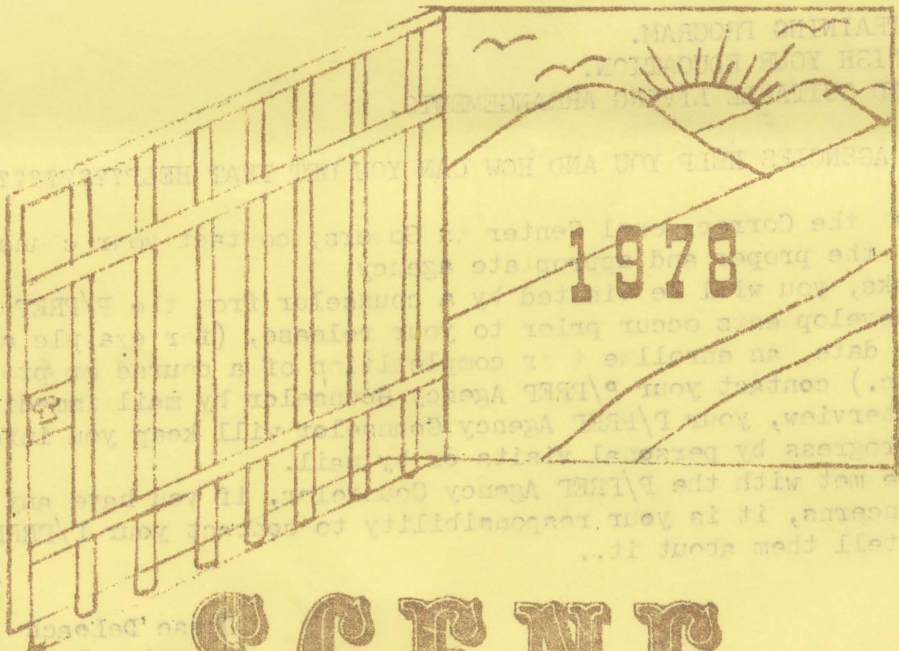
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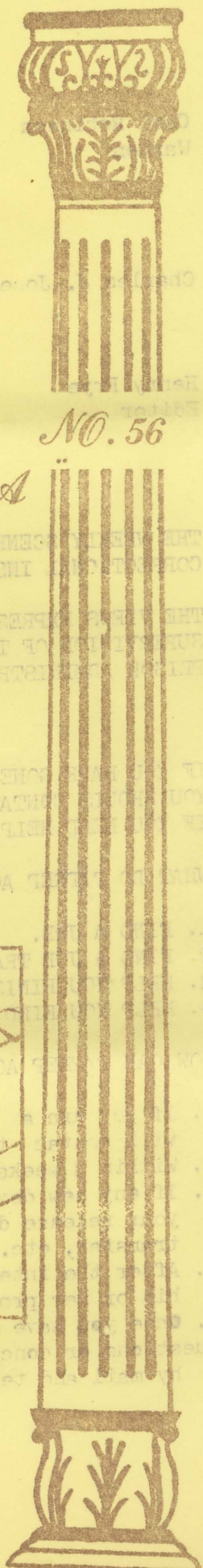
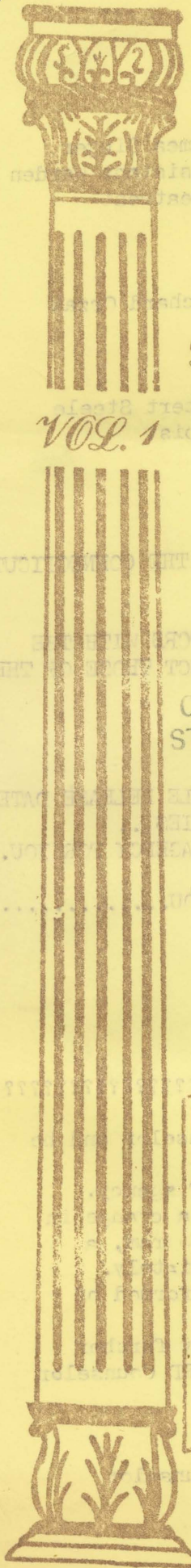
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# SCENE





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Warden

Alexander Cybulski  
Assistant Warden  
Operations

James Singer  
Assistant Warden  
Treatment

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THE WEEKLY SCENE IS A WEEKLY PUBLICATION PRODUCED BY THE INMATES OF THE CONNECTICUT CORRECTIONAL INSTITUTION AT SOMERS, CONNECTICUT.

THE VIEWS EXPRESSED HEREIN ARE INTENDED TO BE THOSE OF THE CONTRIBUTORS WITH THE SUPERVISION OF THE STAFF ADVISORY BOARD AND DO NOT NECESSARILY REFLECT THOSE OF THE PRISON ADMINISTRATION OR THE DEPARTMENT OF CORRECTIONS.

PROJECT P/PREP AGENCIES

IF YOU HAVE GONE TO THE PAROLE BOARD AND IF YOU HAVE RECEIVED A PAROLE RELEASE DATE YOU SHOULD CONTACT THE VOCATIONAL COUNSELOR CONCERNING P/PREP AGENCIES...  
IF YOU NEED HELP WHEN YOU ARE GETTING OUT, HE WILL CONTACT A P/PREP AGENCY FOR YOU.

WHAT DO P/PREP AGENCIES DO???????????????? P/PREP AGENCIES CAN HELP YOU.....

1. FIND A JOB.
2. FIND A JOB TRAINING PROGRAM.
3. HELP YOU FINISH YOUR EDUCATION.
4. HELP YOU FIND SUITABLE LIVING ARRANGEMENTS.

HOW CAN P/PREP AGENCIES HELP YOU AND HOW CAN YOU GET THAT HELP????????????????????

1. If you are at the Correctional Center in Somers, contact your counselor and he will contact the proper and appropriate agency.
2. Within 3 weeks, you will be visited by a counselor from the P/PREP agency.
3. If any new developments occur prior to your release, (for example a change in your release date, an enrollment or completion of a course or program, a transfer, etc.) contact your P/PREP Agency Counselor by mail immediately.
4. After the interview, your P/PREP Agency Counselor will keep you informed of his or her progress by personal visits or by mail.
5. Once you have met with the P/PREP Agency Counselor, if you have any further questions or concerns, it is your responsibility to contact your P/PREP Counselor by mail and tell them about it..

Jesse DeLoach  
Vocational Counselor



EDITORIAL

Again time has brought us to the end of another year. With the passing of Christmas, the New Years holiday is just around the corner; but what meaning does that carry for us? A closer parole date, a shortening of pain and suffering, or just another year gone by? It means all of these things and more for most of us, but there is one specific meaning the ending of another year carries that I would just like to take a minute to speak on.

The ending of one year and the coming of another gives us all a chance to look back on our past experiences. We can reflect back over what both good and not so good things have happened for us and come to a conclusion of what to do about it. We may not be at all satisfied with the way we have been living our lives over this past year and want to make a change for the better — now is as good a time as any to do this.

With the New Year comes new ideas, new thoughts and new feelings. You cannot exactly start life all over again with a new slate so to speak, but you can perhaps cover over the old one. Not in the sense that you are hiding it from your-self or anyone else, but in the sense that you are letting others know that you want to be, and are, about something different, new, and just possibly more inspiring.

Of course we can always hide behind the excuse that as long as we are in prison there will be no chance for us to start anew. But how far will that get you? By convincing or trying to convince yourself that that is true, you are only confirming the fact that the coming of a new year means nothing more to you than just the passing of another year. Should that be the case, I'd feel confident in saying that "you're only fooling yourself brother."

Let the coming of 1978, the ending of 1977 and the fact that you are presently incarcerated be your starting point to a future outlook on what you would like to be about in the coming times. Open up your hearts, minds and souls and "feel" the changing world around you. Do all you can to change with the times and obtain what is right for you. You have only one life to live, so why not start with the new year and prepare yourself so that you will be able to live it and be 98% happy when you are finally released from prison?

I cannot tell you what to do with your life, nor can I force you to go into a certain direction. I can only suggest and offer to you what little advise that I have myself, and hope that it will be of some use to you. It is up to you to choose and do what you feel will best suit you — I only hope and pray that you are "wise" enough to at least attempt to make the right decision.

AN IGNORANT PERSON IS ONE WHO DOES NOT KNOW.....

A FOOL IS ONE WHO DOES NOT KNOW, BUT GOES ON BELIEVING THAT HE DOES.....

A WISE MAN IS ONE WHO KNOWS HE DOESN'T KNOW, AND SEEKS TO FIND.

HAPPY

NEW

YEAR!

Editor  
Henry Frye



## INTRODUCTION

This is a short introduction on the stories you will read in the coming weeks and months. These stories are for the entire population but particularly for those blacks who are deficient in their knowledge of the significant contributions that those of our race have contributed throughout the building of this country.

Men such as Dr. Daniel Hale Williams who performed the first heart surgery, Garrett A. Morgan who invented a fire safety hood and also devised the automatically timed traffic light. These men and others like them should be as much a part of us as we are to ourselves. These are black people who have made significant contributions to the fields of science and technology and whose work has gone largely unrecognized. In the words of one of these "hidden contributors" the scientifically talented black person was the "most poignantly tragic intellectual schizophrenic of the first half of the twentieth century. What this means in laymens language, is that these black inventors and scientist were painful and pitiful figures in so far as they had the intelligence and the ability to perform but because of the lack of education, their social/economic conditions and the blatant racism displayed by the society, they were never absolutely sure as to where they stood in relation to the society as a whole. However, with great courage and determination they overcame restritive prejudices to contribute significantly in their respective fields.

### HIDDEN CONTRIBUTORS: PART ONE

(1) The twentieth century inventor is most frequently a man with advanced degrees in the employment of a corporation which has the resources to manufacture and promote them. By the beginning of this century the independent inventor was hard pressed to find the means to promote his invention, even if he did succeed in obtaining a patent.

In spite of the problems of no education, no connections and being black, Garrett A. Morgan succeeded in an age in which he was supposed to be obsolete.

Garrett A. Morgan was born in 1877 and was one of eleven children; his birth place was Paris, Kentucky which was a poor mountainous eastern region of that state. There were few opportunities for education of advancement for anyone, much less for a black man. Morgan left school while still in the fifth grade, and at the age of fourteen he left Kentucky and went to Cincinnati Ohio, where he worked for a while as a handyman, after realizing that there was no future for him there, he went on to Cleveland. All he had was his spirit and courage.

He got a job as a sewing machine mechanic, and in the next few years he worked for a number of sewing machine companies. He saved his money and by 1907 he had his own business. Doing this time he had saved enough money so as to allow him to enter marriage with security, he also brought himself a home at this time.

Throughout history great inventions have been discovered by accident, one of Morgans most profitable enterprises came about in this manner. Morgan lucky accident steemed from a problem he encountered while running a clothing business he had started in 1909. The problem was that the needles on the sewing machine moved so rapidly that the heat of friction caused scorching of some of the fabrics. One day while experimenting with lubricating materials Morgan took time out to go to dinner and in doing so he wiped his hands on a piece of coarse wiry fur cloth that just happen to be close by. Upon his return, he found that the fur had become straight and pliable. To further test it he apillied it to the dogs hair and the results turned out to be the same.



Morgan later incorporated this material into a petroleum jelly base and marketed it as a cosmetic hair straightening preparation. This proved very profitable to him and thereby enable him to spend most of his time on inventing. As a result of his discovery he founded the G.A. Morgan Hair Refining Company, and promoted his product with extensive advertising. The company is still thriving to this day.

(2) Following his success with hair preparation Morgan's inventive activity took a new direction. He had developed an interest in safety devices. What concerned him mostly was the frequent instances of firemen being overcome by thick smoke when they had to enter burning buildings. Morgan's tremendous insight led him to see that the firemen and other workers needed a simple and dependable means for protecting themselves against the effects of smoke and other harmful fumes. At the time there were a variety of crude devices around consisting of tanks of air and tubes. There were all sort of problems accompanying these devices. Many of the respirator devices were so undependable that it was standard procedure to send at least two firemen at a time into a smoky situation, so that one could aid the other in case his respirator broke down.

Morgan started work on what he called a breathing device, in 1910 and by 1912 he felt he had perfected it to the point where he could apply for a patent, this was granted on October 13, 1914, the device was amazing in its simplicity, it consisted of a canvas hood that was placed over the head. From the hood a double tube extended and merged into a single tube at the back of the wearer. The oxygen end was fitted with a sponge that was moistened with water to serve as a trap for smoke particles, and to cool the air which entered the tube. A metal tube inside the hood ran from the mouth of the user to a ball valve at the top of the hood. When exhaled the force of air raised the ball from its seat so that the exhalation could escape. When the user inhaled, the ball was drawn tightly against the seat and the smoke was prevented from entering the hood.

There was nothing that could break down on this ingenious device. Morgan even thought to provide ear channels so the user could hear what was going on around him. Morgan preferred to personally demonstrate his device whenever possible. He thought it advisable for obvious reasons to employ white men to carry out demonstration in the southern cities. He had to disguise himself as a full blooded indian from the Walpole Reservation, Canada; Morgan demonstration consisted of entering a smoke filled tent wearing the safety hood and remaining there for twenty minutes with no apparent ill effects.

Morgan felt that adoption of his invention by a city as large and important as New Orleans was a vital one and he wanted to be there to see that the demonstration went well. Drawing on the experience of earlier black inventors he thought it would be best not to reveal to the New Orleans officials that the safety hood was the product of a black man. What really brought the inventor and his device too the forefront was demonstration put on by faith itself. In 1916 a tunnel was being bult under Lake Erie, for the Cleveland water works. On the night of July 25 of that year there was an explosion in a section of the tunnel. Several rescue parties entered and failed to return. No one else had the courage to enter. It was at this point that Morgan was called to the scene. Because of the early morning hours he arrived clad only in a pair of pajama bottoms. But he brought several of his safety hoods. Upon arriving at the scene he was met by the major, policemen, and firemen, they all refused to go in the tunnel with him.



Morgan and his brother and two other volunteers donned safety hoods and went down the shaft into the tunnel. They found several dead bodies, but soon they came across the superintendent who was barely breathing; once on the surface the police wanted to use a pulmator to revive him. Morgan would not allow it (a pulmator is a device which forcibly drives air into and out of the lungs) he explain that it might rupture the victims lungs. Instead Morgan applied artificial respiration and the victim came around. Morgan went down into the tunnel many more times, when it was seen that he suffered no ill effects others joined him and many of the workers were saved. Morgan was honored as a hero for this all over the country, however when some parts of the country heard about his being black they began to cancel their orders, but this was expected. Andrew Carnegie had endowed the Carnegie hero fund commission to reward people who carried out heroic deeds. Thomas A. Farrell, who was Cleveland director of public works wrote a letter to the commission in 1917 and he described Morgan's rescue efforts. A great deal of correspondence followed, eventually they awarded the hero's metal not to Morgan but to the man whose life he had saved. The commission concluded that what Morgan did was not beyond the call of duty Keeping in mind that Morgan was a private citizen who was under no obligation to risk his life. The whole affair smacked of racism.

Morgan invention did enjoy great success and was adopted by fire departments all over the country; in New York in 1914 Morgan's device won first grand prize, winning out over hundreds of safety devices on exhibit. The events of World War I provided a tragic new use for Morgan's safety hood. The scene was the second battle of Ypres, which was considered important by both sides. The Germans introduced a new weapon they have saved for just this occassion, it was chlorine gas, the British needed a defence for this, they turned to Morgan's safety hood, the model that carried its own supply of air. Morgan device had one draw back, it proved too bulky for the battlefield but it still manage to save quite a few lives, at least until another more compact model based on Morgan's principals could be developed. After the U.S. entered the war, gas mask based on Morgan's principals were used by both Americans and Germans. Morgan also demonstrated his safety device to the navy for use on submarines.

Material researched and submitted by Abraham Lee and Gary D. Wildourn.

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SANTA CLAUS BARBER

How many people would spend Christmas Eve and Christmas Day in prison if they didn't have to? I believe not too many. But during those days Reverend Barber dressed as Santa Claus and gave up his time to be with the children of the inmates from Somers CC.

On behalf of the inmate population, The Weekly Scene, would like to express its gratitude to Rev. Barber for sharing his love and time with the children. Thank you very much Reverend.



THE POETRY OF RICHARD GEER

A NEW WORLD

THE NIGHT WAS COLD  
THE AIR WAS CHILL,  
WHEN THE MOON SHONE DOWN  
ON THE SOMERS HILL.

THE YEAR WAS BLEAK WHEN THE  
MOON SHOWED ITS FACE,  
ON THE QUIET ROOFS  
OF THE LONELY PLACE.

THE PLACE WAS MEAN  
AND THE ROOMS WERE SMALL,  
WHEN THE MOON SHONE DOWN  
ON THIS LONELY STALL.

WHEN THE MOON SHONE DOWN  
ON THIS YOUNG MAN'S FACE,  
HE CAME TO REALIZE THE  
ABSENCE OF HIMSELF, WITHOUT A TRACE!

AND WHILE THE WHOLE WORLD  
FELT THE BREATH OF SPRING,  
THIS LONELY MAN  
COULDN'T FEEL A THING.

HE WAS IN A WORLD OF HIS OWN  
THAT NIGHT THE MOON CAME OUT,  
LOCKED IN HIS CELL  
WITH OUT A DOUBT.

WHEN THE MOON HAD GONE  
AND TOOK ITS SPARK,  
IT LEFT THE LONELY MAN  
IN THE QUIET DARK.

HE THOUGHT TO HIMSELF  
AS HE DOES EACH NIGHT,  
WHEN THE MOON COMES BACK  
EVERYTHING WILL BE BRIGHT.

SO WHEN THE NIGHTS GET COLD  
AND THE AIR GETS CHILL,  
THIS LONELY MAN CRIES  
UP ON SOMERS HILL.

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THAT FELLOW HOPE

CHARLES YOUNG

EVERY DAY I HEAR AROUND ME, "NEVER GIVE UP HOPE,"  
THE CRY OF ALL MANKIND, IT SEEMS FOR MONEY,  
FAME AND FRIENDS. BUT SOMETHING'S MISSING IN THE WISH  
THAT DOESN'T JOIN THAT FELLOW HOPE. WITH FAITH  
AND CHARITY ( WHICH READS LOVE) WITHOUT WHICH YOU'LL BE LEFT  
WITH JUST.....I HOPE, I HOPE, I HOPE.

LONELY TIME...

LONELY TIME, MOVING SLOWLY  
THROUGH THIS WINTER SEASON.  
DO YOU MARVEL AT THE HARSHNESS  
OF SOCIETY'S WAY OF PLEASING?

MONTHS AND DAYS BEHIND YOU,  
MONTHS AND DAYS AHEAD.  
STILL THE JOURNEY FINDS YOU  
LONELY AND DISCOMFORTED.

LONELY TIME ON THE CALENDAR  
DURING THE WINTERS COLD.  
DO YOU WONDER OF YOUR MOVEMENT  
AS ANOTHER DAY GROWS OLD?

I PACE THERE BESIDE YOU  
LONELINESS ON MY BACK.  
WHAT IS IT THAT SEEMS TO GUIDE  
YOU  
GENTLY DOWN THE TIMELESS TRACK?

LONELY TIME STEPPING SOFTLY  
THROUGH THE WINTER AIR,  
DO YOU KNOW ABOUT SOCIETY  
AND THE PEOPLE WHO DON'T CARE?

MAYBE NOT...BUT SOMETHING  
SMOOTHES YOUR LONELY WAY.  
LONELY TIME, JOURNEY GENTLY  
TOWARD THE LIGHT OF MY LUCKY  
DAY...



TIME TO PRAY

I got up early one morning  
and rushed right into the day.  
I had so much to accomplish that  
I didn't take time to pray.  
Problems just tumbled about me,  
and heavier came each task.  
"Why doesn't GOD help me," I  
wondered.

He answered, "you didn't ask".  
I wanted to see joy and beauty  
but the day tolled on, gray and  
bleak, I wondered why GOD didn't  
show me, he said, but you didn't  
seek."

I tried to come into GOD's presence;  
I used all my keys at the lock.  
GOD gently and lovingly chided, my  
child, You didn't knock."

I woke up early this morning and  
paused before entering the day.  
I had so much to accomplish, that  
I had to take time to pray..

Submitted By: Wes Lawrence (22580)

"WHY GOD MADE LITTLE GIRLS"

God made the world with its towering  
trees majestic mountains and restless  
seas then paused and said, "it needs  
one more thing someone to laugh and  
dance and sing..To walk in the woods  
and gather flowers to commune with  
nature in quiet hours. So God made  
little girls.

With laughing eyes and boubcing curls  
with joyful hearts and infectious smi-  
les enchanting ways and feminine wiles  
and when he'd completed the task he'd  
began he was plesed and proud of the  
job he'd done.

For the world, when seen through a  
little girls eyes greatly resembles  
paradise.

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ROSH HASHANA

For those of Jewish faith this is  
a time of special joy - of each girl  
and boy- light up to everyone- best  
wishes and good cheer- for there should  
be synonymous- with a brand- new year.

I am not Jewish but I have a host of  
Jewish friends, and I hope ever so sin-  
cerely, the strong bond never end.

The "Key" to happy living is- respect  
for all mankind. This is the ladder to  
success and lasting peace of mind.

That's why each Rosh Hashana, I send  
forth my goodwill in a humble effort to  
pave life's rocky hill in persuit of  
friendship and happiness.

Go your way in happiness, this is my  
wish for you.

Ever So Sincerely

Charles O. Dukes  
(22266)



"THE OLD TIMER AND THE FISH"

The Old Timer and the Fish hurried on their way to chow. The Old Man could see that something was troubling his young friend. "S'matter, kid?" he asked. "I'm starved, that's what." said the Fish. The Old Timer smiled. "Go to breakfast?" "Naw." said the Fish. "Can't eat in the mornin'." He thought a moment. "Course, it don't make no difference, they pop my door every mornin' anyway. Cop knows I never go, he pop it all the same. Every mornin'." "Ever tell 'im about it?" "Tried that. Don't do no good." said the Fish. "Pops it every mornin' right along with the rest of 'em." "Figure maybe you'll change your mind by mornin', I guess." They stood in line against the window. "Now that right puzzles me," said the Fish. "How's that?" asked the Old Timer. "We gotta sign for sick call the day before, right?" The Old Timer nodded. "But when I tell 'im I don't go to breakfast, he pops my door just the same." "Like I say," said the Old Timer, "They figure you'll be ready to grit come mornin'." "Just don't make sense I tell ya," The Fish said, puzzled. "Seems to me if I know a day ahead of time I'm gonna be sick, I know the night before I ain't gonna be hungry." The Old Timer smiled as the Fish shook his head and reached for a tray.

By Lou Britt

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The graveyard is an intriguing place for one to visit. They abound with those uneven monoliths each representing a once living soul. They each stand as monuments to those who once struggled to achieve whatever drives man on to mark his place among his peers. Some do leave their marks while the overwhelming majority succeed in doing nothing more than becoming a part of the masses supporting those who were great...and for those of the masses, the headstone seems to stand in silent mockery of their shattered egos...

A monument to death: the unavoidable achievement.

Conversation between individuals is probably the most basic and most important of all forms of communication. Yet, we hear of communication gaps that constantly develop between people of different philosophies.

It's a pity, too, for it seems such a simple matter to overcome.

When one listens to another's ideas, he should not only listen to what he is saying but he should also listen to what he is.

Submitted by Al Steele

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"MY DREAM

My prison home is cold and gray and made of rock and steel. It filled with tears night and day with little love to feel.

The sick and sad men who suffer here with me cannot recall the moment when they were free. They cannot recall the trees and flower nor sun nor star nor moon.

Barbed wire and high foreboding towers yet I am happy and free though caught within this hell. For birds fly outside my window they go from tree to tower oh how I wish I could fly for then I would be free from this hell.

Submitted by L. Ortiz



"WORLD'S SEXIEST PRISON CREATES FALSE IMAGE"  
(Article continued from Dec. 9th Weekly Scene)

EDITOR'S NOTE: The Federal Bureau of Prisons (BOP) has failed in its prime directive and thus has reshaped its philosophy, according to Bill Rentschler. Having served a sentence in the "world's sexiest slammer," Rentschler found the facilities designed for the prisoners were largely for show. In the second of his four part series, he notes that the BOP's emphasis is now on "retribution and deterrence" - not rehabilitation.

BY: WILLIAM RENTSCHLER

I spent eight months and 21 days in the Chicago Metropolitan Correctional Center (MCC), a modern federal prison, after pleading guilty to one count of making a false statement to a bank. Above all else, I found most of my fellow inmates, about 2/3 black and Latins in their 20s and 30s far removed from the stereotype that convicts are slavering brutes afflicted with some irresistible criminal bent. Most of the men I came to know were good company, sensitive, considerate, thoroughly direct human beings. A majority, I would say, stood above their keepers. Life had dealt many a very bad hand.

Whitney North Seymour, a respected former U.S. attorney, past president of the American Bar Association, and now a New York lawyer-author, contends: There is... no such classification as the "criminal mind"... Most of those we classify as "criminals" are ordinary people... My observation is that many federal inmates tend to be restless, ambitious, creative over-reachers who would make lousy government clerks. While these qualities often are responsible for their incarceration, the very same attributes make them prime prospects for rehabilitation.

It is in its failure to develop this raw talent and make readily available realistic programs of rehabilitation for those who literally crave such help that the Bureau of Prisons properly should be indicted for clear and extreme misfeasance. Recognizing its vulnerability, the BOP over the past few years began subtly to reshape its "philosophy" and sell its updated version to Congress, the White House, the federal judiciary, the media, and the public. In the booklet published in August 1970, Bureau Director Norman A. Carlson wrote:... The total emphasis on rehabilitation has been modified. We now recognize that retribution and deterrence are along with rehabilitation - legitimate objectives of incarceration. Rehabilitation cannot be coerced. Change, if it comes, must be voluntary on the part of the inmate. What Carlson refers to as the modification of "the total emphasis on rehabilitation" is a clear admission of failure to rehabilitate despite enormous outlays of funds for this precise purpose over many years. Carlson's statement that rehabilitation "cannot be coerced" infers that inmates generally have resisted and rejected programs of rehabilitation that were offered them.

"That is nothing more than a cop-out," snorts Seattle prison reformer Ira Schwartz. "All that statement does is legitimize the warehousing of human beings." I spoke at length during my imprisonment with countless inmates hungering for help, desperate for a chance at rehabilitation, literally terrified by the prospect of release without the tools to make it in the outside world. Such help simply is not forthcoming. A prisoners who had served a combined total of 57 years at 11 different federal prisons. Their responses to queries about rehabilitation were uniformly terse and bitter: "No such animal," said one; the others were emphatic in agreement.

Truly successful rehabilitation, after all, runs counter to the bureaucratic instinct to expand. Too much rehabilitation would mean less - not more - inmates, prisons, jobs, budget dollars. That is no way to run a "growth" industry. Success in rehabilitation would lead eventually to direct conflict with the "invested interests" what James McGaha, a former inmate now fighting for a moratorium on prison construction, has branded "the prison-industrial complex."

Continued on next page.



Included in McGahey's rank are "precious professionals: the law enforcement apparatus, prison architects and builders, consultants, and countless purveyors of goods and services, all of who benefit - often quite handsomely - from an expanded prison system." "Recidivism is damn near an objective of the system," Alvin S. Linton, a advertising executive imprisoned on a tax charge, told me. "They take away a man's self-respect. I can't think of one example of these bastards easing a man into civilian life." Its obvious failure to rehabilitate explains the DOP's efforts to put new stress on "retribution" and "deterrence."

"Retribution" simply means vengeance or retaliation, and there is little evidence it has any positive impact on reducing crime, still, it is at the heart of the American concept of corrections. Surely, we Americans often see ourselves as a warlike, open-handed, altruistic people. But there is a darker side too, which is part of the American character, a narrow strain of Puritan righteousness. For along the trail of 300 years, we Americans burned "witches," ravaged Indians, oppressed blacks, persecuted Jews and other minorities, and incarcerated Japanese-Americans. It is this dark streak which asserts itself in matters of crime and punishment.

The third element of the Bureau's revised guidelines is "deterrence," whose effectiveness is equally difficult to pin down, but which at least has the merit of some logic. Some penologists, for example, believe prison sentences might deter illegal acts by officials of large public corporations, price fixers, bribers, and their ilk, who generally are effectively insulated by unlimited lawyers, lobbyists, and lucre from serious threat of incarceration. Even here, it would make sense to measure the prison term in weeks or months - as in some European countries - and simultaneously to hit the offender hard in his wallet, requiring restitution and fines geared to his income and/or net worth in lieu of prison time. If the profit is removed from the rip-off, the deterrent effect is likely to be substantial.

Conversely, Chief Appellate Court Judge David L. Bazelon of the District of Columbia doubts that the street criminal - unlike the white collar offender - "weighs the risks of punishment...with no job, no opportunity, no close family ties, he may well believe he has more to gain than he has to lose." Sentences that extend beyond one year - except where violence or mental illness are involved - quickly become self-defeating, especially with young offenders. Bitterness and despair engulf the inmate, erode his spirit, submerge his identity, forcing him into sullen habits, exposing him at length to chronic lawbreakers, making it far less likely he will adjust to freedom when it comes.

Ira Schwartz charges the DOP has lagged seriously behind in the promotion of responsible and effective community-based programs and in insuring use of incarceration as a last resort and certainly only for those offenders who absolutely need it. Far more federal prisoners than at present can and should be paroled after serving the required minimum one-third of their sentences, or placed by the DOP in work release programs and/or halfway houses to start living again and supporting their families before their formal release. The U.S. Parole Commission, now an "independent" agency, paroles reluctantly, when at all, and is mired in sentencing guidelines often utterly irrelevant to the facts of a particular case. Federal judges make only sparing use of their probation option, which has shown uniformly good results at a fraction of the \$10,000 to \$20,000 annual cost per inmate of incarceration.

The aura throughout the system - from an inmate viewpoint - is suffocating, pervaded by flyspeck regulations, calculated to wear down, discourage, demean, and ultimately destroy even the most stoic and circumspect. Some staff members genuinely want to help, and they make life bearable. In Chicago, one such is Education Coordinator Katherine Hogan, a 50-ish refugee from the East St. Louis ghetto with the look of a wellupholstered Leona Horne. Hogan fought like a protective tigress for "my boys," young, and black, middle-aged and white, winning small but impossible battles by sheer intensity of effort.



NOTICE TO PRISONERS WHO HAVE BEEN DENIED PAROLE

Two of the inmates of this prison have brought a class action in federal court on behalf of all inmates of this prison who have been denied parole during their current term of imprisonment. The only issue in this action is whether the prisoners who are members of the plaintiff class are entitled to examine their parole files prior to their parole release hearings. The parole file of each prisoner contains, among other things, his presentence report, psychiatric reports, any prior misconduct reports, and other documents relating to the prisoner which state officials have either themselves written or acquired from private persons during the course of the prisoner's involvement in legal process.

If you have been denied parole during your current term of imprisonment, you will automatically be made a member of the plaintiff class in this action, and therefore will benefit from any favorable judgment or be bound by an unfavorable judgment, unless you take steps set forth below to exclude yourself from the class of plaintiffs. Any prisoner who does so exclude himself will be entitled as a matter of law to raise the issue of access to his parole file by his own suit against the Board of Parole, although, as a practical matter, the judgment in the class action will probably dictate the outcome of similar suits. If you wish to exclude yourself from the class action described above, you must give notice of your decision by a letter addressed to the attorney for the plaintiff class:

Stephen Wizner Esq.  
127 Wall Street  
New Haven, Connecticut 06520

If you wish to remain a member of the plaintiff class and have any knowledge that your parole file contains erroneous information, or if you have any questions concerning this case, you should bring these matters to the attention of the above named attorney.

M. Joseph Blumenfeld  
Senior United States District  
( Judge )



## TOUGH TONYS SPORTS CORNER

WELL FELLOWS ITS BEEN ANOTHER GREAT WEEK OF SPORTS HERE AT CCIS. WE HAD TWO VERY EXCITING BASKETBALL GAMES IN WHICH THE VARSITY GAVE A GOOD ACCOUNT OF ITSELF AND ALSO, THE FINAL PICKS FOR THE INTRAMURAL IS OVER AND THE LEAGUE IS SET TO BEGIN. BUT BEFORE I GET INTO THOSE SUBJECTS, I WOULD LIKE TO GIVE A LITTLE ADVICE TO ALL THAT ARE INTERESTED IN THE TEAM HANDBALL. DURING THE LAST WEEK A LOT FELLOWS HAVE APPROACHED ME ASKING HOW TO SIGN UP. WELL ITS SIMPLE, YOU JUST GET A REGULAR REQUEST FORM AND MAKE IT OUT TO MR. D. MUSCO, RECREATIONAL DEPT. IN THE REQUEST YOU JUST SAY, I WOULD LIKE TO PARTICIPATE IN THE TEAM HANDBALL. WHERE UPON YOU GIVE YOUR NAME AND THE NAMES OF THE THREE OTHER MEMBERS OF YOUR TEAM. MAKING SURE TO ADD THEIR NAME AND NUMBERS, HOUSING UNITS.

FOR THOSE OF YOU WHO DON'T KNOW WHAT TEAM HANDBALL IS ALL ABOUT. IT IS A REALLY INTRAMURAL LEAGUE CONSISTING OF AS MANY FOUR MEN TEAMS AS POSSIBLE FOR THE PURPOSE OF HAVING HANDBALL TEAM COMPETITIONS IN DOUBLE AND SINGLE MATCHES WHICH WILL BE PLAYED ON SCHEDULED NIGHTS AGAINST SCHEDULED TEAMS ON A ROUND BY ROUND BASIS WITH EACH TEAM PLAYING EACH OTHER AT LEAST TWICE A ROUND FOR FOUR ROUNDS WITH THE FINAL WINNERS BEING SELECTED AT THE END OF THE LAST ROUND WHO WILL BE AWARDED TROPHYS & AWARDS FOR THEIR ACCOMPLISHMENTS. SO FELLOWS IF YOU ARE INTERESTED SIGN UP AS SOON AS POSSIBLE, BECAUSE THE LEAGUE IS DUE TO START SOON.

MOVING ALONG TO THE VARSITY SCENE. THE TEAM HAD ITS FIRST TWO GAMES OF THIS YEAR LAST WEEK AND THEY SHOWED WHY THEY WERE PICKED AS THE PLAYERS TO REPRESENT CCIS IN THE COMPETITIONS. LAST WEEK THE VARSITY WON AND LOST A GAME WHICH SAYS NOTHING ABOUT THE TYPE OF PLAY AND TEAM EFFORTS THAT THE TEAM PUT FORTH.

THE FIRST GAME VARSITY VS. BARNIES WAS A SOMEWHAT DISAPPOINTMENT TO THE VARSITY. BECAUSE THEY EXPECTED A SOMEWHAT STRONGER SQUAD AS THEY HAVE IN THE PAST IN COUNTRIES WITH BARNIES. FOR SOME REASON BARNIES CAME WITH LESS THAN A FULL TEAM OF PLAYERS AND THEREFORE HAD TO RECRUIT PLAYERS FROM THE STANDS WHICH STILL DIDN'T HELP BARNIES IN ITS LOSING EFFORTS, ALTHOUGH THERE WAS SOME VERY FINE INDIVIDUAL PLAY FROM BARNIES TEAM, THERE WAS NO DOUBT ABOUT THE FINAL OUTCOME IN WHICH THE VARSITY WON, 106 TO 73. SOME OF THE OUTSTANDING PLAYERS OF BOTH SIDES WERE AS FOLLOWS FOR BARNIES-BOBBY (WONDER BUNS) WALKER, D. PADEGIMASAND, B. BIELONKO. FOR THE VARSITY THERE WAS GREATS GIVEN BY JAMES (THE STOPPER) COOK, BOBBY (SKY KING) KELLY, STERLING (THE LEAPER) MORGAN, & LEHMAN (BIG BLUE) HOWARD.

MOVING ALONG TO GAME TWO VARSITY VS. EXPLORERS. THIS WAS THE TRIAL BY FIRE OF THE TEAM. THIS GAME SHOWED WHAT THE TEAM WAS REALLY MADE OF AND WHAT THEY WERE ALL ABOUT AND I AM PROUD TO SAY THAT EVEN THOUGH THEY LOST, THEY CAME THROUGH THIS TEST WITH FLYING COLORS AND KONTRARY TO POPULAR OPINION, THIS TEAM NOT ONLY SHOWED THAT THEY HAVE THE CAPACITY TO RUN AGAINST A QUALITY TEAM, BUT THEY HAVE THE TALENT TO WIN AS CAN BE ATTESTED BY THEIR HARD PLAYED GAME AGAINST THE EXPLORERS. WHAT WAS SUPPOSE TO BE A LIGHT WORKOUT FOR THE TALENTED AND EXPERIENCED TURNED INTO MAJOR STRUGGLE FOR THEM TO PULL THE GAME OUT AGAINST A TEAM THAT HAS ONLY BEEN PLAYING TOGETHER TWO WEEKS. THE VARSITYS PLAY WON THE RESPECT OF THE EXPLORERS WHO QUICKLY CONSENTED FOR A REMATCH IN WHICH THEY STATED THEY DEFINITELY WOULD NOT SLEEP ON THE VARSITY. THEY ARE BRINGING THEIR FULL TEAM TO ENSURE VICTORY IN WHICH THE VARSITY HAS SERIOUS DOUBT ABOUT. THEY ARE CONFIDENT ENOUGH TO PREDICT A VICTORY. NOW ABOUT THIS GAME, IT WAS A NIP AND GO TUG AND PULL AFFAIR, WITHOUT GIVING A EACH BOTH TEAMS SHOW GREAT POISE FOR THE NEXT QUARTER PLAY WAS ABOUT THE SAME UNTIL THE FINAL MINUTES IN WHICH THE EXPLORERS BEGAN TO OPEN UP ENDING THE QUARTER LEADING THE VARSITY BY FOUR POINTS. IN THE LAST QUARTER THE EXPLORERS SHOWED WHY THEY ARE THE PERRANNIAL CHAMPS OF THREE LEAGUES AND THEY SHOWED THE VARSITY WHAT WINNERS ARE MADE OF BY OPENING THEIR GAME SO WIDE AND SO FAST THE VARSITY LOST ITS PACE AND THEIR LOST THE GAME.

FROM THE START OF THE LAST QUARTER THE EXPLORERS NOT ONLY OUT SHOT AND OUT RAN THE VARSITY, THEY RAN UP AN EIGHTEEN (18) POINT LEAD, CAUSING THE VARSITY FOR THE FIRST TIME IN THE GAME TO PLAY CATCH UP AND WHEN THE VARSITY FINALLY GOT ITS GAME BACK TOGETHER, THE EXPLORERS MADE ITS FINAL WINNING EFFORT BY RUNNING THE BALL AND DOMINATING THE BOARDS, CAUSING THE VARSITY TO LOSE ITS TEAM COMPOSURE AND REVERTING TO IN-



DIVIDUAL PLAY TO PULL THE GAME OUT WITHOUT ANY AVIAL, THE WAS OUT OF REACH FOR THE TEAM. ALL I CAN SAY IS BETTER LUCK NEXT TIME TEAM.

HERE ARE A FEW OF THE GAMES FINAL STATISTICS

VARSIITY	F	PTS	BARNIES	F	PTS	VARSIITY	F	RB	PTS	EXPLORERS	F	PTS
CIRARAMELLA	0	6	PADEGIMAS	1	3	CIRARAMELLA	1	0	0	TOLLIVER	4	18
HENDERSON	1	6	WALKER	4	14	HENDERSON	2	6	6	STEVENS	2	6
McARTHUR	2	8	BARNIES	2	4	McARTHUR	0	2	6	LAFFIN	2	43
BROOKS	1	5	DIXON	0	0	BROOKS	0	1	2	WILLIAMS	3	5
COOK	1	16	WILLIAMS	0	0	COOK	4	10	13	MASON	2	19
HIGH	0	9	SCOTT	5	6	JACKSON	5	3	16	BROWN	2	15
JACKSON	4	4	GRIFFITH	0	22	HOWARD	5	17	10			
HOWARD	4	19	BIELONKO	0	18	KELLY	4	5	31			
KELLY	2	14				MORGAN	1	6	4			
MORGAN	1	10				SCOTT	0	0	0			
SCOTT	0	0				MURPHY	0	0	0			
MURPHY	0	0					22	54	94		15	106
	15	106		13	73							

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THE VARSITYS NEXT SCHEDULED GAMES WILL BE AGAINST THESE SAME TEAMS AND BOTH GAMES PROMISES TO BE MORE EXCITING THAN THE LAST.

TUES. 27th VARSITY VS. BARNES AND THURS. 29th VARSITY VS. EXPLORERS, I HOPE TO BE SEEING ALL OF YOU ON GAME NIGHT.

MOVING ALONG TO THE INTRAMURAL SCENE FINAL DRAFT HAS BEEN HELD AND SOME VERY FINE PLAYERS HAVE BEEN ADDED TO THE ALREADY TALENT FILLED INTRAMURAL ROSTER. THESE PLAYERS ARE MARK SYMS-TEAM 2, MARVIN WOODARD-TEAM 1., F. HOLMES-TEAM 3. ALL THESE PLAYERS ARE BLUE CHIP SELECTIONS AND WILL BE HEARD FROM QUITE OFTEN IN THE COMING COMPETITIONS WHICH WILL BEGIN TUES. 27th, TEAM 1 VS. THE JAYCEES ALL STARS, ALSO I WOULD GIVE MENTION TO AL GREER, WHO I NEGLECTED TO PLACE AS ONE OF THE COACHES IN MY LAST ARTICLE. HIS TEAM THREE CONSIST OF THREE TOP CHOICE PLAYERS, ALSO, THEY ARE IRVING (POOKIE) GIFFORD. A REALLY STRONG BIG MAN, HARVEY DIXON AND LEROY (SKEET) MAYS, TWO VERY FINE GUARDS. OKAY AL.

NOW MOVING ALONG THERE WAS A VERY EXCITING CITY BASKETBALL GAME THIS WEEKEND BETWEEN HARTFORD AND BRIDGEPORT. THE REFEREES FOR THIS GAME WERE, TONY (FALL OUT) BROWN AND ME. THE GAME IN GENERAL WAS A EVEN PLAYED CONTEST WITH SOME REALLY CLOSE MOMENTS FOR BOTH TEAMS. THE EDGE GOING TO HARTFORD WHO KEPT THEIR COOL AND WON THE GAME SPARKING THE HARTFORD TEAM WAS MARK (MACHINE GUN) SYMS, WILLIE (MR. COOL) BROOKS AND ROY (RAY CHARLES) RAY CHARLES, HA, HA, LET ME CHANGE THAT TO (SLIM) RICH, FOR THE BRIDGEPORT TEAM A GAME EFFORT WAS GIVEN BY BOBBY (SKY KING) KELLY, FORMALLY OF NEW HAVEN, SCOTTY ANDOTIS GORDON. THERE WAS A LOT OF FINE PLAY GIVEN BY OTHER MEMBERS OF BOTH TEAMS, BUT SPACE AND THEIR TOTAL PERFORMACNE WON'T PERMIT ME TO MENTION THEM. ALSO, I WOULD LIKE TO ADD THAT A FEW INDIVIDUAL MANAGED TO THROW OUT ALL THE EFFORT PUT IN THE GAME BY THEIR TEAM BY A REALLY JUVENILE AND VERY SOPHOMORIC DISPLAY OF ASSININE BEHAVIOR WHEN THINGS WEREN'T GOING THEIR WAY, LET ME TELL THESE PEOPLE YOU KNOW WHO YOU ARE, THERE AIN'T NOTHING MORE WORSER THAN A QUITER, BESIDES, LOSER WHO USE, OTHER PEOPLE MISTAKES TO COVER UP THEIR OWN INADEQUANCIES.

HERE ARE A FEW OF THAT GAMES STATISTICS

HARTFORD	F	PTS	HARTFORD	F	PTS	BRIDGEPORT	F	PTS	BRIDGEPORT	F	PTS
ROBINSON	0	0	SYMS	2	18	CORBETT	2	4	KELLY	2	13
GRANT	1	4	TEASLEY	0	0	GORDON	1	8	ROSS	0	0
MAYS	2	6	BROOKS	4	17	WALKER	0	2	BEST	0	0
MANN	1	0	RIVERS	0	0	B. WALKER	4	4	CURTIS	0	0
MORGAN	0	2	FREEMAN	1	0	SCOTT	1	16	SHIMMY	4	0
WALKER	0	0	RICH	3	20	YOUNG	0	0			
RITCHON	3	0	ANDERSON	1	0	ROBINSON	1	2			
TCTAL	7	12		10	55		9	36		6	13



En 1508 llego a la isla de la Mona la primera expedicion colonizadora de Ponce de Leon (compuesta de un navio carabelon) con 50 hombres. De alli recorren la costa sur de Puerto Rico. Se entrevistan con el gran cacique Agueybana y establece con el un pacto de amistad. Remontan despues la costa oriental descubriendo la bahia de San Juan, y siguen hasta la desembocadura de un rio, desembarcan y mientras el navio va en busca de abastecimiento, llegan por tierra hasta el rio Toa. Embarcan de nuevo y al llegar de regreso a la bahia de San Juan intentan asentarse cerca de ella. Mas tarde descubren un lugar apropiado a media legua y alli funda Ponce de Leon la primera poblacion de Puerto Rico: Caparra.

La primera etapa de la conquista se caracteriza como pacifica. Ponce de Leon habia recibido del Rey de Espana el titulo de Gobernador de la nueva posesion-- que la cambio mas tarde por el de Capitan por reclamacion de Diego Colon hijo y heredero del gran almirante y Virrey de las Islas..

Ponce de Leon distribuye tierras e indios entre los colonos y se inician trabajos de mineria y agricultura.

Ponce de Leon's first colonizing expedition arrived at Isla de la Mona in 1508. It compromised one ship, (Carabelon), bearing 50 men. From there they went to the southern coast of Puerto Rico, they landed near a large indian village, the chief of whom was named Agueybana, gave them a friendly welcome. The Spaniards established with the indians a treaty of friendship. Shortly after, Ponce de Leon sailed up the northern coast, discovers the bay of San Juan and continued up until they came to the mouth of the river, (Manati) they landed and explored as far as the Toa River. In the meantime, the ship went to Hispaniola, (Santo Domingo), to take on victuals, and then sailed back to pick up Ponce de Leon and his men. From there, they returned to the Bay of San Juan, and after searching for a safe place, they finally found it and there Ponce de Leon built the first settlement which he named Caparra.

The first phase of the conquest was peaceful. Ponce de Leon had received the title of Governor of the possession from the King of Spain, but it was later changed to Captain at the insistence of Diego Colon, son and heir of the great Admiral and Viceroy of the Indies.

Ponce de Leon now proceeded to distribute lands and indians among the colonists and the work of mining and agriculture (cultivation) began.

Submitted by: Victor M. Cubano

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(HISPANOS)

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QUE PASEN TOBOS UN FELIZ ANO NUEVO

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Muy queridos companeros: Los recordamos en estos dias de Navidad y les deseamos un feliz ANO NUEVO, hacemos votos porque persista la felicidad de todos sus Seres queridos, y porque disfruten ustedes de ventura personal tanto como les sea posible.

Estos son los deseos de su reconocido servidor y de los demas companeros del periodico "EL WEEKLY SCENE" y Victor M. Cubano.



ANNUAL MISSION

Our annual mission will begin on New Year's day following the 8:00 A.M. Mass at the Catholic Chapel.

We are privileged to have Father John Renehan with us again to conduct the mission. He will give a conference after the Mass on Sunday and again in the evening at 5:30 P.M.

The mission will continue Monday and Tuesday with masses in the morning at 8:15 A.M. and talks in the evening at 5:30 P.M. Father Renehan has been coming here for 15 years and has given missions all over the country.

All are invited to come and join with us during these three days when we can receive special graces from God. We can try to make an effort to make these three days a time when God can come into our lives and bless us with His love.

May God Bless you all,  
Father Shanley

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ADMINISTRATION WAREHOUSE INVENTORY SHUTDOWN

Please be advised that the institutional Correctional Stores (warehouse) will be closed for the week of January 9th thru January 13th, 1978 for the purpose of taking the annual physical inventory.

All Division and Department Heads are reminded to advise the personnel in their sections who are responsible for the ordering of their supplies, to include their needs for the week of the shutdown along with their requirements for the week before i.e; orders for delivery during week of Jan. 2nd thru 6th should include those needed for the week of Jan. 9th thru 13th and submitted and forwarded to the Warehouse prior to Dec. 30th, 1977.

Food items are not affected by this inventory shutdown.

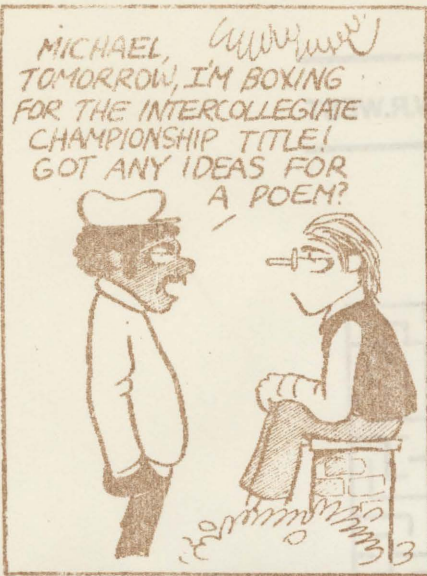
Issues other than food will not be made, except where same would create an emergency situation.

The close cooperation of all personnel is hereby requested and appreciated.

Walter J. Kwiat  
Business Mgr.

Muy queridos compañeros: Los recordamos en estos días de Navidad y les deseamos un feliz AÑO NUEVO. Hacemos votos porque pertenezca la felicidad de todos sus seres queridos, y porque disfruten ustedes de una ventura personal tanto como las sea posible.





9-11



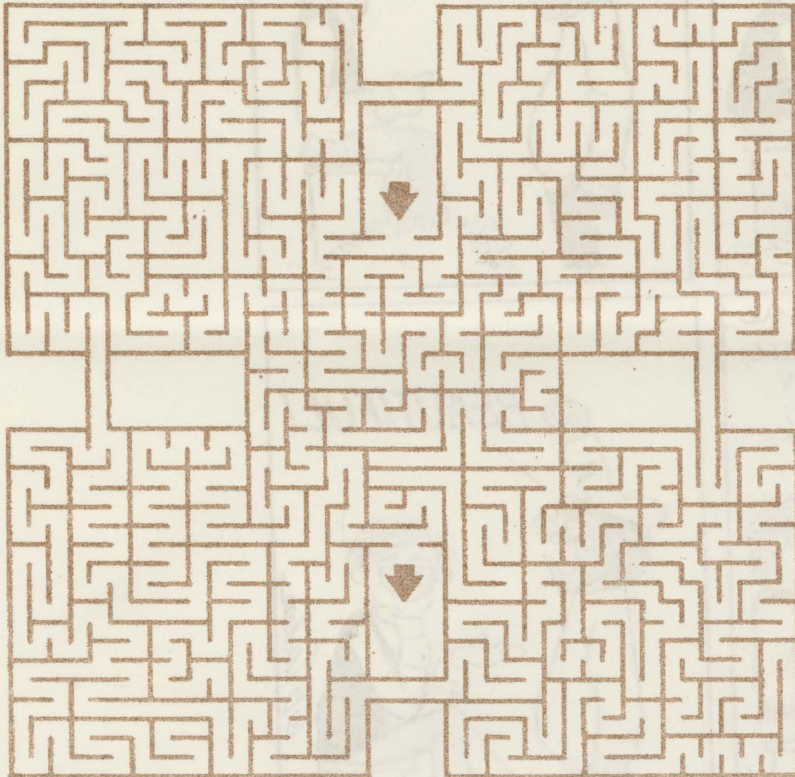
"You bring the getaway car, and I'll supply the license plates."



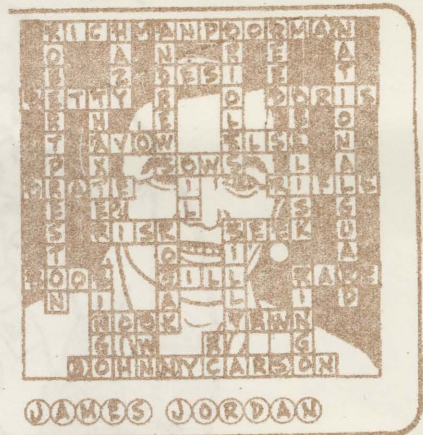
# challenge maze

by W.R.WEST

Expert time: 1 minute, 40 seconds



## ANSWERS TO LAST WEEK'S PUZZLES



JAMES JORDAN

### WORDY GURDY

BY TRICKY RICKY

Every WORDY GURDY answer is a rhyming pair of words (like True Blue, Plain Jane, and Humpty Dumpty). Read the definition, then think of two rhyming words that will fit in the letter squares. The number after the definition tells you how many syllables in each word of the rhyming pair.

- Modern-day lion (2)
- The baseball stick over there (1)
- Mr. Silvers is going to (1)
- 11th President's parents (1)
- Tranquil hotel chain (2)
- Female sex researcher's leotards (1)
- He makes bets while whipping up eggs (2)

Thanks and \$10 to Michael Valente of W. Hempstead, NY for #4. Send your best rhyme & definition to this newspaper.

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Yesterday's Jumbles: FATAL GUMBO INDICT TH  
 Answer: "I take it—I have to tell the truth!"—"AN OATH"

Yesterday's Jumbles: LURID TULLE WIDEST BUTT  
 Answer: What two lawyers with rapier-like minds fought—A DUEL OF WITS



MOVIES...MOVIES...MOVIES...MOVIES...MOVIES...MOVIES...MOVIES...MOVIES...MOVIES...

DECEMBER 31, 1977 Worhol's Frankenstein JANUARY 1, 1977 The Domino Principle

Frankenstein as you never saw him before!  
You'll never guess who the stars will be.  
Worhol does Frankenstein what Charles Bronson did for The White Buffalo.

JANUARY 2, 1977 The Prophet

Peter the Prophet, a hermit who lives isolated on a mountaintop is summoned to the city below because he has not filed tax returns for years. Maggie (Ann-Margret), is a free-spirited conformist who sets out to add Peter to her list of sexual conquests. A amusing story of a Christ-like guru (Vittorio Gassman) and his clash with society.

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The GED will be given in April. Most men need a review in some subject areas, especially math and English. Full time classes are offered in the school. Men can be assigned to this school by request through classification. Evening classes are held on Monday, Wednesday, and Friday evenings in the school from 5:45 P.M. to 8:45 P.M. Classes are offered in English and Mathematics. Students are usually assigned to both classes. If you are interested in attending, complete the form below and return to the school.

NAME \_\_\_\_\_ NO. \_\_\_\_\_ House Unit \_\_\_\_\_

I wish to attend classes on Monday \_\_\_\_\_ Wednesday \_\_\_\_\_ or Friday \_\_\_\_\_

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This week's winners in the C.C.I. Somers Inmate Sweepstakes are:

- William Shelton #13766 Q-2-13
- Joseph Dickenson #24831 H-43
- Willie Dubose #43036 JD1-51
- Anthony Cicero #75218 D-78



MENU FOR THE WEEK OF JANUARY 1, 1978

MENU FOR THE WEEK OF JANUARY 1, 1978

	BREAKFAST	BREAKFAST	DINNER	DINNER	SUPPER	SUPPER
SUN	Fresh Fruit		Grilled Ham Steak	Mustard	Vegetable Soup	
JAN. 1	Grilled Bacon		Candied Sweet Potatoes		w/Crackers	
	Fried Eggs		Cut Green Beans		American Chop Suey	
New	w/Toast	**	Tossed Green Salad	**	w/Grated Cheese	
Year's	Dry Cereal		Hot Dinner Rolls		Cole Slaw	
Day	Coffee/Milk		Ice Cream/w Chocolate		Apple Betty	
			Topping		Coffee/Milk	
MON	Blended Juice		Grilled Cube Steak		Frankfurters	
JAN. 2	Waffles/w Syrup		Hash Brown Potatoes		Oven Baked Beans	
	Dry Cereal		Cream Style Corn		Sauerkraut	
	Coffee/Milk	**	Vanilla Pudding	**	Mustard/Catsup	
			Coffee/Milk		Pastry - Coffee/Milk	
TUE	Grapefruit Juice		Ravioli (Beef & Cheese)		Cheeseburgers w/Catsup	
JAN. 3	Pastry:		w/Tomato Sauce		French Fried Potatoes	
	Hot Cereal	**	Grated Cheese	**	Cut Green Beans	
	Coffee/Milk		Tossed Salad		Orange Jello	
			Fruit Cocktail/Hot Tea		Coffee/Milk	
*****						
WED	Tomato Juice		Roast Beef w/Gravy		Meat Loaf w/Gravy	
JAN. 4	Scrambled Eggs		Whipped Potatoes		Mashed Potatoes	
	w/Toast	**	Cut Green Beans	**	Wax Yellow Beans	
	Dry Cereal		Ice Cream - Coffee/Milk		Pastry - Coffee/Milk	
	Coffee/Milk					
THUR	Fresh Fruit		Baked Chicken w/Gravy		Italian Sausage Grinder	
JAN. 5	Pastry:		Buttered Rice		Chicken Noodle Soup	
	Hot Cereal	**	Whole Kernel Corn	**	Potato Chips	
	Coffee/Milk		Butterscotch Pudding		Tossed Salad	
			Hot Tea - Milk		Chilled Sliced Peaches	
*****						
FRI	Orange Juice		Beef Vegetable Soup		Fried Fish	
JAN. 6	Boiled Eggs		Cheese Apizza		w/Tartar Sauce	
	w/Toast	**	Antipasto	**	Pan Fried Potatoes	
	Dry Cereal		Fruited Lemon Jello		Mixed Vegetables	
	Coffee/Milk		Coffee/Milk		Ice Cream	
					Coffee/Milk	
SAT	Grapefruit Sections		Grilled Hamburg Steak		Turkey Noodle Soup	
JAN. 7	Pastry:		French Baked Potato		Hot Turkey Sandwich	
	Hot Cereal	**	Fresh Cooked Carrots	**	Whipped Potatoes	
	Coffee/Milk		Catsup		w/Gravy	
			Rice Pudding		Sweet Peas	
					Pastry	
					Coffee/Milk	